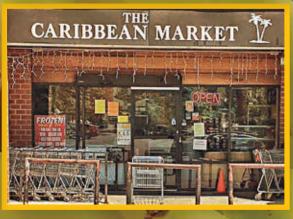
Takoma Park CITY SULICE Fall 2018

CLASSES • PROGRAMS • SERVICES • & MORE!















takomaparkmd.gov



What's Inside

2018 Holiday Closure Calendar

Veterans Day Monday, November 12

Thanksgiving

Thursday, November 22 through Sunday, November 25

Christmas

Monday, December 24 at 12:30 p.m. - Tuesday, December 25

About the Cover

Food glorious food! From local-owned grocers to chain stores, residents of Takoma Park have options when it comes to shopping for groceries. Whether they are in search of their standard staples or specialty items, they can find them in Takoma Park.



Look for this icon thoughout the guide, which identifies the City's green initiatives.

TAKOMAPARK ALERT

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ADA

The City of Takoma Park is committed to ensuring that individuals with disabilities are able to fully participate in public meetings and programs. For auxiliary aids or services at a City of Takoma Park event, contact Jason Damweber, Deputy City Manager, at jasond@takomaparkmd.gov or 301-891-7202 or Maryland Relay Service at 800-735-2258 TTY/Voice. Two weeks advance notice is requested.

WEATHER • EMERGENCY INFO • TRAFFIC

www.takomaparkmd.gov/alert

The City of Takoma Park has a new alert system. Takoma Park Alert will deliver important emergency alerts, notifications and updates to you by whichever methods you choose. The Takoma Park Alert system replaces the TP Alerts system. We encourage all residents to sign up. Learn more at takomaparkmd.gov/alert

City Leadership

City Council

All legislative powers of the City are vested in a body designated as the Council of the City of Takoma Park, consisting of seven members. Six of these members are elected by ward and are called Councilmembers, and one is elected at large and is called the Mayor. The regular term of the Councilmembers and the Mayor is two years or until their successors have been elected and duly sworn. However, this Council will serve three years to align with the 2020 Presidential Election. Newly elected Councilmembers and the Mayor take office on the second Monday following their election.



Mayor: Kate Stewart kates@takomaparkmd.gov Office hours are by appointment. Call Peggye Washington at 301-891-7230 or email peggyew@takomaparkmd.gov



Ward 1: **Peter Kovar** 240-319-6281 peterk@takomaparkmd.gov



Ward 2: Cindy Dyballa 240-320-6494 cindyd@takomaparkmd.gov



Ward 3: **Kacy Kostiuk** 202-204-4912 kacyk@takomaparkmd.gov



Ward 4: Terry J. Seamens 240-793-5108 terrys@takomaparkmd.gov jarretts@takomaparkmd.gov



Jarrett Smith 301-960-7462



Ward 6: **Talisha Searcy** 202-339-7914 talishas@takomaparkmd.gov

City Manager

301-891-7229 suzannel@takomaparkmd.gov

Day-to-day management of the Takoma Park government is overseen by the City Manager. The City Manager is appointed by the City Council, implements the policies they adopt, and proposes an annual budget to the City Council.

To make an appointment with City Manager Suzanne Ludlow or invite her to a community meeting, please contact Executive Assistant Peggye Washington at peggyew@takomaparkmd.gov or 301-891-7230.



City Manager **Suzanne Ludlow**

City Meetings & Events

City Council Meetings

The Takoma Park City Council meets in the Community Center located at 7500 Maple Avenue, Meetings are held on Wednesdays. unless the City Council is on recess or a Wednesday falls on a holiday; meetings then move to the next available calendar day. The Takoma Park City Council generally takes a recess in August and December. City Council meetings are open to the public unless noted otherwise.

City Council meetings are available to watch on City TV Cable and are available to view on the City website live or as archives.

Open Meetings

All meetings of the City Council and Councilappointed boards, committees, commissions, and task forces are open to the public unless noted otherwise. All are subject to the Maryland Open Meetings Act. Notice of meetings is provided on the City Calendar and on the City Council rolling agenda.

Opportunities to Serve

Takoma Park residents have many opportunities to be involved in their government. Serving on a City board, commission, committee or task force is one way to be involved and provide a service to the community. These groups are advisory to the City Council, and some have specific roles related to conducting hearings or carrying out certain activities.

Active Boards, Commissions & Committees

Arts & Humanities Commission, Board of Elections, Commemoration Commission, Commission on Landlord-Tenant Affairs (COLTA), Committee on the Environment, Emergency Preparedness Committee, Ethics Commission, Facade Advisory Board, Grants Review Committee Noise Control Board. Nuclear-Free Takoma Park Committee, Personnel Appeal Board Recreation Committee, Safe Roadways Committee, Tree Commission

Members are appointed by the City Council. Check the City website for each to see membership requirements and to find out the specifics of each group's mandate. Residents are free to sit in on a meeting or two before applying to see if it is a good fit with interests and skills. See the City website for the calendar of scheduled meetings.

To learn more and apply, visit takomaparkmd.gov.

City Departments

Administration

Takoma Park Community Center Third Floor

Monday - Friday, 8:30 a.m. - 5 p.m. The Administration Office includes the City Manager, City Clerk, City TV, and Information Systems.

City Manager: 301-891-7229 **City Clerk:** 301-891-7267

Finance

301-891-7212

finance@takomaparkmd.gov takomaparkmd.gov/finance Monday - Friday, 8:30 a.m. - 5 p.m.

The Finance Office oversees the City's financial resources, processes payroll, pays bills, collects certain fees, and safeguards and invests City funds.

Payment of City Fees

Online Payment

Payments associated with a City-issued invoices may be made online by American Express, Visa, Mastercard and Discover. A convenience fee of 2.9% or \$1.50, whichever is greater, will be charged. E-check transaction users will have a \$1.00 convenience fee charged.

The following fees can be paid online:

- Rental licensing
- Recreation programs
- Parking fines
- Stormwater*

*City property tax and Stormwater payments are collected by Montgomery County. Takoma Park Finance Office will no longer accept payment for Stormwater fees. Stormwater online payment by EB2.gov will not be available effective July 1, 2018. For information concerning property taxes and Stormwater fees, visit: www.montgomerycountymd.gov/finance.

By Mail or In-Person Payment
Finance Department, City of Takoma
Park, 7500 Maple Avenue, 3rd Floor
Takoma Park, MD 20912

Housing & Community Development

301-891-7119

housing@takomaparkmd.gov takomaparkmd.gov/government/housingand-community-development

The Housing and Community Development Department is responsible for a wide range of housing, development, neighborhood revitalization and cultural programming, including We Are Takoma (arts@takomaparkmd.gov; takomaparkmd.gov/arts).

Using the Takoma Park Project Directory

What is going on in Takoma Park? The Project Directory can fill you in! The Project Directory lists all major projects currently being worked on or planned citywide and includes need-to-know information for each one. takomaparkmd.gov/initiatives/project-directory



 To access the Project Directory from the City of Takoma Park website, on the home page under initiatives, select "Project Directory" as shown above.

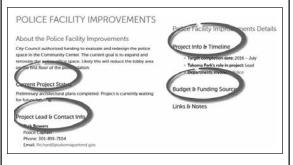
PROJECT DIRECTORY

Initiatives > Project Directory

About the Project Directory

This page lists all major projects currently being worked on or planned citywide purpose:

- Crime & Safety
- Customer Service / Community Engagement
- Economic Development
- Economic Develop
 Internal Projects
- Policy Priorities
- Public Infrastructure
- Regional
- Sustainability
- You'll be taken to the "Project Directory" page, which lists all major projects being worked on or planned citywide. Projects are grouped by classification based on their purpose.



Then click on the name of the project that interests you. In this example, a resident wanted more information about Police Facility Improvements.

City Department Directory

Human Resources

301-891-7203 hr@takomaparkmd.gov takomaparkmd.gov/hr

For an up to date listing of current vacancies and employment opportunities with the City of Takoma Park, visit takomaparkmd. gov/hr/careers.

Police

911 (fire and rescue) 301-270-1100 (emergency) 301-270-1100 (non-emergency) police@takomaparkmd.gov takomaparkmd.gov/police Open 24/7

Whether online, in person or phone, the Police Department is here to serve the people of Takoma Park.

Public Works/Infrastructure

301-891-7633 publicworks@takomaparkmd.gov takomaparkmd.gov/publicworks Monday - Friday, 8:30 a.m. – 5 p.m.

The Public Works Department is responsible for the maintenance of City-owned roads, buildings, stormwater management systems, gardens, parks, vehicles, and equipment. The department also provides solid waste collection and recycling services to single-family residential properties in the City and in the various business districts.

Recreation Department

301-891-7290 recreation@takomaparkmd.gov takomaparkmd.gov/recreation Monday - Friday, 8:30 a.m. - 5 p.m.

The City of Takoma Park's Recreation Department provides recreational opportunities for all ages. Our facilities and programs are intended to refresh and rejuvenate our residents, improve our health and connect us as families and as a community.

Takoma Park Maryland Library

301-891-7259

www.takomapark.info/library facebook.com/takomaparklibrary

Library Hours: Sunday, 12 - 5 p.m.; Monday and Wednesday, 12 - 9 p.m.; Tuesday and Thursday, 10 a.m. - 9 p.m.; Friday - 12 - 6 p.m.; Saturday - 10 a.m. - 5 p.m.

Computer Center Hours: Sunday, 12 - 5 p.m.; Monday – Friday, 12 - 8 p.m.; Saturday 12 - 6 p.m.

The Takoma Park Maryland Library is an independent municipal public

library. Library cards are free to anyone living in Montgomery County or working or attending school in Takoma Park. Others must pay an annual non-resident library card fee.

City Facilities

Heffner Park Community Center

42 Oswego Avenue Takoma Park, MD 20912 301-891-7290

Hours of Operation: Monday - Saturday, 9 a.m. - 9 p.m.; Sunday, 10 a.m. - 8 p.m.

The Heffner Park Community Center features a multi-purpose room with a small kitchenette, restrooms and a water fountain. Rentals will also have access to 30 chairs and 10 tables. Tot music classes, arts, crafts, self-improvement, games, hobbies, and dog obedience courses are among the activities offered.

*NOTE: Heffner Park Community Center is open for Recreation Department classes and private rentals only.



301-891-7118 cabletv@takomaparkmd.gov takomaparkmd.gov/citytv

Watch City TV online or in HD on RCN channel 1060, Comcast's Municipal Broadcast Network 997, or in SD, on channels 13 (RCN Comcast) and 28 (Verizon).

Also find us on ...



Watch City Council meetings, Snapshots, the "We Are Takoma" series and other community events on City TV.

iTenemos programación en Español! iVisítenos! Somos Takoma y El Barrio También Canta ahora en TeleCiudad.

Public Works

31 Oswego Ave Silver Spring, MD 20910 301-891-7633 publicworks@takomaparkmd.gov Monday - Friday, 8:30 a.m. - 5 p.m.



Food Waste Collection Program

The City's curbside food waste collection program is available to all the households within the City of Takoma

Park. Single family and multi-family properties with City collection and recycling pickup are eligible to participate in the food waste collection program. Please register at www.takomaparkmd.gov/publicworks/ food-waste-collection.



Large Item Pick Up

Heavy items, like appliances, mattresses and furniture, are picked up by appointment only. There is a \$10 charge for the collection of up to three items. Call to schedule a pickup.



Electronics and Computer Recycling Drop-Off Bring your old or unwanted electronic equipment to be

recycled to the Public Works facility. 8:30 a.m. - 5 p.m., Monday - Friday



Trash Carts and Recycling Containers

Trash carts are available for sale. Purchase a 96-gallon trash carts for \$69.38 and 64- gallon for \$64.08. Carts

have lids, wheels, and handles. Recycling containers are free and available at the Public Works facility for pick up during office hours, Monday through Friday 8:30 a.m. to 5 p.m.

Takoma Park Community Center/Sam Abbott Citizens' Center

7500 Maple Avenue Takoma Park, MD 20912 301-891-7100

Hours of Operation: Monday – Thursday, 8:30 a.m. - 9:30 p.m.; Friday, 8:30 a.m. - 10 p.m.; Saturday, 10 a.m. - 6 p.m.; Sunday, 12 - 5 p.m.

Takoma Park **Recreation Center**

7315 New Hampshire Ave. Takoma Park, MD 20912 301-891-7289

Hours of Operation: Monday, Wednesday, Friday 2:30 - 9 p.m.; Tuesday, Thursday* 12 - 9 p.m.; Saturday 8 a.m. - 5 p.m.; Sunday Closed

The Recreation Center is a hidden gem. Once inside you'll discover a basketball gym, fitness room, community programs, and fantastic staff. Please stop by and see for yourself!

*Tuesdays and Thursdays, 12 - 2 p.m. are reserved for senior use only.

STAY CONNECTED



The City of Takoma Park strives to keep residents engaged and informed in a variety of ways including social media, the City website, and public safety notifications via email and text, to name a few. Here are some tips for staying on top of the goings on around the City.

- Visit takomaparkmd.gov, where you can access information on upcoming Council meetings and agendas, City news, and the status of City projects
- Like the City of Takoma Park on 📑 or follow us on 🕒 at @TakomaParkMD and on 👩







- Sign up for Public Safety notifications on Takoma Park Alert: takomaparkmd.gov/services/takoma-park-alert
- Stay up to date with city news and blogs from City Staff, the Mayor and Council at takomaparkmd.gov/news



· Make a service request or report an issue using "My TkPk," an online and application based reporting tool: takomaparkmd.gov/services/my-tkpk





Looking west along East-West Highway in the Ethan Allen Gateway Streetscape area. Excess roadway devoted to cars does not accommodate pedestrians, bicvclists, and transit users.

