• Takoma Park • CILASSES • PROGRAMS • SERVICES • & MORE

Recreation Dept. Registration opens Tuesday, March 15 at 8:30 a.m.

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takomaparkmd.gov

What's Inside



Memorial Day Sunday, May 29 -Monday, May 30

Fourth of July Sunday, July 3 -Monday, July 4

About the Cover

Takoma Park kids are getting into saving energy too. Lily Heaven (left), a kindergartner, and Nevaeh Robinson and Keagan Green, both third graders, show off superefficient LED light bulbs that help save electricity.

For more information about the Neighborhood Energy Challenge, See page 4.





Look for this icon, which identifies the City's green initiatives, thoughout the guide.

ΤΔΚΘΜΔΡΔΡΚ

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ADA

The City of Takoma Park is committed to ensuring that individuals with disabilities are able to fully participate in public meetings and programs. For auxiliary aids or services at a City of Takoma Park event, contact Emily Cohen at 301-891-7226 (EmilyC@takomaparkmd.gov) or Maryland Relay Service at 800-735-2258 TTY/Voice. Two weeks advance notice is requested.

WEATHER • EMERGENCY INFO • TRAFFIC www.takomaparkmd.gov/alert

The City of Takoma Park has a new alert system. Takoma Park Alert will deliver important emergency alerts, notifications and updates to you by whichever methods you choose. The Takoma Park Alert system replaces the TP Alerts system. We encourage all residents to sign up. Learn more at takomaparkmd.gov/alert

2 City Guide • Spring/Summer 2016



City Council

All legislative powers of the City are vested in a body designated as the Council of the City of Takoma Park, consisting of seven members. Six of these members are elected by ward and are called Councilmembers, and one is elected at large and is called the Mayor. The regular term of the Councilmembers and the Mayor is two years or until their successors have been elected and duly sworn. Newly elected Councilmembers and the Mayor take office on the second Monday following their election.

Mayor: Kate Stewart

KateS@takomaparkmd.gov Office hours are by appointment. Call Peggye Washington at 301-891-7230 or email PeggyeW@takomaparkmd.gov

Ward 1: Peter Kovar 202-853-5481 PeterK@takomaparkmd.gov

Ward 2: Tim Male 240-274-0341 TimM@takomaparkmd.gov

City Manager

301-891-7229 SuzanneL@takomaparkmd.gov

Day-to-day management of the Takoma Park government is overseen by the City Manager. The City Manager is appointed by the City Council, implements the policies passed by the City Council, and proposes an annual budget to the City Council.

To make an appointment with City Manager Suzanne Ludlow, please contact Executive Assistant Peggye Washington at PeggyeW@ takomaparkmd.gov or 301-891-7230.

Ward 3: Rizzy Qureshi 202-689-2794 RizzyQ@takomaparkmd.gov

Ward 4: Terry J. Seamens 301-565-0190 TerryS@takomaparkmd.gov

Ward 5: Jarrett Smith 301-960-7462 JarrettS@takomaparkmd.gov

Ward 6: Fred Schultz 301-434-7090 FredS@takomaparkmd.gov



City Manager Suzanne Ludlow

City Meetings & Events

City Council Meetings

The Takoma Park City Council meets in the Community Center located at 7500 Maple Avenue. Meetings are held on Wednesdays, unless the City Council is on recess or a Wednesday falls on a holiday; meetings then move to the next available calendar day. The Takoma Park City Council generally takes a recess in August and December. City Council meetings are open to the public unless noted otherwise.

City Council meetings are available to watch on City TV Cable and are available to view on the City website live or as archives.

Open Meetings

All meetings of the City Council and Councilappointed boards, committees, commissions, and task forces are open to the public unless noted otherwise. All are subject to the Maryland Open Meetings Act. Notice of meetings is provided on the City Calendar and on the City Council rolling agenda.

Opportunities to Serve

Takoma Park residents have many opportunities to be involved in their government. Serving on a City board, commission, committee or task force is one way to be involved and provide a service to the community. These groups are advisory to the City Council, and some have specific roles related to conducting hearings or carrying out certain activities.

Active Boards, Commissions & Committees

Arts & Humanities Commission, Board of Elections, Commemoration Commission, Commission on Landlord-Tenant Affairs (COLTA), Committee on the Environment, Emergency Preparedness Committee, Ethics Commission, Facade Advisory Board, Grants Review Committee Noise Control Board, Nuclear-Free Takoma Park Committee, Personnel Appeal Board Recreation Committee, Safe Roadways Committee, Tree Commission

Members are appointed by the City Council. Check the City website for each to see membership requirements and to find out the specifics of each group's mandate. Residents are free to sit in on a meeting or two before applying to see if it is a good fit with interests and skills. See the City website for the calendar of scheduled meetings.

To learn more and apply, visit takomaparkmd.gov/bcc.

www.takomaparkmd.gov



Get your home Green Home Certified for Energy Efficiency. There are three levels of certification: Light Green, Medium Green, and Dark Green. The darker green you go, the more energy you'll save.

Free energy coaching is available with the City's Sustainability Manager to help you find ways in your home to save energy, understand energy audit

Energy

Challenge!

results, prioritize improvements, and help ensure you maximize rebates and incentives.

Residents earning Green Home Certification will receive yard plaques and recognition from the City for their efforts to help Takoma Park reduce greenhouse gas emission and win the Georgetown University Energy Prize.

Contact us to learn more.

301-891-7623

GinaM@takomaparkmd.gov www.takomaparkmd.com/sustainability/ neighborhood-energy-challenge

To Participate

Go to www.takomaparkmd.gov/sustainability/neighborhood-energy-challenge to download a Green Home Certification booklet and see which team won the \$2,000 Neighborhood Energy Challenge Competition prize.

Take steps at home to save energy For more info about Energy Efficiency Rebates: takomaparkmd.gov/sustainability/energy-efficiency-rebates

For more info about Takoma Park's other sustainability projects, initiatives, and laws: takomapark.md/sustainability

Takoma Park Community Center/ Sam Abbott Citizens' Center

7500 Maple Avenue Takoma Park, MD 20912 301-891-7100

Art Studio

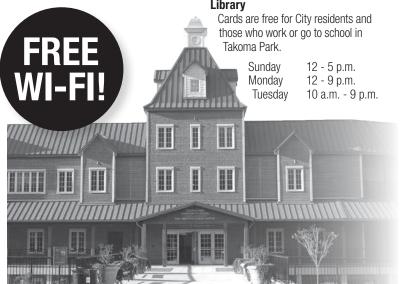
- The art room, kiln, and easels are available to students enrolled in classes
- Not available for rentals

Auditorium

- 154 fixed chairs
- Room for six wheelchairs
- Row of seven fixed chairs can be removed
- Food and beverage not permitted

Computer Center

- Two rooms, 25 workstations equipped with ports for flash drives and headphones, and work space for laptop users
- Internet, word processing, graphics software and more
- Color printer
- Low conversation, working in pairs, cell phone use allowed in Room A
- Absolute guiet in Room B
- Valid Takoma Park Library card or purchased guest pass required for computer use of up to two hours per day



Hours of Operation

Monday - Thursday 8:30 a.m. - 9:30 p.m.

Friday 8:30 a.m. - 10 p.m.

 Four additional stations with 20 minute limits available in library, additional four available in Senior Room for those 55+ Monday - Friday 12 - 8 p.m. 12 - 6 p.m. Saturday 12 - 5 p.m. Sunday

Dance Studio

- Large studio with mirrors and wood floor
- No street shoes on dance floor

Game Room

- Hours vary by age and time of year
- Ping pong, pool and foosball tables
- Basketball and arcade-style games

Spring Hours:

Youth & Teen (6 - 17 yrs) Monday - Friday 2:30 - 5 p.m. Saturday 12 - 5:30 p.m. Sunday 12 - 5 p.m.

Young Adult (18 - 24 yrs)

6:30 p.m. - 8:30 p.m. Monday - Friday

Active Adult (55+)

Monday - Saturday 10 a.m. - 12 p.m.

Library

Thursday 10 a.m. - 9 p.m. Friday 12 - 6 p.m. Saturday 10 a.m. - 5 p.m.

Multimedia Lab

Our educational studio features state-of--the-art video and recording equipment and instructional courses designed to accommodate aspiring audio/video engineers and intermediate level students who want to hone their skills. I ab is for class use only.

Notary Public

Notary service is available by appointment only. The service is free for City residents. Call 301-891-7100 to set up an appointment.

Passport Service

Passport service is available at the Takoma Park Community Center. No appointment necessary. Please call Sofia Visurraga, Customer Service Representative, at 301-891-7204 for information. Monday - Thursday 9 a.m. - 1 p.m.

Se puede aplicar por su pasaporte americano aquí. No necesita hacer una cita para presentar aplicación. Por favor llame al 301-891-7204 para obtener información para aplicar por su pasaporte americano.

Lunes a jueves de 9 a.m. - 1 p.m.

Senior Room (55+ yrs)

- Comfortable funishings and relaxed atmosphere to socialize or read
- Four computers and printer available
- Bingo, health screenings, workshops, and more

Monday - Friday 12 - 8 p.m. 12 - 6 p.m. Saturday

Teen Lounge (13 - 17 yrs)

- Hours vary by time of year
- X-box, large screen TVs •
- Area for socializing
- Daily activities

www.takomaparkmd.gov

Saturday 10 a.m. - 6 p.m.

Sunday 12 - 5 p.m.

Wednesday 12 - 9 p.m.

Book Your Next Event with Us!

12 & Under Parties Bridal Showers Baby Showers Community Meetings*

Go online: Request a room or park shelter with a credit card from our website at apm.activecommunities.com/takomaparkrecreation. See Page 38, Registration and Policies for instructions for online registration. * Rentals within 10 business days must be requested in person. Payment is due after request has been approved.

Policies

Please visit us online at takomaparkmd.gov/recreation/parks-andathletic-fields and click on Administrative Regulation No. 2011-1 (PDF) for regulations governing public use, facilities rentals and general responsibilities of the user. The renter is responsible for set-up and clean-up.

Rental Hours

Takoma Park Community Center

 Monday - Friday
 9 a.m. - 9 p.m.

 Saturday
 10:30 a.m. - 5:30 p.m. **

 Sunday
 12:30 - 4:30 p.m. **

Heffner Park Community Center

Monday - Saturday9 a.m. - 9 p.m.Sunday10 a.m. - 8 p.m.

* Rental spaces in the Community and Recreation Centers are for community meetings. Business meetings are charged at the commercial rate.

** Hours for auditorium rentals may be until 11:00 p.m. Monday - Thursday and until 12:00 a.m. Friday - Sunday.

Small Meeting Rooms

Rose Room

Capacity	10 with tables 15 without tables
Lilac Room	
Canacity	20 with tables

Capacity	20 with tables
	25 without tables

\$15/hour

\$40/hour

\$60/hour

Hydrangea Room

Capacity 25 with table

Fees

T.P. resident	
Non-resident	
Commercial	

Large Meeting Rooms

Azalea Room

Capacity 55 with tables 65 without tables

Heffner Park Community Center** 42 Oswego Avenue Takoma Park, MD 20912 Capacity 40 with tables

50 without tables

Fees

T.P. resident\$Non-resident\$Commercial\$

\$25/hour \$50/hour \$70/hour

** \$50 refundable deposit required for Heffner Park Community Center.



Auditorium

capacity: 154

The Auditorium, located in the Takoma Park Community Center, is LEED-CI Silver Certified and has 154 fixed seats with two aisles and room for six wheel chairs. The floating wood stage is approximately 18 inches off the floor, 30 feet wide and 19 feet deep at the center.

This environmentally friendly space has a state of the art lighting system with colored LED washes, sound system with two wireless microphones and connections for up to 10 wired microphones. The presentation system has a 6' x 11' projection screen in the center of the stage and two small screens on either side of stage.

Extra fees apply for staffing outside of normal hours of operation, specialized AV services, extraordinary maintenance demands, or required security. Insurance is required.

Fees: \$110/hour, nonprofit \$180/hour, regular

Minimum 4 hour rental

For more information about renting the Auditorium contact John Webster at 301-891-7225 or email JohnW@takomaparkmd.gov

Takoma Park Recreation Center

7315 New Hampshire Ave. Takoma Park, MD 20912 301-891-7289

Hours of Operation

Monday, Wednesday, Friday 2: Tuesday, Thursday* 12 Saturday 8 Sunday C

2:30 - 9 p.m. 12 - 9 p.m. 8 a.m. - 5 p.m. Closed

* Tuesdays and Thursdays, 12 - 2 p.m. are reserved for senior use only.

The Recreation Center is a hidden gem. Once inside you'll discover a basketball gym, fitness room, community programs, and fantastic staff. Please stop by and see for yourself!

Time to Get in Shape!

The Takoma Park Recreation Center has a great fitness room featuring:

- Dumbbells (5-45 lbs.)
- Leg curl
- Leg extension
- Ellipticals
- Stationary bikes
- Treadmills
- Lat pulldown
- Chest press

Membership Fees

Recreation Center General

(1 year; does not include fitness room)

Adult (18+ yrs)	\$35
Teen (13 - 17 yrs)	\$10
Youth (5 - 12 yrs)	\$5

Fitness Room

(open same hours as building*)

Adult <i>(6 months)</i> Adult <i>(1 year)</i> Senior <i>(55+)</i>	\$65 \$100 Free
(JJ+)	1166

Adult Open Gym (18+ yrs)

- Wednesdays 8:15 9 p.m.
- Membership required

For more information on these programs look through this guide ...

- Suto Dance
- Ladies Boot Camp
- Jazzercise
- Go-Go Fitness
- Karate Self-Defense Club
- Pilates
- Multiple Youth Classes
- and much more

Hourly Rental Information

Gym* (capacity 294) General \$30/hour Commercial \$70/hour After hours additional fee(s)* Meeting Room BACK (capacity 40)General\$15 per hourCommercial\$60 per hourAfter hoursadditional fee(s)*

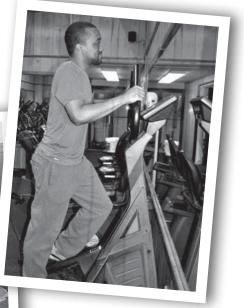
Meeting Room FRONT (capacity 30)General\$15 per hourCommercial\$60 per hourAfter hoursadditional fee(s)*

Call 301-891-7289 for availability

* \$50 security deposit required.

