



## Stop the Bleed Program

The Emergency Preparedness Committee for the City of Takoma Park is offering a one-hour course on how you can control severe bleeding due to an accident or intentional harm. The techniques taught will show various ways to control severe bleeding on someone using just your two hands, to someone that has access to a full trauma kit.

Uncontrolled bleeding is the number one cause of preventable death from trauma. The sooner the severe bleeding is controlled the greater the chance someone has surviving. The American College of Surgeons (ACS) Stop the Bleed® program continues to empower the general public to make a difference in a life-threatening emergency by teaching them the basic techniques of bleeding control.

The 'Stop the Bleed' campaign was initiated by a federal interagency workgroup convened by the National Security Council Staff, The White House. The purpose of the campaign is to build national resilience by better preparing the public to save lives by raising awareness of basic actions to stop life threatening bleeding following everyday emergencies and man-made and natural disasters. Advances made by military medicine and research in hemorrhage control have provided the basis of knowledge for the benefit of the general public.

The class is taught by Satchel Kornfeld a qualified instructor, a member of the Takoma Park Emergency Preparedness Committee and a volunteer EMT in Montgomery County, MD for the past 5 years. **Classes will be held in the Azalea Room of the Community Center, 7500 Maple Ave, Takoma Park Md.**

**To reserve a seat e-mail the below information to [tpepc@takomaparmd.gov](mailto:tpepc@takomaparmd.gov) ,call 301-891-7126, or fax Attention Ron Hardy at 301-270-1230. Class size is limited to 20 seats at this time on a first come first serve selection. Classes are open to Takoma Park residents and you must be 16 years of age or older. Those who finish the training session will receive a 'Certificate of Completion'.**

Name \_\_\_\_\_

Age 16 or older (Yes) Takoma Park ward you live in \_\_\_\_\_

E-mail address \_\_\_\_\_

Contact phone number \_\_\_\_\_

Session applying for (Put 1 for first choice, 2 for second choice) Classes limited to 10 people

November 07            7:30 to 9:00 pm    \_\_\_    November 17            10:30 am to 12:00    \_\_\_

December 15            2:30 to 4:00 pm    \_\_\_