# Takoma Park CICY SULL Winter 2023

CLASSES • PROGRAMS • SERVICES • & MORE!



TAKOMA PARK'S 2022 YEAR IN REVIEW

takomaparkmdgov



#### What's Inside

#### Holiday Closure Calendar

#### **Thanksgiving**

Thursday, Nov. 24 - Sunday, Nov. 27

#### **Christmas**

Friday, Dec. 23 (at 12:30 p.m.) -Monday, Dec. 26

**New Years Day** Monday, Jan 1

Martin Luther King Jr. Monday, Jan 16

> President's Day Monday, Feb 20

#### **About the Cover**

It was a big year for Takoma Park. Over the past 12 months, the city held elections for a new mayor and city council, started a direct cash assistance program to help families pay bills, and even start construction on a brand-new library. In between all of that action, the city held its usual family-friendly events like the Monster Bash and Street Festival. Let's take a look at some of the other amazing things that happened in 2022.



Look for this icon thoughout the guide, which identifies the City's green initiatives.

### TAKOMAPARK ALERT

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#### **ADA**

The City of Takoma Park is committed to ensuring that individuals with disabilities are able to fully participate in public meetings and programs. For auxiliary aids or services at a City of Takoma Park event, contact Jessie Carpenter, City Clerk, at jessiec@takomaparkmd.gov or 301-891-7267 or Maryland Relay Service at 800-735-2258 TTY/ Voice. Two weeks advance notice is requested.

#### WEATHER • EMERGENCY INFO • TRAFFIC

www.takomaparkmd.gov/alert

The City of Takoma Park has a new alert system. Takoma Park Alert will deliver important emergency alerts, notifications and updates to you by whichever methods you choose. The Takoma Park Alert system replaces the TP Alerts system. We encourage all residents to sign up. Learn more at takomaparkmd.gov/alert

#### City Leadership

#### **City Council**

All legislative powers of the City are vested in a body designated as the Council of the City of Takoma Park, consisting of seven members. Six of these members are elected by ward and are called Councilmembers, and one is elected at large and is called the Mayor. The regular term of the Councilmembers and the Mayor is two years or until their successors have been elected and duly sworn. Elections will take place in November of every even numbered year.



Mayor: Talisha Searcy talishas@takomaparkmd.gov



Council - Ward 1: Shana Fulcher shanaf@ takomaparkmd.gov



Council -Ward 2: **Cindy Dyballa** cindvd@ takomaparkmd.gov



Council -Ward 3: **Randy Gibson** randallh@ takomaparkmd.gov



Council -Ward 4: Terry J. Seamens terrys@ takomaparkmd.gov



Council -Ward 5: Cara Honzak carah@ takomaparkmd.gov



Council -Ward 6: Jason Small iasons@ takomaparkmd.gov

#### City Manager

301-891-7229 jamal.fox@takomaparkmd.gov

Day-to-day management of the Takoma Park government is overseen by the City Manager. The City Manager is appointed by the City Council, implements the policies they adopt, and proposes an annual budget to the City Council.



City Manager Jamal Fox

#### City Public Meetings, Boards, Commissions, and Committees

#### **City Council Meetings**

Meetings are usually held on Wednesdays at 7:30 p.m., unless the City Council is on recess. The Takoma Park City Council generally takes a recess in August and December. City Council meetings are available to watch on City TV Cable and are available to view on the City website live or as archives. The Wednesday meetings include a public comment period.

The City Council meets in the Takoma Park Community Center Auditorium. Meetings are conducted in a hybrid in-person and remote format. Public comments may be provided over Zoom with advance registration. Of course, members of the public can testify in person as well.

#### **Open Meetings**

All meetings of the City Council and Councilappointed boards, committees, commissions are open to the public unless noted otherwise. All are subject to the Maryland Open Meetings Act. Notice of meetings is provided on the City Calendar.

Many board and committee meetings continue to be held on Zoom or in a hybrid format. For the most current information, visit www.takomaparkmd.gov and click on "Events and Meetings." Information on any meetings taking place will be published there along with information on how the public can observe.

#### **Opportunities to Serve**

Takoma Park residents have many opportunities to be involved in their government. Serving on a City board, commission, or committee is one way to be involved while providing a service to the community. These groups are advisory to the City Council, and some have specific roles related to conducting hearings or carrying out certain activities: Arts and Humanities Committee. Board of Elections, Commission on Landlord-Tenant Affairs (COLTA), Emergency Preparedness Committee, Ethics Commission, Grants Review Committee. Sustainable Maryland Committee, Noise Control Board, Nuclear-Free Takoma Park Committee, Recreation and Community Engagement Committee, Tree Commission, and Youth Council.

Members are appointed by the City Council. Check the City website to see membership requirements and to find out the specifics of each group's mandate. Residents are encouraged to sit in on a meeting or two before applying to see if it is a good fit with their interests and skills.

#### **City Resources**



# City of Takoma Park Direct Cash Assistance Program

Were you impacted by COVID-19? Apply for one-time financial support.

Eligible low-income households that were negatively impacted by COVID-19 can receive a one-time \$1,000 direct cash assistance through the Takoma Park Direct Cash Assistance Program.

General eligibility criteria for the Direct Cash Assistance Program includes —

- Household income must be less than \$50,000.
- Must be located within the boundaries of Takoma Park,
   Maryland (address cannot be a PO Box or an address that leads to a shipping center as their physical location).

The Takoma Park Direct Cash Assistance Program is funded by the City of Takoma Park and is administered by FORWARD.



Detailed eligibility requirements and application can be found at https://bit.ly/TKPK\_CashAssistance.

Call 1-855-582-3973 if you need assistance with the application.

Scan:



### **City Departments**

#### **Administration**

Takoma Park Community Center Third Floor

Monday - Friday, 8:30 a.m. - 5 p.m.

The Administration Office includes the City Manager, City Clerk, City TV, Communications, and Information Systems.

**City Manager:** 301-891-7229 **City Clerk:** 301-891-7267

### Communications Department

301-891-7236 Monday - Friday, 8:30 a.m. - 5 p.m.

Communications employees manage all aspects of Takoma Park's outreach efforts to residents, the media and other stakeholders.

Communications staff manage official social media channels, City's website: takomaparkmd.gov, the Takoma Park Newsletter, The Takoma Insider- digital news: and partner with City TV and Radio.

#### **Finance**

301-891-7212 finance@takomaparkmd.gov takomaparkmd.gov/finance Monday - Friday, 8:30 a.m. - 5 p.m.

The Finance Office oversees the City's financial resources, processes payroll, pays bills, collects certain fees, and safeguards and invests City funds.

#### **Payment of City Fees**

Online Payment

Payments associated with a City-issued invoices may be made online by American Express, Visa, Mastercard and Discover. A convenience fee of 2.9% or \$1.50, whichever is greater, will be charged. E-check transaction users will have a \$1.00 convenience fee charged.

The following fees can be paid online:

- Rental licensing
- Recreation programs
- Parking fines
- Stormwater

For information on other permitting fees, please contact the appropriate department.

By Mail Finance Department, City of Takoma Park, 7500 Maple Avenue, 3rd Floor Takoma Park, MD 20912



### **Housing & Community** Development

301-891-7119 housing@takomaparkmd.gov takomaparkmd.gov/government/ housing-and-community-development planning@takomaparkmd.gov Monday - Friday, 8:30 a.m. - 5 p.m.

The Housing and Community Development Department is responsible for a wide range of housing, development, neighborhood revitalization, economic development and cultural programming, including Takoma Park Arts (arts@takomaparkmd. gov; takomaparkmd.gov/initiatives/arts-and-humanities).

#### **Human Resources**

301-891-7203 hr@takomaparkmd.gov takomaparkmd.gov/government/ human-resources

For an up to date listing of current vacancies and employment opportunities with the City of Takoma Park, visit takomaparkmd.gov/

#### **Police**

911 (fire and rescue) 301-270-1100 (non-emergency) police@takomaparkmd.gov takomaparkmd.gov/police Open 24/7

Whether online, in person or phone, the Police Department is here to serve the people of Takoma Park.

#### **Public Works**

31 Oswego Ave Silver Spring, MD 20910 301-891-7633 publicworks@takomaparkmd.gov takomaparkmd.gov/publicworks Monday - Friday, 8:30 a.m. - 5 p.m.

The Public Works Department is responsible for the maintenance of City-owned roads, buildings, stormwater management systems, gardens, parks, vehicles, and equipment. The department also provides solid waste collection and recycling services to single-family residential properties in the City and in the various business districts.



#### Food Waste Collection Program

The City's curbside food waste collection program is available to single family and multi-family properties with City collection and recycling pickup. Please register at www.takomaparkmd.gov/publicworks/food-waste-collection.



#### Large Item Pick Up

Heavy items, like appliances, mattresses and furniture, are picked up by appointment only. There is a \$15 charge for the collection of up to three items. Call 301-891-7633 to schedule a pickup.



#### **Electronics and Computer Recycling Drop-Off**

Bring your old or unwanted electronic equipment to be recycled to the Public Works facility. 8:30 a.m. - 5

p.m., Monday - Friday



#### **Trash Carts and Recycling Containers**

Trash carts are available for sale. Purchase a 96-gallon trash carts for \$61.41 and 64-gallon

for \$53.31 Carts have lids, wheels, and handles. Recycling containers are free and available at the Public Works facility for pick up during office hours, Monday through Friday 8:30 a.m. to 5 p.m.



#### **Battery Recycling Drop-Off Now Available**

The City has partnered with Call2Recycle to provide battery recycling. Residents can now bring many types of used batteries to the Public Works Department, located at 31 Oswego Avenue, during office hours, 8:30 a.m. to 5 p.m. Monday - Friday. Acceptable batteries include, AAA, AA, C, D, 9v, lithium ion, small- sealed lead acid, nickel cadmium, button cell, nickel metal hydride, and nickel zinc. See the City website for more information about what battery types can and cannot be accepted.

### Recreation Department

301-891-7290

recreation@takomaparkmd.gov takomaparkmd.gov/recreation Monday – Friday, 8:30 a.m. - 5 p.m.

The City of Takoma Park's Recreation Department provides recreational opportunities for all ages. Our facilities and programs are intended to refresh and rejuvenate our residents, improve our health and connect us as families and as a community.

### Takoma Park **Maryland Library**

301-891-7259

www.takomapark.info/library facebook.com/takomaparklibrary

**Library Hours:** Monday - Thursday 10 a.m. – 8 p.m.

Friday - Sunday 12 – 6 p.m.

**Computer Center Hours:** Monday - Thursday 12 - 8 p.m.

Friday - Sunday 12 – 6 p.m.

#### Takoma Park Community Center/Sam Abbott Citizens' Center

7500 Maple Avenue Takoma Park, MD 20912 301-891-7100

**Standard Hours:** Monday – Thursday, 8:30 a.m. - 9:30 p.m.; Friday, 8:30 a.m. - 10 p.m.; Saturday, 10 a.m. - 6 p.m.; Sunday, 12 - 5 p.m.

#### Takoma Park Recreation Center

7315 New Hampshire Ave. Takoma Park, MD 20912 301-891-7289

See page 16 for more information.

The Recreation Center is a hidden gem. Once inside you'll discover a basketball gym, community programs, and fantastic staff. Please stop by and see for yourself!