Co-sponsored by the Montgomery County Department of Recreation.

All program days and times are subject to change.



www.takomaparkmd.gov

Know Your Parks!



Belle Ziegler Park

Belle Ziegler Park

(Takoma Avenue & Albany Avenue) 7350 Takoma Avenue

- Pavilion with 4 picnic tables
- Playground equipment
- Multiuse sports field
- Half basketball court
- Water fountain
- Port-a-john
- No grill
- On street parking only

Ed Wilhelm Field

(Behind Piney Branch Elementary School) 2 Darwin Avenue

Football field with softball field overlay

• Located in Takoma-Piney Branch Local Park

Takoma-Piney Branch shelter is rented through M-NCPPC Parks at 301-495-2525.



Forest Park

Forest Park

(Prince Georges Avenue & Elm Avenue) 598 Elm Avenue

- Pavilion with 2 picnic tables
- Playground equipment
- 2 half basketball courts
- T-ball backstopWater fountain
- On street parking only

Heffner Park*

(Behind Heffner Park Community Center) 42 Oswego Avenue

- Playground equipment
- Half basketball court
- Pavilion and BBQ grill
- Water fountain

*Not individually permitted. Incorporated in the rental of the community center only.

Parks and Permits

It is highly recommended to secure permits for various events and activities held in public parks throughout the City. Permits only guarantee space and time of a location. Please contact the Recreation Department at 301-891-7290 before conducting business on park property.

Park Usage Fees

Shelter

\$85 per day \$105 per day

Non-resident/ Commercial

T.P. resident

Field (in person reservations only)\$20 per hr.T.P. resident\$35 per hr.Non-resident/
Commercial

Event Permits

Frequently asked questions for special events in parks:

- **Q:** Do I need to apply for a park permit for my event?
- A: In order to secure a space and time of a public park, it is highly recommended to have a permit.
- Q: Are moonbounces permitted?
- A: No, moonbounces are not permitted on public City property.
- **Q:** What do I do in the event of inclement weather?
- **A:** Permits are honored rain or shine, with no refunds/reschedules.
- **Q:** How do I rent a park pavilion and/or field?
- A: See "Book Your Next Event with Us"



Spring Park

Lee Jordan Field

(Behind Takoma Park Middle School) 7611 Piney Branch Road

- Football field with soccer fields overlay
- 4 baseball/softball diamonds
- Walking track (1/4 mile)
- Port-a-john

Spring Park

(Poplar Avenue & Elm Avenue) 6999 Poplar Avenue

- Playground equipment
- T-ball field
- Water fountain
- Pavilion with 4 picnic tables
- Port-a-john
- Running spring
- Basketball court
- BBQ grill
- On street parking only

on page 6. Field reservations are inperson only and not available for Ed Wilhelm Field or Lee Jordan Field.

- Q: Can I have a yard sale?
- A: Sales of merchandise is prohibited on all City property outside of scheduled City events.
- Q: Can I serve alcohol?
- A: The sale or consumption of alcoholic beverages is not permitted in any facility/park/shelter.
- **Q:** Are buildings and parks available for rental on holidays?
- **A:** *No, buildings, fields, and parks are not available on City holidays.*

Rental Hours

Daily from 9 a.m. to dusk

Finance

301-891-7212 finance@takomaparkmd.gov takomaparkmd.gov/finance Monday - Friday, 8:30 a.m. - 5 p.m.

The Finance Office oversees the City's financial resources, processes payroll, pays bills, collects certain fees, and safeguards and invests City funds. The Office prepares an annual report and facilitates the annual audit of the City's financial management.

Payment of City Fees

Online Payment

Payments associated with a City-issued invoices may be made online by Visa, Mastercard and Discover. A convenience fee of 2.9% or \$1.50, whichever is greater, will be charged. E-check transaction users will have a \$1.00 convenience fee charged.

- The following fees can be paid online:
- Landlord registration and licensing
- Parking fines
- Recreation programs
- Stormwater

For information on other permitting fees, please contact the appropriate department.

By Mail or In-Person Payment Finance Department, City of Takoma Park 7500 Maple Avenue, 3rd Floor Takoma Park, MD 20912

Lifelong Takoma

301-891-7232 lifelong@takomaparkmd.gov takomaparkmd.gov/lifelongtakoma

Tuesdays-Thursdays, 9 a.m. - 4 p.m.

The Lifelong Takoma Program:

- Connects residents to resources, programs and opportunities as they age
- Advocates for residents needs with local, county and state agencies
- Creates partnerships that result in new resources for residents

Introducing the City of Takoma Park Spring Volunteer Fair

The Lifelong Takoma Program will host its first "Volunteer Takoma" Event at Piney Branch Elementary School on May 7 from 1 - 4 pm. Residents who are interested in learning about volunteer opportunities available with the City and community organizations are encouraged to join us.

Registration will be onsite at 7510 Maple Ave. Free refreshments! Please visit takomaparkmd.gov/ lifelongtakoma in March for more information or contact Karen Maricheau at 301-891-7232 or lifelong@takomaparkmd.gov.

Are you interested in serving on the planning committee? If so, for more information, please contact Keith Kozloff (240-421-3582 or keith.kozloff@verizon.net) or Katerina Maltseva (eKat@Longandfoster.com or 240- 210-2315).

Human Resources

301-891-7203 hr@takomaparkmd.gov takomaparkmd.gov/hr

For an up to date listing of current vacancies and employment opportunities with the City of Takoma Park, visit takomaparkmd.gov/hr/careers.



Looking ahead! Lifelong Takoma Day

This annual signature social and wellness event is scheduled for Saturday, Oct. 1. More information to follow online, in the Takoma Park Newsletter, E-news, Lifelong Takoma web page and in the Fall Guide. Hope to see you there!

Police

911 (emergency) 301-270-1100 (non-emergency) police@takomaparkmd.gov takomaparkmd.gov/police Open 24/7

Whether online, in person or phone, the Police Department is here to serve the people of Takoma Park. Here are two important services we provide:

Residential Security Surveys

Be one step ahead of the burglar – case your own home and look for easy ways into your home and then take appropriate measures to correct it. Takoma Park Police offer a home security survey free of charge. A residential security survey is an inspection of your home performed by a police officer in an effort to identify possible improvements to the physical security of your residence and to review personal safety and security habits. The goal is to decrease the likelihood that you might be victimized by a crime. Home security surveys are offered to homeowners living in the City of Takoma Park by appointment. They generally take about an hour of your time and can be set up during evening hours. To schedule a security survey and a review of personal safety issues, contact Cathy Plevy at cathyp@takomaparkmd.gov.

Community Cam Program communitycam.takomaparkmd.gov

The new Community Cam Program allows residents to register any residential or commercial video surveillance system with the Police Department free of charge. If and when a crime occurs in an area of a registered camera system, detectives will have immediate access to the location of any registered cameras on their mobile devices. This will allow them to quickly obtain valuable video evidence to enhance apprehension capabilities.

Working in partnership with the owner of the system is just one more tool in the police-community partnership to make Takoma Park a safe community. The registration information is confidential and can only be accessed by detectives and the police department's crime analyst. Participation is voluntary and the system owner may withdraw at any time. Takoma Park Police is the first department in the Washington Metropolitan area to institute this type of program. Registration is a three-step process and takes about five minutes to complete.



301-891-7118 cabletv@takomaparkmd.gov takomaparkmd.gov/citytv

Takoma Park City TV is a government access channel in Montgomery County, Maryland, operated by the City of Takoma Park. Watch City TV online or on Comcast and RCN channel 13 or on Verizon channel 28.

Also find us on ...



@TakomaParkTV

Watch City Council meetings, Snapshots, the "We Are Takoma" series and other community events on City TV!

iTenemos programación en Español! iVisítenos! Somos Takoma y El Barrio También Canta ahora en TeleCiudad.



National Night Out 2016

Mark your calendars for this year's National Night Out event! Tuesday, Aug. 2 6 – 9 p.m. Piney Branch Elementary School 7510 Maple Ave., Takoma Park, MD

National Night Out, celebrated by police departments across the nation, is a unique crime/drug prevention event sponsored by the National Association of Town Watch

(NATW). The Takoma Park Police Department will be hosting its own community event in celebration of this campaign. The event is free, so bring your whole family and invite all your friends. This year's event will include informational brochures on various safety topics and crime prevention,



food, giveaways and live music. There will be various events, including child fingerprint kits and child fingerprinting, a moon bounce, face painting, games and prizes.

Local Organizations Welcome!

If you are a locally-based organization and would like to be part of this year's event, please reserve a spot (and there's NO

COST to participate!) by contacting PIO Catherine Plevy at 301-891-7142 or cathyp@takomaparkmd.gov for more information. This is a great way to promote your organization and build a relationship with your local police department and community members.

Housing & Community Development

301-891-7119 housing@takomaparkmd.gov takomaparkmd.gov/government/housing-and-community-development

The Housing and Community Development Department is responsible for a wide range of housing, development, code enforcement, neighborhood revitalization, and cultural programming. Here are some of our upcoming events:



First Time Homebuyer Class

Saturday, May 14, 8:30 a.m. to 2:30 p.m. Takoma Park Community Center 7500 Maple Ave.

Learn the entire process for buying a house or condo from expert speakers from a lending institution, title company, real estate office, insurance and inspection firms. A Certificate of Completion will be awarded to attendees. Continental breakfast and light lunch will be served.

Class size is limited, and preregistration is required. Call 301-891-7119 to register.

Bike to School Day with Safe Routes to School

Wednesday, May 4

Gear up and check with your local school about specific activities.

Crossroads Farmers Market

Open every Wednesday, rain or shine, from June to November, 11 a.m. to 3 p.m., on Anne Street (between University Blvd. & Hammond Ave.). The market sells fresh fruit and vegetables, as well as prepared foods, and includes music, performers,



and activities for children. Stop and get lunch and groceries for the week. The market runs the Fresh Checks program to match SNAP/EBT. For more information, visit crossroadscommunityfoodnetwork.org/.

Bike to Work Day

Friday, May 20



The region's biggest celebration of bicycle commuting is returning to Takoma Park this May with three pit stops at the Takoma Langley Crossroads, on Sligo Creek Trail and in Old Takoma. The event is free and participants receive snacks,



drinks, a chance to win raffle prizes, and a free Bike To Work Day t-shirt. Register at biketoworkmetrodc.org.

Bike Improvements

The City of Takoma Park has created a bike map that shows how to connect to the New Ave from other parts of the City, and greater Washington Metropolitan Area, via bike lanes, signed on-street neighborhood routes, and regional shared-use trails. Pick up your free copy at the Recreation Center on New Hampshire Avenue, Takoma Langley Crossroads CDA, and other public buildings and bikeoriented businesses. Download the bike map here: thenewave. com/explore/bike.

Public Works

301-891-7633 publicworks@takomaparkmd.gov takomaparkmd.gov/publicworks Monday - Friday, 8:30 a.m. – 5 p.m.,

Services

Mulch



Leaf mulch, made by grinding the leaves collected annually, is available for pickup and delivery. The mulch pile is accessible for self-loading every day of the week. Loading of trucks and mulch delivery is done for a fee. Deliveries are available from March through October. To schedule a delivery, call 301-891-7633. Charges are \$45 for a three-yard load and \$65 for a seven- or 10-yard load for City residents.

Electronics and Computer Recycling Drop-Off

Bring your old or unwanted electronic equipment to be recycled to the Public Works facility during office hours.



EVENTS

Arbor Day Saturday, April 2

Arbor Day will be celebrated on Saturday, April 2 at the Takoma Park Library from 10:00 a.m. to 2 p.m. Tree seedlings will be distributed for free.

Household Hazardous Waste Drop-off Day Saturday, May 7

The 2016 Household Hazardous Waste Drop-off Day is scheduled for Saturday, May 7 from 10:00 a.m. to 2 p.m. at Public Works Yard. Takoma Park residents can drop off household hazardous waste for free while non-residents will be charged a \$10 fee. The Public Works Facility is located at 31 Oswego Ave., Silver Spring, MD 20910. For more information, visit: http://takomaparkmd.gov/government/ public-works/household-hazardouswaste-drop-off-day.

Trash Carts and Recycling Containers



available for sale. Purchase a 96-gallon trash carts for \$62.54 and 64-gallon for \$55.12. Carts have lids, wheels and handles. Recycling containers are free and available at the Public Works facility for pick up during office hours.

Large Item Pick-Up

Heavy items, like appliances, mattresses and furniture, are picked up by appointment only. There is a \$10 charge for the collection of up to three items. Call to schedule a pickup at 301-891-7633.

Compost Available For Pick Up

Households that are currently participating in the City's food waste collection program can receive five buckets of compost from the food waste program. The compost is stored at the Public Works facility, 31 Oswego Ave. Contact the special projects coordinator at 301-891-7621 for program details.

Polystyrene Ban

Food service businesses in Takoma Park are prohibited from using polystyrene packaging or food service ware when providing prepared foods for on-site or take-away consumption. For detail information on the ban please visit takomaparkmd. gov/initiatives/polystyrene-ban. Violations can be reported to the City at 301-891-7633 or via email at publicworks@takomaparkmd.gov.

Food Waste Collection Program

All single family and multifamily properties with City trash and recycling collection are eligible to participate in the City's food waste collection program. Please register at takomaparkmd.gov/services/



Holiday Trash Schedule

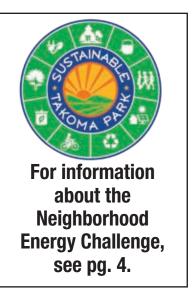
- May 30, Monday, Memorial Day Yard trimming collection is canceled.
- July 4, Monday, Independence Day Yard trimming collection is canceled.

curbside-collection-services/food-waste-collection.