PUBLIC INFRASTRUCTURE INITIATIVES

Ethan Allen Avenue and New Hampshire Avenue

As a component of the City's New Hampshire Avenue Initiative, the Ethan Allen Gateway Streetscape project will provide a safe and comfortable environment for pedestrians and bicyclists. Construction for the project began in March and is expected to end in late October 2018. The project includes crosswalk improvements, bike lane addition, sidewalk improvements and bio-retention facilities to treat stormwater. More information is available at takomaparkmd.gov/initiatives/project-directory/ethan-allen-gateway-streetscape. Staff contact: Nima Upadhyay, 301-891-7621, nimau@ takomaparkmd.gov

Flower Avenue Green Street

The Flower Avenue Green Street project will incorporate pedestrian safety, traffic calming and innovative stormwater management, as well as improvements to bus stops and lighting. Streetlight upgrades, new benches and refuse containers on the west side of Flower Avenue have been completed. Washington Gas replaced the gas main for a portion of Flower Avenue last summer. The remaining work is expected to start in October 2018. More information is available at floweravenue.takomaparkmd.gov. Staff contact: Nima Upadhyay, 301-891-7621, nimau@ takomaparkmd.gov

Flower Avenue and Sligo Creek Parkway Traffic Calming

This intersection has long been a source of concern for the adjacent Long Branch Sligo neighborhood due to the speed of traffic entering the neighborhood from Sligo Creek Parkway. City Council authorized staff to develop a concept plan and request permission from Maryland National Capital Park and Planning Commission, the owners of the Parkway, to initiate an intersection redesign. An initial design concept has been developed that establishes a "T" intersection while providing treatment facilities in the existing roadway shoulder to treat water run-off prior to entering Sligo Creek. The project must go through detailed design and Park and Planning review and approval, followed by permitting. The construction timeframe is not yet known, but is anticipated for 2018. Staff contact: Ian Chamberlain, 301-891-7611, ianc@ takomaparkmd.gov

Sidewalk Improvements

Current requests for new sidewalk include the following:

- \bullet Lincoln Avenue (400 & 500 Block) Construction to start in August 2018
- \bullet Glenside Drive Design approved, construction to be scheduled
- Maple Avenue (7900 Block) Design in development For more information about the process for requesting new sidewalks, visit takomaparkmd.gov/initiatives/project-directory/sidewalk-design-and-construction. Staff contact: Daryl Braithwaite, 301-891-7615, darylb@takomaparkmd.gov



Grocery shopping in Takoma Park is both a local and an international endeavor. You can support local farmers and food producers by visiting any one of the farmer's markets in the city.

At the same time, you can stock up on meat and fish, root vegetables, greens, sauces, spices, and legumes from all over the world by visiting one of the specialty markets. Whole cultures can be found in the aisles of locally owned food stores in the city.

Grocery goers have a veritable buffet from which to choose their standard staples or to try delicious delicacies.

ALDI

7609 New Hampshire Ave. 301-363-0830 www.aldi.us/en

ALDI operates nearly 1,800 U.S. stores in 35 states that sell frequently purchased grocery and household items, primarily under its exclusive brands.

Angkor Market

937 University Blvd. 301-445-4174 www.thenewave.com/go/angkor

Angkor Market is a family-owned Asian grocery store. specializing in noodles, rice, spices, vegetables, sauces, beverages, candies and so forth.

Arada International Market

6844 New Hampshire Ave. 301-270-3224

www.thenewave.com/go/arada-international-mkt

An Ethiopian-owned business, Arada International Market offers a wide selection of Caribbean and African foods and features an on-site butcher.

Halal Meat Market

1401 University Blvd. E 301-434-0051

Halal Meat Market specializes in fresh Halal meat: beef, lamb, duck, quail and Cornish hens, as well as fish.

The Caribbean Market

7505 New Hampshire Ave. 301-439-5288

takomalangley.org/the-caribbean-market

This family-owned market specializes in West Indian/ Caribbean foods, including sauces, produce, cuts of meat and dried fish, grains, baked goods, herbs and spices and



Crossroads **Farmers Market**

Anne St. (between University Blvd. & Hammond Ave.)

www.crossroadscommunityfoodnetwork.org/ farmers-market

Wednesdays, 11 a.m. - 3 p.m. (April - November)

This producers-only market features a range of vendors selling fresh fruits, vegetables, eggs, honey, coffee, seed and nut snacks, Central American herbs like chipilín, and tasty prepared foods, as well as food demos and tastings, kids' activities, live music, and other events.

Halai Meat and Grocery

1335-A University Blvd. E 301-431-3361

www.thenewave.com/go/halal-meat-market

This store carries a wide variety of food and lifestyle related groceries from India, Pakistan, and Bangladesh.

Malik Grocers/Sardana International Grocery

1355-A Holton Ln. 301-434-9000

www.thenewave.com/go/malik-grocers

Malik Grocers/Sardana International Grocery specializes in Indian, Pakistani, Ethiopian, and Bangladeshi foods and carries a wide selection of rice, flours, vegetables and fruits, along with oils and spices, powders and seeds, pickles, relishes, sauces, teas, Indian beverages, and chutneys.



MegaMart

1101 University Blvd. E 301-445-0100

This local Latino supermarket chain has fresh fish and meat counters and offers a wide selection of produce as well as grains, beans and legumes, cheeses, frozen foods, and cleaning products. They'll drive you home, too.

Red Apple Farmers Market

7645 New Hampshire Ave. 301-434-1810

takomalangley.org/red-apple-farmers-market

This family-owned market specializes in unique international items from Africa, Latin America, and the Caribbean, including foods, herbs, spices, personal care products, meat, frozen foods, and produce.

Sheger Market

912 East-West Hwy. 301-270-0200

www.thenewave.com/go/sheger-market

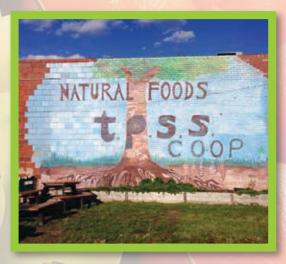
Serving the local Ethiopian community and anyone interested in items from the Horn of Africa, this market sells imported food and grocery products, knitted hats, frankincense, crockery, calling cards, Ethiopian music and videos.



Takoma Park Farmers Market

On Laurel Ave. 301-891-6789 takomaparkmarket.com Sundays, 10 a.m. – 2 p.m.

Every Sunday in the historic business district of the city, local, seasonal produce, breads, pasture- raised meats, artisan cheese, eggs, baked goods and more from farms located within 125 miles of Takoma Park, MD, are offered.



Takoma Park Silver Spring Co-op

201 Ethan Allen Ave. 301-891-2667 tpss.coop

This natural foods grocery store is a cooperative business that offers local and organic foods, bulk items, personal care products, and beer and wine.

Public Works

301-891-7633 publicworks@takomaparkmd.gov takomaparkmd.gov/publicworks

Services

See page 6 in the City Department Directory for a listing of additional services offered.

Mulch

Leaf mulch, made by grinding the leaves collected annually, is available for pickup and delivery. The mulch pile is accessible for self-loading every day of the week. Loading of trucks and mulch delivery is done for a fee. Deliveries are available from March through October. To schedule a delivery, call 301-891-7633. Charges are \$45 for a 3-yard load and \$65 for a 7-or 10-yard load for City residents.

Fall Compost Giveaway September 4 to September 30

Households that are currently participating in the City's Food Waste Collection program can receive 5 buckets of compost from the food waste program. The compost is stored at the Public Works facility, 31 Oswego Avenue, Silver Spring, 20910. Contact special projects coordinator at 301-891-7621 for program details.

UPCOMING EVENTS

Bulk Buy Tree Sale September 3 to October 19.

Receive a \$100 subsidy towards the cost of the first tree purchased. See the Takoma Park Newsletter for the order form.

Fall Leaf Collection November 19 through December 21

Leaf Collection notices will be mailed out to residents in advance of the collection. Details can be found at takomaparkmd. gov/government/public-works/curbside-collection-services/yard-waste-and-fall-leaf-collection.



Holiday Trash Schedule

Monday, September 3, Labor day Yard trimming collection is canceled.

Monday, November 12, Veterans Day Observed

Yard trimming collection is canceled.

Thursday, November 22, Thanksgiving

Trash, recycling and food waste collection will take place Wednesday, November 21.

Friday, November 23, Day After Thanksgiving

Trash, recycling and food waste collection will take place Saturday, November 24.

Tuesday, December 25, Christmas

Trash, recycling and food waste collection will take place Wednesday, December 26

Housing & Community Development

301-891-7119 housing@takomaparkmd.gov takomaparkmd.gov/government/ housing-and-community-development

Buying or Selling Rental Property in Takoma Park?

Don't forget about the Rental Housing License when you buy or sell a rental property in Takoma Park. Whether your rental property is a single family home, a condo or a multiunit apartment building, City Code



requires the license be transferred to or discontinued by the new owner, within 15 days of acquiring title. Either of these actions may be accomplished by completing one simple form, providing documentation of the sale, and in the case of discontinuing the license, proof that the property has become owner-occupied.

If this step is missed, correspondence about the license and inspections goes to the wrong place, and the rental housing license expires along with the protections for both landlords and tenants that this licensing provides. Call or email us with your questions or to request the Change of Status form for your license. There are disclosure requirements as well when a rental property changes ownership, and under the City's Tenant Opportunity to Purchase Law, tenants must be notified and given a chance to buy the rental housing facility in which they live if it goes up for sale. The City's Housing and Community Development Department staff are available to help you navigate any or all of these issues. Contact us at 301-891-7119 or housing@ takomaparkmd.gov for assistance and information on these and other housing matters.

We welcome your feedback!

We want to hear from residents to help us understand what you know about the City's Rental Housing Licensing Program. Please take a moment and respond to our Rental Housing Licensing Survey at https://tinyurl.com/tkpklicensing.

Police

911 (emergency) • 301-270-1100 (non-emergency) police@takomaparkmd.gov • takomaparkmd.gov/police Open 24/7



Graduation Photo, 2017 Community Police Academy

Community Police Academy January 2019 - Look for **Applications in November 2018!**

The Takoma Park Police Department will be accepting applications for its Community Police Academy in November 2018 for its new session. The Community Police Academy will begin in January 2019.

The Community Police Academy meets once a week during the weekdays from 7 to 9:30 p.m. The day of week for the next session has not yet been **determined.** The classes cover topics such as patrol, traffic enforcement, criminal investigations, K9 unit, drug enforcement, etc. The presentations are slide show/lecture style and officers, detectives and civilians of the Takoma Park Police Department give them. There will also be multiple opportunities for hands-on learning through equipment demonstrations, practical scenarios, field trips and ride-alongs with patrol officers.

The Takoma Park Police Department believes that educating the community will result in gaining their understanding and support. Through implementation of the Community Police Academy, the community will gain new insight into how law enforcement officers perform their duties. The success of any law enforcement agency depends largely upon the amount of cooperation and support it

receives from the community it serves.

The Community Police Academy is free to the public. Seats are limited to the first 25 students and are filled based on a first come/first serve basis. The Takoma Park Police Department encourages all applicants to be able to commit to the full length of the program to get the most out of it.

If you are interested in learning about the Takoma Park Police Department and local government, you are 18 years of age or older, and live or work in Takoma Park. you may apply. Applicants may not have any serious misdemeanor or any felony offenses.

Any questions about the Community Police Academy can be directed to Public Information Officer Cathy Plevy at 301-891-7142 or cathyp@takomaparkmd.gov.

Stay Informed

To receive notifications directly from the police department, register at takomaparkmd.gov/ police. Notifications include, but are not limited to crime alerts, traffic, weather, missing persons, lost pets, etc. For more information, contact Cathy Plevy at cathyp@ takomaparkmd.gov.



Nationwide Prescription Drug Take Back Day September/October 2018

The Takoma Park Police Department participates in the Drug Enforcement Administration (DEA) Nationwide Prescription Drug Take-Back Day twice a year. This campaign gives the public an opportunity to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused and unwanted prescription drugs. Prescriptions are brought to the Takoma Park Police Department, 7500 Maple Avenue, Takoma Park, Maryland 20912. Collection boxes are set up in the first floor police lobby of the City building. Prescription. over-the-counter and pet medications are accepted.

Although we continue to participate in this nationwide event, as a reminder, residents looking to dispose of excess and expired prescription and over-the-counter medications can visit the safe and secure permanent drop off location at the City of Takoma Park Police Department, 7500 Maple Avenue, 1st Floor Lobby, Takoma Park, Maryland 20912. The collection site is open 24 hours a day, seven days a week. Drugs can be dropped off with no questions asked. Items that CANNOT be left are liquids, inhalers, aerosol cans, regular household ointments/ lotions, needles/sharps and/or thermometers. The Takoma Park Police Department collects and stores these items and then safely disposes of them through accepted practices as done in past Take Back Events.

During the event, Takoma Park Police also offer residents an opportunity to sign up for the "Watch Your Car Program." This program is a way for police officers to ensure your vehicle is not being driven by an unauthorized driver. A sticker is displayed in your vehicle window, so both officers and criminals know you are participating in the program.

Services are free! If you have questions, please contact Cathy Plevy at cathyp@ takomaparkmd.gov.

Takoma Park Maryland Library

301-891-7259 www.takomapark.info/library

The Takoma Park Maryland Library is one of only two municipal public libraries in Maryland. With a Takoma Park Maryland Library card, you can:

- Borrow print books and magazines, audiobooks and music CDs.
- Access our extensive digital resources, including college and career information, language learning programs, test preparation, and both e-books and digital audiobooks.
- Use our public computers for up to two hours each day with assistance from on-site staff.

Free public Wi-Fi is available in the Library and Community Center.

Programs

The Library offers a wide variety of programs for children and adults. To keep up with the latest schedule of library programs, please check our website, takomapark.info/library, where you also can find our five blogs: News, Books, The Children's Room. Teen Book Buzz. and Comics. You also will find a section labeled "programs" with a calendar showing specific program dates. We also post library news and program updates on our Facebook page and Twitter feed. Registration is encouraged or required for some programs (as noted). To register for programs, please go to tinyurl. com/tplibraryevents or call us at 301-891-7259.

Many library programs are underwritten by the Friends of the Takoma Park Maryland Library. The Friends offer two reading groups and hold two to three book sales annually, among other events. More information about the Friends and their activities can be found on their website, ftpml.org, or their Facebook page (facebook.com/FTPML). In addition to support from the Friends, the library's partnership with Politics & Prose Bookstore allows us to offer programs featuring top-notch authors and illustrators for children and adults.

Library Hours

Sunday - 12 - 5 p.m. Monday and Wednesday 12 - 9 p.m.

Tuesday and Thursday 10 a.m. - 9 p.m.

Friday - 12 - 6 p.m.

Saturday - 10 a.m. - 5 p.m.

Computer Center Hours

Sunday 12 - 5 p.m.

Monday - Friday 12 - 8 p.m.

Saturday 12 - 6 p.m.

ALL PROGRAMS ARE IN THE LIBRARY UNLESS OTHERWISE NOTED.

Weekly Library Programs



Photo by Maurice Belanger

Circle Time

Tuesdays, 10 a.m.

AND 11 a.m.

A beloved local tradition, the 30-minute program of songs, fingerplays, rhymes, movement exercises and stories teaches early literacy concepts in a fun way. The program is geared for infants through preschoolers and their grown-ups.