#### 301-891-7118 cabletv@takomaparkmd.gov takomaparkmd.gov/citytv

Watch City TV online or in HD on RCN channel 1060, Comcast's Municipal Broadcast Network 997, or in SD, on channels 13 (RCN Comcast) and 28 (Verizon).

Also find us on ...



Watch City Council meetings, Snapshots, the "We Are Takoma" series and other community events on City TV.

iTenemos programación en Español! iVisítenos! Somos Takoma y El Barrio También Canta ahora en TeleCiudad.





## Important City Department Phone Numbers



City Information	301-891-7100
City Clerk	301-891-7267
City Manager	301-891-7229
Communications	301-891-7236
Finance	301-891-7212
Housing & Community Development	301-891-7119
Library	301-891-7259
Neighborhood Services	301-891-7113
Police	301-270-1100 / Emergency 911
Public Works	301-891-7633
Recreation/Facilities Rental	301-891-7290

# Takoma Park's 2022

#### **By City Staff**

What a 2022 it was around Takoma Park. While still managing the effects of the global COVID-19 pandemic, the city saw some major changes, including electing a new mayor and city council, the implementation of a direct cash assistance program and the beginning of construction of a new library. Join us as we look at some of the highlights of the past year in Takoma Park.

#### **Direct Cash Assistance**

Starting in October, Takoma Park began giving out a one-time, lump-sum cash payment to eligible households in the city through a Direct Cash Assistance Program. In total, the city planned to give out roughly \$2.15 million direct cash assistance to over 2,100 Takoma Park households at \$1,000 through the new program. The funds come from the federal American Rescue Plan Act of 2021, which provided emergency relief funds to communities hit hard by the pandemic. Applications for the funds are still open at the City's webpage for this project: https://takomaparkmd.gov/government/american-rescue-plan-act-arpa/arpa-social-services-partnerships/direct-cash-assistance.





#### **Library Renovation**

We're getting a new library! In August, the Takoma Park Maryland Library closed its location at 101 Philadelphia Ave. as it is in the process of constructing a completely new building that is expected to take 18 months to complete. During the construction, a temporary library site opened at 7505 New Hampshire Ave. Part of the major renovations to the library—originally built in the 1950s—will be an increase in the square footage, a dedicated room for teenagers, a program room, Americans with Disabilities Act compliant facilities, an updated computer center and much, much more. Stay tuned to the Takoma Park newsletter for more updates as they happen.

#### **New Mayor & Council**

In November, Takoma Park residents headed to the polls to vote on a new mayor and city council. Residents elected Talisha Searcy as the new mayor. Searcy replaces Kate Stewart who won a seat on the Montgomery County council. As for the new council, Shana Fulcher will represent Ward 1, Cindy Dyballa for Ward 2, Randy Gibson for Ward 3, Terry Seamens for Ward 4, Cara Honzak for Ward 5, and Jason Small for Ward 6. The next election for city council and mayor will take place in November of 2024.



# **Year in Review**

#### **Jamie Raskin Author Event**

In September, the Takoma Park Maryland Library hosted U.S. Rep. Jamie Raskin, a longtime resident of the city, to discuss his memoir, *Unthinkable*: Trauma, Truth, and the Trials of American Democracy. Raskin used the opportunity to talk about his son, Tommy Raskin, who died by suicide on Dec. 31 of 2020 at the age of 25, just a week before the Jan. 6 insurrection at the U.S. Capitol. Rep. Raskin's talk is available on Takoma Park City TV's Youtube channel at www.youtube.com/TakomaParkCityTV.





#### **Recreation Programs**

Youth - At right, children watch the band Grandsons Jr. after the Monster Bash parade in October.



Teens - Just Teens Camp 2022 started going on trips again this summer for the first time since the COVID-19 pandemic began.



**Seniors** - Pickleball started up at the Recreation Center this year for our 55+ crowd and it has been a hit!

### **Public Works**

#### 301-891-7633 publicworks@takomaparkmd.gov takomaparkmd.gov/publicworks



#### **SERVICES**

See page 6 in the City Department Directory for a listing of additional services offered.

#### Snow Season

The City's Public Works staff will be working hard this winter to clear snow from City's streets. You can help this effort by following these suggestions:

- During snow events, please park your car off the street if possible.
- If you must park on the street, make sure to pull your car as close to the curb as possible, and at least 25 feet from an intersection.
- Please clear your sidewalk of snow and ice.
- For more information on snow removal, please visit www. takomaparkmd.gov/snow.

#### **Holiday Trash Schedule**

**Christmas Holiday Observed on Monday, December 26** 

Yard Waste collection is cancelled.

**New Year's Day Holiday Observed Monday, January 2** 

Yard Waste collection is cancelled.

Martin Luther King's Birthday Monday, January 16

Yard Waste collection is cancelled.

President's Day Monday, February 20

Yard Waste collection is cancelled.

#### **PROGRAMS**

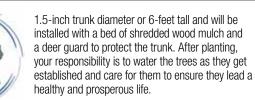
#### **Tree Takoma: Free Trees For Private Properties**

Due to a high volume of interest in Tree Takoma, all tree planting slots through Spring 2023 are spoken for. However, you can still sign-up for the program to receive your tree planting plan consultation. Tree plantings for new participants are likely to occur in Fall 2023 or Spring 2024.

The Urban Forestry Division of the City of Takoma Park is offering free canopy tree plantings to any interested private property owner within the Takoma Park city limits. We are very excited to be partnering with the DC-area's flagship tree planting nonprofit Casey Trees for this program.

Tree Takoma will offer both a tree planting consultation with a Casey Trees urban forester and the tree installation itself, both free of charge. The Casey Trees urban forester will work with you during the consultation to determine the best locations and tree species for your property. The program offers a diverse palette of native canopy trees, which changes from season to season and will be determined at the time of your consultation.

Consultations can be scheduled year-round, and plantings occur during the spring and fall. Trees will be a minimum of



Casev Trees will typically be in touch within six weeks to schedule a consultation. After the

City provides your information to Casey Trees, they will be your contact for all information pertaining to scheduling the consultation, finalizing your tree planting plan, scheduling your tree planting, and addressing any questions you might have pertaining to the tree planting.

Native canopy trees provide numerous benefits to you and the City, including stormwater management, cooling the air, reducing heating, and cooling costs, beautifying the landscape, and more. Since the City only manages approximately 15 percent of the land area in Takoma Park, it is important that we partner with private property owners to plant trees and help in replacing the canopy that is lost each year. We hope you will join us in this important work of maintaining the urban forest canopy of Takoma Park.

To sign up for the program, follow the link below to the City's website to submit an online request or visit the Public Works building at 31 Oswego Avenue for a paper form. https://tinyurl. com/35zd7cv4



Don't wait until you're snowed in or the power goes out to be informed about winter storms. Be sure to sign up for Takoma Park Alerts to stay in the know: takomaparkmd.gov/services/takoma-park-alert.

### Police

#### 911 (emergency) • 301-270-1100 (non-emergency) police@takomaparkmd.gov • takomaparkmd.gov/police Open 24/7

Whether online, in person, or by phone, the Police Department serves the people of Takoma Park. Here is a sample of the programs and services we provide.



Community Police Academy participants visit the Office of the Chief Medical Examiner.

#### Community Police Academy 2023 Accepting Applications Beginning January 3, 2023.

The Community Police Academy will begin on Tuesday, March 7, 2023. The Community Police Academy will be a 12-week long program consisting of one class a week on Tuesday evenings from 7–9:30 p.m.

The classes cover topics such as patrol, traffic enforcement, criminal investigations,

drug enforcement, etc. The presentations are slide show/lecture style and are given by officers, detectives, and civilians of the Takoma Park Police Department. There will also be multiple opportunities for hands-on learning through equipment demonstrations, practical scenarios, field trips and ride-a-longs with patrol officers.

The Takoma Park Police Department believes that educating the community will result in gaining their understanding and support. Through implementation

### **Stay Informed**

To receive notifications directly from the police department, register at takomaparkmd.gov/police. Notifications include, but are not limited to crime alerts, traffic, weather, missing persons, lost pets, etc. For more information, contact Cathy Plevy at cathyp@takomaparkmd.gov.

of the Community Police Academy, the community will gain new insight into how law enforcement officers perform their duties. The success of any law enforcement agency depends largely upon the amount of cooperation and support it receives from the community it serves.

The Community Police Academy is free to the public. Seats are limited to the first 25 students and are filled based on a first come/first serve basis. The Takoma Park Police Department encourages all applicants to be able to commit to the full length of the program to get the most out of it.

If you are interested in learning about the Takoma Park Police Department and local government, you are 16 years of age or older, and live or work in Takoma Park, you may apply. The applicants may not have any serious misdemeanor or any felony offenses.

Any questions about the Community Police Academy can be directed to the Public Information Officer, Cathy Plevy, at 301-891-7142 or cathyp@takomaparkmd.gov.

enforcement agency depends larg the amount of cooperation and su receives from the community it se The Community Police Academy is the public. Seats are limited to the 25 students and are filled based of first come/first serve basis. The I

### **LOST PETS**

If you are missing your pet, you can contact Cathy Plevy at cathyp@takomaparkmd.gov and have her put the information out on police social media platforms, as well as in an email, to help locate them. Please provide a photo, when and where the pet was last seen and any descriptions, to include name, temperament, markings, etc. We really want to reunite pets with their families.



### **Takoma Park Maryland Library**

Website: takomapark.info/library Phone: 301-891-7259 Email: library@takomaparkmd.gov

### THE LIBRARY HAS MOVED

The Library has moved to **7505 New Hampshire Avenue** in the Hampshire
Place shopping center. This is for
the duration of construction on our
new library building, expected to be
completed in the Spring 2024. You can
keep up to date with our progress and
interim location in a variety of ways:

- Subscribe to the Takoma Insider, an email with fortnightly news about all the City departments
- Check the Takoma Park Newsletter, sent monthly to all residents
- Check our website at www. takomapark.info/library and read our blogs and events pages.
- Follow us on Facebook (search Takoma Park Maryland Library) and Twitter (@takoma).

### LIBARY & COMPUTER CENTER HOURS

Monday - Thursday 10 a.m. - 8 p.m. Friday - Sunday 12 - 6 p.m.

#### HOLIDAY CLOSINGS

The Library and Computer Center will be closed on the following holidays:

- January 1 and 2, 2023, New Year's Day
- January 15 and 16, 2023, Martin Luther King, Jr. Day
- February 19 and 20, 2023, Presidents' Day/George Washington's Birthday

You can also use this QR Code to see news and updates:





### Frequently Asked Questions About the Library and Community Center Renovation

#### Q. Will Books-to-Go (curbside pickup) and Books-to-You (delivery for City of Takoma Park residents only) continue during the renovation?

**A.** Yes, both programs will continue. Email librarytakomapark@gmail.com to make a request.

### Q. Where can I find information about Children's and Young Adults Programs?

**A.** Check our website. It is especially important that you check our website for location of events. We may host some events at the interim location and some at the Community Center auditorium or other locations.

### Q. Is the book drop open at the old location?

**A.** The book return bin, now located inside the Police Department on the lower level of the Community Center at 7500 Maple Avenue, is always open.

### Q. Will I still be able to access online resources?

**A.** Online resources, like e-books and audiobooks, language learning, materials for children and research tools, will remain available at www. takomapark.info/library/online.html.