Business and Multi Family Recycling

¢

As of Jan. 1, 2016, all business and multifamily properties within Takoma Park must provide tenants with the opportunity to recycle. Multifamily facilities with 12 or fewer units can opt into the City recycling collection program or use a private hauler. Businesses and multifamily buildings with 13 or more units must recycle through a private hauler. For more information, please contact the special projects coordinator at 301-891-7621.



Public Infrastructure Initiatives

301-891-7633 pw@takomaparkmd.gov takomaparkmd.gov/publicworks

Carroll Avenue Bridge

The MD 195 (Carroll Avenue) bridge over Sligo Creek is to undergo replacement. Major construction is to start this summer and continue 12 to 18 months through 2017. The rehabilitation of the bridge will include replacing the deck, beams and columns above the arches, the sidewalks, railings and the ornamental lights. The overall project limits extend from the intersection at Jefferson Avenue to the entrance for the Washington Adventist Hospital. In addition to rehabilitating the bridge, the project includes constructing a new sidewalk to extend from Old Carroll Avenue to the bridge, upgrading existing sidewalks and ramps on the bridge to meet ADA standards, and roadway drainage improvements. In order to complete the necessary work safely, the bridge will be closed, and traffic will be detoured during construction. A temporary pedestrian bridge will be installed to allow foot and bike travel over Sligo Creek.

For more information:

apps.roads.maryland.gov/ WebProjectLifeCycle/ProjectInformation. aspx?projectno=M02402115

Flower Avenue Green Street

The Flower Avenue Green Street project will incorporate pedestrian safety, traffic calming and innovative storm-water management as well as improvements to bus stops and lighting. Additionally, replacement of the old water mains and faulty house connections will also be completed during this project. The overhead streetlights on the west side of Flower Avenue were replaced with energy efficient LED lights last summer. The final design plans for the roadway and sidewalk improvements are expected to be completed by this summer. Washington Gas will be replacing the gas mains this year prior to the start of the project. Construction of the project is anticipated to begin in 2017.

For more information:

floweravenue.takomaparkmd.gov

Traffic Calming Installations Flower Avenue and Sligo

Creek Parkway

The Marvland National Capital Park and Planning Commission staff has agreed to an initial design concept. The City's design engineering firm is expected to finalize the design in preparation for community review and MNCPPC approval this year. A public meeting will be held to update the residents on the project. Action on the project will be delayed until WSSC completes a sewer line project in the area this year. The goal of the intersection redesign is to slow traffic entering the neighborhood, reduce the amount of paved surface and improve water quality by treating storm-water run-off from the pavement.



Playground Development Sligo Mill Playground

Creation of a new playground in a portion of the lot owned by the Maryland National Park and Planning Commission is under development.

For more information:

takomaparkmd.gov/publicworks/currentproject/sligo-mills-overlook-parkplayground-plan



New Sidewalk Design and Construction

ADA Sidewalk Compliance Project

Since 2010, the City has embarked on a program to replace and repair all existing sidewalks to better comply with Federal regulations related to accessibility. To date over 15 miles of sidewalk on City streets have been repaired at a cost of over 2 million dollars. The effort is expected to be complete by 2019 for sidewalks on City streets. Repairs to sidewalks located along state highways have not been included in the data above and also need to be addressed.

New Sidewalk Design and Construction Locations/Status

Location	Status
Glenside Dr.	Design development expected in FY 2017
Cherry Ave.	In design development
Lincoln Ave., 400 & 500 Block	In design development
Elm Ave., 1000 Block	Awaiting approvals from State and Federal authority. Construction anticipated in Spring, 2016.
Kansas Lane Allegheny to Cockerille	In community review/design phase
Maple Ave., 7900 Block	Design development expected in FY 2017

Once final designs are developed, affected residents will have an opportunity to vote whether or not to support construction. If 50 percent of the responses are positive, the sidewalk will be scheduled for construction as funding allows.

Library

Takoma Park Maryland Library

301-891-7259 takomaparkmd.gov/library facebook.com/takomaparklibrary @takoma

The Takoma Park Maryland Library is one of only two municipal public libraries in Maryland. With a Takoma Park Maryland Library card, you can:

- Borrow print books and magazines, audiobooks and music CDs.
- Access our extensive digital resources, including college and career information, language learning programs, test preparation, and both e-books and digital audiobooks.
- Use our public computers for up to two hours each day with assistance from on-site staff.

Free public Wi-Fi is available in the Library and Community Center.

Programs

The Library offers a wide variety of programs for children and adults. To keep up with the latest schedule of library programs, please check our website, takomapark.info/library, where you also can find our five blogs: News, Books, The Children's Room, Teen Book Buzz, and Comics. You also will find a section labeled "programs" with a calendar showing specific program dates. We also post library news and program updates on our Facebook page and Twitter feed. Registration is encouraged or required for some programs (as noted). To register for programs, please go to tinyurl. com/tplibraryevents or call us at 301-891-7259.

Many library programs are underwritten by the Friends of the Takoma Park Maryland Library. The Friends offer two reading groups and hold two to three book sales annually, among other events. More information about the Friends and their activities can be found on their website, ftpml.org, or their Facebook page (facebook.com/FTPML). In addition to support from the Friends, the library's partnership with Politics & Prose Bookstore allows us to offer programs featuring top-notch authors and illustrators for children and adults.

Library Hours Computer Center Hours Sunday Sunday 12 - 5 p.m. 12 - 5 p.m. Monday and Wednesday Monday - Friday 12 - 9 p.m. 12 - 8 p.m. Tuesday and Thursday 10 a.m. - 9 p.m. Saturday 12 - 6 p.m. Saturday 10 a.m. - 5 p.m.

ALL PROGRAMS ARE IN THE LIBRARY UNLESS OTHERWISE NOTED.

Photo by Bruce Guthrie

Weekly Library Programs

Circle Time

Tuesdays, 10 a.m. AND 11 a.m.

A beloved local tradition, the 30-minute program of songs, fingerplays, rhymes, movement exercises and stories teaches early literacy concepts in a fun way. The program is geared for infants through preschoolers and their grown-ups.

Spanish Circle Time

Thursdays, 10:30 a.m. Join Senora Geiza for a 30-minute program highlighting basic Spanish vocabulary through songs and rhymes.

Scribblers Cabal

Fridays, 4 p.m.

Kids are invited to draw with Library Assistant Dave Burbank, our library staff artist. To keep updated about the schedule, please register.

MOOC Discussions

Sunday afternoons

MOOCS – Massive Open Online Courses – offer a free way for older teens and adults to keep up lifelong learning. For information on how to register for these free online classes, and for specifics on the dates and times of our discussions, please check our website and Facebook page.



Monthly Library Programs

Lego Club

One Sunday a month, 1:30-3 p.m. Ages 5-12

Each program will have a building theme, and then free play. All LEGOs are provided courtesy of the Friends of the Takoma Park Maryland Library. Registration is required.

Sunday Crafts

One Sunday a month, 2 -3 p.m. Make special crafts with children's librarian Kati Nolfi. All materials are provided - kids just bring their creativity.

Caldecott Club

One Monday a month, 7 p.m.

Come join our popular family book club, where we read books - via the big screen - that are possible contenders for the Caldecott Medal given annually by the American Library Association to the best-illustrated book for kids ages birth-14. Lemonade and cookies are served at each program!

Comics Jam

Second Tuesday of each month, 4 p.m. September through June Join Dave Burbank, the library's graphic novel guru, in reading comics together on the big screen. The program concludes with Dave taking "drawing requests" from the audience.

Bedtime Stories

First Tuesday of the month, 7 p.m. Children's librarian Kati Nolfi leads our pre-bedtime program of songs and stories, plus a craft. Perfect for babies, toddlers, preschoolers and their grown-ups.

Petites Chansons

One Saturday a month, 10:30 a.m. September through June Madame Marie teaches basic French language concepts through songs and rhymes. To learn specific dates for Petites Chansons, please register and we will keep you updated.

Spring/Summer Special Programs

Thursday, April 7, 7:30 p.m.

Friends Big Book Club sponsors introductory lecture on Theodore Dreiser's "An American Tragedy" by Prof. Adam Wood at Historic Takoma, 7328 Carroll Ave.

Tuesday, April 19, 7:30 p.m.

Favorite Poem Evening at the Library. Call the Library for information.

Thursday, April 21, 7 p.m.

Author/illustrator Henry Cole discusses his latest picture book, "Spot the Cat."

Thursday, May 19, 7:30 p.m.

2016 Caldecott Medalist Sophie Blackall and author John Bemelmans Marciano discuss their new chapter book series,

"The Witches of Benevento."

Friday, May 20, 7:30 p.m.

Graphic novelist Maris Wicks presents "Science Comics: Coral Reefs, Cities of the Ocean."

Saturday, May 21, 10 a.m.-3 p.m.

Friends of the Library Book Sale on the Library lawn. Call the Library for information.

Thursday, June 9, 7 p.m.

Picture book creator/graphic novelist Ben Hatke talks about his newest picture book, "Nobody Likes a Goblin."

Monday, June 13, 7 p.m.

Kick-off event for Summer Quest 2016, our unique summer reading program



Photos by Bruce Guthrie



We Are Takoma



Celebrating the Creative Spirit of Our Community **301-891-7119**

arts@takomaparkmd.gov • takomaparkmd.gov/arts All events take place in the auditorium of the Takoma Park Community Center unless otherwise noted.

MONTHLY WORKSHOPS

Writing a Village

April 18, May 23, June 20 from 7 – 9 p.m.

Led by Anne Becker, poet laureate emerita of Takoma Park, this monthly poetry workshop is for those who love words. All levels of experience welcome. Contact annebeck48@ gmail.com for more information. Workshops will meet in the Hydrangea Room. Free.



1st Thursday of the month. In this brand new series, experts share their insights on history, pop-culture, Americana, and world cultures with Takoma Park. Suggested \$10 donation.

Devoted to Nature: The Religious Roots of American Environmentalism

Thursday, April 7, 7:30 p.m.

Evan Berry, associate professor at American University, discusses the development of the American environmental movement, raising questions about how values, science and religious ideas have been combined throughout the movement's history.

Shedding Light on Cuba

Thursday, May 5, 7:30 p.m.

Jeanne Drewes, chief of BCCD at the

Photo Salon

April 25, May 23, June 27 from 7 – 9 p.m.

A monthly salon for photographers to show and critique work. Professional, fine art, and amateur photographers are welcome. Contact Rob Rudick at robrudick@yahoo.com or 301-270-2323 for more information. May's workshop will be in the Lilac Room. All other meetings will be in the Hydrangea Room. Free.

Library of Congress, discusses Cuban art and culture through Ediciones Vigia, a book collective in Matanzas, Cuba. Drewes will examine this independent publishing house, founded in 1985, and will offer some of her personal book collection for review and discussion.

Film

2nd Thursday of the month. Events include screenings of completed documentaries, documentaries in progress, and experimental films.

DREAM: An American Story

Thursday, April 14, 7:30 p.m. Free

Docs In Progress presents the story of Juan Gomez, one of thousands of undocumented young people who, despite living in this country since infancy, has no permanent right to



DREAM: An American Story

stay in the U.S. Juan speaks flawless English, is academically gifted, and believes in the American dream. Despite a future at Georgetown University and in a promising career on Wall Street, the polarized political climate around immigration reform presents him, and so many others, with road blocks. Director Aldo Bello, a 2013 Docs in Progress Fellow, will hold a Q&A after the screening.

Immigration Film Festival Preview

Saturday, May 7, 7:30 p.m. Suggested \$6 donation

The Greater Washington Immigration Film Festival will pre-screen one of its fall 2016 films with Takoma Park. Visit immigrationfilmfest.org for information on the fall screenings.

Parables of War

Thursday, May 12, 7:30 p.m. Free

Based on the creation process of MacArthur Genius Award-winning choreographer Liz Lerman's theatrical dance piece *Healing Wars, Parables of War* uses dance, documentary and drama to pose the question, how can civilization bind the wounds of war?

We Are Takoma

Vintage Classroom Movies

Thursday, June 2, 7:30 p.m. Free

Back by popular demand! C-SPAN's Richard Hall presents a screening of short, educational films from the 40s, 50s, and 60s that range in tone from funny and ridiculous to surprisingly frank and honest. These clips are a window into life in post-WWII America.

Foreign Puzzle

Thursday, June 9, 7:30 p.m. Free

Docs In Progress presents the story of Sharon Marroquin, a dancer, choreographer, teacher and mother, who is diagnosed with breast cancer. Even as she undergoes intensive cancer treatments, she channels her frustration with mortality into an artist project titled "Materiality of Impermanence." Through her creative process, she escapes into a realm free from physical limitations, disease, child-rearing and teaching. Director Chithra Jeyaram will hold a Q&A after the screening.



Foreign Puzzle



Impressions Exhibit Opening

An exhibit featuring artwork by Emalie Lorens, Gladys C. Lipton, Mike Guy, and mother-daughter duo Helen Higgins and Mary Welch Higgins. Exhibit opens with a reception in the Community Center's Atrium Gallery on Thursday, March 10,

DOETRY: 3RD THURSDAY SERIES

The popular series, now in its 11th year, features the work of a wide range of poets from across the region. Free.

Thursday, April 21, 7:30 p.m.

Thursday, May 19, 7:30 p.m.

Thursday, June 16, 7:30 p.m.

from 6:30 - 8 p.m. The exhibit will run through May 2.

Spanda: Vibrations Exhibit Opening

Multimedia artist Shanthi Chandrasekhar will exhibit her paintings, drawings, handmade-paper installations and sculptures. Exhibit opens with a reception in the Community Center's Atrium Gallery on Thursday, May 5, from 6:30 – 8:00 p.m. The exhibit will run through June 30.

💐 PERFORMING ARTS

For kids and adults, these events showcase the diverse cultures and talents in our community.

The Son with Two Moms Book Reading Saturday, April 9, 4 p.m.

Saturday, April 9, 4 Free

Local author Anthony Hynes will read passages from his self-published memoir, which chronicles his childhood as a black boy adopted by two white mothers in D.C. in the 90s. When cancer afflicted one of Hynes' mothers and the courts threatened his legal guardianship, Hynes had to decide what his identity and his definition of family looked like. Copies of *The Son with Two Moms* are available at the Takoma Park Maryland Library, Busboys and Poets, Politics and Prose and on Amazon. A Q&A with the author will follow the reading.

