

# Takoma Park city guide

Winter 2019

CLASSES • PROGRAMS • SERVICES • & MORE!



## PHOTOGRAPHIC MEMORIES: THE YEAR IN REVIEW



[takomaparkmd.gov](http://takomaparkmd.gov)

Recreation Dept.  
Registration for Residents  
Begins December 14  
at 8:30 A.M

2019 Holiday Closure Calendar

New Year's Day  
Tuesday, January 1

Martin Luther King Jr. Day  
Sunday, January 20 -  
Monday, January 21

President's Day  
Sunday, February 17 -  
Monday, February 18

About the Cover

Snapshots of 2018: These images represent some of the milestones that occurred in the City during 2018. Turn to pages 8-9 for complete descriptions and more photographic memories of the past year.



Look for this icon throughout the guide, which identifies the City's green initiatives.



The City of Takoma Park has a new alert system. Takoma Park Alert will deliver important emergency alerts, notifications and updates to you by whichever methods you choose. The Takoma Park Alert system replaces the TP Alerts system. We encourage all residents to sign up. [Learn more at takomaparkmd.gov/alert](http://www.takomaparkmd.gov/alert)

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ADA



The City of Takoma Park is committed to ensuring that individuals with disabilities are able to fully participate in public meetings and programs. For auxiliary aids or services at a City of Takoma Park event, contact Jason Damweber, Deputy City Manager, at [jasond@takomaparkmd.gov](mailto:jasond@takomaparkmd.gov) or 301-891-7202 or Maryland Relay Service at 800-735-2258 TTY/Voice. Two weeks advance notice is requested.

City Council

All legislative powers of the City are vested in a body designated as the Council of the City of Takoma Park, consisting of seven members. Six of these members are elected by ward and are called Councilmembers, and one is elected at large and is called the Mayor. The regular term of the Councilmembers and the Mayor is two years or until their successors have been elected and duly sworn. However, this Council will serve three years to align with the 2020 Presidential Election. Newly elected Councilmembers and the Mayor take office on the second Monday following their election.



**Mayor: Kate Stewart**  
kates@takomaparkmd.gov  
Office hours are by appointment.  
Call Peggye Washington at  
301-891-7230  
or email [peggyew@takomaparkmd.gov](mailto:peggyew@takomaparkmd.gov)



**Ward 1:  
Peter Kovar**  
240-319-6281  
[peterk@takomaparkmd.gov](mailto:peterk@takomaparkmd.gov)



**Ward 2:  
Cindy Dyballa**  
240-320-6494  
[cindydy@takomaparkmd.gov](mailto:cindydy@takomaparkmd.gov)



**Ward 3:  
Kacy Kostiuk**  
202-204-4912  
[kacyk@takomaparkmd.gov](mailto:kacyk@takomaparkmd.gov)



**Ward 4:  
Terry J. Seamens**  
240-793-5108  
[terrys@takomaparkmd.gov](mailto:terrys@takomaparkmd.gov)



**Ward 5:  
Jarrett Smith**  
301-960-7462  
[jarretts@takomaparkmd.gov](mailto:jarretts@takomaparkmd.gov)



**Ward 6:  
Talisha Searcy**  
202-339-7914  
[talishas@takomaparkmd.gov](mailto:talishas@takomaparkmd.gov)

City Manager

301-891-7229  
[suzannel@takomaparkmd.gov](mailto:suzannel@takomaparkmd.gov)

Day-to-day management of the Takoma Park government is overseen by the City Manager. The City Manager is appointed by the City Council, implements the policies they adopt, and proposes an annual budget to the City Council.

To make an appointment with City Manager Suzanne Ludlow or invite her to a community meeting, please contact Executive Assistant Peggye Washington at [peggyew@takomaparkmd.gov](mailto:peggyew@takomaparkmd.gov) or 301-891-7230.



**City Manager  
Suzanne Ludlow**

City Meetings & Events

City Council Meetings

The Takoma Park City Council meets in the Community Center located at 7500 Maple Avenue. Meetings are held on Wednesdays, unless the City Council is on recess or a Wednesday falls on a holiday; meetings then move to the next available calendar day. The Takoma Park City Council generally takes a recess in August and December. City Council meetings are open to the public unless noted otherwise.

