



Takoma Park Recreation Department

7500 Maple Avenue, Takoma Park, MD. 20912

▫ (301) 891-7290 ▫ www.takomaparkmd.gov/recreation ▫



Winter Basketball League Rules

(3rd - 4th Grade Divisions)

1. Game Play

- a. Length of games shall consist of two (2) sixteen (16) minute halves, running clock.
- b. The clock will only stop for time outs, injuries AND any whistle during the final one (1) minute of second half.
- c. The OT period shall be 3 minutes. Running clock will not stop until the last minute.

2. Game Rules - all league games shall be played in accordance with the current National High School Federation Basketball rules with the following modifications:

- a. No full-court press at any time
- b. No Backcourt Violation
- c. No 3 point shots
- d. No team or player fouls kept

3. Timeouts

- a. 2 per half, 1 for OT

4. Roster Size

- a. 8 players; 4 Vs. 4 games

5. Court Dimensions

- a. Sideways courts, two games going on at once
- b. Basket Height – Regulation 10 Feet

6. Ball Size

- a. 27.5 Ball (Junior)

7. Uniforms/Equipment

- a. Players will be required to wear uniforms furnished by the Takoma Park Recreation Department. Shorts with pockets are not allowed.
- b. Players will not be allowed to wear jewelry of any kind during games. Taping of earrings, etc. is not acceptable.
- c. Balls/first aid kits will be provided during each practice and during games.

8. Practice

- a. One day a week for one hour at a local Takoma Park school.

9. Volunteers

- a. Parents/Volunteers will be asked to assist in running the scoreboard for each game.

10. Inclement Weather

- a. In the event of bad weather please call the Recreation Department Inclement Weather Line (301-891-7101 ext. 5605) after 4:00 p.m. Monday - Friday and before 8:00 a.m. on weekends to hear an update on weekly practices and weekend games.