





# Emergency Supply Kit Checklist




Stock up on enough supplies to last a week and refresh them at least once a year. Put them in waterproof containers and store them in a place that's easy to reach. Here's what you'll need:

## Food and Water

- |                          |   |   |                          |  |   |
|--------------------------|---|---|--------------------------|--|---|
| <input type="checkbox"/> |  | <b>Drinking Water</b><br>1 gallon of water per person, per day                      | <input type="checkbox"/> |  | <b>Food</b><br>Nonperishable and easy to prepare without power                    |
| <input type="checkbox"/> |  | <b>Tools &amp; Utensils</b><br>Non-electric can opener and forks, spoons and knives | <input type="checkbox"/> |  | <b>Baby/Pet Food</b><br>Be sure to include food for all members of your household |

## Equipment

- |                          |   |   |                          |  |   |
|--------------------------|---|---|--------------------------|--|---|
| <input type="checkbox"/> |    | <b>Flashlights</b><br>Do not use candles                      | <input type="checkbox"/> |    | <b>Extra Batteries</b><br>Include two extra sets  |
| <input type="checkbox"/> |  | <b>Radio</b><br>Battery-powered or a hand-crank weather radio | <input type="checkbox"/> |  | <b>Mobile Phone</b><br>Include a portable charger |

## Health & Personal Supplies

- |                          |   |  |                          |  |  |
|--------------------------|---|--|--------------------------|--|--|
| <input type="checkbox"/> |  | <b>Basic First Aid Kit</b><br>From antibiotic ointments and bandages to cold packs and more      | <input type="checkbox"/> |  | <b>Medication &amp; Eyeglasses</b><br>Prescription and non-prescription                        |
| <input type="checkbox"/> |  | <b>Blankets &amp; Clothing</b><br>Blankets, warm clothes, sturdy shoes and heavy gloves          | <input type="checkbox"/> |  | <b>Toiletries</b><br>Soap, toothbrushes, toothpaste, toilet paper, etc.                        |
| <input type="checkbox"/> |  | <b>Activities for Children</b><br>Toys, books, games and cards                                   | <input type="checkbox"/> |  | <b>Cash &amp; Credit Cards</b><br>If possible, put aside at least \$100                        |
| <input type="checkbox"/> |  | <b>Important Documents</b><br>Copies of IDs, medical records, pet vaccinations and family photos | <input type="checkbox"/> |  | <b>Other Useful Items</b><br>Paper towels, trash bags, multipurpose tool that includes a knife |