Spanish

Circle Time

Thursdays, 10:15 a.m. AND 11 a.m.

Join Senora Geiza for a 30-minute program highlighting basic Spanish vocabulary through songs and rhymes.

Scribblers Cabal

Most Fridays, 4 p.m.

Kids are invited to draw with Library Assistant Dave Burbank, our library staff artist. To keep updated about the schedule, please register.



MOOC Discussions

Sunday afternoons

MOOCS – Massive Open Online Courses – offer a free way for older teens and adults to keep up lifelong learning. For information on how to register for these free online classes and for specifics on the dates and times of our discussions, please check our website and Facebook page.

Monthly Library Programs

Lego Club

One Sunday a month, 1:30 - 3 p.m. Ages 3-10

Each program will have a building theme and then free play. All LEGO is provided, courtesy of the Friends of the Takoma Park Maryland Library. Registration is required.



Kid's Art

One Sunday a month, 2 - 3 p.m. Make special crafts with children's librarian Kati Nolfi. All materials are provided – kids iust bring their creativity.

Caldecott Club

One Monday a month, 7 p.m.

Come join our popular family book club, where we read books - via the big screen - that are possible contenders for the Caldecott Medal, given annually by the American Library Association to the best-illustrated book for kids ages birth-14. Lemonade and cookies are served at each program!

Comics Jam

Second Tuesday of each month, 4 p.m. September through June

Join Dave Burbank, the library's graphic novel guru, in reading comics together on the big screen. The program concludes with Dave taking "drawing requests" from the audience.



Bedtime Stories & A Craft

First Tuesday of the month, 7 p.m. Children's Librarian Kati Nolfi leads our pre-bedtime program of songs and stories, plus a craft. Perfect for babies, toddlers, preschoolers and their grown-ups.

Petites Chansons

One Saturday a month, 10:30 a.m. September through June

Madame Marie teaches basic French language concepts through songs and rhymes. To learn specific dates for Petites Chansons, please register and we will keep you updated.



Photo by Maurice Belanger

Fall Special Programs

Friends of the Library Book Discussions

Book discussions sponsored by the Friends of the Library are scheduled for fall and winter. These include Portnoy's Complaint by Philip Roth on September 12, Great Fire by Shirley Hazzard on November 7, and a discussion series and lecture on the *Biblical* Book of Genesis on October 17 and 31 and November 14 and 28. Contact Ellen Robbins at the Library for more information.

French Graphic Novelist Jeremie Royer, Thursday, September 13, 7:30 p.m.

Royer will showcase his book, Audubon, On the Wings of the World, the story of how John James Audubon – born in Haiti and raised in France -became one of the most famous American

ornithologists. This program is co-sponsored by the Embassy of France and Politics & Prose Bookstore.

SummerQuest Wrap-Up Party, Monday, September 17, 7:30 p.m.

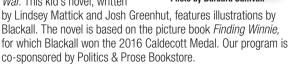
We'll celebrate the end of another summer of reading at a party where we'll talk about books we loved or loathed and enjoy cupcakes and lemonade.



Photo by Maurice Belanger

Caldecott Medalist Sophie Blackall, Thursday, September 20, 7:30 p.m.

Blackall returns to the Library to talk about Winnie's Great War. This kid's novel, written





Veteran storyteller Candace Wolf will tell some frightful tales in this popular pre-Halloween program. Two times: 7–7:45 p.m. for ages 5-7, and 7:50-8:50 p.m. for ages 8-13. Thanks to the Friends of the Takoma Park Maryland Library for sponsoring our program.

Winter Solstice, Thursday, December 20, 6:30 p.m.

Join us for our annual celebration of winter's arrival. The fun begins at 6:30 p.m. when local musician Bill Jenkins leads us in a drum circle. Then, at 7:30 p.m., the Foggy Bottom Morris Men will swoop in with their dances and songs. Thanks to the Friends of the Takoma Park Maryland Library for sponsoring our program.



Photo by Barbara Sullivan

Takoma Park Community Center/ Sam Abbott Citizens' Center

7500 Maple Avenue Takoma Park, MD 20912 301-891-7100

Hours of Operation

Monday - Thursday 8:30 a.m. - 9:30 p.m.

Friday 8:30 a.m. - 10 p.m. Saturday 10 a.m. - 6 p.m. Sunday 12 - 5 p.m.

Art Studio

- The art room, kiln, and easels are available to students enrolled in classes.
- Not available for rentals

Auditorium

- 154 fixed chairs
- · Room for six wheelchairs
- Row of seven fixed chairs can be removed
- Food and beverage not permitted

Computer Center

- Two rooms, 25 workstations equipped with ports for flash drives and headphones, and work space for laptop users
- Internet, word processing, graphics software and more
- Color printer
- Low conversation, working in pairs, cell phone use allowed in Room A
- Absolute quiet in Room B
- Valid Takoma Park Library card or purchased guest pass required for computer use of up to two hours per day

Four additional stations with 20 minute limits available in library, additional four available in Senior Room for those 55+ Monday - Friday 12 - 8 p.m.
 Saturday 12 - 6 p.m.
 Sunday 12 - 5 p.m.

Dance Studio

- Large studio with mirrors and wood floor
- No street shoes on dance floor

Game Room

- Hours vary by age and time of year
- Ping pong, pool and foosball tables
- Basketball and arcade-style games

Youth & Teen (6 - 17 yrs)Monday - Friday 2:30 - 5 p.m.
Saturday 12 - 5:30 p.m.

Saturday 12 - 5:30 p Sunday 12 - 5 p.m.

Young Adult (18 - 24 yrs)Monday - Friday 6:30 - 8:30 p.m.

Active Adult (55+)
Monday - Saturday 10 a.m. - 12 p.m.
See Page 35

Library

Cards are free for Montgomery County residents and those who work or go to school in Takoma Park.



Multimedia Lab

Our educational studio features state-of-the-art video and recording equipment and instructional courses designed to accommodate aspiring audio/video engineers and intermediate level students who want to hone their skills. Hours are subject to change:

Monday, Wednesday, Friday 3 - 8 p.m. Tuesday 5 - 8 p.m. Saturday 12 - 5 p.m. (Closed Thursday and Sunday)

Notary Public

Notary service is available by appointment only. (Monday - Thursday, 9 a.m. - 1 p.m.). The service is free for City residents. Call 301-891-7100 to set up an appointment.

Passport Service

Passport service is available at the Takoma Park Community Center. No appointment necessary. Please call Sofia Visurraga, Customer Service Representative, at 301-891-7204 for information. Monday - Thursday 9 a.m. - 1 p.m.

Se puede aplicar por su pasaporte americano aquí. No necesita hacer una cita para presentar aplicación. Por favor llame al 301-891-7204 para obtener información para aplicar por su pasaporte americano. Lunes a jueves de 9 a.m. - 1 p.m.

Senior Room (55+ yrs)

- Comfortable furnishings and relaxed atmosphere to socialize or read
- Four computers and printer available
- Bingo, health screenings, workshops, and more
 Monday - Friday 12 - 8 p.m.

Monday - Friday 12 - 8 p.m. Saturday 12 - 6 p.m.

Teen Lounge (Grades 6-12)

- · Hours vary by time of year
- X-box, large screen TVs
- Area for socializing
- · Daily activities

City Facilities

Book Your Next Event with Us!

Go online: Request a room or park pavilion with a credit card from our website at apm.activecommunities. com/takomaparkrecreation. See Page 39, Registration and Policies for instructions for online registration. Rentals within 10 business days must be requested in person. Payment is due at the time of the reservation.

Policies

Please visit us online at takomaparkmd.gov/recreation/parks-andathletic-fields and click on Administrative Regulation No. 2011-1 (PDF) for regulations governing public use, facilities rentals and general responsibilities of the user. The renter is responsible for set-up and clean-up. This time should be included in the rental. Nothing can be affixed to the walls.

Rental Hours

Takoma Park Community Center

Monday - Friday 9 a.m. - 9 p.m. Saturday

10:30 a.m. - 5:30 p.m. 12:30 - 4:30 p.m. Sunday

Hours for auditorium rentals may be until 11:00 p.m. Monday - Thursday and until 12:00 a.m. Friday - Sunday.

Heffner Park Community Center

Monday - Saturday 9 a.m. - 9 p.m. Sunday 10 a.m. - 8 p.m.

Takoma Park Recreation Center

- Call for availability
- See page 16 for prices
- * Business rate applies to all organizations, nonprofits, for profit entities or community groups.

Small Meeting Rooms

Rose Room

10 with tables Capacity 15 without tables

Lilac Room

20 with tables Capacity 25 without tables

Hydrangea Room

20 with tables Capacity

Fees

T.P. resident \$15/hour Non-resident \$40/hour Business* \$60/hour

* Business rate includes commercial and nonprofit organizations.

Large Meeting Rooms

Azalea Room

55 with tables Capacity 65 without tables

Heffner Park Community Center 42 Oswego Avenue Takoma Park, MD 20912

Capacity 40 with tables 50 without tables

Fees

T.P. resident \$25/hour Non-resident \$50/hour Business* \$70/hour

\$50 refundable deposit required for Heffner Park Community Center.

QUALIFYING RENTALS: 12 & Under Parties Bridal Showers BABY SHOWERS Community Meetings*



Auditorium

capacity: 154

The Auditorium, located in the Takoma Park Community Center, is LEED-CI Silver Certified and has 154 fixed seats with two aisles and room for six wheel chairs. The floating wood stage is approximately 18 inches off the floor, 30 feet wide and 19 feet deep at the center.

This environmentally friendly space has a state of the art lighting system with colored LED washes, sound system with two wireless microphones and connections for up to 10 wired microphones. The presentation system has a 6' x 11' projection screen in the center of the stage and two small screens on either side of stage.

Extra fees apply for staffing outside of normal hours of operation, specialized AV services, extraordinary maintenance demands, or required security. Insurance is required.

Fees: \$110/hour, nonprofit \$180/hour, regular

Minimum 4 hour rental

For more information about renting the Auditorium, contact John Webster at 301-891-7225 or email iohnw@ takomaparkmd.gov

Takoma Park Recreation Center

7315 New Hampshire Ave. Takoma Park, MD 20912 301-891-7289

Hours of Operation

Monday, Wednesday, Friday Tuesday, Thursday* Saturday Sunday 2:30 - 9 p.m. 12 - 9 p.m. 8 a.m. - 5 p.m. Closed

The Recreation Center is a hidden gem. Once inside you'll discover a basketball gym, fitness room, community programs, and fantastic staff. Please stop by and see for yourself!

Time to Get in Shape!

The Takoma Park Recreation Center has a great fitness room featuring:

- Dumbbells (5-50 lbs.)
- Leg curl
- Leg extension
- Ellipticals
- Stationary bikes
- Treadmills
- · Lat pulldown
- Chest press

Membership Fees

Recreation Center General

(1 year; does not include fitness room)

Adult (18+ yrs) \$35 Teen (13 - 17 yrs) \$10 Youth (5 - 12 yrs) \$5

Fitness Room

(open same hours as building*)

Adult (6 months) \$65 Adult (1 year) \$100 Senior (55+) Free

Hourly Rental Information

Gym* (capacity 294)
General \$30/hour
Business \$70/hour
After hours additional fee(s)*

Business rate includes commercial and nonprofit organizations.

Meeting Room BACK (capacity 40)

General \$15 per hour Business \$60 per hour After hours additional fee(s)

Meeting Room FRONT (capacity 30)

General \$15 per hour Business \$60 per hour After hours additional fee(s)

Call 301-891-7289 for availability.

* \$50 security deposit required.

Join Us For:

- Adult open gym (18+ yrs)
 Wednesdays, 8:15 9 p.m.
- Classes for all ages
- Summer camps
- After school programs

All programs and classes at the Takoma Park Recreation Center are co-sponsored by the Montgomery County Department of Recreation.

We thank them for the continued support.



^{*} Tuesdays and Thursdays, 12 - 2 p.m. are reserved for senior use only.

What's in our parks?

Through Rec. Dept.

Parking Available

Public Transportation Accessible

Bike Station Within Walking Distance

Fountain

Picnic Playground Pavilion Tables

Basketball Court

Restroom Facility

Belle Ziegler Park* 7350 Takoma Ave.

















Colby Avenue Park Cherry & Colby Ave. Ward 2













Grill

Forest Park 598 Elm Ave. Ward 2

















Heffner Park 42 Oswego Ave. Ward 4















Jackson-Boyd Park 7398 Jackson Ave.

Ward 2

Spring Park* 6999 Poplar Ave. Ward 3



















Toatley-Fraser Park

Eastridge Ave. Ward 5













 * These parks feature a field for rental, see information below.

In addition to the parks above, the city maintains:

Dorothy's Woods Woodland & Cirlce Ave. Ward 2

Ed Wilhelm Field 2 Darwin Ave. Ward 4

Lee Jordan Field 7611 Piney Branch Rd. Ward 4

Takoma Park Dog Park Darwin Ave. Ward 4

For information about other parks in our city, please visit montgomeryparks.org or call 301-495-2525.

Parks and Permits

It is highly recommended to secure permits for various events and activities held in public parks throughout the City. Permits quarantee location and time of a rental. Please contact the Recreation Department at 301-891-7290 before conducting business on park property.

Non-resident/Business

Park Usage Fees

Pavilion

\$85 per day T.P. resident

\$105 per day Non-resident/Business

* Field (in person reservations only) \$20 per hour T.P. resident

FAQs

- In order to secure a space and time of a park pavilion or field, it is highly recommended to have a permit.
- Moon bounces are not permitted on City property.
- Permits are honored rain or shine, with no refunds/ reschedules.
- To reserve a pavilion or field See "Book Your Next Event with Us" on page 15.
- Sale of merchandise is prohibited on City property outside of scheduled City events.
- permitted in any facility/park/pavilion. Buildings, fields, and parks are not available on City holidays.
- Reserving a pavilion does not guarantee use of a field.

The sale or consumption of alcoholic beverages is not

\$35 per hour

TAKOMA

301-891-7119 arts@takomaparkmd.gov • takomaparkmd.gov/arts

We are Takoma is an arts and culture series offered by the City of Takoma Park with the support and guidance of the Takoma Park Arts and Humanities Commission. Programs are held at the Takoma Park Community Center, 7500 Maple Avenue. The free events include performances, art exhibitions, film screenings, poetry readings, and more. Donations are welcomed and go directly to the performer. To learn more about the series and upcoming events, check out www.takomaparkmd.gov/arts.