We Share the Planet with Animals

Saturday, April 16, 4 p.m. Suggested \$10 donation

In this spellbinding and participatory performance, storyteller Candace Wolf spins tales from the ancient storytelling traditions of world cultures. The stories in "We Share the Planet with the Animals" celebrate the relationship people have shared with our animals since the beginning of human memory.

SHAHNAMEH! Adventures from the Persian Book of Kings

Saturday, May 14, 7:30 p.m. Suggested \$10 Donation

A dragon, a magical bird and a clever horse join humans in this dance concert based on Ferdowsi's epic work, the SHAHNAMEH, the Book of Kings. Dynamic choreographies from Eastern realms and gorgeous costumes make this event a magical journey for the entire family.

Dance Treasures of Uzbekistan

Saturday, May 14, 8 p.m. Suggested \$10 Donation



Silk Road Dance Company

Uzbekistan, located at the heart of Central Asia, boasts a rich heritage of folk and classical dances. The award-winning Silk Road Dance Company's "Dance Treasures of Uzbekistan" celebrates traditional women's dances from the region and provides a glimpse into a culture unfamiliar to most Americans.

Quiet Life Motel

Saturday, May 21, 7:30 p.m. Suggested \$10 donation

Quiet Life Motel is a multimedia show built with space for improvisation, collaboration and audience engagement. Audio artist David Schulman will perform original music on electric violin with looping effects and pre-recorded "field audio."

Recreation

Recreation Department

7500 Maple Avenue Takoma Park, MD 20912 p: 301-891-7290 f: 301-270-4094 recreation@takomaparkmd.gov takomaparkmd.gov/recreation Monday - Friday 8:30 a.m. - 5:00 p.m.



The City of Takoma Park Recreation Department provides recreational opportunities for all ages! The department's facilities and programs are intended to refresh and rejuvenate residents, improve health and connect families and the community. Staff are continually working to improve our offerings while adding new and innovative programs and activities to meet the ever changing needs of our residents and community.

Rental Requests

For more information about local parks and room rentals, see pages 6-8.



REGISTRATION BEGINS TUESDAY,

Roscoe the Rooster

Roscoe the Rooster made Takoma Park his home for 10 years, roaming the city and staking his territory on the lawn in front of and behind the apartment houses near Mark's Kitchen on Carroll Avenue. Roscoe died in a hit and run in February 1999.

A life-sized statue of Roscoe the Rooster, crafted by local artist Normon Greene, stands on a pedestal in front of the clock tower in the center of downtown Takoma Park.

Roscoe makes special appearances throughout the City Guide.



Volunteers Wanted

Volunteers assist with coaching, special events, class instruction and much more.

Volunteering is a rewarding and fun way to give back to the community. Volunteers of all ages needed.

For more information please call 301-891-7290 or visit montgomeryserves.org

Recreation



Recreation Committee

Jay Keller

Chair

Members

Carolyn Leary Bobb Rochelle Coleman Cindy Dyballa Howard Kohn Priscilla Lebovitz Cherwanda Oliver Rachel Riknye Pat Rumbaugh Ray Scannell Jen Wofford

Takoma Park residents scholarships ⁶ available for Recreation Dept programs

Scholarship program

The Takoma Park Recreation Department is committed to making scholarships available to City residents who cannot pay full price for recreation programs. Scholarships give Takoma Park residents an opportunity to learn, grow, and have fun.

Scholarship guidelines

- Applicants must be City residents.
- Scholarships are for all ages. Please contact the Recreation Department for more information.
- If a child receives 'Free or Reduced Lunch,' he/she is eligible for a scholarship.

How to apply

- 1. Pick up an application from the Takoma Park Recreation Department, Administrative Office, 7500 Maple Ave.
- 2. After you have selected an activity, complete and turn in an application before the deadline along with additional forms to a staff member at the Takoma Park Recreation Department administrative office (7500 Maple Ave.).
- 3. It may take up to 10 business days to determine if a scholarship is approved. You will be contacted by our office with an updated status.
- Scholarship applications and supplemental documentation must be submitted at least three weeks prior to the start of the program.

Family

Volunteer Spotlight

volunteerina provides experiences that cross all generational barriers. When a family volunteers together for an activity, that family has access to a world way beyond what they see every day. Children become immersed in a new culture and experiences, teens learn the value of personal responsibility and commitment, and the whole family is brought closer together as they expand their horizons and become productive citizens of their communities.

The Oliver's are one of those families that have made it an important tradition to help make a difference within the Takoma Park community. Cherwanda Oliver has lived in Takoma Park for 33 years with her three daughters. All three attended Takoma Park Schools (TPES, PBES, Takoma Park Junior high) and Montgomery Blair. Cherwanda first started volunteering off and on when Belle Ziegler was the Recreation Department director, and the girls attended a dance class Wayne St. David instructed.

Cherwanda became a consistent volunteer about six years ago by helping the Takoma Park Recreation Committee. Since

then, she has joined other committees, such as CHEER, Let's Play America, Takoma United and Celebrate Takoma, and she volunteers at her apartment complex as well.

To get her granddaughter Alannah more involved in community activities, she decided to bring her along. Alannah Oliver-Foster is a 14 year-old freshman at Montgomery Blair High School. She loves to act, sing, dance and create new nail designs for herself and her friends. Alannah is currently co-teaching the Nail Flare class at the Takoma Park Community Center on Friday afternoons.

Alannah first began volunteering with the Recreation Department at age 11

when she accompanied her grandmother Cherwanda for a Play Day event. Since then, Alannah has volunteered each year at the Mid-Winter/Fall Play Days, Celebrate Takoma, Monster Bash, Annual Egg Hunt, MLK Jr. Celebration and Community Beautification Days, and she has committed to being a Teen Lounge helper.

When asked why they volunteer, Cherwanda said she volunteers with the Takoma Park community because it's convenient and she enjoys being around the Recreation Department staff as well as the people of the community. "You can never be bored in Takoma Park," she said. "There's always something for everybody, no matter the age."

Alannah said she started volunteering to get Student Service Learning hours, but then it turned into being able to learn and gain new skills through the different events and positions in which she assisted. "I like volunteering with the Takoma Park Recreation Department because it's close to home, the events are fun to attend, and it's pretty cool being a part of them," she said.

There is a saying that "communities strengthen families", but as the Oliver's have demonstrated, families have strengthened the Takoma Park community.

ANNUAL EGG HUNT

Get your baskets ready and join the Takoma Park Recreation Department for an "egg"-citing time. There are four age categories: Ages 2 and under, 3-4 years, 5-6 years and 7-8 years. The event begins

at 11 a.m. SHARP. Don't miss out and don't forget to bring your basket!

Ed Wilhelm Field (behind Piney Branch Elementary School) March 26 Rain Date: March 28 11 a.m. Free

CENTER BEAUTIFICATION DAY

It is time for our next Community Day at the Takoma Park Recreation Center. Please join us for a great morning to showcase the Takoma Park spirit and teamwork. We will be planting new flowers, plants and shrubs and picking up trash around the facility. Please bring extra tools, such as gloves, pitch forks, shovels, hand trowels and hand spades if you have them. For more information, contact Vincent Cain at vincentc@takomaparkmd.gov.

Takoma Park Recreation Center 7315 New Hampshire Ave. Saturday, April 23, 2016 8 a.m. – 12 p.m.

FAMILY OUTDOOR MOVIE NIGHT

Movie starts at dusk at Ed Wilhelm Field (behind Piney Branch Elementary School). Bring your lawn chair or blanket and enjoy a movie under the stars with your family! The movie



will be a family friendly "G" or "PG" rated hit. Feel free to bring your own snacks. The Recreation Department will provide one small bag of popcorn per person and

CELEBRATE TAKOMA

This family festival will celebrate the cultural diversity of Takoma Park and its residents. Bring a lawn chair or blanket and spend the afternoon with your neighbors. Nominal fees for food. Join us for:

- Azalea Award Ceremony
- Food vendors
- Entertainment



- Games from around the world
- Crafts
- Community tables

Maple Avenue (in front of the TP Community Center) Saturday, May 14 4-7 p.m.

Event held rain or shine Due to limited parking, we encourage your family to walk to this great event! For more information, please call 301-891-7290 or visit takomaparkmd. gov/recreation/celebrate-takoma. water. Due to limited parking, walking to the event is encouraged.

Ed Wilhelm Field Saturday, June 4 7:30 – 11:30 p.m. Free

Check out these special events!

INDEPENDENCE DAY CELEBRATION

Be part of the tradition! Takoma Park has celebrated our nation's independence continuously for over 120 years. Volunteer



to help the Takoma Park Independence Day Committee to plan and oversee the July Fourth activities. There are plenty of opportunities to be part of the morning and/or evening programs. Contact Gene Herman for further details at 301-585-5832 or gene511@aol.com.

Monday, July 4 Parade: 10 a.m. Evening Program: 7 p.m. Fireworks following evening program takomapark4th.org

AFTER HOURS

This program, in its second summer, will provide a drop-in service for the teens and young adults ages 16-24. The Recreation Department is partnering with the Takoma Park Police Department to offer futsal Thursday and basketball Tuesday one night per week each over the course of the summer. This program will be from 9-11 p.m. during the summer! We are looking to provide safe but fun activities for the young adults in our community as well as build the relationship between the community and the Takoma Park Police Department.

Ages 16-24

Two Nights a week this summer Takoma Park Recreation Center 7315 New Hampshire Ave.

Recreation: Tots

Tots Newborn-5

CAMP

Rookie Sports Camp

Have the little ones join us for a week of unique activities including T-ball, soccer, bowling, kickball, relays and more exciting daily events. Sessions take place in a safe, structured environment and sports are played through a series of games and activities. All the sports promote hand eye coordination, motor skills, group participation and communication skills. All participants must wear sneakers and dress appropriately. Paperwork will need to be submitted prior to the first day of camp.

Takoma Park Community Center Rose Room 7500 Maple Avenue 3 - 4 years Monday–Friday 1 Week Sessions Session 1: June 27-July 1 Session 2: July 11-July 15 Session 3: August 1-August 5 9 a.m. – 12 p.m. Resident: \$80 / Non-resident: \$90

Tots Nature Camp

Tots Nature Camp introduces children to the artistic beauty of one of the world's greatest creations, Earth. In this camp children spend time connecting with nature through a series of fun activities such as making bird feeders and nature scrapbooks. The best part is that they make their creations using all recycled materials that they collect, which also teaches them about the importance of preserving nature's beauty by being responsible. This camp allows children to expand the creativity within them that comes naturally. Paperwork will need to be submitted prior to the first day of camp.

Takoma Park Community Center Rose Room 7500 Maple Avenue 3 - 4 years Monday–Friday 1 Week Sessions **Session 1:** Tuesday, July 18-Friday, July 22 **Session 2:** Monday, July 25-Friday July 29 9 a.m. – 12 p.m. Resident: \$125 / Non-resident: \$145

DANCE

Zumbini

Zumbini is a music and movement class for children, 0 to 3 years, to attend with their music-loving caregivers. We combine original Zumba-style music with dancing, singing, instruments and scarves to create a fun and engaging 45-minute class. Each participant will receive a "Bini Bundle," which includes two copies of our class music and a beautifully illustrated story book. There will be a \$30 materials fee due to the instructor on the first day of class. Instructor: Amanda Holliday.

Takoma Park Community Center Lilac Room 7500 Maple Avenue Newborn-3 years 8 Week Sessions **Session 1:** Saturdays, April 9-June 11 **Session 2:** Saturdays, July 9-August 27 10:15 – 11 a.m. Resident: \$110 / Non-resident: \$130 / Drop-in: \$15

DROP-IN

Community Playtime

Enjoy open playtime, read stories, sing songs, work on craft projects, enjoy a wonderful outdoor playground, and socialize. Organizers provide toys, craft supplies, story time and a snack. Community Playtime is not open when City offices are closed. Visit takomaplaytime.org for more information.

Heffner Park Community Center 42 Oswego Avenue Newborn-5 years **English:** Mondays, ongoing until June 6 **Spanish:** Fridays, ongoing until June 10 10 a.m. – 12 p.m. Free

EDUCATION & DEVELOPMENT



Based on a German model, Kindermusik was developed in the United States over 30 years ago. It is taught worldwide and incorporates the early childhood musical foundations of Kodaly, Suzuki, Orff and more. Becky Linafelt received her Kindermusik teaching license in 2003 and is proud to be part of

the Takoma Park community as a mom

and educator. She is a member of the

Early Childhood Music and Movement

Association for the Education of Young

Children (NAEYC), and the Maryland

Music Teachers Association (MMTA).

Kindermusik® classes that are offered

Kindermusik® classes, please visit:

Busy and curious toddlers also love

through the Takoma Park Recreation

Department. To register for all

kmwithbecky.kindermusik.net

With age-appropriate activities for

newborns, infants and crawlers, this

will help you strengthen those early

parent-child bonds, understand your

baby's development, and heavily focus on child development and communication

with your baby. You and your baby will

time and together time with others.

enjoy instrument play, dance, exploration

parent-child music and movement class

Kindermusik: Cuddle and Bounce

Association (ECMMA), the National

To register for all Kindermusik® classes, please visit: kmwithbecky.kindermusik.net

Heffner Park Community Center 42 Oswego Avenue Newborn-1 year 8 Week Session Wednesdays, April 6-May 25 11:30 a.m. - 12:15 p.m. Resident: \$126 / Non-resident: \$156

Kindermusik: Family Time

Family Time is Kindermusik's version of the one-room schoolhouse. Bringing children of all ages together provides a dynamic and integrated learning experience for everyone. Families with one child or multiple children are welcome to attend. Sibling discount offered. One \$30 home materials fee per family included in registration fee. Instructor: Becky Linafelt.

