



City of Takoma Park, Maryland Mayoral Proclamation

PROCLAIMING MARCH 20, 2020 AS “MEATOUT DAY”

- WHEREAS,** the City of Takoma Park has adopted a goal to move rapidly toward net zero greenhouse gas emissions city-wide, and is working to fight global warming, which includes the goals of reducing greenhouse gas emissions, promoting clean technology, reducing air pollution, conserving water, and more;
- WHEREAS,** a plant-based diet helps protect the environment by reducing our carbon footprint, preserving forests, grasslands and wildlife habitats, and reduces pollution of waterways; and
- WHEREAS,** an estimated 1,800 to 2,500 gallons of water go into producing a single pound of beef; and
- WHEREAS,** the United Nations recognizes that "Livestock are one of the most significant contributors to today's most serious environmental problems"; and
- WHEREAS,** the American Dietetic Association recognizes that reduced meat consumption decreases the risk of various health problems, stating, "Scientific data suggests positive relationships between a vegetarian diet and reduced risk for several chronic degenerative diseases and conditions, including obesity, hypertension, diabetes mellitus and some types of cancer"; and
- WHEREAS,** a growing number of people are reducing their meat consumption to protect their health and the environment, as well as to help prevent animal cruelty; and
- WHEREAS,** colleges and universities nationwide have added Meatless Monday menus in their cafeterias; and
- WHEREAS,** since MeatOut was launched in 1985, more than 35 million Americans have explored a plant-based diet and reduced their consumption of meat, dairy, and eggs; and major food manufacturers and national franchises are marketing more meat-free options in response to this growing demand.

NOW, THEREFORE I, KATE STEWART, MAYOR OF THE CITY OF TAKOMA PARK, MARYLAND do hereby pronounce March 20, 2020 as “MeatOut Day” and encourage all residents to consider the benefits of plant-based foods to their health, to animals, and to the environment.

Dated this 20th day of March, 2020

Kate Stewart, Mayor

Attest:

Jessie Carpenter, CMC
City Clerk