A Cultural Journey Around the World



Cecily Bumbray

In a plethora of free performances this fall, audiences will be transported from the coal towns of Appalachia to Latin America to hear traditional *música trova* melodies that seamlessly blend poetry with song.

The City of Takoma Park's *We Are Takoma* arts and culture series will present a range of performances that explore diverse musical and theatrical traditions from around the world. Unless otherwise noted, all performances will be held at 7:30 p.m. in the Takoma Park Community Center Auditorium at 7500 Maple Avenue. All events are free with a \$10 suggested donation for performances.

On September 22 at 1 p.m., the performing arts group **White House Studios** will present a Caribbean children's story through cultural dance, music and theater to celebrate West African and Caribbean folk tale traditions.

Growing up in Washington, D.C. with a father who loved Miles Davis and a mother who adored Smokey Robinson, singer songwriter **Cecily Bumbray** was immersed in music at an early age. She will share her



Patricio Zamarano Band

sweet soprano voice and honest lyrics in a performance titled *Music of Love & Freedom* on September 28. Cecily will sing some of her original songs as well as classic soul and jazz standards from Nina Simone, Aretha Franklin, and others. She is an artist-inresidence at Strathmore and has performed at the Kennedy Center, Howard Theater and The Hamilton.

Continuing a centuries-old storytelling tradition, West Virginia resident and award-winning storyteller **Adam Booth** will present *Ashton* on October 12. Set in the 1920s, Ashton's quiet life in a small Appalachian coal town is forever changed when a record-company representative arrives to collect mountain music in Bristol, West Virginia. Ashton leaves home with his mountain songs and dreams for a better life. Using Cinderella and Orpheus as models, *Ashton* combines historical fiction, traditional music and Appalachian folklore in a timeless story of struggle against adversity.

On October 26, guitarist **Carlos Payín Moreno** combines Latin American folk, rock and pop with Latin American poetry put to



Wit's End Puppets

song in *música trova*. Carlos grew up in El Salvador where he was the lead guitarist of Los Vikings de Usulután, a group formed in the 1960s. (The **Patricio Zamarano Band** also will offer an evening of Latin American music on September 21.)

Shifting gears into the magical world of puppets, **Wit's End Puppets** returns to Takoma Park on November 2 for a Puppet Slam featuring some of the best puppet makers and performers in the D.C. area. Puppet performances will be interspersed with live music in an entertaining event for audiences of all ages.

A poetry reading on November 16 will explore the history of the labor movement and the struggle for workers' rights. On Nov. 30, **Mystical Poets Productions** will stage a multicultural evening of performances branching across dance, poetry, hip hop, R&B and world music.

Find more info about all of our upcoming events on the City of Takoma Park's Facebook page or at www.takomaparkmd. gov/arts.

WE ARE TAKOMA SERIES

The City of Takoma Park's We are Takoma arts and culture series offers a wide range of free events at the Takoma Park Community Center at 7500 Maple Avenue. To learn more about upcoming events, check out our Facebook page or www. takomaparkmd.gov/arts. You also can email us at arts@takomaparkmd.gov.



HUMANITIES LECTURES

On the first Thursday of the month at 7:30 p.m., experts share their insights on history, pop culture, and more timely topics. Please join us for these upcoming lectures.

Sept. 6 - Picturing the Chesapeake

- Conservation photographer Mark Hendricks will present his photographs and personal journey through the diverse habitats of the Chesapeake Bay watershed.

Oct. 4 - Whole Lotta Love: Consensual Non-monogamy and Challenges to Traditional **Relationships** – Gallaudet University associate professor of sociology Julie Fennell will explore the history of consensual non-monogamy where partners have open romantic relationships.

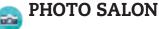
Dec. 6 – The Intersection of Race. Sports, and the Law - American University law professor Jeremi Duru and poet Ethelbert Miller will examine how sports creates both a sense of unity among fans and bitter divisions over recent scandals and controversies.

MONTHLY WORKSHOPS



Writing a Village

Led by former Takoma Park poet laureate Anne Becker, this free monthly workshop lets people share their poetry and creative writing in a friendly atmosphere. The group meets on the third Monday of the month from 7–9 p.m. in the Rose Room at the Takoma Park Community Center.

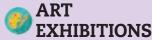


Professional and amateur photographers can show and critique their work in this free monthly workshop led by photographer Rob Rudick. The group will meet from 7-9 p.m. in the Hydrangea Room on September 24, October 29, November 26, and December 17.

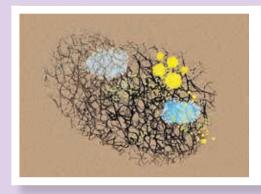


FILM **SCREENINGS**

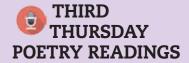
Held on the second Thursday of the month at 7:30 p.m., Docs in Progress presents a wide array of documentaries on compelling subjects.



Artists from across the D.C. area display their work in bimonthly exhibitions that explore different themes in the galleries at the Takoma Park Community Center. Opening receptions will be held from 7-8:30 p.m. on September 13 and November 8.



At left. Clare Winslow, Web



Poets from across the region read their original work in this popular series on the third Thursday of the month at 7:30 pm. A reception follows the reading with an opportunity to meet the poets.



Above, Jacqui Crocetta, Leap

Recreation Department

7500 Maple Avenue Takoma Park, MD 20912 301-891-7290 recreation@takomaparkmd.gov takomaparkmd.gov/recreation City resident program registration: Wednesday, August 15 at 8:30 a.m.

Non-resident program registration. Wednesday, August 22 at 8:30 a.m.



The City of Takoma Park Recreation Department provides recreational opportunities for all ages! The department's facilities and programs are intended to refresh and rejuvenate residents, improve health and connect families and the community. Staff are continually working to improve our offerings while adding new and innovative programs and activities to meet the ever changing needs of our residents and community.

Rental Requests

For more information about local parks and room rentals, see pages 15-17.



Roscoe the Rooster

Roscoe the Rooster made Takoma Park his home for 10 years, roaming the city and staking his territory on the lawn in front of and behind the apartment houses near Mark's Kitchen on Carroll Avenue. Roscoe died in a hit and run in February 1999.

A life-sized statue of Roscoe the Rooster, crafted by local artist Normon Greene, stands on a pedestal in front of the clock tower in the center of downtown Takoma Park.

Roscoe makes special appearances throughout the City Guide.

Is my class canceled due to weather?

The City of Takoma Park has several ways to let you know if City facilities are closed or classes are canceled: get notices via Takoma Park Alert (**www.takomaparkmd.gov/alert**); check the

City's webpage; or call the Recreation Department's Inclement Weather Line (**301-891-7101 x5605**). Be sure to check local recreation program updates, Morning and Afternoon Addition, and/or any other interersted area for updated activity information. In general, if the Federal Government closes or has a delayed opening in the morning, the City does the same. Classes that begin before a delayed opening are usually canceled. Morning and Afternoon Addition and After the Bell programs follow the Montgomery County Public Schools declarations. If there is a two hour delay in the morning, Morning Addition starts at 9 a.m.

Takoma Park resident scholarships available for Recreation Dept. programs

Scholarship program

The benefits of recreation are too numerous to list, and often low-income families stand to gain the most. Recreation promotes physical, mental and social well-being. Recreation programs serve as settings in which friendships bloom and wholesome connections and community pride are forged. The Takoma Park Recreation Department is committed to making scholarships available to City residents (youth, teens, adults, seniors and people with disabilities) who cannot pay full price for recreation programs. Scholarships give Takoma Park residents an opportunity to learn, grow, and have fun.

Scholarship quidelines

- Applicants must be City residents.
- Scholarships are for all ages.
- If a child receives 'Free or Reduced Meals,' he/she is eligible

for a scholarship.

• Please contact the Recreation Department for more information.

How to apply

- 1. Pick up an application from the Takoma Park Recreation Department, Administrative Office, 7500 Maple Ave.
- 2. After you have selected an activity, complete and turn in an application before the deadline along with additional forms to a staff member at the Takoma Park Recreation Department administrative office (7500 Maple Ave.).
- 3. It may take up to 10 business days to determine if a scholarship is approved. You will be contacted by our office with an updated status.
- 4. Scholarship applications and supplemental documentation must be submitted at least three weeks prior to the start of registration.

A NEW FACE IN THE RECREATION DEPARTMENT: Q & A WITH JAVONTE MCDONALD, YOUTH SUCCESS COORDINATOR

Q: Tell us a little about yourself and your hobbies.

A: I have been engaged with the youth community for the past six years. During this time, my responsibilities included coordinating after school activities, raising FAFSA participation. and providing day-to-day guidance. I am an abstract artist, a civil engineer at heart, and a ruthless bookworm.l play in gaming competitions around the D.C. area occasionally, and I enjoy the camaraderie I have with my team.

Q: Why do you feel this position will be a good fit for you?

A: This is my dream job. In this position I foresee the opportunity to create cutting edge education and youth development programs that children want to attend — where hands-on, fun, creative learning is the norm. This role fits my imaginative traits and gives me the space to grow ideas into reality. During my career I have worked with youth in creating safe spaces and exploring their social identity. I will bring



these experiences to the recreation department and expand the robust support network for our community's vouth.

Q: What programs were you involved in growing up and how do you feel they shaped who you are now?

A: As a youth I participated in many sports, including football, basketball, hockey and baseball. When I think back on my years in athletics, I remember the grandeur, but most of all I remember the moments with my best friends. Sports gave me the opportunity to benchmark and set goals. As an adult now, I realize the lessons I learned in practices and in competition. It's that level of hustle and commitment that earned me a starting job on a team and has helped me work around even my most severe challenges in life. I attribute the development of my social skills to encounters I had through sports.

Q: What are your goals for this program?

A: My short-term goal is to expand our relationships with the youth that do not currently participate in our programs. My long-term goal is to create successful programs with a strong intentional focus on improving social and personal skills, which were found to improve students' self-esteem and self-confidence. We often talk about better preparing students for the future. But what does that look like when you consider that 85% of jobs that will exist in 2030 haven't been invented yet? I want to create unconventional programs that focus on the interest of the youth and development of their future.



Special Events

10th Annual Play Day

Attention! Attention! Everyone, everywhere! It's time for you to let your hair down, put on your comfy shoes and get ready to play. Yes, that's right. Let's Play America and the Takoma Park Recreation Department have



teamed up to present to you the 10th Annual Play Day!
Rain or shine this event will have tons of fun activities for the entire family to enjoy, including the infamous Touch-A-Truck. To see a full listing of activities and performances, please visit www.letsplayamerica.org. See you there!

Takoma Park Middle School 7611 Piney Branch Road All ages Saturday, September 8 10 a.m.–2 p.m. Free

Family Outdoor Movie Night

Movie starts at dusk at Ed Wilhelm Field (behind Piney Branch Elementary School). Bring your lawn chair or blanket and enjoy a movie under the stars with your family. The movie will be a family-friendly rated hit. The Recreation Department will provide popcorn and water. Due to limited parking, walking to the event is encouraged. For more information and to vote on the movie, check out takomaparkmd.gov/recreation.

Ed Wilhelm Field Behind PBES All ages Saturday, September 8 Movie starts at dusk Free





Monster Bash 2018

The event will kick off at 1:00 p.m. with games and fun activities, followed by the Costume Parade where the costume judging will take place during the parade route. We will end the festivities with the Costume Award Ceremony and Celebration in Old Town Takoma Park. Categories: Ages 4 and Under; 5–8; 9–12; Teen and Adult; and Overall Group. For more information, if you would like to volunteer, or be a costume judge for this event, please contact John Webster at johnw@takomaparkmd.gov or 301-891-7290. In the event of inclement weather, the Monster Bash will be moved to Piney Branch Elementary School and there will not be any road closures.

For weather related updates please call our inclement weather line at 301-891-7101, ext. 5605. Due to the nature of this event, walking is encouraged.

Starting at Carroll & Ethan Allen Avenues Parade walking to Old Town Saturday, October 27 1–5 p.m. All ages Free





DANCE

Pre Ballet

Pre Ballet for ages 3-4 emphasizes learning basic ballet vocabulary, movement patterns and musicality in a creative movement. By introducing students to the basic shapes, positions, postures and traditions of classical ballet, the Pre Ballet curriculum enhances both their cognitive and physical development at this important time. Instructor: Edurama

Takoma Park Community Center Dance Studio 7500 Maple Avenue 3-4 years 8 Week Session Sundays, September 9-October 28 3-3:45 p.m. Resident: \$85 / Non-resident: \$95

Suto Dance

The Suto Dance Company has offered quality dance instruction to all levels since 1973. Suto offers professional, well organized dance programs as well as producing spectacular annual dance performances. The importance of technique, musicality and styling is stressed to all students at any level of training. Students are encouraged to participate for the entire program and also the two annual dance performances. Prices vary and drop-in prices are available. Additional purchases for costumes may be required. This program runs through the entire 2018-2019 school

year. Patrons must register through Suto Dance. For more information, call 301-871-1000 or visit www. sutodance.com. Instructor: Suto Dance Takoma Park Recreation Center Front Room 7315 New Hampshire Avenue 3-5 years 2018-2019 School Year Saturdays, starting September 8 10:45-11:30 a.m. See sutodance.com for fees



DROP-IN

Community Playtime

Enjoy open playtime, read stories, work on craft projects, enjoy the playground and socialize. Organizers will provide toys, craft supplies, story time and snack. For more information, visit www.takomaplaytime.org.

Heffner Park Community Center 42 Oswego Avenue Newborn-5 years

English: Mondays, starting Sept. 10 **Spanish:** Fridays, starting Sept. 14 10 a.m. -12 p.m.

SPORTS

Parent & Me Tennis

This 1/2 hour class is designed for the youngest of players, using red foam and felt balls, small racquets and nets. Emphasis will be placed on basic motor skills, body movement and eye racquet ball coordination, utilizing fun drills and games. Parent participation is required. (No experience needed) Instructor: Coach SJ

Takoma Park Middle School Tennis Courts 7611 Piney Branch Road 3-6 years 8 Week Session Sundays, September 23-November 11 **Early Session:** 12–12:30 p.m. **Late Session:** 12:30-1 p.m. Resident: \$50 / Non-resident: \$60

Tot Sports

Children are introduced to the fundamentals of sports such as soccer, football, T-ball/softball, basketball, kickball, dodgeball and other sports and group games. The goal of this program is to provide the opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 3-5 years 8 Week Session Saturdays, September 8-November 3 10:30-11:30 a.m. \$50

Youth

5-12

City Resident program registration: Wednesday, August 15 at 8:30 a.m. Non-resident program registration: Wednesday, August 22 at 8:30 a.m.



