City of Takoma Park, Maryland
Mayoral Proclamation

PROCLAMING MARCH 20, 2019 AS “MEATOUT DAY”

WHEREAS, environmental sustainability is a priority for the City of Takoma Park; and

WHEREAS, a whole food, plant-based diet reduces our risk of various ailments, including heart disease, high-blood pressure, stroke, various cancers, and diabetes; and

WHEREAS, a plant-based diet helps protect the environment by reducing our carbon footprint, preserving forests, grasslands and wildlife habitats, and reduces pollution of waterways; and

WHEREAS, the United Nations’ Food and Agriculture Organization estimates that the meat industry generates nearly one-fifth of the man-made greenhouse gas emissions that are accelerating climate change worldwide; and

WHEREAS, an estimated 1,800 to 2,500 gallons of water go into producing a single pound of beef; and

WHEREAS, studies have shown that plant-based foods use fewer resources and cause less pollution; and

WHEREAS, a growing number of people are reducing their meat consumption to protect their health and the environment, as well as to help prevent animal cruelty; and

WHEREAS, since MeatOut was launched in 1985, more than 35 million Americans have explored a plant-based diet and reduced their consumption of meat, dairy, and eggs; and major food manufacturers and national franchises are marketing more meat-free options in response to this growing demand.

NOW, THEREFORE I, KATE STEWART, MAYOR OF THE CITY OF TAKOMA PARK, MARYLAND do hereby pronounce March 20, 2019 as “MeatOut Day” and encourage all residents to reduce their meat consumption and to add more plant-based foods into their diets as a way to help protect the environment, their health, and animals and to explore the variety of vegetarian cuisine offered in our community.

Dated this 20th day of March, 2019.

Kate Stewart
Mayor

Attest:

Jessie Carpenter, CMC
City Clerk