### Q. What will be hours at the temporary library facility?

**A.** The hours at the temporary facility will be the same as at the old building: Monday - Thursday, 10 a.m. to 8 p.m. and Friday - Sunday, noon to 6 p.m. The library's phone number will also remain the same (301-891-7259).

### Q. What will happen to the mural on the side of the library?

**A.** The iconic mural on the side of the library has been carefully dismantled and preserved. It will be integrated into the new building.

### Q. When will the new library be finished?

**A.** The entire construction process for the new library is expected to take 18 months and is slated to be finished in Spring 2024.

#### Ask Additional Questions or Express Concerns

A new email address (newlibrary@ takomaparkmd.gov) has been created for the community to ask questions or express concerns. It will be monitored by Library staff.

### **Historic Takoma Reading Room**

#### **Local History Collection at** Historic Takoma Inc.

To ensure its availability throughout the construction process, Historic Takoma is hosting the Maryland Reference Collection of the Takoma Park Maryland Library during our renovation. To find these items in our catalog, try searching "Historic Takoma." If you find an item that is in the "Historic Takoma Inc." collection, it is located at Historic Takoma Inc., and not at the library.

To visit Historic Takoma, Inc. outside of their posted hours, email them at archives@ historictakoma.org, and set up a





time to visit.

The Historic Takoma Reading Room (7328 Carroll Avenue) is currently open on the first and third Sundays of the month. Visitors will have access to reference books on Takoma and Maryland history, the collection of Takoma Voices and City newsletters, historical journals, and more. Historic Takoma volunteers will be available to answer questions about the collections and Historic Takoma. Reading Room hours will be 1 - 4 p.m. on the first and third Sundays of each month. Note: Visitors are asked to wear masks while in the Reading Room.To learn more, visit historictakoma.org.

#### **Books-to-Go Continues**

We are continuing our Books- to-Go service. Here is what you need to know:

- 1. To place an order, email librarytakomapark@gmail.com.
- 2. In the subject line of your email, include the name on the account you are using and either your birthday (month and day, not year) or the last four digits of your library
- 3. In your message, list the items you want to check out. Include the title, author, and call number for each item requested. Please check our catalog first at https:// takoma.bywatersolutions.com to be sure that the item is
- 4. Please limit your requests to 10 items per order. If a book is checked out, you may place a hold on it.
- 5. If you have overdue books, you will not be permitted to check out new ones!
- 6. We will notify you when your request has been filled. Our reply email will give you information on when you can pick up your request.



7. When picking up a Books-to-Go order, please call the library's main number, 301-891-7259.

Note: Requests will be held for one week, and then they will be checked back in.

We are also reviving Books-to-You, delivery of book requests for Takoma Park residents only. Patrons must be at home to receive their delivery, we will not leave books at the door. All the same guidelines apply to Books-to-You as Books-to-Go.



#### WinterQuest

Watch for information about our winter break reading program! It's always a great adventure!

### Takoma Park Community Center/ Sam Abbott Citizens' Center

7500 Maple Avenue Takoma Park, MD 20912 301-891-7100

#### **Standard Hours:**

Monday - Thursday 8:30 a.m. - 9:30 p.m.

Friday 8:30 a.m. - 10 p.m. Saturday
10 a.m. - 6 p.m.

Sunday 12 - 5 p.m.

#### **Art Studio**

- The art room, kiln, and easels are available to students enrolled in classes.
- · Not available for rentals

#### Auditorium

- 154 fixed chairs
- Room for six wheelchairs
- Row of seven fixed chairs can be removed
- Food and beverage not permitted
- \* Unavailable for rental during construction

#### Dance Studio

- Large studio with mirrors and wood floor
- No street shoes on dance floor

#### **Game Room**

- Hours vary by age and time of year
- Ping pong, pool and foosball tables
- Basketball and arcade-style games

#### **Notary Public**

Notary service is available by appointment only. The service is free for City residents. Call 301-891-7100 to set up an appointment.

#### **Passport Service**

Passport Service is available at the Takoma Park Community Center. Appointments are required. Please email Sofia Visurraga, Customer

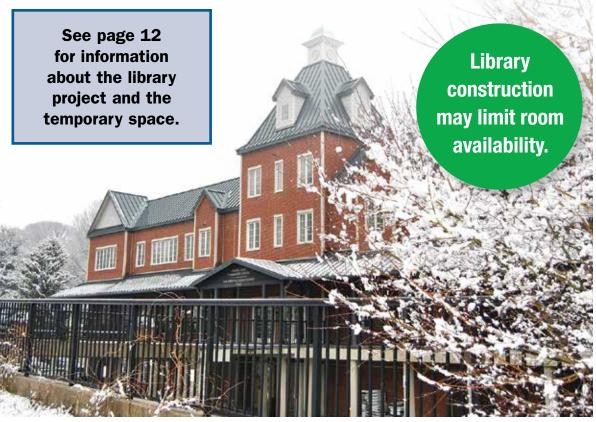
Service Representative, at sofiav@takomaparkmd.gov for information and appointments.

Library

Monday-Thursday, 9 a.m.-1 p.m.

Se puede aplicar por su pasaporte americano aquí, solo con cita. Solicite la cita enviando un correo electrónico sofiav@takomaparkmd.gov

**Teen Lounge** (Grades 6–12) Comfortable, safe space for teens to socialize and enjoy a snack after school. Teens can also participate in daily activities and work on homework.



### **Book Your Next Event with Us!**

To reserve an indoor space: Come in person to our office at 7500 Maple Avenue. We are open on weekdays 8:30 a.m. -5 p.m. If you are not able to come in during that time, give us a call at 301-891-7290. Rentals can be made three months in advance, but no less than 10 days before the event. Full payment is due at the time of reservation.

#### **Policies**

Please visit us online at takomaparkmd.gov/recreation/parks-pavilionsand-athletic-fields and click on Administrative Regulation No. 2011-1 (PDF) for regulations governing public use, facilities rentals and general responsibilities of the user. The renter is responsible for set-up and clean-up. This time should be included in the rental. Nothing can be affixed to the walls.

#### Standard Rental Hours

#### **Takoma Park Community Center**

Monday - Friday 9 a.m. - 9 p.m. Saturday 10:30 a.m. - 5:30 p.m. Sunday 12:30 - 4:30 p.m.

Hours for auditorium rentals may be until 11:00 p.m. Monday - Thursday and until 12:00 a.m. Friday - Sunday.

#### **Heffner Park Community Center**

Monday - Saturday 9 a.m. - 9 p.m. Sunday 10 a.m. - 8 p.m.

#### **Takoma Park Recreation Center**

- Call for availability: 301-891-7286
- See page 16 for prices

\* Business rate applies to all organizations, nonprofits, for profit entities or community groups.

#### **NOTE:** Fee increases effective 9/1/22

Library

Construction

may limit room

availability

### **Small Meeting Rooms**

#### **Rose Room**

10 with tables Capacity

15 without tables

#### Lilac Room

Capacity 20 with tables

25 without tables

#### **Hydrangea Room**

20 with tables Capacity

#### Fees

T.P. resident \$35/hour Non-resident \$60/hour \$80/hour **Business\*** 

\* Business rate includes commercial and nonprofit organizations.

#### **Large Meeting Rooms**

#### **Azalea Room**

Capacity Maximum 15 during construction

#### **Heffner Park Community Center** 42 Oswego Avenue Takoma Park, MD 20912

40 with tables Capacity

#### Fees

T.P. resident \$45/hour Non-resident \$70/hour **Business\*** \$90/hour

\$75 refundable deposit required for Heffner Park Community Center.

50 without tables

### Auditorium unavailable during construction



### **Takoma Park Recreation Center**

7315 New Hampshire Ave. Takoma Park, MD 20912 301-891-7289

#### Standard Hours

Monday, Wednesday, Friday. 2:30 - 9 p.m. Tuesday & Thursday 12 - 9 p.m. 9 a.m. - 5 p.m. Saturday Closed Sunday

\* Tuesday & Thursday 12-2 p.m. are reserved for senior use only

The Recreation Center is a hidden gem. Once inside you'll discover a basketball gym, fitness room, community programs, and fantastic staff. Please stop by and see for yourself!

Fitness Room

#### Membership Fees

#### **Recreation Center General**

(1 year; does not include Fitness

Resident

Room)		(Closes 30 minutes ahead of building)
nt	Non-resident	Resident

Resident Non-resident Youth (5 - 12 years) \$5 \$15 Adult (6 months) \$85 \$95 Teen (13 - 17 years) \$10 \$20 Adult (1 year) \$120 \$140 Adult (18+ years) \$65 \$55 Senior, 55+ Free Free

#### **Hourly Rental Information**

Gym\* (capacity 294)

TP Resident \$50/hour Non-resident \$75/hour \$95/hour

Business After hours additional fee(s)\* **Meeting Room FRONT** (capacity 30) **Meeting Room BACK** (capacity 40)

TP Resident \$35/hour Non-resident \$60/hour \$80/hour Business additional fee(s)\* After hours

#### Call 301-891-7289 for availability.

\* \$75 security deposit required.

Business rate includes commercial and nonprofit organizations.

#### **Join Us For:**

- · Before & After school programs
- Classes for all ages
- Summer camps
- Senior programs
- Kids & Teen nights

#### **Please Note:**

There is a change to our fee structure for all Recreation Center programs, memberships and rentals. To check if you qualify as a City of Takoma Park resident visit takomaparkmd.gov and search Ward Map.

All programs and classes at the Takoma Park Recreation Center are co-sponsored by the Montgomery County Department of Recreation. We thank them for the continued support.





### What's in our parks?

Through

Parking

Transportation Accessible

**Bike Station** Within Walking Distance

Fountain

Tables

Basketbal

Restroom Facility

Belle Ziegler Park 7350 Takoma Ave. Ward 1















Colby Avenue Park Cherry & Colby Ave. Ward 2













Forest Park













598 Elm Ave. Ward 2

















**Heffner Park** 42 Oswego Ave. Ward 4















Jackson-Boyd Park 7398 Jackson Ave. Ward 2

Spring Park 6999 Poplar Ave. Ward 3

Ward 5



















Toatley-Fraser Park Eastridge Ave.













#### In addition to the parks above, the city maintains:

B.Y. Morrison Park Carroll & Ethan Allen Ave. Ward 3

Dorothy's Woods Woodland & Cirice Ave. Ward 3

Ed Wilhelm Field Ward 4

Lee Jordan Field 7611 Piney Branch Rd Ward 4

na Park Dog Park Ward 4

For information about other parks in our city, please visit montomgeryparks.org or call 301-495-2525.

#### Parks and Permits

It is highly recommended to secure permits for various events and activities held in public parks throughout the City. Permits guarantee location and time of a rental. Please contact the Recreation Department at 301-891-7290 before conducting business on park property.

#### **Pavilion Rental Fees**

\$105 per day \$125 per day

Non-resident/Business





#### **FAOs**

- In order to secure a park pavilion, it is highly recommended to have a permit. (See page 15).
- Moon bounces are not permitted on City property.
- Permits are honored rain or shine, with no refunds/ reschedules.
- To reserve a pavilion, see "Book Your Next Event with Us" on page 15.
- Sale of merchandise is prohibited on City property outside of scheduled City events. The sale or consumption of alcoholic beverages is not
- permitted in any facility/park/pavilion. Buildings and parks are not available on City holidays.
- Reserving a pavilion does not guarantee use of an adjacent field if applicable.