ART

Clay for Kids

In this class, children will receive instruction on how to utilize a variety of techniques (coil, pinch, slab work) to create one-of-a-kind sculptures and vessels out of clay. Caregiver participation required for children ages 4 and 5. There is a \$15 materials fee (per child) due to the instructor on the first day of class. Instructor: Caroline Mackinnon

Takoma Park Community Center Art Studio 7500 Maple Avenue 4–13 years 6 Week Sessions

Monday Session 1:

September 17-October 22

Monday Session 2:

October 29-December 10 (No class 11/12)

Wednesday Session 1:

September 12-October 24 (No class on 9/19)

Wednesday Session 2:

October 31-December 19 (No class 11/7 & 11/21)

4-5 p.m.

Resident: \$130 / Non-resident: \$150

Drink Juice & Paint for Kids

Students will learn the secret of painting a floating flower, animals, designs, names and more on plastic reusable water glasses. Handwash only. Instructor: Rain Young

Takoma Park Community Center
Art Studio
7500 Maple Avenue
6–11 years
8 Week Session
Saturdays, September 15-November 17
(No class 10/13 & 10/27)
10:30–11:30 a.m.

Resident: \$70 / Non-resident: \$80

YOUTH SUCCESS PROGRAMS COMING SOON

See page 21 for article and page 28 in Teens to learn more!

CAMPS

Winter Break Camp

Come experience Winter Break Camp with the Takoma Park Recreation Department. Campers will have the opportunity to add some excitement to their break with games, group activities and crafts. This winter break is set to be a whole lot of fun. Paperwork will need to be submitted prior to first day. Please bring a lunch and snack with you daily. There will be no camp on Monday and Tuesday, December 24 and 25, 2018.

Azalea Room 7500 Maple Avenue 5–12 years 3 Days Wednesday-Friday December 26-December 28 9 a.m.–4 p.m. Resident: \$75 / Non-resident: \$85

Takoma Park Community Center

CAMP EXTENDED CARE

Winter Break Camp Before & After Care

Available for those families who require or desire additional activities beyond the regular camp hours. Activities may include outdoor play, game room and sports.

Takoma Park Community Center Azalea Room 7500 Maple Avenue 5–12 years 3 Days Wednesday-Friday December 26-December 28 **Before Care:** 7–9 a.m. **After Care:** 4–6 p.m.

Resident: \$25 each / Non-resident: \$35 each

DANCE

Intro to Contemporary Dance

Dive into the world of creative dance in this entry level contemporary dance class, which takes techniques from different genres of dance to create student-inspired dance pieces that build creativity, ability, imagination and skills. For children already in love with movement or those wanting to try it out, this safe, diverse and fun approach to dancing is good for the body heart and mind of any child with a desire to move. Learn basic techniques of contemporary and modern dance as well as exploring questions, such as: What do I want to say? How can I express myself? Instructor: Beth Mwano

Takoma Park Community Center Dance Studio 7500 Maple Avenue 8–12 years 8 Week Session Sundays, September 9-October 28 1–2 p.m. Resident: \$85 / Non-resident: \$95

Pre Ballet

Pre Ballet for ages 5–6 emphasizes learning basic ballet vocabulary, movement patterns and musicality in a creative movement. By introducing students to the basic shapes, positions, postures and traditions of classical ballet, the Pre Ballet curriculum enhances both their cognitive and physical development at this important

Recreation: Youth

time. Instructor: Edurama

Takoma Park Community Center Dance Studio 7500 Maple Avenue 5–6 years 8 Week Session Sundays, September 9-October 28 4-4:45 p.m. Resident: \$85 / Non-resident: \$95

Suto Dance

Suto offers professional, well organized dance programs as well as producing spectacular annual dance performances. The importance of technique, musicality and styling is stressed to all students at any level of training. Students are encouraged to participate for the entire program and also the two annual dance performances. Prices vary and drop-in prices are available. Additional purchases for costumes may be required. This program runs through the entire 2018-2019 school year. Patrons must register through Suto Dance. For more information, call 301-871-1000 or visit www.sutodance.com.

Takoma Park Recreation Center 7315 New Hampshire Avenue 2018-2019 School Year Saturdays, starting September 8 **6–8 years:** 10:45–11:45 a.m. **9–12 years:** 12–1:45 p.m.

See sutodance.com for fees

Instructor: Suto Dance

DRAMA & THEATER



Dungeons and Dragons

Use your imagination and storytelling ability in this classic fantasy role-playing game. Roll dice to cast spells and battle monsters. Creativity and cooperation help the group "survive." Taught by the library's own Dave Burbank.

Takoma Park Community Center Auditorium 7500 Maple Avenue 8-18 years Thursdays, 4-6 p.m. 5 Week Sessions

Session 1: September 6-October 4 Session 2: October 11-November 8 Resident: \$55 / Non-resident: \$65 4 Week Session

Session 3: November 15-December 20 (No class 11/22, 12/13)

Resident: \$50 / Non-resident: \$60

On Stage: Scene Study

In this class students focus on building believable characters and connections using scenes from plays and films as performance material. Class is comprised of acting exercises/warmups and application of acting theory to scenes. Students will partner up and work on one scene for the 8-week session. We will be applying acting theory from Konstantin Stanislavski, Uta Hagan and Sanford Meisner, and we have lots of great material from award winning plays and popular films for teen students. Instructor: Gretchen Weigel

Auditorium 7500 Maple Avenue 8 Week Session 11-15 years Mondays, September 17-November 5 4-5:30 p.m. Resident: \$168 / Non-resident: \$188

Takoma Park Community Center

DROP-IN

Kid Night Out

Looking for something exciting to do? The Takoma Park Recreation Center provides high quality, affordable, safe and FUN activities for kids. Nothing to do on the first and third Friday nights of the month? Come on out to a night of games, activities and more. Bring your friends for a cheap night out of the house.

EXTENDED CARE

School Year Child Care Programs Registration began in March

Don't wait; spaces always fill!

After the Bell 2018-2019

This after school childcare program for MCPS 2018-2019 school year will provide a safe environment for children in grades K-5. Participants will engage in daily indoor/outdoor group activities and special events. Each day they will receive a snack, have homework time and enjoy arts and crafts, sports, board games, free play and more. Transportation will not be provided by the Recreation Dept., please contact MCPS Transportation 301-879-1062 to change your bus route to New Hampshire Towers and we will meet them at the bus stop. The "After the Bell" Program will not operate on days MCPS is closed.

Takoma Park Recreation Center 7315 New Hampshire Avenue Kindergarten-5th Grade Monday-Friday September 4, 2018-June 12, 2019 3:30 - 6:30 p.m.\$1,250

- There is a 20% deposit due at the time of registration. The remaining balance will be divided into eight (8) monthly payments. The next payment will be due October 1.
- Scholarship applications must be submitted at least 3 weeks prior to registration.

*At this time both Morning and Afternoon Addition at the Community Center are full. We are placing names on a waitlist, and if a space becomes available, we will contact you. Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 6–12 years First and third Fridays, ongoing 6:45–8:45 p.m. Free with Recreation Center membership

EDUCATION & DEVELOPMENT

Babysitting Class

This class is designed for those interested in learning more about babysitting. Topics covered include: CPR, fire safety, First Aid, infant and child care and personal safety. A certificate will be issued upon completion of all five classes and exam. Co-sponsored by the Takoma Park Volunteer Fire Department. All classes will be held at the Takoma Park

Volunteer Fire House. Instructor: Chief Jarboe

Takoma Park Volunteer Fire House 7201 Carroll Avenue 11–13 years 5 Week Session Mondays, September 10-October 8 7–9 p.m. Free

ENVIRONMENTAL

Community Garden

Volunteers are always welcome.
You will gain hands-on
experience about how to grow
food as you work alongside
garden veterans. We welcome your help
with the garden.

Takoma Park Recreation Center Outdoor Garden 7315 New Hampshire Avenue 6–17 years Fourth Saturday of the month September-December 8–9:30 a.m.



FITNESS

Step Team

Stepping is a form of dance in which you use your entire body as an instrument to produce rhythms and beats through footsteps, clapping and words or chanting. Presently, stepping is popular among college fraternities and sororities. This program also includes learning to jump rope Double Dutch style. Participants will learn how to turn the ropes as well as have fun jumping. The goal for the Step Team is to teach a co-ed group the art of stepping. Members will learn self-expression. coordination, self-discipline and teamwork. The team will consist of approximately 10-12 youth between the ages of 6-17 years old. No experience is necessary and we welcome all who are willing to learn.

Takoma Park Recreation Center
Front Room
7315 New Hampshire Avenue
6–17 years
16 Week Session
Tuesdays & Thursdays
September 4-December 20
6:30–7:30 p.m.
Free with Recreation Center membership
card

MARTIAL ARTS

Kung Fu for Kids

Bungo Fu, the Jamaican style of Kung Fu! Come learn meditation, self-defense, improved flexibility and self-awareness! This ancient form of self-defense provides physical and mental exercise which could help the students defend themselves by strengthening hand and eye coordination. The student will gain physical fitness, mental and spiritual strength. There is a one-time, non-refundable, fee of \$50 paid to the instructor at the first class for a uniform. Instructor: Master Thompson

Takoma Park Community Center Dance Studio 7500 Maple Avenue 4–16 years 9 Week Session Saturdays, September 8-November 10

Beginner: 10:15–11:15 a.m. **Advanced:** 11:15 a.m.–12:15 p.m. Resident: \$129 / Non-resident: \$149

Taekwondo

Taekwondo is not only a combat sport but it is also a way of life for enthusiasts around the globe. The word Taekwondo itself is made up of three Chinese/ Korean words: Tae meaning to kick or jump; Kwon meaning first or hand; and Do which means "the way." Taekwondo benefits include enhancing self-esteem by heightening your physical and mental powers. It builds confidence by encouraging you to succeed and to take control of your life. Develop discipline by thoroughly training your body and mind in the tenets and techniques of Taekwondo. Taekwondo emphasizes kicking techniques and is a fun way to achieve fitness and focus. There is a one-time, non-refundable \$40 uniform fee paid to the instructor at the first class. Instructor: Felix Lindeire

Takoma Park Community Center Dance Studio 7500 Maple Avenue 6 years and older 12 Week Session Mondays, September 10-December 3 (No class 11/12) 6–7 p.m.

Resident: \$165 / Non-resident: \$195

SPORTS

Basketball Skills Clinic

Emphasizing individual improvement is one of the guiding philosophies of this skills clinic. Participants will be provided with excellent coaching which allows each person to develop a sense of pride and individual accomplishment. This is a basketball class not league play.

Instructor: Greg Harris
Takoma Park Recreation Center

Gymnasium 7315 New Hampshire Avenue 6–12 years 7 Week Session Saturdays, 8–9 a.m.

Session 1: September 8-October 20 **Session 2:** October 27-December 15 \$70

Futsal League 2019

Futsal, a sport that is similar to soccer, offers the perfect combination of learning and fun. It is designed to



improve fundamental technique and skill development during the winter months. It's also a great opportunity to meet new friends, stay in shape and prepare for the upcoming season. Please note

Recreation: Youth (cont.)

that program registration is first come first serve. Parents are encouraged to volunteer as coaches for the 8-game season. Practices will begin on Saturday, January 5. Games will be Sundays, starting January 27, and times will vary between 1-4 p.m. **Registration opens** for City of Takoma Park Residents on 10/17 and for Non-residents on 10/24.

Takoma Park Recreation Center Gvmnasium 7315 New Hampshire Avenue 7-9 Year Division 10-12 Year Division

Practices: Saturdays, January 5-March 23 Games: Sundays, January 27-March 24 (No games 1/20 & 2/17) Game times will vary \$60

Tennis: Beginner/Intermediate

This class is for beginner and intermediate students. We will introduce and develop basic groundstrokes, using red and orange balls on a shortened court. We may progress to full court, improving groundstroke consistency/accuracy and working on serves/volleys/scoring. Instructor: Coach SJ

Takoma Park Middle School Tennis Courts 7611 Piney Branch Road 8 Week Session 6-12 years Sundays, September 23-November 11 1-2 p.m.Resident: \$100 / Non-resident: \$120

Tennis Clinic: Beginner/Intermediate

This class is for youth with a little or no prior tennis experience. We will focus on racquet control, eye-racquet-ball coordination and basic stroke and rally development. We will primarily use the "mini tennis" court and red felt and orange balls on a larger court, utilizing cooperative games and individual goals. We use tennis as a tool that supports and enhances your personal growth, physical health, academic achievement, developing discipline and promoting physical fitness. Equipment provided or bring your own. For additional information please visit www. movingforwardtennis.com. Instructor: Coach SJ

Takoma Park Middle School Tennis Courts 7611 Piney Branch Road 10 years and older 5 Week Session

Tuesdays, September 11-October 9 5:30-6:30 p.m.

Resident: \$60 / Non-resident: \$70

Tennis: Intermediate

This class will introduce and develop groundstrokes, using red and orange balls on a shortened court. For the more advanced and quick learners, we may progress to green-dot balls and full court, improving groundstroke consistency/ accuracy and working on serves/volleys/ scoring, Instructor: Coach SJ

Takoma Park Middle School Tennis Courts 7611 Pinev Branch Road 6–12 years 8 Week Session Sundays, September 23-November 11 4-5 p.m.

Resident: \$100 / Non-resident: \$120

Tennis Skills - Intermediate/Advanced

This class is for kids and adults who have learned how to keep the ball going and are interested in refining their skills, consistency and power. We will primarily use the green and yellow balls for instruction. Competitive games and match play (serving, scoring, volley and strategy) will be used as needed. Advanced serving techniques, shot selection and strategy will be available for those students that are ready. Instructor: Coach SJ

Takoma Park Middle School Tennis Courts 7611 Piney Branch Road 8 years and older 8 Week Session Thursdays, September 13-November 1 4:30-5:30 p.m. Resident: \$100 / Non-resident: \$120

Winter Basketball League 2019

The Winter Basketball League is a developmental. community league. Program goals are to introduce



boys and girls to the fundamentals of basketball and to emphasize that playing the game and being a member of a team are more important than winning. The coaches in this league will focus on personal improvement, sportsmanship and fun. Practice times (1 hour a week) vary throughout the week at various local schools. Games are held on Saturdays. times vary. Specific details regarding each league will be available on takomaparkmd. gov/recreation/sports/winter-basketballleague.

INTERESTED

IN COACHING

OUR WINTER

BASKETBALL LEAGUE?