Heffner Park Community Center 42 Oswego Avenue Newborn-6 years 8 Week Sessions Thursday Session: April 7-May 26 11:30 a.m. - 12:15 p.m. Saturday Session: April 9-June 4 9 – 9:45 a.m. Resident: \$126 / Non-resident: \$156

Kindermusik: Sing and Play

Get ready to sing, play, and move with your little one in this high-energy music class designed to be just right for very young children. This new Kindermusik curriculum focuses on your child's beginning movement, helping to build the muscles your young toddler needs to walk. run, and climb; and on vocal development, helping your child's speaking and singing voice. Instructor: Becky Linafelt.

Heffner Park Community Center 42 Oswego Avenue 1-2 years 8 Week Session Wednesdays, April 6-May 25 10:30 a.m. - 11:15 a.m. Resident: \$126 / Non-resident: \$156

Kindermusik: Wiggle and Grow

This music-filled class celebrates the unique joys of your growing child. Each week your child will love singing, dancing and playing instruments, and you'll love helping him/her practice a wide variety of abilities, such as gross and fine motor skills, turn-taking, social skills and active listening. In class, we'll also share tips and ideas for using music throughout the week. Instructor: Becky Linafelt.

Heffner Park Community Center 42 Oswego Avenue

2-3 years 8 Week Sessions Wednesday Session: April 6-May 25 9:30 - 10:15 a.m. Thursday Session: April 7-May 26 10:30 - 11:15 a.m. Saturday Session: April 9-June 4 10 - 10:45 a.m. Resident: \$126 / Non-resident: \$156

MARTIAL ARTS

See Kung Fu classes on page 25



SPORTS

See T-Ball and **Tennis: Beginners** on page 27



TENNIS SKILLS FOR TOTS

This 1/2 hour class is designed for the youngest of players, using red foam and felt balls, small racquets and nets. Emphasis will be placed on basic motor skills, body movement and eye racquet ball coordination, utilizing fun drills and games. Parent participation is required. No experience needed. Instructor: Coach SJ.

Takoma Park MS Tennis Courts 7611 Piney Branch Road 3-6 years 8 Week Session Sundays, March 20-May 8 **Session 1:** 12 – 12:30 p.m. Session 2: 12:30 - 1 p.m. Resident: \$50 / Non-resident: \$60

Youth 5-12



ART Clay for Kids

In this class, children will receive instruction on how to utilize a variety of techniques (coil, pinch, slab work) to create one-of-a-kind sculptures and vessels out of clay. Caregiver participation required. There is a \$15 materials fee (per child) due to the instructor on the first day of class. Instructor: Caroline MacKinnon.

Takoma Park Community Center Art Studio 7500 Maple Avenue 4-8 years 6 Week Sessions Wednesdays, April 20-May 25 4 – 5 p.m. Resident: \$130 / Non-resident: \$150

MAKE/Shift Studio I: Art Inspirations

Elementary students create exciting two- and three-dimensional projects in this after school class. Lessons include drawing, painting, collage, assemblage and mixed media; every class has a different subject and medium. Children learn to express themselves and engage in visual problem-solving while producing beautiful works using color, shape, line, texture and pattern. Contemporary and historical artists provide inspiration for this art program geared for 3rd through 6th graders. Beginning students welcome. Materials fee included. Instructor: Katie Dell Kaufman.

Takoma Park Community Center Art Studio 7500 Maple Avenue 8-12 years 6 Week Session Thursdays, May 5-June 9 3:45 – 5:30 p.m. Resident: \$150 / Non-resident: \$170

MAKE/Shift Studio II: Drawing & Watercolor

Have fun learning to draw with black, white and colored drawing materials, paint with watercolors, use pen and ink, and explore mixed-media approaches to representational imagery. Subjects will include still life, portrait, landscape (weather permitting) and floral studies. Beginning students welcome. The focus of the class is appropriate for students interested in developing a portfolio for entry into the Visual Art Center at Albert Einstein High School. There is a \$25 materials fee due to the instructor on the first day of each session. Instructor: Katie Dell Kaufman.

Takoma Park Community Center Art Studio 7500 Maple Avenue

Class Listings cont. on p. 25



Registration has already opened. Don't miss the fun–Sign up now!

Before Care and After Care are available for an additional fee.

Please inquire about the necessary paperwork needed prior to the first day of camp.

Scholarship applications must be submitted at least 3 weeks prior to the start of the program.

SPRING BREAK CAMP

Before Care and After Care

Available for those families who require or desire additional activities beyond the regular camp hours. Activities include games, outdoor play and sports.

Takoma Park Recreation Center 5 - 12 years Monday-Friday, March 28 – April 1 **Before Care:** 7 – 9a.m. **After Care:** 4 – 6 p.m. Resident: \$35 each / Non-resident: \$45 each

Dribble, Pass, Shoot Basketball Camp

Emphasizing individual improvement is one of the guiding philosophies of this camp. Campers will be provided with excellent coaching which allows each participant to develop a sense of pride and individual accomplishment. The level of instruction will be adjusted to fit the individual needs of each participant.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 5 - 12 years 1 week session Monday-Friday, March 28 – April 1 9 a.m. – 4 p.m. \$200

Recreation: Youth (cont.)



Summer Camps & Specialty Camps FIND THE PERFECT CAMP FOR YOUR CHILD HERE!

The Takoma Park Recreation Department offers the traditional range of summer camp activities, along with specialty camps designed to enhance your child's summer and create lasting memories. The Camp Takoma and Camp Recess programs offers sports, nature, arts and crafts, music, swimming, creative time, cooperative games and special activities. Our Specialty Camps provide campers with activities in their favorite areas, such as arts, sports, dance, science and performing arts.

Supported by an excellent group of counselors and program staff, campers are encouraged to try new things, meet new friends, and most importantly have fun. Please inquire about the necessary paperwork needed prior to the first day of camp. Before Care and After Care are available for those camps ending at 4 p.m. at the Takoma Park Community Center and Takoma Park Recreation Center.

Our Counselors In Training (CIT) Program is designed for our 14-16-year-olds. It develops leadership skills and character, while providing an excellent opportunity for community service. The Recreation Department will only grant summer student service learning hours (SSL hours) to those who participate in the CIT program. If you are interested in volunteering, you must attend and complete all the trainings. See page 28 for more information about our CIT Program.

Summer Camp Payment Plan

For your convenience, you may choose to pay in full at the time of registration or select the payment plan option. This payment plan option, which must be chosen at the time of registration, divides the total amount due into three equal payments: 33% of the total fees will be due at the time of registration with the remaining payments due on or before May 1 and June 1. You must register early to take advantage of this opportunity as payment due dates will not be changed. For example, if you register for programs in May, 66% of the fees will be due with the remaining installment due by June 1. Payment plans will not be available after June 1. All payment plans will be assessed a \$25 late fee if payment is received more than five days after the due dates of May 1 and June 1. Outstanding balances as of June 7 could result in the child being withdrawn from the program.

REGISTRATION BEGAN SATURDAY, JANUARY 30 – DON'T WAIT!

*Scholarship applications must be submitted at least 3 weeks prior to the start of the program.

Sammer Camp References Clearb

Program	Ages	June 27 – July 1	July 5 – 8	July 11 – 15	July 18 – 22	July 25–29	August 1 – 5	August 8 – 12	August 15 – 19
Rookie Sports Camp	3-4	1		1			1		
Tots Nature Camp	3-4				1	1			
On Stage Camp: Footlight	5–8			1					
Camp Recess	5–12	1	1	1	1	1	1	1	
Dribble, Pass, Shoot Camp	5–12								1
Dance Camp	5–13				1	1	1	1	
On Stage Camp: Spotlight	8–12		1	1					
STEM Camp	8–12				1				
Girls Basketball Camp	8–14					1			
Visual Arts Camp	11–14	1		1	1				
Teens On The Move	13–17		1	1	1	1			



A full listing of our summer camps will be available at both the Community Center and Recreation Center. Stop by to pick up a summer camp brochure or visit takomaparkmd.gov/recreation. 11-13 years 6 Week Session **Monday Session:** May 2-June 13 **Tuesday Session:** May 3-June 7 3:30-5:50 p.m. Resident: \$140 / Non-resident: \$160

DANCE

Zumba Kids

Zumba® Kids classes are rockin', high-energy dance parties packed with kid-friendly routines. We break down steps and add games, activities and cultural exploration elements into the class structure. Classes incorporate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, balance and cultural awareness. This class is very active and a fun challenge for age/ability levels. No prior experience is needed, just a smile! Instructor: Amanda Holliday.

Takoma Park Community Center Azalea Room 7500 Maple Avenue 4-12 years Saturdays, April 9-June 11 11:15 a.m. – 12 p.m. Resident: \$80 / Non-resident: \$90

DRAMA & THEATER

Dungeons and Dragons

They creep through the twilight, quiet as shadows muttering a language long forgotten, a language only spoken by ghosts. Use your imagination and storytelling ability in this classic fantasy role-playing game. Roll dice to cast spells and battle monsters. Creativity and cooperation help the group "survive." Taught by the library's own Dave Burbank.

Takoma Park Community Center Auditorium 7500 Maple Avenue 9-18 years 5 Week Sessions Thursdays **Session 1:** April 14-May 12 **Session 2:** May 19-June 16 4 – 6 p.m. Resident: \$55 / Non-resident: \$65

DROP-IN

Kids Night Out

Want a night to yourself while your kids have a blast with their friends? Bring your children to the Takoma Park Recreation Center Kid's Night Out for fun-filled nights of games, arts and crafts, movies and theme nights.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 6-12 years Fridays, ongoing 7:15 – 8:30 p.m. Free with Recreation Center membership card

ENVIRONMENTAL

Community Garden

Volunteers will gain hands-on experience in how to grow food as you work alongside garden veterans. Our team of volunteers from the neighborhood community, environmental change-makers and other area organizations tends, harvests, seeds, and waters the garden together and has a great social time doing it. We welcome your help with the garden the fourth Saturday of the month. Co-sponsored by the Montgomery County Recreation Department.

Takoma Park Recreation Center Outdoors 7315 New Hampshire Avenue 6-14 years Fourth Saturday of each month 8 – 9:30 a.m. Free

FITNESS

Step Team

Stepping is a form of dance in which you use your entire body as an instrument to produce rhythms and beats through footsteps, clapping and words or chanting. Stepping is popular among college fraternities and sororities. Members will learn self-expression, coordination, selfdiscipline and teamwork. The team will consist of approximately 10-12 girls and boys between the ages of 6-12 years old. Practice will take place 2 days per week, 1 hour per day. No experience is necessary, and we welcome all who are willing to learn.

Takoma Park Recreation Center Front Room 7315 New Hampshire Avenue 6-12 years 9 Week Session Tuesdays and Thursdays, ongoing 6:30 – 7:30 p.m. Free with Recreation Center membership card

MARTIAL ARTS

Kung Fu

This ancient form of self-defense provides physical and mental exercise, which help the students defend themselves by strengthening hand and eye coordination. The student will gain physical fitness, mental and spiritual strength. There is a one-time, non-refundable fee of \$50 paid to the instructor on the first class for a uniform. Instructor: Master Thompson.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 4-16 years Saturdays

Session 1 (9 Weeks): April 9-June 18 Resident: \$129 / Non-resident: \$149 **Session 2** (8 Weeks): July 9-August 27 Resident: \$100 / Non-resident: \$120 **Beginners:** 10:15 – 11:15 a.m. **Advanced:** 11:15 a.m. – 12:15 p.m.

Taekwondo

Taekwondo is composed of three parts as shown in the English spelling, though it is one word in Korean. "Tae" means "foot," "leg," or "to step on;" "Kwon" means "fist" or "fight;" and "Do" means the "way" or "discipline." It can mean the way or discipline of foot and fist. Martial arts are studied for combat skills, cultivation (meditation), mental discipline, character development and building self-confidence. There is a one-time, non-refundable \$40 fee paid to the instructor on the first class for a uniform. Instructor: Felix Lindeire.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 5 years and older Mondays

Session 1 (8 Weeks): April 11-June 27 Resident: \$100 / Non-resident: \$120 Session 2 (7 Weeks): July 11-August 22 Resident: \$95 / Non-resident: \$105 6 - 7 p.m.

egistration

Underway

SPORTS

Flag Football League

This is a non-competitive, instructional, community league. The goal is to teach the fundamentals of Flag Football in a safe environment. This league always fills! Don't be left out. Practice begins the week of March 21, 2016. First game is on April 9, 2016.

Ed Wilhelm Field

EXTENDED CARE

School Year 2016-17

If you had a great summer with us, please register for our childcare programs during the school year. Morning and Afternoon Addition are held at the Takoma Park Community Center and After the Bell is held at the Takoma Park Recreation Center. Our emphasis is on providing fun, leisure and recreation programs. There is a 20% deposit due at the time of registration. The remaining balance will be divided into monthly payments.

Registration begins Tuesday, March 15 at 8:30 a.m. Spaces fill up fast – Don't wait!

After The Bell Childcare 2016-2017

After The Bell Childcare is an after-school program offered at the Takoma Park Recreation Center (7315 New Hampshire Ave.). This program will provide a safe environment for children grades K-5 where they will engage in daily indoor/outdoor group activities and holiday-based events. Each day kids will receive a snack, have time to complete homework, and enjoy arts and crafts, sports, board games, free play and more. Transportation will not be provided to this program by TPRD, but parents can arrange transportation through MCPS. Program hours are 3:30-6:30 p.m. when MCPS are in session.

Takoma Park Recreation Center Front Room 7315 New Hampshire Avenue Kindergarten-5th Grade 10 months Monday-Friday, August 29, 2016-June 16, 2017 3:30 – 6:30 p.m. \$1,250

Morning Addition Childcare 2016-2017

This program is designed for those families that need early morning options before the school day starts. Staff will be available to provide informal recreation activities and will escort participants to Takoma Park Elementary School and Piney Branch Elementary School. Children will also have time for homework assignments, breakfast (not provided) or to prepare for their day at school.

Takoma Park Community Center Azalea Room 7500 Maple Avenue Kindergarten-5th Grade 10 Months Monday-Friday, August 29, 2016-June 16, 2017 7 – 9 a.m. Resident: \$1,300 / Non-resident: \$1,600

Afternoon Addition Childcare 2016-2017

Our emphasis is on providing leisure and recreation programs in the computer learning center, dance studio, art room, game room, athletic fields, library and more. We have some exciting activities planned this year, including drama, music, art, special guests, sports, study time and playtime that will enlighten, empower and enrich minds and imaginations.