301-891-7119 • arts@takomaparkmd.gov • takomaparkmd.gov/arts



### **Pop-Up Trike Pedals Into Takoma Park**

A bright orange cargo trike will be rolling around town soon to bring fun projects to city residents where they live and work.

The Pop-Up Trike will be used in public outreach for some new City library, arts, and planning programs. A schedule of events and possible locations is being developed with plans to start using the trike next year.

City Library Director Jessica Jones said the trike has arrived at a perfect time since the City's library has temporarily relocated to a shopping complex at 7505 New Hampshire Avenue while a new

library is being constructed at the Takoma Park Community Center.

"We are already connecting with Takoma Park residents in new ways and in new places," Jones said. "We can take the trike places a car can't go, while also living up to the City's sustainability goals. On top of that, the trike will be easy to spot, so we hope people will say hello when they see us around town."

The trike was purchased from Icicle Tricycles using City funds, and the City's Arts and Humanities Intern Paula Barrios designed the customized vinyl wrap.

The trike may be parked sometimes at the City's new Free Little Art Gallery at 7667 Maple Avenue. In a concept similar to little libraries, the art gallery box is stocked with art supplies, so people can make small artwork to leave in the box or take art that they like home with them.

The trike also will be used for fun artmaking projects like chalk drawing, painting, or coloring, according to the City's Arts and Humanities Coordinator Brendan Smith: "We're excited about getting outside and engaging local residents in exploring their own artistic talents."

#### **Housing & Community Development**

### **Housing and Community Development**

### takomaparkmd.gov/government/housing-and-community-development Planning Division Initiatives • 301-891-7119 • planning@takomaparkmd.gov

The Planning Division manages the City's plans and processes related to land use, transportation, and development review. This includes projects such as Safe Routes to Schools, updated bus shelters and street furniture, new bike lane planning, and more!

Community input is critical to the success of our initiatives. Here are some projects that will have opportunities for residents to engage with over the next few months:

Minor Master Plan Amendment (led by the Montgomery

County Planning Department)

Metropolitan Branch Trail Upgrade (a refresh on the current condition and design of the 0.5 trail managed by the City)

**New Ave Bikeway – Section D** (an extension of the New Ave Bikeway from Poplar Ave to the DC border)

Visit the City's web page and search for each by name to learn more about the projects' histories, current statuses, and upcoming events!

#### **Economic Development Division Programs • 301-891-7119** econdev@takomaparkmd.gov

The Economic Development Division supports local businesses, promotes the economic well-being of residents, and aims for a high quality of life for all who live, work, and visit the City. Please contact econdev@takomparkmd.gov or visit the website to learn more about the programs available to local businesses and residents

#### We Belong Together: The Takoma Park Equity Walk



How are we the same, how are we different? What makes you feel valued? Answer these questions and more as you hop, skip, and roll with the We Belong Here: The Takoma Park Equity Walk! This Winter, take part in the interactive activity to help get discussions surrounding equity started with family, friends, classmates, and those in your community.

Look for the colorfully painted sidewalks along the Community Center and/or Anne Street, scan the QR code located at each station for the story map page and prompts to appear, use the questions and quotes to guide your discussions on equity, and

check out the included additional resources to support your learning. After you're done, fill out our short survey (https://bit.ly/3Du6j6z) to receive a fabulous free t-shirt!



#### Housing Division Programs • 301-891-7119 • housing@takomaparkmd.gov

The Housing Division is responsible for monitoring Takoma Park's rent housing stock, ensuring compliance with the City's landlord tenant laws, and administering a variety of grant opportunities designed to further its goals to create and maintain a more

fiscally and environmentally sustainable community and improve the quality of life for all residents. To find out more about the services and grant programs listed, visit takomaparkmd.gov/ government/housing-and-community-development...

#### **Home Stretch**

The Home Stretch Down Payment Assistance Program provides grants to low-and-moderateincome individuals and families to achieve homeownership in the City of Takoma Park, helping build generational wealth in our community. Qualified households can receive \$10,000, 0% interest loan, of which 20% will be forgiven every year for five years when the loan is fully forgiven. To learn more about the program, please visit https://takomaparkmd.gov/government/housingand-community-development/grant-programs/the-home-stretch-down-payment-assistanceprogram/ or call the Housing and Community Development at 301-891-7119.



### **Takoma Park Housing Programs**

#### COVID-19 Rental Assistance

Through the American Rescue Plan Act (ARPA), the City is pleased to provide additional funding to residents who are at risk of homelessness. The program provides financial assistance to residents who are behind on rent and make 200% of the federal poverty limit. This program is run in partnership with Ministries United Silver Spring Takoma Park (MUSST). You can reach out for assistance by emailing or texting musst@verizon.net.

#### **Emergency Assistance Program**

The City of Takoma Emergency Assistance program provides emergency financial assistance to residents facing a crisis related to housing, utility payments, necessary medical care, provisions of food, or other urgent needs. Residents making 200% of the federal poverty limit are able to apply for funding through the City's partner, Ministries United Silver Spring Takoma Park (MUSST). You can reach out for assistance by emailing or texting musst@verizon.net.



#### **Home Stretch**

The Home Stretch Down Payment Assistance Program provides grants to low-and-moderate-income individuals and families to achieve homeownership in the City of Takoma Park, helping build generational wealth in our community. Qualified households can receive a \$10,000, 0% interest loan, of which 20% will be forgiven every year for five years when the loan is fully forgiven. To learn more about the program, please visit https://bit.ly/TKPKDownPayment or call the Housing and Community Development at 301-891-7119.

#### Rental Assistance Program

The Rental Assistance Program provides short-term. ongoing support to residents facing financial difficulties making rent payments. City residents making 200% of the federal poverty limit are able to apply for up to \$350 per month in assistance for three months (for a total of \$1,050 in assistance) so that renters have time to find employment or income to continue to live in their homes. This program is run in partnership with Ministries United Silver Spring Takoma Park (MUSST). You can reach out for assistance by emailing or texting musst@verizon.net.



If you have any questions, please contact the Housing and Community Development Department at 301-891-7119 or email housing@takomaparkmd.gov

#### **Housing and Community Development**

### **Food Resources in** Takoma Park

#### Meals On Wheels (MOW) of Takoma Park/Silver Spring

MOW delivers deliciously prepared meals (one hot and one cold each weekday) to homebound neighbors who cannot get out to get groceries or prepare their own meals easily. The clientele includes individuals with disabilities; people who are ill, recovering, or in medical treatment; and seniors. Meals on Wheels serves regardless of age and on a sliding scale to all income levels.





#### **Small Things Matter**

Small Things Matter (STM) serves Takoma Park residents in need of food support. Residents must provide a government-issued ID or recent utility bill as proof of residency in Takoma Park. Those who qualify will be invited to pick up food at community distributions two times per month and at Teen Pantry distributions. Small Things Matter delivers produce to Hampshire Tower, Essex House, Maple View, Park Ritchie, Colonnade on the Creek, Edinburgh House, Park View, and Cambridge/Winslow. They also share food with the four community food pantries in the TP/SS neighborhood.



For STM food help, contact Roxanne Yamashita at (202) 669-8550 or rayamashita@yahoo.com.

#### CHEER

CHEER provides access to health and wellness resources for Takoma Park and Long Branch residents, including assistance with enrollment in SNAP and health insurance programs for eligible individuals. CHEER also offers Diabetes Prevention, Fitness, and Nutrition classes. For individuals with Type 2 diabetes and low access to food, they have a special program to get access to healthy food and personal support for the management of diabetes.





#### **FRESHFARM**

FRESHFARM provides high-quality local produce through a Pop-Up Food Hub (PUFH) at local farmers' markets to deliver healthy, affordable produce to individuals and community organizations, including early care centers, health clinics, senior centers, and school programs. Through the PUFH, FRESHFARM also provides the Market Share Program, a CSA-style produce bag subscription that provides consistent weekly access to fresh produce throughout the season. Market Share shoppers pick up a 10-12 item mixed bag of produce from convenient pick-up sites, subsidized at 75-90% so that shoppers using SNAP, WIC, and SMFNP only spend \$8 a week to feed a family of four (retail value is \$40).







### **Recreation Department**

7500 Maple Avenue Takoma Park, MD 20912 301-891-7290 recreation@takomaparkmd.gov takomaparkmd.gov/recreation



The City of Takoma Park Recreation Department provides recreational opportunities for all ages! The department's facilities and programs are intended to refresh and rejuvenate residents, improve health and connect families and the community. Staff are continually working to improve our offerings while adding new and innovative programs and activities to meet the ever changing needs of our residents and community.

#### **Rental Requests**

For more information about local parks and room rentals, see pages 15-17. Availability is limited during construction.

Winter
Registration Opens:
12/8 for Scholaship Awardees
12/15 for TP Residents



#### Roscoe the Rooster

Roscoe the Rooster made Takoma Park his home for 10 years, roaming the city and staking his territory on the lawn in front of and behind the apartment houses near Mark's Kitchen on Carroll Avenue. Roscoe died in a hit and run in February 1999.

A life-sized statue of Roscoe the Rooster, crafted by local artist Normon Greene, stands on a pedestal in front of the clock tower in the center of downtown Takoma Park.

Roscoe makes special appearances throughout this section of the City Guide.

#### Is my class canceled due to weather?

The City of Takoma Park has several ways to let you know if City facilities are closed or classes are canceled: get notices via Takoma Park Alert (www.takomaparkmd.gov/alert);

Be sure to select "Local Recreation Program Updates," "Childcare," and/or any other interested area for updated activity information through the page above; or call the Recreation Department's Inclement Weather Line (301-891-7101 x5605). In general, if the Federal Government closes or has a delayed opening in the morning, the City does the same. Classes that begin before a delayed opening are usually canceled. Before and After Care programs follow the Montgomery County Public Schools declarations. If there is a 2-hour delay in the morning, Before Care starts at 9:00 a.m.

# Instructor Spotlight

#### Khady N'Diaye Brings a New **Dance Craze to Takoma Park**

Khady is a new instructor for the Takoma Park Recreation Department. Her lively dance fitness class is bringing in a plethora of new participants. Learn more about Khady and her class below!

#### Q: For those who have never heard of Ker De Zuri DanXercise, what is the history of this Afrobeat Dance Class?

A: Ker De Zuri was initially started as a dance team of different members from diverse African backgrounds who share the love of choreographing and showcasing. As a child being raised by parents of African decent and living in the U.S, I was continu-



ously exposed to different cultures. Throughout my various dance journeys, I had a love of choreographing and teaching dances to groups and individuals. My mission is to bring joy to billions through the art of dance as music meets memories.

#### Q: What lead you to become an instructor?

A: I enjoy sharing my love of dance and connecting with a variety of

people from different walks of life. My passion for dance and seeing the progression in the participants truly motivates me.

#### Q: What should participants expect to get out of the class?

A: Expect to get a full workout, learn new choreography, discover new genres of music, and create memories through the art of dance.

#### Q: Will students need to bring anvthing with them to class (i.e., fitness equipment props)?

A: No equipment is needed. Just bring bottled water and good vibes and come ready to sweat!