PLEASE CONTACT

TPSPORTS@

TAKOMAPARKMD.GOV

Coaching Information: Volunteer coaches are always needed. Please contact the Takoma Park Recreation Department if interested (301-891-7284).

Team Assignments: Co-ed divisions will reflect gender equity based on number of participants.

Special Requests: Requests must be made in writing and submitted through ActiveNet at time of registration.

Requests are not quaranteed. **Registration opens for City of Takoma** Park Residents on 10/17 and for Non-residents on 10/24.

Various Local Schools Gymnasiums Kindergarten-8th Grade 8 Week Season Games starting Saturdays, January 12 Resident: \$70 / Non-resident: \$80

TRIPS

Fun Days

When school is out join us for a fun day! Participants will meet at the Takoma Park Community Center. Trips, activities and performers are subject to change. Space is limited, sign up early. Paperwork will need to be completed prior to the first day of program. Please provide your child(ren) with a non-perishable lunch, snack and water bottle.

Takoma Park Community Center Drop off & pick up in Azalea Room 7500 Maple Avenue 5-12 years

Trip 1: Monday, September 10 **Trip 2:** Wednesday, September 19 8:30 a.m.-5:30 p.m.

Fee per trip:

Resident: \$40 / Non-resident: \$50

Teens13-17

City Resident program registration: Wednesday, August 15 at 8:30 a.m. Non-resident program registration: Wednesday, August 22 at 8:30 a.m.



Remember to look in both the Youth & Adult sections for additional programing teens may be able to participate in!

ART

Drawing & Watercolor

Have fun learning to draw with black, white and colored drawing materials, paint with watercolors, use pen and ink and explore mixed-media approaches to representational imagery. Subjects will include still life, portrait, landscape (weather permitting) and floral studies. Beginning students welcome. The focus of the class is appropriate for students interested in developing a portfolio for entry into the Visual Art Center at Albert Einstein High School. Materials fee of \$25, paid directly to the instructor, will be due on the first day of each session. Instructor: Katie Dell Kaufman

Takoma Park Community Center Art Studio 7500 Maple Avenue 11-14 years 6 Week Sessions

Tuesday Session 1:

September 11-October 16

Tuesday Session 2:

October 30-December 11 Friday Session 1:

September 14-October 26

Friday Session 2:

November 2-December 14

3:30-5:30 p.m. Resident: \$145 / Non-resident: \$165

DANCE

Suto Dance

The Suto Dance Company has offered quality dance instruction to all levels since 1973. Suto offers professional. well organized dance programs as well as producing spectacular annual dance performances. The importance of technique, musicality and styling is stressed to all students at any level of training. Students are encouraged to participate for the entire program and also the two annual dance performances. Prices vary and dropin prices are available. Additional purchases for costumes may be required. This program runs through the entire 2018-2019 school year. Patrons must register through

Suto Dance. For more information, call 301-871-1000 or visit www.sutodance.

com. Instructor: Suto Dance

Takoma Park Recreation Center Front Room 7315 New Hampshire Avenue 12-16 years 2018-2019 School Year Saturdays, starting September 8 12-1:45 p.m.

DROP-IN

Smashing Smoothies Movie Rap Night

Do you like movies? How about smoothies? How much more would you like them if they were free? Join us as we partner with ESAW on the first and third Thursday of each month for Smashing Smoothie Rap Night where you can hang out with your friends, watch movies, make smoothies and be Takoma Park's own movie critics. Watch the movies and tell us what you think! You might just win something!

Takoma Park Community Center 7500 Maple Avenue Teen Lounge Grades 6-12 7 Week Session Second and Third Thursdays Starting September 20 6-8 p.m. Free



Teen Lounge

This special room is for teens only (middle school and high school students)! You are welcome to gain access to two 50inch and one 70-inch LED SMART TVs. We also have X-Box One and Wii Games. workstations, board games and comfy sitting areas for socializing with friends. Come join us after school for fun and laughs and on special events for an amazing time.

Takoma Park Community Center 7500 Maple Avenue Teen Lounge Grades 6-12 Monday-Friday: 3–7 p.m. Saturday & Sunday: closed Free

Teen Night

Looking for something exciting to do? The Takoma Park Recreation Center provides high quality, affordable, safe and FUN activities for teens. Nothing to do on the second and fourth Friday nights of the month? Come on out to a night of games, activities and more. Bring your friends for a cheap night out of the house. Free with membership.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 12–17 years Second & Fourth Fridays Ongoing, except 11/23 6:45-8:45 p.m. Free with Recreation Center membership card

Power Hour

Take advantage of our homework power hour focusing on academic support. We are the perfect balance of academics and fun. Students are given quiet time to complete homework or to read. Staff is available to assist and can review the completed assignments. Upon completion of work, students are invited to lounge, play games, and/or participate in activities. Registration is not required. Free for residents and non-residents.

Takoma Park Community Center 7500 Maple Avenue Teen Lounge Grades 6-12 Monday-Thursday during the school year 3:30-4:30 p.m. Free

Xpression Tuesdays

Allow your imagination and creative juices to come alive on Tuesdays in the Teen Lounge. Join Ms. Leicia as you express vourself through art. Create pieces that you can take home or leave in the Teen Lounge for display. We are always looking for more ideas of ways to create and express ourselves.

Takoma Park Community Center 7500 Maple Avenue Teen Lounge Grades 6-12 Tuesdays, ongoing Starting October 2 3-4:30 p.m. Free

EDUCATION & DEVELOPMENT



First of Many

There's something special about being the first, especially being the first in your family to attend and graduate from college. First of Many is a series of informative workshops to help you discover and take advantage of the possibilities offered for first-generation students. Find answers to your questions about college and receive guidance on the road to applying and getting the most out of college.

Takoma Park Community Center 7500 Maple Avenue Teen Lounge Grades 6-12 5 Week Session Thursdays, September 20-November 15 4-5 p.m. Free

Healthy Cooking for Teens

The healthy eating program is a fun and interactive hour of learning about basic cooking and kitchen skills as well as healthy recipes that are easy to replicate

at home. Teens will be able to learn some nutritional components and how to create their own recipes. Teens will also take a trip to the Crossroads Farmers Market and learn about growing and purchasing the right foods. Participants will be transported.

Leaving Takoma Park Community Center

Teen Lounge Grades 6-12 7 Week Session Mondays, September 17-October 29 **Session 1:** 3:30-4:30 p.m. **Session 2:** 4:30-5:30 p.m.

Teen Etiquette Course

Free

7500 Maple Avenue

This is not your mother's etiquette lesson! This comprehensive course puts a 21st Century spin on an age-old topic. Unique highlights include Netiquette where the technology and etiquette collide and dress for success. Students will also learn about first impressions, introductions, poise and posture, social graces, prom and dance etiquette, thank you notes, attitude of gratitude, public speaking, body language, interviewing, business etiquette, table setting and fine dining etiquette. Led by modern manners authority and director of The Etiquette Institute of Washington, Crystal L. Bailey

Takoma Park Community Center 7500 Maple Avenue Teen Lounge Grades 6-12 8 Week Session Wednesdays, September 12-October 31 4-5:30 p.m. Free

Young Entrepreneurs Program

Did you know it's never too early to turn an idea into a small business opportunity? The objective of the Young Entrepreneurs Program is to inspire teens to explore and expand their knowledge of business by exercising professionalism, creativity and confidence. Participating in the Young Entrepreneurs Program will help develop life skills and independence and give you a head start on building a good resume.

Takoma Park Community Center 7500 Maple Avenue Rose Room Grades 6-12 7 Week Session Tuesdays, September 18-October 30 4-5 p.m. Free

ENVIRONMENTAL

Community Garden

Volunteers are always welcome.
You will gain hands-on
experience about how to grow food as
you work alongside garden veterans. We
welcome your help with the garden.

Takoma Park Recreation Center Outdoor Garden 7315 New Hampshire Avenue 6–17 years Fourth Saturday of the month September-December 8–9:30 a.m. Free

FITNESS



Teen Fitness

It does not matter your fitness level. We will show you how to do a workout appropriate for your ability level. You will be able to concentrate on your cardio and strength. These two healthy and energizing routines will help you burn calories and gain strength while building muscles to help you maintain a lean, healthy body.

Takoma Park Recreation Center Front Room 7315 New Hampshire Avenue 12–17 years 14 Week Session

Mondays, September 10-December 17 7–8 p.m.

Free with Recreation Center membership card

Teen Zumba

Join the Zumba craze! Zumba fuses easy-to-follow moves to create a oneof-a-kind fitness program that will blow you away. Zumba participants achieve



long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix, and you've got a Zumba class.

Takoma Park Community Center 7500 Maple Avenue Dance Studio Grades 6–12 6 Week Session Wednesdays, September 19-October 24 4–5 p.m. Free

MARTIAL ARTS

Karate Self-Defense

Promote physical fitness, self-defense, leadership and cultural exchange through the practice of a traditional Okinawan karate style, Isshinryu, which means "one heart way." This program is a partnership between the Takoma Park Recreation Department and the Penn State University Karate Club. This program requires a recreation center membership. Instructor: Penn State University Karate Club

Takoma Park Recreation Center
Back Room
7315 New Hampshire Avenue
16 years and older
16 Week Session
Wednesdays, starting September 5
7–8:30 p.m.
Free with Recreation Center membership

MULTI MEDIA

Photography 101

card

We are constantly taking photos, but they don't come out the way we

40UTH SUCCESS

Be sure to check out our new program this fall:

"Effective College/Technical School Prep and Workforce Readiness"

And stay tuned for "Youth-Centered Civic Engagement" and more in winter 2019!

Recreation: Teens

imagined. In this class, learn the intros to photography as an art form and step up your photography game. The class will cover how to shoot manual on your DSLR, rules of composition, portrait photography, object photography, landscape photography, posing 101, how to edit your photos, natural light vs. non natural light, composition and turning your phone into a camera, Instructor: Vinny Mwano

Takoma Park Community Center Multi Media Lab 7500 Maple Avenue 12-17 years 8 Week Session Tuesdays, September 11-October 30 6-7 p.m. Resident: \$75 / Non-resident: \$85

SPECIAL EVENTS

Glow Back to School

Come celebrate the end of summer and start this new school year off right! We'll have food, games and crafts.

Takoma Park Recreation Center 7315 New Hampshire Avenue Grades 6-12 Friday, September 14 6-9 p.m. Free

Fall Harvest Festival

Mark your calendars! The Teen Program is hosting a Fall Harvest Festival. This will be a great event with something for every teen, including crafts and games, demonstrations, face and pumpkin painting, music, food and much more.

Takoma Park Recreation Center 7315 New Hampshire Avenue Grades 6-12 Friday, October 19 5-9 p.m. Free

SPORTS

Intermediate & Advanced Basketball Skills Clinic

This basketball skills class is designed to increase your knowledge and fundamental skills of the game of basketball. Topics to be covered include: dribbling, passing, shooting, defense, offense, and rules,

Previous participation in organized basketball is required for this class. Takoma Park Recreation Center 7315 New Hampshire Avenue 12-17 years 8 Week Session Sundays, September 16-November 4 10-11:30 a.m. Free



Tennis: Beginner/Intermediate

This class is for teens and adults with little to no prior tennis experience. For beginners we will introduce and develop basic groundstrokes, using red and orange balls on a shortened court. Then we will progress to green/yellow balls and full court, improving groundstroke consistency/accuracy and working on serves/volleys. Instructor: Coach SJ

Takoma Park Middle School Tennis Courts 7611 Piney Branch Road 12 years and older 8 Week Session Sundays, September 23-November 11 2-3 n.m. Resident: \$100 / Non-resident: \$120

Tennis: Intermediate/Advanced

This class is for teens and adults who have learned how to keep the ball going and is interested in refining their skills. consistency and power. We will primarily use the green and vellow balls for instruction. Competitive games and match play (serving, scoring, volley and strategy) will be used as needed. Advanced serving techniques, shot selection and strategy will be available for those students who are ready. Instructor: Coach SJ

Takoma Park Middle School Tennis Courts 7611 Piney Branch Road 12 years and older 8 Week Session Sundays, September 23-November 11 3-4 p.m.

Resident: \$100 / Non-resident: \$120

TRIPS

Gaver Farm Trip

It's a half day of school so why not have a little fun? Join us as we head out to Gaver Farm to pick your own pumpkin. Gaver Farm's Harvest Mania has a corn maze and more than 55 farm attractions. We'll take a havride to pick your own pumpkins and apples. The farm's market is also full of pumpkins, apples, mums, fall decor, cider, straw, corn stalks and squash. And who doesn't love apple cider donuts? Space is limited, so register today. Please bring money to purchase food and beverages. Van leaves TPCC promptly at 1 p.m. and will return at 6 p.m.

Takoma Park Community Center Meet in Teen Lounge 7500 Maple Avenue Grades 6-12 Friday, October 5 1-6 p.m. Free

Teen Trip to Nightmare Manor

Two hundred years ago, Nightmare Manor earned its name "Seth's Folly" on one tragic night. The ghosts of the people who lost their lives that night haunt the manor to this day. Join us as we discover why no one has managed to live in Seth's Folly for long. The whisper of voices, the creak of footsteps, and the occasional ghost sighting have left Nightmare Manor condemned to vacancy. Space is limited, so sign up with a friend today. Please bring money to purchase food and beverages. Van leaves TPCC promptly at 6 p.m. and will return at 10 p.m.

Takoma Park Community Center Meet in Teen Lounge 7500 Maple Avenue 13-17 years Saturday, October 13 6-10 p.m. Resident: \$10 / Non-resident: \$20

Recreation: Adults

Adults

16+ years

City Resident program registration: Wednesday, August 15 at 8:30 a.m. Non-resident program registration: Wednesday, August 22 at 8:30 a.m.



ART

Ceramics: Hand Building & Sculpture

This class focuses on basic hand-building techniques, including pinch, coil and slab construction, as well as surface treatment and glazing. It is open to all levels of experience. Students can create functional items, such as vases, soap dishes and teacups, as well as sculptures, including portrait heads and whimsical animals. Dream something up and come try it out in the studio. Experienced potters may use studio's electric wheels to pursue independent projects. All glazes are leadfree and food-safe. \$20 materials fee due to instructor on the first day of class. Registration for Monday's class includes studio time on most Fridays from 10 a.m. - 12 p.m. Instructor: Caroline Mackinnon

Takoma Park Community Center
Art Studio
7500 Maple Avenue
16 years and older
Mondays, 10 a.m. –12 p.m.