Takoma Park Community Center Azalea Room 7500 Maple Avenue Kindergarten-5th Grade 10 Months Monday-Friday, August 29, 2016-June 16, 2017 3 – 6:30 p.m. Resident: \$2,100 / Non-resident: \$2,600

Both Morning & Afternoon Addition Childcare 2016-2017

egistration

Underway

For families requiring both programs. Takoma Park Community Center Azalea Room 7500 Maple Avenue Kindergarten-5th Grade 10 Months Monday-Friday, August 29, 2016-June 16, 2017 7 – 9 a.m. AND 3 – 6:30 p.m. Resident: \$2,850 / Non-resident: \$3,450

Behind Piney Branch Elementary School 6-8 years 9-11 years 12-14 years 6 Week Session Saturdays, April 9-May 14 Resident: \$40 / Non-resident: \$50

Girls Lacrosse Clinic

This clinic will emphasize skill development in shooting, passing, catching and field alignments. This five-week clinic will also cover basic rules and interpretations of the game. Lacrosse sticks will be provided. No experience is required. Ed Wilhelm Field Behind Piney Branch Elementary School 8-12 years 5 Week Session Wednesdays, May 4-June 1 3:45 – 4:45 p.m. Resident: \$35 / Non-resident: \$45

T-Ball

This co-ed league allows girls and boys to have fun while learning the basic fundamentals of baseball. Emphasis will be on fun, batting, running bases, and catching. No experience is necessary as all skill levels are welcome. Participants must bring their own baseball gloves. All teams will be formed by the Recreation Department. Games will be hosted at Belle Ziegler Park, Ed Wilhelm or Lee Jordan Field. Games are played on Saturday mornings at either 9 or 10:30 a.m. Volunteer coaches are a key element of this program's success; inquire at 301-891-7290 for coaching opportunities.

Kindergarten-1st grade 8 Week Season Saturdays, June 4-July 23 Games will be played at either 9 a.m. or 10:30 a.m. Resident: \$60 / Non-resident: \$70

Recreation: Youth (cont.)

Tennis Skills: Beginners

This class is geared toward younger and/or beginner students. We will utilize smaller racquets, smaller courts, red/orange balls primarily and progress to larger courts and faster balls as needed. We will focus on forehands. backhands and rallying. And introduce serving, volleying and scoring as needed. Lots of movement and games-based learning are part of the "modern teaching," and cooperative and competitive games used. Three class options available per week. Sign up for one, multiple or all three days and utilize our "flexible drop in" scheduling to make up missed classes on another day due to weather or your own travel plans. Instructor: Coach SJ.

Takoma Park MS Tennis Courts 7611 Piney Branch Road 6-16 years 3 Week Sessions **Tuesdays:** August 9-August 23 **Thursdays:** August 11-August 25 **Saturdays:** August 13-August 27 8 – 9:30 a.m. Resident: \$60 / Non-resident: \$70

Tennis Skills: Cardio

Have fun while engaging in interval training tennis activities to practice and improve your game and get a moderate to serious workout in at the same time. We will mix music, fun and footwork in with a little bit of technique instruction as desired. Come ready to sweat! A little tennis experience is helpful but not mandatory. Each class will have a warmup and cool-down period. Racquets and other equipment (ladders, cones, medicine balls) provided or bring your own. Three class options available per week. Sign up for one, multiple or all the days and] utilize our "flexible drop in" scheduling to make up missed classes on another day due to weather or your own travel plans. Instructor: Coach SJ.

Takoma Park MS Tennis Courts 7611 Piney Branch Road 12 and older 3 Week Sessions **Tuesdays:** August 9-August 23 **Thursdays:** August 11-August 25 **Saturdays:** August 13-August 27 7 – 8 a.m.



Resident: \$50 / Non-resident: \$60

Tennis Skills: Intermediate/Advanced

This class is geared toward older and/ or intermediate to advanced students. We will utilize green dot and yellow balls primarily, using training balls as needed. We will focus on more advanced technique and footwork for forehands, backhands and rallving and on improving serving. volleying, fitness, power, consistency and strategy. Cooperative rallies and competitive play will be used to make improvements. Three class options are available per week. Sign up for one or more days and utilize our "flexible drop in" scheduling to make up missed classes on another day due to weather or your own travel plans. Instructor: Coach SJ.

Takoma Park Middle School Tennis Courts 7611 Piney Branch Road 12 and older 3 Week Sessions **Tuesdays:** August 9-August 23 **Thursdays:** August 19-August 25 **Saturdays:** August 13-August 27 9:30 – 11 a.m. Resident: \$60 / Non-resident: \$70

Tennis Skills: Beginners/ Intermediate

This class is for teens and adults with little to no prior tennis experience. For beginners we will introduce and develop basic groundstrokes using red and orange balls on a shortened court. For the more advanced and quick learners, we will progress to green/yellow balls and full court, improving groundstroke consistency and accuracy and working on serves and volleys. Instructor: Coach SJ.

Takoma Park Middle School Tennis Courts 7611 Piney Branch Road 6-12 years 8 Week Session Sundays, March 20-May 8 1– 2 p.m. Resident: \$100 / Non-resident: \$120

Tennis Skills: Intermediate

In this class, you will progress to green/yellow balls and full court, improving groundstroke consistency/accuracy and working on serves/volleys. Instructor: Coach SJ.

Takoma Park Middle School Tennis Courts 7611 Piney Branch Road 6-12 years 8 Week Session Sundays, March 20-May 8 4 – 5 p.m. Resident: \$100 / Non-resident: \$120

Tennis Skills: Intermediate/Advanced

This class is for more advanced students, who have learned how to keep the ball going and are interested in trying to refine their skills, consistency and power. We will be using primarily orange and green balls. Competitive games, match play instruction and practice (serving, scoring, volley and strategy) will also be included. Instructor: Coach SJ.

Takoma Park Middle School Tennis Courts 7611 Piney Branch Road 8 years and older 8 Week Session Thursdays, March 24-June 2 4:30 – 5:30 p.m.

Recreation: Youth

Recreation: Teens

Resident: \$120 / Non-resident: \$140

Y.E.S. League 2016: Grades 5-8

This program provides a positive venue for youth to express themselves through the game of basketball. Teams will be guaranteed six games, and each participant will receive a Y.E.S. League t-shirt.

Piney Branch Elementary School Gymnasium 7510 Maple Avenue 5th-8th Grade 7 Week Season Mondays, June 20-August 8 6 – 8 p.m. Resident: \$25 / Non-resident: \$35

TRIPS

Register for Tremendous Trips!

5 – 12 yrs June 20 – 24 (follows MCPS schedule) 8:30 a.m. – 5:30 p.m. (no before or after care available)

Pick-up and drop-off location: Takoma Park Recreation Center at 7315 New Hampshire Avenue

Monday, June 20, 2016: Baltimore Aquarium

Tuesday, June 21, 2016: Castel Laser Tag

Wednesday, June 22, 2016: Watkins Regional Park

Thursday, June 23, 2016: Milburn Orchards

Friday, June 24, 2016: Six Flags

Residents: \$40 Day *Trips are subject to change





13-17

ART



CAMPS

Counselor in Training (CIT)

If you need Student Service Learning hours and love working with youth ages 5-12, then becoming a CIT this summer is the right fit for you! Registrants will participate in a twoday (2 hours/day) training and a full day of CPR training. Participants must commit to at least a two-week volunteer commitment with one of our camps. Training takes place May 3 and 5, and CPR training will be on May 7. This training is mandatory for all Summer Camp volunteers.

Lilac Room 7500 Maple Avenue 14-17 years **Camp Training:** Tuesday, May 3 and Thursday, May 5 4 – 6 p.m. **CPR Training:** Saturday, May 7 10 a.m. – 5 p.m. Resident: \$25 / Non-resident: \$35



Spring Break Career Week!

Hey Teens! School's out for Spring Break, so what are you going to do with all of this valuable spare time? Ever wonder what type of profession will fit your future? Well, you're in the right place. During Career Week several professionals will quide participants in exploring some of today's hottest careers. Participants will also receive insider advice on the knowledge and skills needed for success. You will be able to connect with experts, make friends, and explore multiple options for your future. Spend the mornings with our career introductions and the afternoons attending our break away trips like bowling, laser tag, roller skating, and more. Please inquire about the necessary paperwork needed prior to the first day of camp. Limited Spaces are available.

Takoma Park Community Center Teen Lounge 7500 Maple Avenue 13-17 years 1 Week Session Monday-Friday, March 28-April 1 10 a.m.-4 p.m. Resident: \$120 / Non-resident: \$140

Teens on the Move Camp

Teens on the Move Camp combines a perfect balance of experiential learning, community service and fun activities. Paperwork will need to be completed prior

IVEENS

Recreation: Teens (cont.)

to the first day of camp. Register for one week or all four, but this fun camp will fill fast.

Teen Lounge 7500 Maple Avenue 13-17 years Monday-Friday Session 1: July 5-July 8* Session 2: July 11-July 15 Session 3: July 18-July 22 Session 4: July 25-July 29 10 a.m. – 4 p.m. Resident: \$120 / Non-resident: \$140 *4th of July week fee: Resident: \$100 / Non-resident \$120



DRAMA

See Dungeons & Dragons on page 25 (in Youth)

DROP-IN

M.A.N.U.P. Making A New United People

Making A New United People (M.A.N.U.P.) is developing the next generation of successful leaders by impacting the lives of youth in underserved communities through proven principles of education, social responsibility, self-empowerment and economic awareness. M.A.N.U.P. is dedicated to creating sustainable communities that people want to thrive in, contribute to and be proud of. Programs include guest speakers, field trips to various educational and fun locations. career development and more. This mentoring program is made possible by countless volunteer hours. These mentors work in cooperation with the Takoma Park Recreation Department.

Takoma Park Community Center Teen Lounge 7500 Maple Avenue 12-19 years Tuesdays, ongoing during the school year 6:30 – 8 p.m. Free

Teen Lounge

This special room is for TEENS ONLY! Ages 13-17 are welcome to become members to gain access to two 50-inch and one 70-inch LED SMART TV. We also have X-Box One and Wii games, workstations, board games and comfy sitting areas for socializing with friends. Come join us after school for fun and laughs and for special events.

Takoma Park Community Center Teen Lounge 7500 Maple Avenue 13-17 years Monday, Wednesday, Thursday, Friday: 3-7 p.m. Tuesday: 3 – 8 p.m. Saturday and Sunday: Closed Free

Teen Night

Looking for something exciting to do on the 2nd and 4th Fridays of the month? The Takoma Park Recreation Center provides high quality, affordable, safe and fun activities for teens. Come on out to a night of games, activities and more. Bring your friends for a free night out of the house.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 12-17 years Second and fourth Fridays, ongoing 7:15 – 8:30 p.m. Free

EDUCATION & DEVELOPMENT

Modeling School

Discover your potential for a modeling career or hobby. Learn runway secrets. Develop poise and gracefulness to distinguish your style. We help talent prepare for pageantry and the modeling industry with the same techniques used by today's top models and industry pros. The instructor has partnered with high-end retailers to produce classy and elegant fashion events, promotions, grand openings and worthy cause fundraiser programs for non-profit organizations. Instructor: Charmonique Vogue.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 13 – 17 years Wednesdays, April 13-June 1



See Community Garden on page 25 (in Youth)

FITNESS

See Fitness Classes on page 32 (in Adults)



TEENS

Teen Fitness

No matter your current fitness level, we will show you how to do a workout appropriate for your ability. You will be able to concentrate on your cardio and strength. These two healthy and energizing routines will help you burn calories and build muscles for a strong, lean, healthy body. Co-sponsored by the Montgomery County Recreation Department.

Takoma Park Recreation Center Fitness Room 7315 New Hampshire Avenue 12-17 years Ongoing Mondays and Wednesdays 7 – 8 p.m. Free with Recreation Center membership card

MARTIAL ARTS



301-891-7100



Karate Self-Defense

Promote physical fitness, self-defense, leadership and cultural exchange through the practice of a traditional Okinawan karate style, Isshinryu (which means One Heart Way). Beginners welcome. This program is a partnership between the Takoma Park Recreation Department and the Penn State University Karate Club. Co-sponsored by the Montgomery County Recreation Department. Instructor: Penn State University Karate Club.

Takoma Park Recreation Center Back Room 7315 New Hampshire Avenue 16 years and older Mondays and Wednesdays, ongoing 7 – 8:30 p.m. Free with Recreation Center membership card

SPORTS

See 2016 Adult Softball League on page 34 (in Adult)

Flag Football League

This league is a non-competitive, instructional, community league. The goal is to teach the fundamentals of flag football in a safe environment. Registration

Underway

has already opened. Practice begins the week of March 21, 2016. First game is on April 9, 2016.

Ed Wilhelm Field Behind Piney Branch Elementary School 12-14 years 6 Week Season Saturdays, April 9-May 14 3 – 5 p.m. Resident: \$40 / Non-resident: \$50

Tennis Skills: Beginners/Intermediate

This class is for teens and adults with little to no prior tennis experience. For beginners, we will introduce and develop basic groundstrokes, using red and orange balls on a shortened court. For the more advanced and quick learners, we will progress to green/yellow balls and full court, improving groundstroke consistency and accuracy and working on serves and volleys. Instructor: Coach SJ.

Takoma Park Middle School Tennis Courts 7611 Piney Branch Road 12 years and older 8 Week Session Sundays, March 20-May 8 2 – 3 p.m. Resident: \$100 / Non-resident: \$120

Tennis Skills: Intermediate/Advanced

This class is for teens and adults who have learned how to keep the ball going and are interested in refining their skills, consistency and power. We will primarily use green and yellow balls for instruction. Competitive games and match play instruction and practice (serving, scoring, volley and strategy) will be used as needed. Advanced serving techniques, shot selection and strategy will be available for those students that are ready. Instructor: Coach SJ.