#### Q: Once I complete this session, is there a level 2?

A: No, every class I try to introduce new choreography that is slightly more challenging. I always use slow-paced songs when teaching the moves and then speed it up once all the participants are comfortable. My goal is to make the participants feel comfortable but also challenge them to learn new things.

#### SO THAT ALL TAKOMA PARK RESIDENTS CAN PLAY... SCHOLARSHIPS ARE AVAILABLE FOR RECREATION PROGRAMMING



need. Scholarships can be used for activities, camps and childcare through the City of Takoma Park Recreation Department and is valid for the calendar year. Apply now!



For more information visit takomaparkmd.gov/recreation

Recreation Department scholarships are

available for Takoma Park residents in



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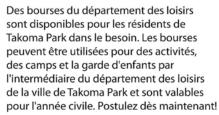


ስበስጠ መረጃ takomaparkmd.gov/recreation ን ይኃብኙ

የመዝናኛ ዲፓርትመንት ስኮላርሺፕ ለሚፈልን

Las becas del Departamento de Recreación están disponibles para los residentes de Takoma Park que las necesiten. Las becas se pueden utilizar para actividades, campamentos y cuidado de niños a través del Departamento de Recreación de la Ciudad de Takoma Park y son válidas para el año calendario. ¡Aplique ya!

Para obtener más información, visite takomaparkmd.gov/recreation



Pour plus d'informations, visitez le site takomaparkmd.gov/recreation





















### Fitness Expo

Come join us for an exciting day that will include demonstrations from our fitness programs as well as presentations from local community health and wellness organizations. The expo will kick off at 10 a.m. For additional information or if you would like to volunteer for this event, contact Vincent Cain at 301-891-7289 or vincentc@takomaparkmd.gov.

Takoma Park Recreation Center 7315 New Hampshire Avenue All ages Saturday, April 1 10 a.m.–2 p.m. Free

### **Annual Egg Hunt**

Get your baskets ready and join the Takoma Park Recreation Department for an "egg" citing time! There are four age categories: 2 and under, 3–4 years old, 5–6 years old, and 7–8 years old. Games will begin at 10 a.m., and the hunt will begin promptly at 11 a.m. Don't miss out! Don't forget to bring your basket to Ed Wilhelm Field (behind Piney Branch Elementary School) for a morning of fun.

Ed Wilhelm Field 2 Darwin Avenue 2–8 years Saturday, April 8 Starting at 10 a.m. Free





#### **13th Annual Mid-Winter Play Day**

Attention! Attention! Yes, that's right. Let's Play America and the Takoma Park Recreation Department have teamed up to present to you the 13th Annual Mid-Winter Play Day! Come join Let's Play America and the Takoma Park Recreation Department for a fun afternoon of indoor play. Free fun for all. It's time for you to let your hair down, put on your comfy clothes, and get ready to play! To see a full listing of activities and performances, visit www.letsplayamerica. org. See you there! Limited parking, walking is encouraged.

Takoma Park Community Center & Piney Branch Elementary All ages Sunday, February 12 Starting at 1 p.m. Free

### **Tots** Newborn-5

You're never too young to make art, so bring your creativity and your curiosity to

the ABC"s of Art! Each week we'll read a

fun new story and create a complimentary

art project. Drawing, painting, collage and

more. Instructor: CREATE Arts Center

Residents: \$125 / Non-resident: \$145

Takoma Park Community Center

Saturdays, 12:45-1:30 p.m.

#### **EDUCATION &** DEVELOPMENT

#### Breakfast For Dinner

Turn your favorite breakfast dishes into the main event as dinner options (with a few desserts thrown in just for fun). How about a cheddar-chive strata with fresh salsa? Carrot-potato pancakes with applesauce? Maybe you would prefer a more traditional French Toast dressed up with bananas and blueberries? Any way you slice it, Tiny Chefs will love tucking into these comforting breakfast classics. There is a non-refundable \$24 materials fee (per child) due to the instructor on the first day of class. Instructor: Anna Reeves Hazardous Materials: Sharp and hot objects are used in the class.

Heffner Park Community Center 42 Oswego Avenue 4-6 years 6 Week Session Wednesdays, 5:30-6:30 p.m. January 18-February 22





### **DANCE**

Azalea Room

7500 Maple Avenue 3-5 years

January 21-March 11

8 Week Session

ART

The ABC's of Art!

#### **Combo Tot Dance**

Fun and energizing for your little ones, this is an introductory foundational class, consisting of rhythmic movements, basic tumbling, and various styles of dance. This class is iam-packed with games and toys. Your little ones won't even realize they are learning to dance. Instructor: Dance Solutions

Takoma Park Community Center Dance Studio 7500 Maple Avenue 3-5 years 8 Week Session Sundays, 12:15-1 p.m. January 22-March 19 Resident: \$125 / Non-resident: \$145

Resident: \$130 / Non-resident: \$150



#### **Tot Sports**

Children are introduced to the fundamentals of sports such as soccer and basketball. The goal of this program is to provide the opportunity for each child to develop motor skills and nurture their growth socially and emotionally through teamwork and good sportsmanship.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 3-5 years 7 Week Session Saturdays, 10:30-11:30 a.m. January 28-March 11 Resident: \$60 / Non-resident: \$70

# Youth

5-12

Winter
Registration Opens
December 8: Scholarship
Awardees
December 15: TP Residents



#### ART

#### **Ceramics: Clay for Kids**

In this class, children will receive instruction on how to utilize a variety of techniques (coil, pinch, slab work) to create one-of-a-kind sculptures and vessels out of clay. There is a non-refundable \$20 materials fee (per child) due to the instructor on the first day of class. Instructor: Caroline MacKinnon

Takoma Park Community Center Art Studio 7500 Maple Avenue 7–13 years 6 Week Sessions

**Mondays**, 4–5 p.m.
Session 1/\*5 Week): January 9

Session 1(\*5 Week): January 9-February 13

(No class 1/16) Session 2: February 27-April 3

**Wednesdays**, 4–5 p.m. Session 1: January 4-February 8

Session 2: February 15-March 22 **Fridays**, 4–5 p.m.

Session 1: January 6-February 10
Session 2: February 17-March 24
Resident: \$150 / Non-resident: \$170
\* 5 Week: Resident: \$125 / Non-resident:

Materials Fee: \$20

#### Ceramics: Valentine's Day Gift Making Workshop

Create brightly colored heart-shaped ornaments, boxes, and other keepsakes for family and friends over two Saturday mornings. A \$5 materials fee is due to the instructor on the first day of the workshop. Instructor: Caroline MacKinnon

Takoma Park Community Center Art Studio 7500 Maple Avenue



7 & up 2 Week Session Saturdays, 11 a.m.–12 p.m. January 21 & January 28 Resident: \$45 / Non-resident: \$55 Materials Fee: \$5

#### Creative Youth Development for Elementary Ages

Our Creative Youth Development program integrates artistic expression with youth development principles, supporting young people's stories, ideas and emotional struggles. For many people, this kind of learning is simply not available in their schools. This class is designed for youth ages 7-11 years old who want to strengthen their personal, social and intellectual capacities to succeed in school, career and life. Instructor: CREATE Arts Center

Takoma Park C ommunity Center Azalea Room 7500 Maple Avenue 7-10 years 8 Week Session Saturdays, 11:30 a.m.-12:30 p.m. January 21-March 11 Residents: \$125 / Non-resident: \$145

#### **CAMPS**

#### **Camp Info**

They must bring a lunch, snacks, and labeled water bottle. Registration is required. Space is limited; sign up early. Paperwork will need to be completed prior to the first day of camp. Before & After Care are available for additional fee.

#### Spring Break Camp: All Around the World

Come experience different cultures of the world with Takoma Park Recreation! Join us as we go All Around the World for a week, taking time to learn and experience different cultures of the world.

Takoma Park Community Center 7500 Maple Avenue 6–12 years 1 Week Session

Monday-Friday, 9 a.m.—4 p.m. April 3-April 7

Resident: \$150 / Non-resident: \$170 **Before Care:** 7–9 a.m.

Resident: \$45 / Non-resident: \$55

After Care: 4–6 p.m.

Resident: \$45 / Non-resident: \$55

#### **Soccer Spring Break Camp**

This camp will provide children with the opportunity to improve their soccer skills. Some conditioning exercises and drills will be a part of the camp's daily schedule. A soccer coach will provide tips to improve your game.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 1 Week Session

#### Recreation: Youth

Monday-Friday, 9 a.m.-4 p.m April 3-7

Residents: \$220 / Non-resident: \$250

#### DANCE

#### Ballet

This 45-minute class focuses on the basics of ballet but highlights advanced concepts, including history, stage production, performance etiquette, and choreography. Students will explore the history of ballet and practice combinations from various ballet choreographers. Instructor: Charonne Butler

Takoma Park Community Center Dance Studio 7500 Maple Avenue 5-10 years 6 Week Session Saturdays, 12:30–1:15 p.m. January 14-February 18 Resident: \$65 / Non-resident: \$75

#### **Dance With Me**

A class that provides fun and excitement to everyone, Dance With Me allows for everyone to bring a friend or family



member to learn fun dances and games in a safe, entertaining, and supportive environment. This class caters to youth with differing abilities. Instructor: Dance

Takoma Park Community Center Dance Studio 7500 Maple Avenue 8-11 years 8 Week Session Sundays, 1:15-2 p.m. January 22-March 19 Resident: \$125 / Non-resident: \$145

#### **Hip Hop Dance**

This movement class focuses on the basics and culture of Hip Hop. Students will learn basic b-boy and b-girl dance technique, practice temporal and spatial awareness, and learn choreography. Instructor: Charonne Butler

Takoma Park Community Center Dance Studio 7500 Maple Avenue 5-10 years 6 Week Session Saturdays, 11:30 a.m.-12:15 p.m. January 14-February 18 Resident: \$65 / Non-resident: \$75

### 2023 TPRD Summer Camp Sneak Peek

The Takoma Park Recreation Department offers the traditional range of summer camp activities designed to enhance your child's summer and create lasting memories. The official Summer Camp Guide will be out in February! Join us for a summer of fun, creativity, and adventures!

- Camp Takoma
- New Ave Adventure Camp
- Just for Teens
- Specialty Camps

**Camp registration** begins online and in person at 9 a.m. on the following dates:

- March 15 Current Scholarship Awardees\*
- March 22 Takoma Park Residents
- March 29 Non-Residents





\*Scholarships are available to City of Takoma Park residents who qualify. Applications must be renewed each calendar year. Applications are available at the Recreation Department office or online at takomaparkmd.gov/recscholarship.

#### **DROP-IN**

#### **Kid Night**

The Takoma Park Recreation Center provides affordable, safe, and fun activities for kids on the first and third Friday nights of the month. Come out to a night of games, activities, and more. Bring your friends and meet new ones. Free with a Recreation Center membership.

Takoma Park Recreation Center Gymnasium

7315 New Hampshire Avenue First Fridays, 6:30–8:30 p.m. 1/6, 2/3, 3/3

Free with a Recreation Center membership



#### **Fun Days**

Fun Day is offered on specific days when Montgomery County Public Schools are not in session. The program is designed to provide recreational activities for children enrolled in kindergarten through fifth grades. Through structured. socially distanced activities, crafts, and presenters, there are opportunities for socializing, unwinding, and releasing energy. Participants will meet at the Community Center, 7500 Maple Avenue. They must bring a lunch, snacks, and labeled water bottle. Activities and performers are subject to change. Registration is required. Paperwork will need to be completed prior to the first day of the program.