Session 1 (7 weeks):
September 17-October 29
Resident: \$90 / Non-resident: \$110

Session 2 (6 weeks):
November 5-December 17

Ceramics: Wheel Throwing

Resident: \$75 / Non-resident: \$95

Receive instruction on using the potter's wheel. Participants will make cups, bowls and dishes. Tools and other materials provided. There is a \$20 materials fee due to the instructor on the first day of class. Instructor: Alice Sims, Art for the People

Takoma Park Community Center Art Studio 7500 Maple Avenue 16 years and older 8 Week Sessions Tuesdays, 6:30–8:30 p.m.

Session 2: October 30-December 18 Wednesdays, 6:30–8:30 p.m.
Session 1: September 5-October 24 Session 2: October 31-December 19 Resident: \$110 / Non-resident: \$130

Session 1: September 4-October 23

Collage

Have fun working with found, purchased and altered papers, while learning how collage methods can enhance your art making process, whatever medium you use. This class explores ways of combining collage materials and art media. You will be introduced to a variety of collage techniques, work with elements and principles of design, and explore creative two- and three-dimensional assembly. Instruction will be given in surface preparation, adhesives, color theory and composition and is suitable for beginners, as well as more experienced students. Basic materials (adhesives, supports, papers and paints) will be available (some personal or found collage elements may be desirable in addition to materials provided). A materials fee of \$30, paid directly to the instructor, will be due on the first day of class. Instructor: Katie Dell Kaufman

Takoma Park Community Center Art Studio 7500 Maple Avenue

16 years and older 6 Week Sessions

Tuesdays, 11 a.m. –2 p.m.

Session 1: September 11-October 16 **Session 2:** October 30-December 11 Resident: \$210 / Non-resident: \$240

Encaustic Collage Weekend Workshop

Encaustic collage is a collage medium that uses bees wax as an adhesive and allows for layering of papers and lightweight found materials as a base for over painting with oil and encaustic paint. This workshop will cover collage layering processes using translucent and opaque papers and sculptural effects that can be created with the wax with stencils, stamps and incising. Ways to enhance your collage with encaustic paint will be introduced, as well as principles of layering wax and wax-based paint over absorbent surfaces. All materials will be provided for the \$50 materials fee, including all substrates, medium, brushes and paint. A letter of optional collage materials to bring will be sent after you register. Instructor: Katie Dell Kaufman

Takoma Park Community Center Art Studio 7500 Maple Avenue 18 years and older 2 Day Session Saturday & Sunday October 13-October 14 9:30 a.m.-4:30 p.m. Resident: \$250 / Non-resident: \$280

DANCE

Mindful Movement

What happens when you combine meditation, dance and yoga together? Mindful Movement! This class is for dancers and non-dancers alike. Using creative movement and principles from different dance styles, we will explore and observe, through sensing and moving, our mind-and-body connection to bring awareness and creative freedom to the wonderful world of your body. Expect

Recreation: Adults (cont.)

free dancing, some technical elements of dance, (e.g. African, jazz, contemporary, modern) breathing techniques, meditative stretching, and lots of insight and fun! Whether you want to view your body with more compassion and understanding, learn to properly stretch and tone, or you want to gain dancing insight and creativity, this class is for you. Instructor: Beth Mwano

Takoma Park Community Center Dance Studio 16 years and older 6 Week Session Saturdays, September 8-October 20 12:45-2 p.m. Resident: \$85 / Non-resident: \$95

DRAMA & THEATER

Acting & Audition Technique for the Stage

Would you like to act in a play? Learning to audition is the first step, and this class will prepare you with the primary tools you'll need, including having an effective audition monologue to perform. After selecting a monologue with the instructor, you will learn (through lively theatre exercises) the fundamentals of acting and stage technique. script analysis, and character development that will heighten the performance of your piece. In addition, the class will cover the other essential audition tools, such as pictures and resumes and techniques for cold-readings and scene callbacks. The class will culminate with a performance of the monologues in a final public presentation, Instructor: W. Allen Taylor

Takoma Park Community Center 7500 Maple Avenue Auditorium 16 years and older 10 Week Session Mondays, September 10-November 19 (No class 11/12) 7-9 p.m.

Resident: \$130 / Non-resident: \$150

EDUCATION & DEVELOPMENT

Writing Life Stories

Do you want to share important life experiences through your writing? Our stories are part of what makes us human. Whether you are a lifelong writer or a beginner, this class is for you. The instructor will help you jump-start your memories, organize your ideas and edit your work.

Bring a notebook or laptop to each class and be ready to have fun. We use the book Writing the Memoir by Judith Barrington.

Instructor: Barbara Rosenblatt Takoma Park Community Center Rose Room 7500 Maple Avenue 16 years and older 8 Week Session Wednesdays, September 12-November 7 (No class 9/19) 7–8:30 p.m.

ENVIRONMENTAL

Resident: \$125 / Non-resident: \$145

Community Garden



Takoma Park Recreation Center Outdoor Garden 7315 New Hampshire Avenue 16 years and older First & Fourth Saturdays of the month September-December 8-9:30 a.m. Free

FITNESS

Ladies Boot Camp

A challenging workout within a guick hour. this total body program includes a circuit of drills, such as jumping jacks, running, push-ups, squats, crunches and weight training. Students are required to bring their own mats. Instructor: KJ Total Fitness

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 16 years and older 8 Week Session Tuesdays & Thursdays September 4-October 25 6:30-7:30 p.m. \$85 Drop-In: \$10

Pilates

A fun and invigorating workout that teaches controlled movements utilizing the body's "core" - abdomen, back, and hips. Pilates improves core control, coordination, standing alignment and balance with mat exercises. Pilates is the ultimate mind-body exercise for anyone who wants to tone, streamline. and realign his or her body. Students are

required to bring their own mats and hand weights. Instructor: Nancy Nickell

Takoma Park Recreation Center Front Room 7315 New Hampshire Avenue 16 years and older 6 Week Session Wednesdays, 6-7 p.m.

Session 1: September 5-October 10 Session 2: October 17-November 21

Qi Gong - 12 Postures

The exercises of Lang Ye 12 Postures Qi Gong enhance flexibility, core strength, alignment, prevent stiffness and help to relieve back/neck pain. Learning these standing and seated movements will bring relief, joy and energy to your mind, body and spirit. If your vital life energy has been blocked by illness, injury or you are just "low energy," then this class will revitalize you. No experience is needed. Instructor: Joann Malone

Takoma Park Community Center Dance Studio 7500 Maple Avenue 16 years and older 8 Week Session Tuesdays, October 16-December 4 7-8 p.m.

Resident: \$95 / Non-resident: \$105 Drop-In: \$15 (check or credit card only)

Yoga (Ivengar): Beginners

This class will introduce to you yoga as taught using the Iyengar Method. In this method the emphasis is on alignment and precision. The basic postures are introduced, and awareness is created in the whole body. As awareness of every part of the body is felt, so also energy is generated and the breath is engaged. The goal is to bring into alignment not just the different parts of the body but alignment of the body with the mind and the mind with the soul. Mats and props will be provided to make all poses accessible to all. Students are requested to wear comfortable clothing, and please do not eat in the two hours prior to the class, Instructor: Tehseen Chettri

Takoma Park Community Center Dance Studio 7500 Maple Avenue 18 years and older 16 Week Session Wednesdays, September 5-December 19 6-7:15 p.m. Resident: \$180 / Non-resident: \$210

Drop-In: \$15 (check or credit card only)

Yoga (lyengar): Intermediate

Practice and persistence brings transformation! After achieving a firm foundation in the beginners class, a student wishes to go forward in her/ his exploration of the discipline of Yoga. This intermediate level offers a deeper penetration of the consciousness from the periphery towards the core. The more advanced postures are introduced and inversions are included. The practice of pranayama (breathing) is included in the session. Mats and props are provided. Instructor: Tehseen Chettri

Takoma Park Community Center
Dance Studio
7500 Maple Avenue
18 years and older
16 Week Session
Wednesdays, September 5-December 19
7:30–9 p.m.
Resident: \$180 / Non-resident: \$210

Drop-In: \$15 (check or credit card only)

Zumba

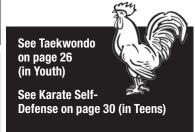
Zumba is a total workout, combining all elements of fitness with cardio, muscle conditioning, balance and flexibility.

Zumba takes the "work" out of workout by mixing low- and high-intensity moves.

The class will incorporate Latin music that will easily move you through your workout. Instructor: Laura Stewart

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 16 years and older 6 Week Session Saturdays, September 8-October 13 11:45 a.m. –12:45 p.m. \$50 Drop-In: \$10

MARTIAL ARTS



Kung Fu

Bungo Fu is the Jamaican style of Kung Fu. Come learn meditation, self-defense, improved flexibility and self-awareness.



This ancient form of self-defense provides physical and mental exercise, which could help students defend themselves by strengthening hand-and-eye coordination as well as assist with the maintaining of balance as they get older. The student will gain physical fitness, mental and spiritual strength. Instructor: Master Thompson

Takoma Park Community Center Dance Studio 7500 Maple Avenue 17 years and older 9 Week Session Monday, September 10-November 5 7:30–8:30 p.m. Resident: \$150 / Non-resident: \$180

MULTI MEDIA

Introduction to Photoshop

Photoshop (PS) is the most widely used computer program for the creative enhancement or alteration of digital photographs. This class will emphasize several basic methods to retouch, restore and save photographs. Participants should have basic knowledge of computers. All participants will need an external memory device (stick or drive) of at least five gigabytes to store and save photographs. Instructor: Barry Hinderstein

Takoma Park Community Center
Multi Media Lab
7500 Maple Avenue
16 years and older
8 Week Session
Wednesdays, September 12-October 31
6:30–8:30 p.m.
Resident: \$75 / Non-resident: \$85

Photography 101

We are constantly taking photos, but they don't come out the way we imagined. In this class, learn the intros to photography as an art form and step up your photography game. The class will cover the following topics: how to shoot manual on your DSLR, rules of composition, portrait photography, object photography, landscape photography, posing 101, how to edit your photos, natural vs. artificial light, composition and turning your phone into a camera. Participants should have basic knowledge of computers. All participants will need an external memory device (stick or drive) of at least five gigabytes to store and save photographs. Instructor: Vinny Mwano

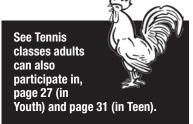
Takoma Park Community Center Multi Media Lab 7500 Maple Avenue 18 years and older 8 Week Session Tuesdays, September 11-October 30 7:15–8:15 p.m. Resident: \$80 / Non-resident: \$90

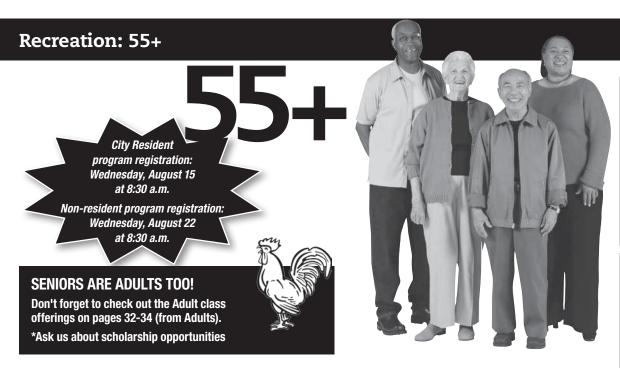
Video Production and Editing

From pre-production techniques to how to properly videotape with any device and techniques of editing, learn the art of video production. Instructor: Isaac Asare

Takoma Park Community Center Multi Media Lab 7500 Maple Avenue 16 years and older 5 Week Session Thursdays, September 13-October 11 6–8 p.m. Resident: \$150 / Non-resident: \$180

SPORTS





ART

Mosaics Workshop

In this two day workshop, you will create your own beautiful mosaic mirror. All supplies provided. This is a free workshop: however online or in-person registration is required with the Recreation Department. Instructor: Art for the People, Alice Sims

Takoma Park Community Center Azalea Room 7500 Maple Avenue 55 years and older 2 Day Session Mondays, October 15 & October 22 11 a.m.-1 p.m. Free

DROP-IN

Bingo

Come and try your luck. Win a prize. Dropin: no registration required. No bingo in November and December.

Takoma Park Community Center Senior Room 7500 Maple Avenue 55 years and older Tuesdays, September 25 & October 23 12-2 p.m. Free

Game Room Open Play

The Game room is available for adults age 55 and older to play pool, table tennis, basketball arcade and other active games. The game room is a great place to join friends for lively conversation, and just to

"hang out" before, in-between and after classes during the day. Game Room not available during Table Tennis Skills class fall session, Thursdays 9/6-11/8, 12-1 p.m.

Takoma Park Community Center Game Room 7500 Maple Avenue 55 years and older Ongoing

Monday-Wednesday: 9 a.m.-1 p.m. Thursdays: 9 a.m.-12 p.m. Fridays: 9 a.m.-1 p.m.

Saturdays: 10 a.m.-12 p.m.

EDUCATION & DEVELOPMENT

Computer Basics

This three-week course will introduce people with little or no experience to basic skills, such as sending and receiving email, internet searching and using a word processor to compose letters, etc. You need a Takoma Park Library card to access the computers. Registration with the Takoma Park Recreation Department is required. Instructor: Anne Levegue

Nev

Takoma Park Community Center Computer Lab 7500 Maple Avenue 55 years and older 3 Week Session

Wednesdays, September 5-September 19 Daytime Session: 10 a.m.-12 pm.

Evening Session: 7-9 p.m. \$10 (Plus a Takoma Park Library Card)

Computer Extras

Take your computer skills to the next level. In these three classes, experiment with social media and master the calendar and other computer/smart device apps. Learn what to do with all those pictures in your mailbox. Bring your questions! You need a Takoma Park Library card to access the computers. Registration with the Recreation Department is required. Instructor: Anne Leveque

Takoma Park Community Center Computer Lab 7500 Maple Avenue 55 years and older 3 Week Session Wednesdays, October 10-October 24 10 a.m.-12 pm. \$10 (Plus a Takoma Park Library Card)

FITNESS

Blood Pressure Screening

Adventist Healthcare will conduct monthly blood pressure screening, Drop-in, No registration is required. No blood pressure screening in November and December.

Takoma Park Community Center Senior Room 7500 Maple Avenue 55 years and older Tuesdays, September 25 & October 23 11:30 a.m.-12 p.m. Free

Bone Builders

The Bone Builders program, in partnership with Montgomery County, consists of three parts: balance exercises, weight training, and discussion concerning diet, safety and exercise. The program uses trained RSVP volunteers to lead the classes with supervision by a certified trainer. For best health benefits and increase in bone density, participants are encouraged to attend class twice a week. In-person or online registration is required to participate in this program.