City Council meetings are available to watch on City TV Cable and are available to view on the City website live or as archives.

Open Meetings

All meetings of the City Council and Council-appointed boards, committees, commissions, and task forces are open to the public unless noted otherwise. All are subject to the Maryland Open Meetings Act. Notice of meetings is provided on the City Calendar and on the City Council rolling agenda.

Opportunities to Serve

Takoma Park residents have many opportunities to be involved in their government. Serving on a City board, commission, committee or task force is one way to be involved and provide a service to the community. These groups are advisory to the City Council, and some have specific roles related to conducting hearings or carrying out certain activities.

Active Boards, Commissions & Committees

Arts & Humanities Commission, Board of Elections, Commemoration Commission, Commission on Landlord-Tenant Affairs (COLTA), Committee on the Environment, Emergency Preparedness Committee, Ethics Commission, Facade Advisory Board, Grants Review Committee Noise Control Board, Nuclear-Free Takoma Park Committee, Personnel Appeal Board Recreation Committee, Safe Roadways Committee, Tree Commission  
Members are appointed by the City Council. Check the City website for each to see membership requirements and to find out the specifics of each group's mandate. Residents are free to sit in on a meeting or two before applying to see if it is a good fit with interests and skills. See the City website for the calendar of scheduled meetings.

To learn more and apply, visit [takomaparkmd.gov](http://takomaparkmd.gov).



# City Departments

## Administration

### Takoma Park Community Center

#### Third Floor

**Monday - Friday, 8:30 a.m. - 5 p.m.**

The Administration Office includes the City Manager, City Clerk, City TV, and Information Systems.

**City Manager:** 301-891-7229

**City Clerk:** 301-891-7267

## Finance

**301-891-7212**

**finance@takomaparkmd.gov**

**takomaparkmd.gov/finance**

**Monday - Friday, 8:30 a.m. - 5 p.m.**

The Finance Office oversees the City's financial resources, processes payroll, pays bills, collects certain fees, and safeguards and invests City funds.

### Payment of City Fees

#### Online Payment

Payments associated with a City-issued invoices may be made online by American Express, Visa, Mastercard and Discover. A convenience fee of 2.9% or \$1.50, whichever is greater, will be charged. E-check transaction users will have a \$1.00 convenience fee charged.

The following fees can be paid online:

- Rental licensing
- Recreation programs
- Parking fines
- Stormwater\*

\*City property tax and Stormwater payments are collected by Montgomery County. Takoma Park Finance Office will no longer accept payment for Stormwater fees. Stormwater online payment by EB2.gov will not be available effective July 1, 2018. For information concerning property taxes and Stormwater fees, visit: [www.montgomerycountymd.gov/finance](http://www.montgomerycountymd.gov/finance).

#### By Mail or In-Person Payment

Finance Department, City of Takoma  
Park, 7500 Maple Avenue, 3rd Floor  
Takoma Park, MD 20912

# Housing & Community Development

**301-891-7119**

**housing@takomaparkmd.gov**

**takomaparkmd.gov/government/housing-and-community-development**

The Housing and Community Development Department is responsible for a wide range of housing, development, neighborhood revitalization and cultural programming, including We Are Takoma ([arts@takomaparkmd.gov](mailto:arts@takomaparkmd.gov); [takomaparkmd.gov/arts](http://takomaparkmd.gov/arts)).

## Using the Takoma Park Project Directory

What is going on in Takoma Park? The Project Directory can fill you in! The Project Directory lists all major projects currently being worked on or planned citywide and includes need-to-know information for each one. [takomaparkmd.gov/initiatives/project-directory](http://takomaparkmd.gov/initiatives/project-directory)

GOVERNMENT	SERVICES	INITIATIVES	NEWS
Boards, Commissions & Committees City Clerk City Council City Manager City TV Communications Finance	Bids & Contracts Business & Multifamily Recycling Careers/Jobs Community Partners and Resources Curbside Collection	Project Directory (All City Projects) Arts & Culture Arts & Humanities Community Conversations Library Renovation Municipal Tax Duplication	City Council & Mayor Blog City Manager & Staff Blog News & News Alerts Forever Young Newsletter Sign Up For e-Newsletters

1. To access the Project Directory from the City of Takoma Park website, on the home page under initiatives, select "Project Directory" as shown above.