Takoma Park Middle School Tennis Courts 7611 Piney Branch Road 12 years and older 8 Week Session Sundays, March 20-May 8 3 – 4 p.m. Resident: \$100 / Non-resident: \$120

Y.E.S. League 2016: Grades 9-12

This program provides a positive venue for youth to express themselves through the game of basketball. Teams will be guaranteed six games and each participant will receive a Y.E.S. League t-shirt.

Piney Branch Elementary School Gymnasium 7510 Maple Avenue 9th-12th Grade 7 Week Season Tuesdays, June 21-August 9 Games will be played at either 6 p.m. or 7 p.m. Resident: \$25 / Non-resident: \$35



Sunday, May 1 8:00 a.m. start Takoma Park Community Center

TKPK5K.com

5K RUN, 5K WALK, 1 MILE FUN RUN, 1/4 MILE YOUTH RUN

East Silver Spring ES • Piney Branch ES • Rolling Terrace ES • Takoma Park ES • Takoma Park MS



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Comments? Concerns? Questions?

Mayor Kate Stewart wants to hear from you! She is holding weekly coffee dates every Friday at 8 a.m. to meet with residents. City Manager Suzanne Ludlow and City Councilmembers may join the Mayor as well.

Stop by on your way to work to talk about issues important to you. Locations will vary; stay tuned on the City's e-news and social media for locations.

> "Starting Friday mornings with coffee and conversations with residents is the best way to get things done in Takoma Park!"

—Mayor Kate Stewart



Recreation: Adults



ART

Ceramics: Hand Building & Sculpture

Come learn how to use clay without the wheel. Bowls, soap dishes, vases and plates can be made by many methods, including plaster molds to create large bowls and plates. Sculpture students can make clay animals, figures or portrait heads. Glazes are food safe. There is a \$15 materials fee for clay, glazes and tools due on the first day of class. Instructor: Alice Sims, Art for the People.

Takoma Park Community Center Art Studio 7500 Maple Avenue 16 years and older 8 Week Session Mondays, April 4-May 23 11:30 a.m.-1:30 p.m. Resident: \$110 / Non-resident: \$130

Ceramics: Wheel Throwing

Receive instruction on using the potter's wheel. Participants will make cups, bowls and dishes. Tools and other materials provided. There is a \$15 materials fee due to the instructor on the first day of class. Instructor: Alice Sims, Art for the People.

Takoma Park Community Center Art Studio 7500 Maple Avenue 16 years and older 8 Week Sessions **Monday Session:** April 4-May 23 **Wednesday Session:** April 6-May 25

6:30-8:30 p.m. Resident: \$110 / Non-resident: \$130

Collage

Have fun working with found, purchased and altered papers while learning how collage methods can enhance your art making process, whatever medium you use. This class explores ways of combining collage materials and art media. You will be introduced to a variety of collage techniques, work with elements and principals of design, and explore creative two- and three-dimensional assembly. Instruction will be given in surface preparation, adhesives, color theory and composition and is suitable for beginners as well as more experienced students. Basic materials (adhesives, supports, papers and paints) will be available (some personal or found collage elements may be desirable in addition to materials provided). A materials fee of \$30, paid directly to the instructor, will be due on the first day of class. Instructor: Katie Dell Kaufman.

Takoma Park Community Center Art Studio 7500 Maple Avenue 16 years and older 6 Week Session Tuesdays, May 3-June 7 11:15 a.m.-2:15 p.m. Resident: \$210 / Non-resident: \$240

ENVIRONMENTAL

See Community Garden on page 25 (in Youth)

FITNESS

Go-Go Fitness

Go-Go Fitness is a comprehensive 60-minute high cardio, dance fitness workout that incorporates various dance styles and toning moves as well as the classic call and response of a live Go-Go music workout set. Drop-in.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 16 years and older Ongoing Saturdays 12 – 1 p.m. Drop-in: \$5



To register for Jazzercise, call 301-351-4575



Jazzercise

Jazzercise is the art of jazz combined with the science of exercise physiology. Each 60-minute class includes easy-tofollow fun aerobic dance routines, weights for muscle strength and stretching exercises, all to the beat of great music. The music ranges from oldies to jazz to the newest pop tunes. Co-sponsored by the Montgomery County Recreation Department. For more information and to register, contact 301-351-4575 or email ewaynia.jazzercise@gmail. com. Instructor: Jazzercise.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 16 years and older Ongoing Mondays and Wednesdays, 7 – 8 p.m. Saturdays, 8 – 9 a.m. EFT Pass \$45 month /12 month minimum OR \$120/8 Weeks OR Drop-in: \$15 Register through Jazzercise

Ladies Boot Camp

A challenging workout within a quick hour, Boot Camp is a total body program that includes a circuit of drills such as jumping jacks, running, push-ups, squats, crunches and weight training. Students are required to bring their own mats. Cosponsored by the Montgomery County Recreation Department. Instructor: KJ Total Fitness.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 16 years and older Tuesdays and Thursdays **Session 1** (8 Weeks): April 5-May 26 **Session 2** (4 Weeks): July 5-May 26 **Session 3** (8 Weeks): July 5-August 25 6:30 – 7:30 p.m. 4 Week Session: \$45 8 Week Session: \$45 8 Week Session: \$45

Pilates

Pilates is an enjoyable way to a stronger core and better posture. A variety of exercise balls, weights and bands are used to improve core control. Pilates is the ultimate mind-body exercise for anyone who wants to tone, streamline, and realign their body. Students are required to bring their own mats and hand weights. Cosponsored by the Montgomery County Recreation Department. Instructor: Nancy Nickell.

Takoma Park Recreation Center Front Room 7315 New Hampshire Avenue 16 years and older 6 Week Sessions Wednesdays **Session 1:** April 6-May 11 **Session 2:** May 18-June 22 **Session 3:** July 6-August 10 6 – 7 p.m. \$60

Qi Gong: 12 Posture

This series of simple exercises builds flexibility, core strength and alignment, prevents stiffness and helps to relieve back/neck pain. If your vital life energy has been blocked by illness, injury or just "winter blues," then this class is for you. Learning these standing and seated movements will bring relief, joy and energy to your mind, body and spirit. No experience is needed. Instructor: Joann



Malone.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 16 years and older 8 Week Session Tuesdays, April 5-May 24 7 – 8 p.m. Resident: \$95 / Non-resident: \$105 Drop in: \$15

Tai Chi Chuan: Tai Chi Basics

In this introductory class, the focus is on Tai Chi principles and how they help us relax and make our bodies stronger, more flexible and more efficient. Section One of the form is introduced. Instructor: Andy Unger.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 18 years and older 8 Week Session Thursdays, April 7-May 26 6:15 – 7:10 p.m. Resident: \$80 / Non-resident: \$90

Tai Chi Chuan: The Tai Chi Form

This class continues the work on Tai Chi fundamentals while focusing on learning the remainder of the 37-posture Yang Short Form. Instructor: Andy Unger. Takoma Park Community Center Dance Studio 7500 Maple Avenue 18 years and older 8 Week Session Thursdays, April 7-May 26 7:15 – 8:10 p.m. Resident: \$80 / Non-resident: \$90

Tai Chi Chuan: Continuing with Tai Chi

This class is for students who have some confidence with the 37-posture Yang Short Form and want to continue refining their Tai Chi skills. The focus remains the understanding and execution of the form. Instructor: Andy Unger.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 18 years and older 8 Week Session Thursdays, April 7-May 26 8:15 – 9:10 p.m. Resident: \$80 / Non-resident: \$90

Yoga (lyengar): Beginners

Yoga can be all about strength and flexibility, but more importantly it is about awareness and alignment. As you work with your body throughout the foundation poses in this class, you will also develop the qualities of attentiveness and quietness of the mind. Mats and props will be provided to make each pose accessible to all levels of flexibility. Wear comfortable clothing (not too baggy) and come on an empty stomach. Instructor: Tesheen Chettri.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 18 years and older 8 Week Session

Recreation: Adults (cont.)

Wednesdays, April 6-May 25 6 – 7:15 p.m. Resident: \$100 / Non-resident: \$120 Drop-in: \$15

Yoga (lyengar): Intermediate

lyengar Yoga takes the intermediate student deeper into the poses. As one gains strength and stability, one moves towards the alignment and harmony of the body and the mind and eventually the mind with the soul. This lyengar Yoga class will introduce the more advanced poses and include inversions. The class is appropriate for those who have a firm foundation on Level I (Beginner's class). Introductory pranayama (breathing) will be included in the session. Mats and props are provided. Instructor: Tesheen Chettri.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 18 years and older 8 Week Session Wednesdays, April 6-May 25 7:30 – 9 p.m. Resident: \$100 / Non-resident: \$120 Drop-in: \$15

MARTIAL ARTS

See Kung Fu and Taekwondo on page 25 (in Youth)

Karate Self-Defense

Promote physical fitness, self-defense, leadership and cultural exchange through the practice of a traditional Okinawan karate style, Isshinryu (which means One Heart Way). This program is a partnership between the Takoma Park Recreation Department and the Penn State University Karate Club. Co-sponsored by the Montgomery County Recreation Department. Instructor: Penn State University Karate Club.

Takoma Park Recreation Center Back Room 7315 New Hampshire Avenue 16 years and older Ongoing Mondays and Wednesdays 7 – 8:30 p.m.



Free with Recreation Center membership card

MULTI MEDIA

Motion Graphics: Beginners

Learn the basics of video editing, design work and animation to help bring your projects to life. A straight forward and easy look at Adobe After Effects and all the things you can achieve with it. No additional fees; the program will be provided while in the classroom. No experience needed. Instructor: Will Bockrath.

Takoma Park Community Center Multi Media Lab 7500 Maple Avenue 16 years and older 6 Week Session Wednesdays, April 20-May 25 6 – 7:15 p.m. Resident: \$110 / Non-resident: \$130

Motion Graphics: Advanced

A more advanced look into Adobe After Effects. Begin to use more advanced animation, play with camera rigs, 3-D and more. No additional fees; the program will be provided while in the classroom. Instructor: Will Bockrath.

Takoma Park Community Center Multi Media Lab 7500 Maple Avenue 16 years and older 6 Week Session Wednesdays, April 20-May 25 7:30 – 9 p.m. Resident: \$130 / Non-reside... ^{Inderway!}

SPORTS

2016 Adult Softball League: Team Fee

The Takoma Park Coed Softball League is a fun and exciting recreational program for competitive adults of all skill levels. Games will be played on Sundays. Team registrations must contain 50% of T.P. residents to qualify for the Resident Team entry fee. Roster limit 25. Registration is on a first come first serve basis. All games are double headers.

16 years and older 9 Week Season Sundays, April 12 – June 23 9:30 a.m. – 1:30 p.m. Resident: \$545 / Non-resident: \$645

2016 Adult Softball League: Free Agent Waitlist

Individual participants will be placed on a waiting list and contacted if space becomes available on a team. If space becomes available on a team, you will be responsible for paying your registration and any other associated fees to that team. *Spaces not guaranteed.

16 years and older 9 Week Season Sundays, April 10-June 19 9:30 a.m. – 1:30 p.m.

TP Adult Summer Basketball League

Join our Adult Basketball League this summer. Put together your winning team and go against other area teams to win the league championship. Individual participants will be placed on a waiting list and contacted if space becomes available on a team. If space becomes available on a team, you will be responsible for paying registration and any other associated fees to that team. Teams will be provided uniforms.

Steve Frances Court Behind Piney Branch Elementary School 18 years and older 5 Week Regular Season Wednesdays and Thursdays, June 22-July 28 Games will be played at either 6 p.m. or 7 p.m. Team Fee: \$200

CHECK OUT MORE

Piney Branch Pool (Adventist Community Services)

Sunday, 9 a.m - 5 p.m. and 7 - 8 p.m.; Monday - Friday, 6:30 a.m. - 7:30 p.m.; Saturday, 8 a.m. - 4 p.m. Pool hours subject to change.

Lane swimming, water aerobics, kayak classes, and much more. Located at Piney Branch Elementary School, 7510 Maple Avenue. Park behind the Community Center, use side entrance to school on Grant Ave. For more information, contact Joyce Seamens at 301-565-0190, or JoyceS@ ascgw.org, or visit acsgw.org.

Takoma Park Boys & Girls Club

The Takoma Park Boys and Girls Club is a non-profit organization that has operated in the Takoma Park community for over 50 years. The Club focuses on academics, the fundamentals of football and cheer, and most importantly, building the team concept. For more information, visit takomaparkbgc.teamopolis.com.

Takoma Park Community Band

Founded in 1975, the band is open to any community member who plays an instrument. The band is looking for musicians at all levels of expertise who would enjoy being a part of a musical group. Practice held Mondays at 7:30 p.m. at Heffner Park Community Center, 42 Oswego Avenue. For more information, contact Gene Herman at 301-585-5832 or Gene511@aol.com.

PARTNERSHIPS

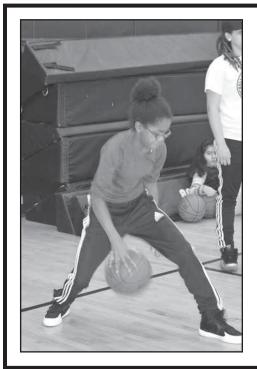
The Takoma Park Recreation Department has formal partnerships established with neighborhood, community, business and not-for-profit organizations. These partnerships allow our department to leverage resources and generate citywide interest and support for our facilities, programs and events. We appreciate your support!

Takoma Soccer

Takoma Soccer is a volunteer program whose goal is to provide local kids with a fun, recreational soccer program close to home. Takoma Soccer strives to teach children the value and fun of teamwork, cooperation, practice and sportsmanship. For more information, contact Howard Kohn at 301-270-8187 or kohn@erols.com.

Let's Play America

Let's Play America is a nonprofit organization that strives to encourage people of all ages to play and helps them create playful events in their own communities. Play can improve physical health, mental health and a sense of well-being, as well as bring together diverse community members. Let's Play America works to create communities where people of all ages can safely enjoy outdoor and indoor play as a regular part of their lives. With many play events scheduled throughout the year, please visit letsplayamerica.org for more information.