Takoma Park Community Center Dance Studio 7500 Maple Avenue 55 years and older 17 Week Sessions

Monday & Thursday Session:

September 6-December 27 (No class 11/12) 10–11 a.m.

Tuesday & Friday Session:

September 4-December 28 (No class 12/25) 10:30–11:30 a.m. Free

Cardio Groove

This class offers high-energy, fastpaced, low-impact Aerobics to get the heart pumping and feet moving quickly. Followed by a cool down and stretch. Instructor: Nancy Nickell

Takoma Park Community Center Dance Studio 7500 Maple Avenue 55 years and older 12 Week Session Mondays, September 10-December 3 (No class 11/12) 11:30 a.m.—12:30 p.m. Free

Enhanced Fitness Training

This well-rounded hour of fitness focusses on increasing flexibility, strength and balance through stretching, breathing, aerobic movement, core training and proper posture alignment. Students will use resistance bands. Please bring mat, towel and water. Instructor: Adriene Buist

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 55 years and older 12 Week Session Tuesdays, September 4-November 20 12–1 p.m. Free

Our campers had so much fun this summer! Join us next summer for a new adventure, June 3-7, 2019. Registration opens March 15.



Full Body Fusion

Active adults will enjoy this low-impact, full-body workout to music. Elements of balance, movement, strengthening, and yoga blend to create a fun, functional and energetic workout. Bring an exercise mat to class. Instructor: Jaylene Sarracino

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 55 years and older 12 Week Session Tuesdays, September 4-November 20 2–3 p.m. Free

Gentle Yoga

Yoga can help increase flexibility, strength, and balance, using a series of seated and standing poses. Learn breathing and relaxation techniques. Beginners and experienced students welcome. Work at your own level. You must bring a yoga mat to class. Instructor: Carol Mermey

Takoma Park Community Center Dance Studio 7500 Maple Avenue 55 years and older 12 Week Session Fridays, September 14-December 7 (No class 11/23) 12–1 p.m. Free

Heart and Core

Move to the highenergy beat to pump up the heart rate followed by 20



minutes of Pilates core floor workout to strengthen the area from shoulders through hips. Class members should bring their own mats. This is a free class; however, registration in-person or online with the Takoma Park Recreation Department is required. Instructor: Nancy Nickell

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 55 years and older 12 Week Session Saturdays, September 8-December 8 (No class 11/24) 9:15–10:15 a.m.

Line Dancing

Line Dancing is great physical and mental exercise, and an enjoyable social activity that leads to meeting new people and making new friends. Strengthening of bones and muscles, weight loss, increased stamina and flexibility, and stress reduction are just some of the benefits of dancing. Learn how exercise can be fun with music. No experience necessary. Register for one class only,

early session or the later session. Instructor: Barbara Brown

Takoma Park Community Center Dance Studio 7500 Maple Avenue 55 years and older 16 Week Session Wednesdays, September 5-December 19 (No class 9/19, 9/26, 11/21, 12/26)

Early Session: 10:30-11:30 a.m. **Late Session:** 11:45 a.m.-12:45 p.m.

Free

Tai Chi Strength

This class begins with meditation followed by stretching, Tai Chi Sunfist Forms and balance exercises to build strength and endurance and ends with cool down exercises. This is a free class: however. in-person or online registration with the Takoma Park Recreation Department is required. Instructor: Master Thompson

Takoma Park Recreation Center Back Room 7315 New Hampshire Avenue 55 years and older 11 Week Session Tuesdays, September 4-November 20 12-1 p.m. Free

Tai Chi Strength

This class begins with meditation followed by stretching, Tai Chi Sunfist Forms and balance exercises



to build strength and endurance and ends with cool down exercises. This is a free class; however, in-person or online registration with the Takoma Park Recreation Department is required. Instructor: Master Thompson

Takoma Park Community Center Dance Studio 7500 Maple Avenue 55 years and older 11 Week Session Thursdays, September 6-November 15 6:30-7:30 p.m. Free

Walking Group

Don't worry about the cold weather, and join your neighbors and friends for indoor lap walking. Go at your own pace. Drop-in. No registration is required.

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue



55 years and older 16 Week Session Tuesdays, ongoing 12-1 p.m. Free

Zumba Gold

Zumba Gold is the Latin-inspired dance fitness program that makes working out fun. Designed for the active senior, the Zumba Gold workout provides participants with the opportunity to improve balance, flexibility and cardiovascular strength. This is a free class; however, registration is required to participate in this program. Due to the popularity of the Zumba classes, you may register for one class per week only. Choose the class that best fits vour schedule. Instructor: Yesika Flores

Takoma Park Community Center Dance Studio 7500 Maple Avenue 55 years and older 12 Week Sessions

Thursday Session:

September 13-December 6 (No class 11/22) 11:30 a.m.-12:30 p.m.

Saturday Session:

September 15-December 8 (No class 11/24) 2:30-3:30 p.m. Free

SPORTS

Table Tennis Skills (Ping Pong)

Great fun! Led by Donn Olsen, coach and instructor, this class provides enjoyable physical exercise and requires no prior experience. Students will learn game rules and practice skills.

Takoma Park Community Center Game Room 7500 Maple Avenue 55 years and older 10 Week Session Thursdays, September 6-November 8 12-1 p.m. Free

Tennis Fun & Fitness

Rediscover your love of tennis or help find it for the first time by playing this lifelong game. This class blends exercise with learning or reviewing skills. The goal is fun and fitness utilizing special equipment for indoor play. All equipment provided, but you can bring your own racket. Instructor: Coach SJ

Takoma Park Recreation Center Gymnasium 7315 New Hampshire Avenue 55 years and older 12 Week Session Thursdays, September 6-November 29 (No class 11/22) 12-1 p.m. Free

Partnerships

The Takoma Park Recreation
Department has formal partnerships
established with neighborhood,
community, business and notfor-profit organizations. These
partnerships allow our department
to leverage resources and generate
citywide interest and support for our
facilities, programs and events. We
appreciate your support!

Let's Play America

Let's Play America is a nonprofit that encourages people of all ages to play. LPA and the Recreation Department cosponsor four play events a year; a pool party and three play days. The dates are on the LPA website under events. People of all ages interested in helping with planning play events and/or volunteering are welcome to attend monthly meetings on the second Wednesday of the month at 7 p.m. in the TPCC Hydrangea Room Residents who want to close their street for play, help with the independent play events or would like more information are welcome to contact Pat Rumbaugh at theplaylady@gmail.com or 301-928-9962 or visit www.letsplayamerica.org.



Credit: Selena Malott

Pat Rumbaugh, The Play Lady, is joined by the volunteers who helped with the Seventh Annual Mid-Year Play Day on February 12, 2017.

Piney Branch Pool (Adventist Community Services)

Sunday, 8 a.m. -4:15 p.m.; Monday - Friday, 6:30-9 a.m.; Monday - Thursday, 4-8 p.m.; Friday, 4-7:45 p.m.; Saturday, 8 a.m. -4 p.m.

Pool hours are subject to change. Lane swimming, water aerobics, kayak classes, and much more are available. The pool is located at Piney Branch Elementary School, 7510 Maple Avenue. Park behind the Community Center, and use side entrance to school on Grant Avenue. For more information, contact Joyce Seamens at 301-565-0190, joyces@ascgw.org, or visit acsgw.org.

Takoma Park Boys & Girls Club

The Takoma Park Boys and Girls Club is a nonprofit organization that has operated in the Takoma Park community for over 50 years. The Club focuses on academics, the fundamentals of football and cheer, and most importantly, building the team concept. For more information, visit takomaparkbgc.teamopolis.com.

Takoma Park Community Band

The band is open to any community member who plays an instrument. The band is looking for musicians at all levels of expertise who would enjoy being a part of a musical group. Practices held Mondays at 7:30 p.m. at Heffner Park Community Center, 42 Oswego Avenue. For more information, contact Gene Herman at 301-585-5832 or gene511@aol.com.



Credit: Takoma Park City TV The Takoma Park Community Band held its 40th Anniversary Concert in April 2014.

Takoma Soccer

Takoma Soccer is a volunteer program whose goal is to provide local kids with a fun, recreational soccer program close to home. Takoma Soccer strives to teach children the value and fun of teamwork, cooperation, practice, and sportsmanship. For more information, contact Howard Kohn at 301-270-8187 or kohn@erols.com.

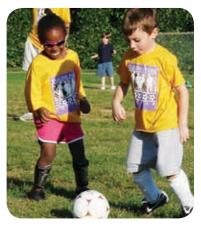
M.A.N.U.P.

The programs for MANUP are gender specific to enhance male and female development through the principles of education, social responsibility, self-empowerment and economic awareness. Several programs include guest speakers, field trips to various educational and fun locations, career development and more. This mentoring program is made possible by countless volunteer hours. These mentors work in cooperation with the Takoma Park Recreation Department. This is a dropin program, and permission slips are required for trips. They meet Tuesdays at 6:30 - 8 p.m. in the Teen Lounge at the Community Center.



Credit: www.manupnow.org

M.A.N.U.P operates two types of mentoring programs: in-school and community-based.



Credit: www.takomasoccer.org

Children as young as three years old can play with Takoma Soccer.

Recreation Registration and Policies

visit us online @

http://apm.activecommunities.com/takomaparkrecreation

RESIDENT **PROGRAM** REGISTRATION **BEGINS August 15** AT 8:30 A.M.



4. Click Create Account or enter other family members into the system at this time.

5. Click Intro and search for a course or

Alternative registration

You can still register via mail or walk in: Takoma Park Recreation Department 7500 Maple Avenue Takoma Park, MD 20912

> Make checks or money orders payable to: City of Takoma Park. List program name and participant's name on front of check. No phone registrations.

If you are having trouble registering or if you have questions concerning classes, please call 301-891-7290 or e-mail us at recreation@takomaparkmd.gov.

With ActiveNet® you can use a credit card to:

- Register for recreation classes 24 hours a day, 7 days a week!
- · Request a park or recreation facility for an event.
- Receive class confirmation via e-mail.
- View and print class schedules.
- Purchase memberships to the gym and fitness room.
- Service fee applies online.

Instructions for creating an account

Contact the Recreation Department in advance if you currently have an account and need to verify your username and password.

- 1. Access apm.activecommunities. com/takomaparkrecreation
- 2. Click Create an Account.
- 3. Complete all necessary information; fields marked with an asterisk are required.

Wait list policy

In the event that a program has more interest than available space, we will keep a waiting list. Individuals on the waiting list will be accommodated on a first-come. first-served basis. In the event that another class is created, individuals from the waiting list will be contacted.

Registration policies

- The Recreation Department reserves the right to cancel any program/class due to insufficient enrollment or to substitute teachers without participant notification.
- · Classes may be canceled on school holidays, vacations, snow days or any other dates noted in the guide. If schools close midday due to a weather or other emergency, children's classes will also be canceled. Every attempt will be made to reschedule classes canceled due to weather emergencies.

- A resident of Takoma Park is any person who lives within the 2.4 square mile corporate limits. A nonresident lives outside the corporate limits. If you are not sure of your residency status, please call us and we will be happy to assist you. Or visit takomaparkmd.gov/council and review the street listing.
- · We require, for most programs, that participants are the required age as the date of the first class. All age requirements are set to benefit the participant and allow for more consistent program instruction. In some instances, the requirements have been set for the participant's safety.
- Customers can only register individuals listed on their household account for programs.

Refund policy

PLEASE READ CAREFULLY

- Registrants assume the risk of changes in personal affairs or health.
- Refunds will be approved with written/ electronic notification received seven (7) business days prior to scheduled start of program, A \$15 administrative fee will be deducted per participant/per class and may take up to 30 days to receive.
- Registrant may choose to receive a credit for the remaining amount, which may be used for another program.
- Refunds after the program has begun will be considered only with medical verification (*no exceptions*). No refund after the program has ended.
- Membership passes are not eligible for a refund.
- The online processing fee will not be included in refunds.



WE DON'T SPAM

Periodically you will receive emails about upcoming registration dates, special events, weather closings, special promotions or new programs. It is important that you have a valid email address in our database. If you change email addresses, move, etc., please let us know.



REGISTER EARLY!

Nothing cancels a good class quicker than waiting until the last minute to register. If there aren't enough registrations by a certain date, the course may be canceled.

Fall 2018

events!

10th Annual Play Day

It's time for you to let your hair down, put on your comfy shoes and get ready to play. Yes, that's right. Let's Play America and the Takoma Park Recreation Department have teamed up to present to you the 10th Annual Play Day! Rain or shine



this event will have tons of fun activities for the entire family to enjoy, including the infamous Touch-A-Truck. To see a full listing of activities and performances, please visit www.letsplayamerica. org. See you there!

Takoma Park Middle School 7611 Piney Branch Road All ages Saturday, September 8 10 a.m.-2 p.m. Free

Welcome Back **Caldecott Medalist Sophie Blackall**

Blackall returns to the Library to talk about Winnie's Great War. This kid's novel, written by Lindsey Mattick and Josh Greenhut, features illustrations by Blackall. The novel is based on the picture book Finding



Winnie, for which Blackall won the 2016 Caldecott Medal, Our program is co-sponsored by Politics & Prose Bookstore.

Takoma Park Maryland Library 101 Philadelphia Avenue September 20 7:30 p.m. Free

Monster Bash 2018

The event will kick off at 1 p.m. with games and fun activities, followed by the Costume Parade where the costume judging will take place during the parade route. We will end the festivities with the Costume Award Ceremony and Celebration in Old Town Takoma Park. Categories: Ages 4 and Under; 5-8; 9-12: Teen and Adult: and Overall Group. For more



information, if you would like to volunteer, or be a costume judge for this event, please contact John Webster at johnw@takomaparkmd.gov or 301-891-7290.

Check

out these special

Starting at Carroll & Ethan Allen Avenues Parade walking to Old Town Saturday, October 27 1-5 p.m. All ages Free

Music of Love & Freedom

Cecily Bumbray will share her sweet soprano voice and honest lyrics in a performance titled Music of Love & Freedom. Cecily will sing some of her original songs as well as classic soul and jazz standards from Nina Simone, Aretha Franklin, and others. She is an artist-inresidence at Strathmore and has performed at the Kennedy Center. Howard Theater and The Hamilton.



Takoma Park Community Center Auditorium 7500 Maple Avenue September 28 7:30 p.m. Free (\$10 donation suggested)