### SCHOOL YEAR 2023-2024

Before & After School at both Maple Avenue and New Hampshire Avenue Locations!

#### **Registration opens:**

Families with a current scholarship: 4/19

TP Residents: 4/26 Non-Residents: 5/3





Takoma Park Community Center 7500 Maple Avenue

Grades: K-5

Fridays, 8:30 a.m.-5:30 p.m.

January 27: ClimbZone

March 31: Hirshhorn Museum &

Sculpture Garden

April 21: Botanical Gardens

Resident: \$55 / Non-resident: \$65 per

date

#### **MARTIAL ARTS**

#### **Kung Fu for Kids**

Bungo Fu is the Jamaican style of Kung Fu. Come learn meditation, self-defense, improved flexibility, and self-awareness. This ancient form of self-defense provides physical and mental exercise, which could help the students defend themselves by strengthening hand and eye coordination as well as assisting them with maintaining balance. Students will gain physical fitness, mental and spiritual strength. There is a \$70 non-refundable uniform fee payable to the instructor. Instructor: Master Robert Thompson

Takoma Park Community Center Dance Studio 7500 Maple Avenue 4–16 years 10 Week Session Saturdays, 1:30–2:30 p.m. January 7-March 11 Resident: \$170 / Non-resident: \$190 Uniform Fee: \$70

#### **SPORTS**

#### **Basketball Skills Clinic**

Emphasizing individual improvement is one of the guiding philosophies of this skills clinic. Participants will be provided with excellent coaching, which allows each person to develop a sense of pride and individual accomplishment. This is a basketball class does not league play. Instructor: Greg Harris

Takoma Park Recreation Center Gymnasium 735 New Hampshire Avenue 6–12 years 8 Week Session Saturdays, 12–1 p.m. January 21-March 11

Resident: \$100 / Non-resident: \$110



# **Teens**

13-17

Winter **Registration Opens December 8: Scholarship Awardees December 15: TP Residents** 



#### ART

#### **Creative Youth Development for** Middle Schoolers

Our Creative Youth Development program integrates artistic expression with youth development principles, supporting young people's stories, ideas and emotional struggles. For many people, this kind of learning is simply not available in their schools. This class is designed for youth ages 12-14 years old who want to strengthen their personal, social and intellectual capacities to succeed in school, career and life, Instructor: CREATE Arts Center

Takoma Park Community Center Azalea Room 7500 Maple Avenue 12-14 years 8 Week Session Saturdays, 10:15-11:15 a.m. January 21-March 11 Residents: \$125 / Non-resident: \$145

#### **Drawing & Watercolor**

Have fun learning to draw with black and white and colored drawing materials, paint with watercolors, use pen and ink, and explore mixed media approaches to representational imagery. Subjects will include still life, self-portrait, landscape (weather permitting) and floral studies. Beginning students are welcome! The skills focus of the class is appropriate for students interested in developing a portfolio for entry into the Visual Art Center at Albert Einstein High School. Materials fee of \$20.00 paid directly to the instructor must be made on the first day of class. Instructor: Katie Dell Kaufman

Takoma Park Community Center Art Studio 7500 Maple Avenue

11-14 years 6 Week Sessions Tuesdays, 3:30-5:30 p.m.

Session 1: January 10-February 14 Session 2: March 7-April 18

Resident: \$180 / Non-resident: \$200 Materials Fee: \$20

#### **CAMP**

#### **Teen STEM Camp**

Hurray for Spring Break! Looking for ways to have fun during the break? Come out to our STEM themed camp where youth will enjoy recreational activities such as outdoor play, sports games, crafts, and more as well as hands on STEM activities in areas such as robotics, electrical engineering, and coding. Youth will need to bring a bagged lunch and water bottle, there are no heating capabilities on-site. Paperwork is required prior to the first day of camp. Facilitated by Get Into STEM, Inc.

Takoma Park Community Center 7500 Maple Avenue Teen Lounge Monday-Friday, 9 a.m.-4 p.m April 3-7 Residents: \$150 / Non-resident: \$170



#### DRAMA & THEATER

#### **Dungeons and Dragons**

They creep through the twilight quiet as shadows muttering a language long forgotten, a language only spoken by ghosts. Use your imagination and storytelling ability in this classic fantasy role-playing game. Roll dice to cast spells and battle monsters. Creativity and cooperation help the group "survive." Instructor: Dave Burbank

Takoma Park Community Center Auditorium 7500 Maple Avenue 8-17 years

Fridays, 4-6 p.m. **Session 1** (4 Weeks): January 6-January 27

Session 2 (4 Weeks): February 3-February 24

Session 3 (5 Weeks): March 3-March 31 Resident: \$60 / Non-resident: \$70

#### **On Stage Acting: Scene Study**

Jump into a different world by learning how to transform into a different character in a scene. Students will learn and apply acting concepts from Konstantin Stanislavski and Uta Hagen to build a believable character in scene work. In each class, we will warm up together, play some theater games, experiment with acting techniques, and rehearse scenes that are chosen from provided materials. All scenes are from Broadway and off-Broadway plays as well as films and television shows. Students will perform their scenes in the final class, and families are invited to attend. Acting concepts learned in class nurture imagination and go hand in hand with literary analysis and writing skills. Instructor: Gretchen Weigel

Takoma Park Community Center Auditorium 7500 Maple Avenue 10-13 years 9 Week Session Mondays, 4-5:30 p.m. January 23-March 27

Resident: \$225 / Non-resident: \$255

Materials Fee: \$10

#### **DROP-IN**

#### **Teen Lounge**

Welcome to the Teen Lounge! Where teens can do their homework, participate in fun activities, or kickback with friends after school in a safe environment. Open Monday through Friday, 3pm-6pm, youth in grades 6-12 are encouraged to come to the Lounge after school! Registration on ActiveNet is required.

Takoma Park Community Center Teen Lounge 7500 Maple Ave Grades 6-12 Monday-Friday, 3-6 p.m. Follows MCPS calendar Free, registration required

#### **Teen Night**

The Takoma Park Recreation Center provides quality, affordable, safe, and fun activities for teens. Nothing to do on the second Friday of the month? Come on out to a night of games, activities, and more. Bring your friends for a night out of the house. Free with Recreation Center Membership.

Takoma Park Recreation Center 7315 New Hampshire Avenue 12-16 years Second Fridays, 6:30-8:45 p.m. January 13, February 10, March 24 Free with Membership

#### **EDUCATION &** DEVELOPMENT

#### **2023 Summer Youth Employment** Youth Interest Meeting (SYEP)

Are you a teen or young adult looking for a summer job? Or are you a parent wanting to find an enriching opportunity for your teen this summer? The City of Takoma Park presents the Summer Youth Employment Program! The purpose of SYEP is to provide young people summer employment that is more than just a

job, but also a professional learning experience. Parents and teens are invited to come to the Interest Meeting and learn about this 8-week program which will begin June 26 and will end August 18, 2023

Attendance of this meeting is mandatory to be part of the Summer Youth Employment Program. Must be a Takoma Park resident to participate. Must be 16 by June 1, 2023.

Takoma Park Community Center 7500 Maple Avenue 16-21 years Friday, 6:30-8:30 p.m. February 24 Free

#### **Esports Club**

Take your gaming to the next level! In joining our Esports Club, students will have the opportunity to enhance gaming skills and learn all about the world of competitive gaming while having fun with their peers. Space is limited so register today!

Takoma Park Community Center Hydrangea Room 7500 Maple Avenue 9 Week Session Wednesdays, 3:30-5 p.m. January 11-March 8 Free

#### **Teen Money** Management

Money talks! Want to learn the language? This financial literacy program specifically focuses on basic finance skills that are relevant to the lives of teens. By learning the concepts listed below and putting them into practice. participants will be much better prepared when they begin building their own credit history and managing their own money. Topics include long-term saving goals, credit cards, credit reports, opening a bank account, student loans, and budgeting. Once registered, Zoom Link is included on Receipt. Instructor: Tyronda Boone of Zoey & Zander

Virtual Grades: 6-12 6 Week Session Mondays, 6–7 p.m. January 9-February 27 Free

#### **FITNESS**

#### **Teen Fitness**

No matter your fitness level, this class is designed to work with you. Your trainer will assist you in meeting your fitness goals. Bring a water bottle, towel, yoga mat, and a positive attitude. Instructor: Gred Harris

Takoma Park Recreation Center 7315 New Hampshire Avenue 11-16 years 6 Week Session Wednesdays, 6:30-7:30 p.m. January 18-February 22 Resident: \$30 / Non-resident: \$40

#### **MULTIMEDIA**

#### Art of the Shot: Taking **Better Photos Using Your Cell Phone**



Start taking the photos you want to take and not the photos your camera thinks you want to take. In this course, you will receive tools and formulas that will allow you to start taking great and creative photos. The course will cover the top eight parts of photography: LLSA formula, editing, portraits, lifestyle, landscapes, creative expression, colors for business, and black and white. Instructor: Vinny Mwano

Virtual 14 & up 8 Week Session Tuesdays, 6–7 p.m. January 10-February 28 Resident: \$80 / Non-resident: \$90

#### **TRIPS**

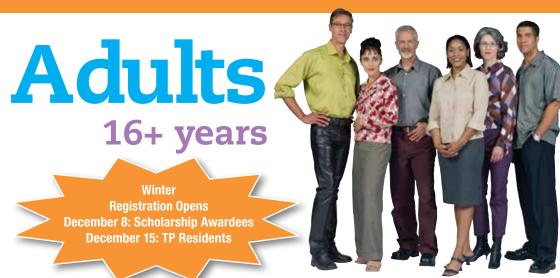
#### Teen Trip: Autobahn

The Teen program will be going to Autobahn in Jessup, MD, to have fun while school is out! Autobahn is an indoor speedway with a variety of activities that teens can participate in, including gokarting and other games. CParticipants will meet in the Teen Lounge (Takoma Park Community Center, 7500 Maple Ave.) at 12pm. The bus will be departing at 12:30 p.m. Space is limited, so register today!