After Hours

Ages 16-24 Two nights a week this summer Takoma Park Recreation Center 7315 New Hampshire Ave.

This program, in its second summer, will provide a drop-in service for the teens and young adults ages 16 - 24.

The Recreation Department is partnering with the Takoma Park Police Department to offer futsal Thursday and basketball Tuesday one night per week each over the course of the summer.

This program will be from 9-11 p.m. during the summer!

We are looking to provide safe but fun activities for the young adults in our community as well as build the relationship between the community and the Takoma Park Police Department.

Recreation: 55+

55+



SENIORS ARE ADULTS TOO!

Don't forget to check out the Adult class offerings on pages 32-35 (from Adults).

*Ask us about scholarship opportunities

DROP-IN

Bingo

Come and try your luck. Win a prize. No registration required.

Takoma Park Community Center Senior Room 7500 Maple Avenue 55 and older Thursdays, April 28, May 26, June 23, July 28 and August 25 12 – 2 p.m. Free

Game Room Open Play

The Game Room is available for adults age 55 and older to play pool, table tennis, basketball, arcade and other active games. The Game Room is a great place to join friends for lively conversation and just to hang out before, inbetween and after classes during the day.

Takoma Park Community Center Game Room 7500 Maple Avenue 55 and older

Spring Hours:

Monday-Friday: 9 a.m. – 1 p.m. Saturdays: 10 a.m. – 12 p.m. **Summer Hours:** Monday-Saturday: 10 a.m. – 12 p.m. Free

Needlework Get-together

Work on your knitting and crocheting with other needlework enthusiasts. Join us for fun, conversation and support with your projects. This is not an instructional class. Drop-in. No registration is required. The group will not meet during inclement weather.

Takoma Park Community Center Senior Room 7500 Maple Avenue 55 and older 10 Week Session Mondays, June 20-August 29 (No meeting 7/4) 11:30 a.m. – 1 p.m. Free

EDUCATION & DEVELOPMENT

AARP Smart Driver Course

The AARP Driver Safety Program, the nation's largest classroom refresher course for drivers 55 and older, is designed to tune up driving skills, explain safe driving strategies and cover the latest rules of the road and defensive driving techniques. Some insurance companies in Maryland may offer auto premium discounts to drivers who take this course. Check with your agency. Make your check payable to AARP. Bring your check, AARP card and

driver's license to class. Registration is required. Instructor: Jerry Hulman.

Takoma Park Community Center Hydrangea Room 7500 Maple Avenue 55 and older Friday, April 15 10 a.m. – 3p.m. AARP class fee: \$15 for AARP members / \$20 for non-members Payment for the class will be collected by the AARP instructor on the day of class.

Beginning Knitting

Learn basic knitting stitches and how to increase and decrease. Complete an easy piece during class. Yarn and needles will be provided at no cost. Class is limited to six participants. This class is free; however, registration is required to participate in this program.



Takoma Park Community Center Azalea Room 7500 Maple Avenue 55 and older 4 Week Session Mondays, April 11-May 2 10 a.m. – 12 p.m. Free

Beginning Latch Hook

Use a latch hook to knot small pieces of yarn on a 12" x 12" mesh canvas. Use suggested designs or create your own designs to make a small wall hanging. Latch hook, yarn and canvas will be provided at no charge. This class is free, but registration is required to participate in this program.

Takoma Park Community Center Azalea Room 7500 Maple Avenue 55 and older 4 Week Session Mondays, May 16-June 13 (No class 5/30) 11:30 a.m. – 1 p.m. Free

Computer Class

Learn how to use the internet and e-mail. Use a word processing program to make lists and type letters. You need a Takoma Park Library card to access the computers. Instructor: Patti Mallin.

Takoma Park Community Center Computer Room A 7500 Maple Avenue 55 and older 6 Week Sessions Wednesdays

Recreation: 55+ (cont.)

Session 1: April 13-May 18 Session 2: May 25-June 29 10 a.m. – 12 p.m. \$10

Your Kidneys and You

Presented by the National Kidney Foundation, this program highlights the many critical roles the kidneys play in maintaining overall health and encourages individuals to take action if they are at risk for kidney disease. If caught early, kidney disease can be slowed or even stopped. In this presentation you will learn about how the kidneys function, the importance of early detection, inexpensive tests people can get in their doctor's office and how people can improve their lifestyles to prevent kidney disease. This presentation is free; however, registration is required.

Takoma Park Community Center Hydrangea Room 7500 Maple Avenue 55 and older 1 Class Monday, May 23 2 – 3 p.m. Free

FITNESS

Blood Pressure Screening

Adventist Healthcare offers a monthly blood pressure screening. Drop-in. No registration is required. Takoma Park Community Center Senior Room 7500 Maple Avenue 55 and older 5 Days Thursdays, April 28, May 26, June 23, July 28 and August 25 11:30 a.m. – 12 p.m. Free

Cardio Groove

High-energy and fast-paced, low-impact aerobics that get the heart pumping and feet moving quickly. Followed by a cool down and stretch. Registration is required. Instructor: Nancy Nickell.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 55 and older 10 Week Session Thursdays, April 7-June 9 1:30 – 2:30 p.m. Free

Full Body Fusion

Active adults will enjoy this low-impact fullbody workout to music. Elements of balance, movement, strengthening and yoga blend to create a fun, functional and energetic workout. Bring an exercise mat to class. Instructor: Jaylene Sarracino.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 55 and older 9 Week Session Tuesdays, April 5-May 31 1 – 2 p.m. Free

Gentle Yoga

Yoga can help increase flexibility, strength and balance, using a series of seated and standing poses. Learn breathing and relaxation techniques. Beginners and experienced students welcome. Work at your own level. You must bring a yoga mat to class. Instructor: Carol Mermey.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 55 and older 6 Week Session Alternate Fridays **Session 1:** April 8, April 22, May 6, May 20, June 3, June 17 **Session 2:** July 1, July 15, July 29, August 12, August 26 12 – 1 p.m. Free

Line Dancing

Line Dancing is great physical and mental exercise and an enjoyable social activity that leads to meeting new people and making new friends. Strengthening of bones and muscles, weight loss, increased stamina and flexibility and stress reduction are just some of the benefits of dancing. Learn how exercise can be fun with music. No experience necessary. Choose which time fits your schedule the best. Instructor: Barbara Brown.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 55 and older Wednesdays Session 1 (13 Weeks): April 6-June 29 Session 2 (9 Weeks): July 6-August 31 Early Session: 10:30 – 11:30 a.m. Late Session: 11:45 a.m. – 12:45 p.m. Free

Walking Group

Don't worry about the weather and join your neighbors and friends for indoor lap walking. Go at your own pace. Drop-in. No registration is required.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 55 and older 10 Week Session Tuesdays, April 7-June 9 12 – 1 p.m. Free

Zumba Gold

Zumba Gold is the Latin-inspired dance fitness program that makes working out fun. Designed for the active senior, the Zumba Gold workout provides participants with the opportunity to improve balance, flexibility and cardiovascular strength. This is a free class; however, registration is required to participate in this program. Due to the popularity of the Zumba class, you may register for one class per week only. Choose the class that best fits your schedule. Instructor: Yesika Flores.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 55 and older Thursdays, 11:30 a.m. – 12:30 p.m.: **Session 1:** (10 Weeks): April 14-June 16 **Session 2:** (8 Weeks): July 7-August 25 Saturdays, 2:30-3:30 p.m. **Session 1:** (9 Weeks): April 16-June 25 **Session 2:** (8 Weeks): July 9-August 27 Free

SPORTS

Tennis Fun & Fitness Skills Class

Rediscover your love of tennis or help find it for the first time by playing this lifelong game. This class blends exercise with learning or reviewing skills. The goal is fun and fitness using special equipment for indoor play. All equipment provided, but you can bring your own racket. Instructor: Coach SJ.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 55 and older 8 Week Session Thursdays, April 7-May 26 12 – 1 p.m. Free

Recreation: Pets

Pets

EDUCATION & DEVELOPMENT

Basic Dog Manners

It is never too late to start training with your dog. This class focuses on teaching the polite behaviors we want from our dogs in the "real world," on a leash, at home and with other dogs and people. This class covers foundation behaviors (sit, down, stay, here, leave it), leash manners (not pulling, passing dogs and people), polite greetings, dog body language and how reinforcement works. Dogs should be friendly toward dogs and people and current on vaccinations. No pinch, prong, choke or electronic collars in the classroom, please. Instructor: Joyce Loebig.

Heffner Park Community Center 42 Oswego Avenue Dogs 1 year and older 6 Week Sessions Thursdays, April 7-May 12 8 – 9 p.m. Resident: \$145 / Non-resident: \$165

Doggie Tricks and Games

Want to show off for the relatives or post cute online videos of your dog? Join us for Tricks and Games, a great way to train with your dog and have fun at the same time. We'll cover tricks, such as shake, crawling, spin in a circle, putting toys away and pushing objects. You can work at you and your dog's pace and decide which tricks you want to teach. Dogs should have some basic training on manners. Dogs should be friendly toward dogs and people and current on vaccinations. No pinch, prong, choke or electronic collars in the classroom, please. Instructor: Joyce Loebig.

Register with the Recreation Dept. online or in person.

Heffner Park Community Center 42 Oswego Avenue Dogs 6 months and older 4 Week Session Tuesdays, April 5-April 26 8 – 9 p.m. Resident: \$95 / Non-resident: \$105

Puppy Kindergarten

If you have a puppy, you need Puppy Kindegarten. Early puppy training and socialization has been shown to help prevent behavior problems later on. Each class will include supervised off leash play, where you will learn about dog body language and appropriate play. Most of all, we'll have fun. No pinch, prong, choke or electronic collars in the classroom. Instructor: Joyce Loebig. Heffner Park Community Center 42 Oswego Avenue Puppies 8 weeks-5 months 4 Week Sessions Tuesdays **Session 1:** April 5-April 26 **Session 2:** May 3-May 24 6:45 – 7:45 p.m. Resident: \$95 / Non-resident: \$105

Puppy II: For the Adolescent Puppy

Puppies in adolescence (between of 6-12 months of age) tend to get bolder and less focused and develop selective listening. This class will teach and build upon basic skills with a focus on impulse control, not jumping, and polite behavior around other dogs and people. Whether you've been through puppy class or just adopted your puppy, this class will teach the manners your pup needs. Dogs should be friendly toward dogs and people and current on vaccinations. No pinch, prong, choke or electronic collars in the classroom. Instructor: Joyce Loebig.

Heffner Park Community Center 42 Oswego Avenue Dogs 6-12 months 6 Week Session Thursdays, April 7-May 12 6:45 – 7:45 p.m. Resident: \$145 / Non-resident: \$165

visit us online @

http://apm.activecommunities.com/takomaparkrecreation



With ActiveNet® you can use a credit card to:

- Register for recreation classes 24 hours a day, 7 days a week!
- Request a park or recreation facility for an event.
- Receive class confirmation via e-mail.
- View and print class schedules.
- Purchase memberships to the gym and fitness room.

Instructions for creating an account

Contact the Recreation Department in advance if you currently have an account and need to verify your username and password.

- 1. Access apm.activecommunities. com/takomaparkrecreation
- 2. Click Create an Account.
- Complete all necessary information; fields marked with an asterisk are required.

- Click Create Account or enter other family members into the system at this time.
- 5. Click **Intro** and search for a course or facility.

Alternative registration

You can still register via mail or walk in: Takoma Park Recreation Department 7500 Maple Avenue Takoma Park, MD 20912

Make checks or money orders payable to: City of Takoma Park. List program name and participant's name on front of check. No phone registrations.

If you are having trouble registering or if you have questions concerning classes, please call **301-891-7290** or e-mail us at **recreation@takomaparkmd.gov.**

Wait list policy

In the event that a program has more interest than available space, we will keep a waiting list. Individuals on the waiting list will be accommodated on a first-come, first-served basis. In the event that another class is created, individuals from the waiting list will be contacted.

Registration policies

- The Recreation Department reserves the right to cancel any program/class due to insufficient enrollment or to substitute teachers without participant notification.
- Classes may be canceled on school holidays, vacations, snow days or any other dates noted in the guide. If schools close midday due to a weather or other emergency, children's classes will also be canceled. Every attempt will be made to reschedule classes canceled due to

weather emergencies.

• A resident of Takoma Park is any person who lives within the 2.8 square mile corporate limits. A nonresident lives outside the corporate limits. If you are not sure of your residency status, please call us and we will be happy to assist you. Or visit takomaparkmd.gov/council and review the street listing.

REGISTRATION BEGINS TUESDAY,

MARCH 15 AT 8:30 A.M.

- We require, for most programs, that participants are the required age as the date of the first class. All age requirements are set to benefit the participant and allow for more consistent program instruction. In some instances, the requirements have been set for the participant's safety.
- Customers can only register individuals listed on their household account for programs.

Refund policy

PLEASE READ CAREFULLY

- Registrants assume the risk of changes in personal affairs or health.
- Refunds will be approved with written/ electronic notification received seven (7) business days prior to scheduled start of program. A \$15 administrative fee will be deducted per participant/per class and may take up to 30 days to receive.
- Registrant may choose to receive a credit for the remaining amount, which may be used for another program. Credits *must* be used by **June 30**. After that time, the credit will be forfeited. Credits cannot be transferred.
- Refunds after the program has begun will be considered only with medical verification (*no exceptions*). No refund after the program has ended.



WE DON'T SPAM

Periodically you will receive emails about upcoming registration dates, special events, weather closings, special promotions or new programs. It is important that you have a valid email address in our database. If you change email addresses, move, etc., please let us know.



REGISTER EARLY!

Nothing cancels a good class quicker than waiting until the last minute to register. If there aren't enough registrations by a certain date, the course may be canceled.



This event is presented by the Montgomery County Government • Montgomery Parks • City of Takoma Park • WSSC • Silver Spring Green • Bethesda Green • GreenWheaton • Poolesville Green • City of Rockville • City of Gaithersburg • University of Maryland Extension • MCPS Outdoor Environmental Education • and Montgomery College