



# City of Takoma Park, Maryland

## Mayoral Proclamation

### July as Parks and Recreation Month in the City of Takoma Park

WHEREAS, parks and recreation are an integral part of the Takoma Park community; and

WHEREAS, parks and recreation promote health and wellness, improving the physical and mental health of people who live in our community or participate in programs; and

WHEREAS, parks and recreation promote time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

WHEREAS, parks and recreation encourage physical activities by providing space for popular sports, walking trails, athletic fields and many other activities designed to promote active lifestyles; and

WHEREAS, recreation programming and education activities, such as out of-school time programming, youth sports, teen activities, camps, and before and after-care programs are critical to childhood development and socialization; and

WHEREAS, Takoma Park's recreational programming benefits residents of all ages; and

WHEREAS, our parks and natural recreation areas are part of the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS, the U.S. House of Representatives has designated July as Parks and Recreation Month.

NOW THEREFORE, I, TALISHA SEARCY, MAYOR OF THE CITY OF TAKOMA PARK, HEREBY PROCLAIM that July is Parks and Recreation Month in the City of Takoma Park and provide thanks on behalf of the Takoma Park community for the efforts of the Recreation Department for providing recreation programming and activities, and extend thanks to the Public Works Department for caring for and maintaining our parks, natural areas, and tree canopy.

Dated this 12th day of July, 2023

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**Talisha Searcy**  
**Mayor**