Meet at: Takoma Park Community Center Teen Lounge 7500 Maple Avenue Grades: 6-12

Friday, 12-5 p.m. March 3

Resident: \$10 / Non-resident: \$20



#### ART

#### Ceramics: Clay in the Studio

Great for homeschoolers, preschoolers (with caregivers present), and people with flexible schedules, this class focuses on homebuilding techniques, including pinch, coil, and slab construction as well as surface treatment and glazing. Students can create functional items, such as vases, soap dishes, and teacups as well as sculptures, including portrait heads and whimsical animals. Dream something up and try it out in the studio. Experienced potters may use studio's electric wheels to pursue independent projects. A \$25 materials fee is due to the instructor on the first day of class. Instructor: Caroline MacKinnon

Art Studio 7500 Maple Avenue 4 & up 6 Week Sessions Wednesdays, 1:30-3:30 p.m. Session 1: January 4-February 8 Session 2: February 15-March 22 Resident: \$150 / Non-resident: \$170

Takoma Park Community Center

#### **Ceramics: Hand Building & Sculpture**

The class focuses on hand-building techniques, including pinch, coil, and slab construction as well as surface treatment and glazing. Open to all levels of experience. Students can create functional items, such as vases, soap dishes, and teacups, as well as sculptures, including portrait heads and whimsical animals. Dream something up and try it out in the studio. Experienced potters may use the studio's electric wheels to pursue



independent projects. Non-refundable \$25 materials fee due to the instructor on first day of class. Registration for Monday's class includes studio time on most Fridays from 12:30-1:30 p.m. Instructor: Caroline MacKinnon

Takoma Park Community Center Art Studio 7500 Maple Avenue 16 & up Mondays, 9:30 a.m.-1:30 p.m. Session 1 (5 Weeks): January 9-February 13

Resident: \$125 / Non-resident: \$145 Session 2 (6 Weeks): February 27-April 3 Resident: \$150 / Non-resident: \$170

#### **Ceramics: Wheel Throwing**

In this class we will learn the basic skills involved in creating functional forms on the potter's wheel. Centering, pulling, collaring, trimming, and glazing will all be covered as well as advanced seven topics in thrown and altered forms on request

bottles, jars, coffee, and tea service, etc. While our focus is on the basic forms (cups, bowls, and plates), an experimental and lively approach to the work is encouraged. No experience is required; students at an intermediate level are also welcome. A materials fee will cover one bag of clay, glazes, and firing. A class fee of \$30 is due to the instructor on the first day of class. Instructor:

Takoma Park Community Center Art Studio 7500 Maple Avenue 16 & up 6 Week Sessions Tuesdays, 6:30-9 p.m. Session 1: January 17-February 21

Session 2: March 7-April 11 Resident: \$150 / Non-resident: \$170 Materials Fee: \$30

#### Collage

Have fun working with found, purchased, and altered papers while learning how collage methods can enhance your art making process, whatever medium you use. This class explores ways of combining collage materials and art media. You will be introduced to a variety of collage techniques, work with elements and principles of design, and explore creative two- and three-dimensional assembly. Instruction will be given in surface preparation, adhesives, color theory, and composition and is suitable for beginners as well as more experienced students. Basic materials (adhesives, supports, papers, and paints) will be available (some personal or found collage elements may be desirable in addition to materials provided). A non-refundable materials fee

of \$25, paid directly to the instructor, will be due on the first day of class. Instructor: Katie Dell Kaufman

Takoma Park Community Center Art Studio 7500 Maple Avenue 18 & up 6 Week Sessions Tuesdays, 11 a.m.–2 p.m.

Session 1: January 10-February 14 Session 2: March 7-April 18 Resident: \$255 / Non-resident: \$285

#### Crafting Polymer Jewelry Workshop

Learn to design and create one-of-akind earrings, brooches, and necklaces to match your wardrobe and personal style using the amazing versatility and color palettes offered by polymer clay. Instructor: Sharyn Neuwirth

Takoma Park Community Center Art Studio 7500 Maple Avenue 18 & up 1 Day Session Saturday, February 11 12:30–5:30 p.m. Resident: \$140 / Non-resident: \$160

#### Drawing

The practice of drawing can be both relaxing and enriching. Participants in this class will draw with black and white and color media. such as charcoal, oil and chalk, pastels, pen and ink, and colored pencils. Students will be supported by weekly lessons with demos involving proportion and perspective and will receive ongoing feedback and critique. Creative cropping, expressive mark making, exploration into limited value or color key, and other techniques will be discussed. Personal creativity will be encouraged. Come join the fun and camaraderie of drawing together and develop a practice that will enhance your life. Beginning to advanced students are welcome. Paper and drawing materials will be available for the \$20 materials fee due on the first day of class. Instructor: Katie Dell Kaufman

Takoma Park Community Center Art Studio 7500 Maple Avenue 18 & up 6 Week Sessions Thursdays, 6:30–9 p.m.

Session 1: January 12-February 16 Session 2: March 9-April 20 Resident: \$230 / Non-resident: \$260

Materials fee: \$20



### Encaustic Collage & Printmaking Workshop

Intro to Encaustic offers instruction in the many applications of encaustic in art: as a painting medium, a collage adhesive, and as a pigment for encaustic monoprinting with a Roland Hotbox. Students will explore layering opaque and translucent papers with wax as a base for over-painting with oil and encaustic, the creation of altered papers with ink and watercolor, which combine with wax and encaustic paint, resulting in beautiful painterly prints, and the many ways you can enhance your current practice with the addition of encaustic paint. Various absorbent surfaces, such as board, canvas, printmaking, and watercolor will be on hand to explore. All materials will be provided for the \$70 materials fee. including all substrates, medium, brushes and paint. A letter of optional materials to bring will be sent after you register. Instructor: Katie Dell Kaufman

Takoma Park Community Center Art Studio 7500 Maple Avenue 18 & up 2 Day Session Saturday & Sunday, 9:30 a.m.—4 p.m. February 25 & February 26 Resident: \$280 / Non-resident: \$310 Materials fee: \$70

#### **Painting Exploration**

In this beginner class, participants are encouraged to try different materials and methods as well as explore some of the basic elements of design in their work. Participants will try still life and landscape as well as painting from their imaginations. We will examine paintings by other artists and give helpful feedback to one another in a comfortable setting. Grab a brush and come by the studio to explore painting! A nonrefundable \$35 materials fee is due to the instructor on the first day of class. Instructor: Caroline MacKinnon

Takoma Park Community Center Art Studio 7500 Maple Avenue 16 & up 6 Week Sessions Fridays, 10–11:30 a.m.

Session 1: January 6-February 10 Session 2: February 17-March 24 Resident: \$150 / Non-resident: \$170

Materials fee: \$35



#### DANCE



#### Ker De Zuri DanXercise Class-Afro Beat

We are a contemporary Afro Dance company specializing in African dancing. Zuri Sana'a DanXercise's mission is to bring you joy and memories through the art of dance. Zuris Sana'a DanXercise combines hip hop, salsa. dancehall, contemporary, and African dance moves within our choreography to create a memorable workout experience. Our moves are feasible and suitable for all ages. Participants will be able to shred calories and learn fun choreography all in one class. Instructor: Khady N'Diaye

Takoma Park Community Center Dance Studio 7500 Maple Avenue 16 & up Thursdays, 7-8 p.m. January 12-March 30 Resident: \$80 / Non-resident: \$90 Drop-In: \$10

#### Zumba

This is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training, alternating fast and slow rhythms to help improve cardiovascular fitness. No equipment needed for this class.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 16 & up Saturdays, 10:15-11:15 a.m. January 7-March 25 Resident: \$100 / Non-resident: \$110 Drop-In: \$10

#### **EDUCATION &** DEVELOPMENT

#### **Writing Life Stories**

Do you want to share important life experiences through your writing? Our

stories are part of what makes us human. Whether you are a lifelong writer or a beginner, this class is for you. I will help you to jumpstart your memories, organize your ideas, and edit your work. Prepare to have fun! Instructor: Barbara Rosenblatt

Virtual 16 & up 12 Week Session Wednesday, 7–8:30 p.m. January 11-March 29 Resident: \$105 / Non-resident: \$125

#### **FITNESS**

#### **Boot Camp**

A challenging workout within a quick hour, this total body program includes a circuit of drills, such as jumping jacks, running, pushups, squats, crunches, and weight training. Students are required to bring their own mats. A mask must be worn while in the facility. Instructor: Jeremy Sherron

Takoma Park Recreation Center Gvmnasium 7315 New Hampshire Avenue 16 & up

Tuesday, 6:30-7:30 p.m. Session 1 (7 Weeks): January

10-February 23

Resident: \$105 / Non-resident: \$125 Session 2 (4 Weeks): March 7-March 30 Resident: \$70 / Non-resident: \$80

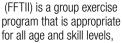
#### **Energy Circles Qi Gong**

Energizing simple movements designated to improve health, mobility, flexibility, general happiness,

and peace of mind. You will develop a daily routine selecting from a variety of exercises that are easy to learn. You will find immediate benefits; invigorating energy systems, opening joints, and relaxing our bodies, minds and spirits. No experience needed to connect with our vital life energies. Instructors: Patrick Smith & Joann Malone

Virtual 18 & up 8 Week Session Tuesdays, 7:30-8 p.m. January 24-March 14 Resident: \$30 / Non-resident: \$40

#### Foundation Fitness II



but especially for those who are new to fitness training. The program is designed to enhance muscular definition and strength: decrease fall risks: improve cardiovascular capacity: increase physical fitness level; improve movement efficiency and range of motion; and enhance general sense of well-being. The exercises and movements can be modified to challenge all levels of fitness. Class utilizes a high back chair: light hand weights (1, 2, or 3 lb. weights depending on fitness level) and/or a resistance tube. Each participant should provide their own equipment, a towel, and water bottle. Additionally, participants should be able to perform floor exercises using a mat and various



resistance tools. Instructor: Michael Williams

Virtual 12 Week Session Saturdays, 10:30–11:30 a.m. January 7-March 25 Resident: \$6 / Non-resident: \$16

#### **Guts and Butts**

The special focus of this class is your lower body with emphasis on your core and posture. This class will strengthen and tone your core muscles, working on the back, buttocks, and thighs. By combining elements of Pilates, strength training, balance work, resistance bands. and with the stability ball this class is sure to get those abdominal muscles and glutes firmed up and well-toned. Perfect for those students looking to shed pounds, tone, firm and strengthen the body from top to bottom, particularly at the core. Come ready to sweat and burn in all the right places.

Virtual 18 & up 8 Week Session Wednesdays, 6–6:45 p.m. January 11-March 1 Resident: \$30 / Non-resident: \$40

#### **Iyengar Yoga for Beginners**

This class will introduce you to Yoga as taught by the Iyengar Method. This method opens the practice of yoga for everyone. The use of props and a stepby-step approach teaches alignment and brings strength and flexibility. The basic postures are introduced, and awareness is created in the whole body. As awareness of every part of the body is felt, energy is generated, and the breath is engaged. The aim is to bring into alignment the different parts of the body to associate the breath and mind and release tension and stress. This class will be offered on a hybrid basis. You can attend the class in-person or via Zoom on the same day at the same time. Instructor: Tehseen Chettri

Takoma Park Community Center Dance Studio 7500 Maple Avenue 18 & up 10 Week Session Wednesdays, 6–7:30 p.m. January 25-March 29 Resident: \$150 / Non-resident: \$170 Drop-in: \$15



#### MARTIAL ARTS

#### **Karate Self-Defense**

Promote physical fitness, self-defense, leadership, and cultural exchange through the practice of a traditional Okinawan karate style, Isshinryu (which means One Heart Way). This class will consist of warm-ups, stretching, and learning and practicing Isshinryu Karate upper and lower body basics.

