



City of Takoma Park, Maryland

Mayoral Proclamation

July as Park and Recreation Month in the City of Takoma Park

- WHEREAS, parks and recreation is an integral part of communities throughout this country, including in the City of Takoma Park; and
- WHEREAS, parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and
- WHEREAS, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and
- WHEREAS, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and
- WHEREAS, park and recreation programming and education activities, such as out of-school time programming, youth sports and environmental education, are critical to childhood development; and
- WHEREAS, parks and recreation is fundamental to the environmental well-being of our community; and
- WHEREAS, parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and
- WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and
- WHEREAS, the City of Takoma Park recognizes the benefits derived from parks and recreation resources.

NOW THEREFORE, I, KATE STEWART, MAYOR OF THE CITY OF TAKOMA PARK, HEREBY PROCLAIM that July is recognized as Park and Recreation Month in the City of Takoma Park.

Dated this 20th day of July, 2022.

A handwritten signature in blue ink, appearing to read "Kate Stewart", is written over a horizontal line.

Kate Stewart
Mayor