Takoma Park Recreation Center Back Room 7315 New Hampshire Avenue 16 & up 13 Week Session Mondays & Wednesdays, 7–8:30 a.m. January 4-March 29 Free with a Membership



#### **Kung Fu**

Bungo Fu is Jamaican style of Kung Fu!
Come learn meditation, self-defense,
improved flexibility, and self-awareness.
This ancient form of self-defense provides
physical and mental exercise, which could
help the students defend themselves by
strengthening hand and eye coordination
as well as assist with the maintaining of
balance as they get older. The student will
gain physical fitness as well as mental
and spiritual strength. There is a \$70
non-refundable uniform fee payable to the
instructor. Instructor: Robert Thompson

Takoma Park Community Center Dance Studio 7500 Maple Avenue 18 & up 10 Week Session Mondays, 6:30–7:30 p.m. January 9-March 27 Resident: \$180 / Non-resident: \$200 Uniform Fee: \$70

### 55+ Winter **Registration Opens December 8: Scholarship Awardees December 15: TP Residents**



#### DANCE

#### **Line Dance**

Line Dancing is an enjoyable social activity that provides great physical and mental exercise. It helps to strengthen bones and muscles. It also increases stamina and flexibility as well as supports weight loss and stress reduction. No experience necessary. Instructor: Barbara Brown

Gymnasium 7315 New Hampshire Avenue 55 & up 10 Week Session **Tuesdays**, 10:30–11:30 a.m. January 10-March 14 Wednesdays, 10:30-11:30 a.m. January 11-March 15

Takoma Park Recreation Center

#### Zumba Gold

\$6

Designed for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity, this class introduces easy-to-follow choreography that focuses on balance, range of motion, and coordination. Instructor: Yesika Flores

Takoma Park Recreation Center Gymnasium

> **Arts & Crafts** class with Alice. **Details to come!**

#### **SENIORS ARE ADULTS TOO!**

Don't forget to check out the Adult class offerings on pages 29-32 for more options.

\*Ask us about scholarship opportunities.

7315 New Hampshire Avenue 55 & up 10 Week Session **Wednesdays**, 11:45 a.m.-12:45 p.m. January 11-March 15 Fridays, 10–11 a.m. (in-person or virtual) January 13-March 17

#### **DROP-IN**

#### Bingo

Come and try your luck and win a prize! This is a drop-in program: no registration required. Host: Paula Lisowski

Takoma Park Community Center Lilac Room 7500 Maple Avenue 55 & up Tuesdays, 12-2 p.m. January 24, February 28, March 28 Free

#### **Game Room Open Play**

The Game Room is available for adults aged 55 and older to play pool, table tennis, basketball arcade, and other active games. The game room is a great place to join friends for lively conversation, and



just to "hang out" before, in-between, and after classes during the day. Very limited parking available. Note: Library and Community Center renovations may impact this class/program in the future. Classes could be moved to another location, become virtual, or be postponed depending on space availability.

Takoma Park Community Center Game Room 7500 Maple Avenue 55 & up Monday-Friday: 9 a.m.—1 p.m. Saturday: 10 a.m.—12 p.m. Free

#### **FITNESS**

### Enhance Your Fitness A great total body workout

using low-impact aerobic movement and gentle resistance training, this class focuses on increasing strength, balance, and flexibility through stretching, breathing, core training and proper posture alignment using standing and seated exercises including warm up and cool down routines. Registration is required for this virtual zoom class. The virtual class link will be sent with your email receipt. This class has a new starting time of 11:00 a.m. Instructor: Adriene Buist

Virtual 10 Week Session Tuesdays, 11 a.m.–12 p.m. January 10-March 14



#### Foundational Fitness 55+

Foundational Fitness for adults aged 55 and older is designed to improve health with focus on muscular strength, endurance, flexibility, balance, and coordination utilizing a high back chair, light hand weights and/or resistance tubes. Have a towel and water nearby. Equipment is not provided. Registration is required for this virtual zoom class. Link provided in registration receipt. Instructor: Michael Williams

Virtual 10 Week Session Tuesdays & Thursdays, 10–11 a.m. January 10-March 16 \$6

#### Qigong 55+

Qigong is meditation via movement, standing and/or seated, that can benefit participants by lowering stress and anxiety, increasing focus, and improving balance and flexibility. It combines breathing, gentle movement and meditation to improve good mental, physical and spiritual health. Instructor: Anne Harrison.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 55 & up 10 Week Session Thursdays, 10–11 a.m. January 12-March 16



#### Recreation: 55+

#### Tai Chi Strength

Begin with meditation and stretching followed by Tai Chi forms and balance exercises to build strength and endurance. End with cool down exercises. Instructor: Master Robert Thompson

Takoma Park Recreation Center Front Room 7315 New Hampshire Avenue 55 & un 10 Week Session Tuesdays, 12-1 p.m. January 10-March 14

#### **Walking Group**

Don't worry about the cold weather and join your neighbors and friends for indoor lap walking. Go at your own pace. Drop-in. no registration is required; however, a free Fitness Pass is required to use the Gym.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 55 & up 10 Week Session Tuesdays, 1:15-2 p.m. January 10-March 14 Free

#### Yoga for 55+

This yoga class is about the gentle flow of yoga poses modified to an individual's needs depending on their balance level. Improve balance, flexibility, posture, and stamina and energize mind and spirit for better health and well-being. No experience needed. Students must bring their own yoga mats. Instructor Sarita

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 55 & up 10 Week Session Tuesdays, 12-1 p.m. January 10-March 14

#### Yoga for Healthy Aging

This class helps build strength and endurance, increase flexibility and range of motion, improve posture, and balance and create a general sense of well-being. Special attention is paid to bone health. Work at your own pace in a series of seated, standing and floor poses and incorporates breathing and relaxation techniques. Students need to provide their own yoga sticky mats, a yoga belt (or equivalent, e.g., a necktie), a tennis ball and preferably a yoga block and blanket.

Instructor: Carol Mermey Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 55 & up 10 Week Session Fridays, 12-1 p.m. January 13-March 17

#### **SPORTS**

#### Pickleball Open Play 55+

Pickleball Open Play. This time is set aside for novice players only. Join other "new" players for pickleball practice and play in the Gymnasium. No intermediate or advanced players please. Two courts and limited paddles available. The activity is free, but registration is required.

Takoma Park Recreation Center Gvmnasium 7315 New Hampshire Avenue 55 & up 10 Week Session Thursdays, 12-2 p.m. January 12-March 16 Free



#### **Partnerships**

The Takoma Park Recreation Department has formal partnerships established with neighborhood, community, business and not-for-profit organizations. These partnerships allow our department to leverage resources and generate citywide interest and support for our facilities, programs and events. We appreciate your support!



Credit: Selena Malott

Pat Rumbaugh, The Play Lady, is joined by the volunteers who helped with the Seventh Annual Mid-Year Play Day on February 12, 2017.

### Piney Branch Pool (Adventist Community Services)

The pool is located at Piney Branch Elementary School, 7510 Maple Avenue. Park behind the Community Center, and use side entrance to school on Grant Avenue. For more information, contact Joyce Seamens at 301-565-0190, tjseamens@aol.com, or visit acsgw.org.

#### Pool Hours:

Mon-Thurs: 6:30-9 a.m. & 4-8 p.m. Sat: 8 a.m.-4p.m.

#### Let's Play America

Let's Play America is a nonprofit that encourages people of all ages to play. LPA and the Recreation Department co-sponsor four play events a year; a pool party and three play days. The dates are on the LPA website under events. Residents who want to close their street for play, help with the independent play events or would like more information are welcome to contact them at info@letsplayamerica.org or 301-928-9962 or visit www.letsplayamerica.org.

#### **Takoma Park Community Band**

The band is open to any community member who plays an instrument. The band is looking for musicians at all levels of expertise who would enjoy being a part of a musical group. For more information, email takomaparkcommunityband@gmail.com or call the band president, Ryle Bell, at 703-620-2327.



Credit: Takoma Park City TV The Takoma Park Community Band held its 40th Anniversary Concert in April 2014.



#### **Takoma Soccer**

Takoma Soccer is a volunteer program whose goal is to provide local kids with a fun, recreational soccer program close to home. Takoma Soccer strives to teach children the value and fun of teamwork, cooperation, practice, and sportsmanship. For more information, go to www. takomasoccer.org or contact Howard Kohn at kohn@erols.com.



Credit: www.takomasoccer.org

Children as young as three years old can play with Takoma Soccer.

#### Recreation Registration and Policies

### visit us online @

http://apm.activecommunities.com/takomaparkrecreation

Winter **Registration Opens December 8: Scholarship Awardees December 15: TP Residents** 



4. Click Create Account or enter other family members into the system at this time.

5. Click Intro and search for a course or

#### Alternative registration

You can still register via mail or walk in: Takoma Park Recreation Department 7500 Maple Avenue Takoma Park, MD 20912

> Make checks or money orders payable to: City of Takoma Park. List program name and participant's name on front of check. No phone registrations.

If you are having trouble registering or if you have questions concerning classes, please call 301-891-7290 or e-mail us at recreation@takomaparkmd.gov.

#### Wait list policy

In the event that a program has more interest than available space, we will keep a waiting list. Individuals on the waiting list will be accommodated on a first-come. first-served basis. In the event that another class is created, individuals from the waiting list will be contacted.

#### Registration policies

- The Recreation Department reserves the right to cancel any program/class due to insufficient enrollment or to substitute teachers without participant notification.
- · Classes may be canceled on school holidays, vacations, snow days or any other dates noted in the guide. If schools close midday due to a weather or other emergency, children's classes will also be canceled. Every attempt will be made to reschedule classes canceled due to weather emergencies.

- A resident of Takoma Park is any person who lives within the 2.4 square mile corporate limits. A nonresident lives outside the corporate limits. If you are not sure of your residency status, please call us and we will be happy to assist you. Or visit takomaparkmd.gov/ and search "ward map."
- · We require, for most programs, that participants are the required age as the date of the first class. All age requirements are set to benefit the participant and allow for more consistent program instruction. In some instances, the requirements have been set for the participant's safety.
- Customers can only register individuals listed on their household account for programs.

#### Refund policy

PLEASE READ CAREFULLY

- · Registrants assume the risk of changes in personal affairs or health.
- · Refunds will be approved with written/ email (recreation@takomaparkmd.gov) notification received seven (7) business days prior to scheduled start of program. A \$15 administrative fee will be deducted per participant/per class and may take up to 30 days to receive.
- · Registrant may choose to receive a credit for the remaining amount, which may be used for another program.
- Refunds after the program has begun will be considered only with medical verification (*no exceptions*). No refund after the program has ended.
- · Membership passes are not eligible for a refund.
- The online processing fee will not be included in refunds.

#### With ActiveNet® you can use a credit card to:

- Register for recreation classes 24 hours a day, 7 days a week!
- Request a park or recreation facility for an event.
- Receive class confirmation via e-mail.
- View and print class schedules.
- Purchase memberships to the gym and fitness room.
- Service fee applies online.

#### Instructions for creating an account

Contact the Recreation Department in advance if you currently have an account and need to verify your username and password.

- 1. Access apm.activecommunities. com/takomaparkrecreation
- 2. Click Create an Account.
- 3. Complete all necessary information; fields marked with an asterisk are required.



#### WE DON'T SPAM

Periodically you will receive emails about upcoming registration dates, special events, weather closings, special promotions or new programs. It is important that you have a valid email address in our database. If you change email addresses, move, etc., please let us know.



#### **REGISTER EARLY!**

Nothing cancels a good class quicker than waiting until the last minute to register. If there aren't enough registrations by a certain date, the course may be canceled.



### City of Takoma Park Careers

### **Building Community** One Person at aTime



- Join a dedicated, motivated staff
- Serve residents of an engaged, exciting, and diverse community
- Work on progressive, innovative projects that reflect council goals of environmental sustainability and an equitable quality of life
- Enjoy an outstanding benefits package
- From first jobs to career postions available

takomaparkmd.gov/careers