Initiatives > Project Directory

## PROJECT DIRECTORY

### About the Project Directory

This page lists all major projects currently being worked on or planned citywide, purpose:

- Crime & Safety
- Customer Service / Community Engagement
- Economic Development
- Internal Projects
- Policy Priorities
- Public Infrastructure
- Regional
- Sustainability

2. You'll be taken to the "Project Directory" page, which lists all major projects being worked on or planned citywide. Projects are grouped by classification based on their purpose.

## POLICE FACILITY IMPROVEMENTS

About the Police Facility Improvements

City Council authorized funding to evaluate and redesign the police space in the Community Center. The current goal is to expand and renovate the existing space. Likely this will reduce the lobby area on the first floor of the police station.

Current Project Status

Preliminary architectural plans completed. Project is currently waiting for funding.

Project Lead & Contact Info

Rich Powers  
Police Captain  
Phone: 301-891-7104  
Email: [RichP@takomaparkmd.gov](mailto:RichP@takomaparkmd.gov)

Police Facility Improvements Details

Project Info & Timeline

- Target completion date: 2016 - July
- Takoma Park's role in project: Lead
- Departments involved: Police

Budget & Funding Sources

Links & Notes

3. Then click on the name of the project that interests you. In this example, a resident wanted more information about Police Facility Improvements.

Human Resources

301-891-7203  
hr@takomaparkmd.gov  
takomaparkmd.gov/hr

For an up to date listing of current vacancies and employment opportunities with the City of Takoma Park, visit takomaparkmd.gov/hr/careers.

Police

911 (fire and rescue)  
301-270-1100 (emergency)  
301-270-1100 (non-emergency)  
police@takomaparkmd.gov  
takomaparkmd.gov/police  
Open 24/7

Whether online, in person or phone, the Police Department is here to serve the people of Takoma Park.

Public Works/Infrastructure

301-891-7633  
publicworks@takomaparkmd.gov  
takomaparkmd.gov/publicworks  
Monday - Friday, 8:30 a.m. - 5 p.m.

The Public Works Department is responsible for the maintenance of City-owned roads, buildings, stormwater management systems, gardens, parks, vehicles, and equipment. The department also provides solid waste collection and recycling services to single-family residential properties in the City and in the various business districts.

Recreation Department

301-891-7290  
recreation@takomaparkmd.gov  
takomaparkmd.gov/recreation  
Monday - Friday, 8:30 a.m. - 5 p.m.

The City of Takoma Park's Recreation Department provides recreational opportunities for all ages. Our facilities and programs are intended to refresh and rejuvenate our residents, improve our health and connect us as families and as a community.

Takoma Park Maryland Library

301-891-7259  
www.takomapark.info/library  
facebook.com/takomaparklibrary

Library Hours: Sunday, 12 - 5 p.m.; Monday and Wednesday, 12 - 9 p.m.; Tuesday and Thursday, 10 a.m. - 9 p.m.; Friday - 12 - 6 p.m.; Saturday - 10 a.m. - 5 p.m.

Computer Center Hours: Sunday, 12 - 5 p.m.; Monday - Friday, 12 - 8 p.m.; Saturday 12 - 6 p.m.

The Takoma Park Maryland Library is an independent municipal public

library. Library cards are free to anyone living in Montgomery County or working or attending school in Takoma Park. Others must pay an annual non-resident library card fee.

City Facilities

Heffner Park Community Center

42 Oswego Avenue Takoma Park, MD 20912  
301-891-7290

Hours of Operation: Monday - Saturday, 9 a.m. - 9 p.m.; Sunday, 10 a.m. - 8 p.m.

The Heffner Park Community Center features a multi-purpose room with a small kitchenette, restrooms and a water fountain. Rentals will also have access to 30 chairs and 10 tables. Tot music classes, arts, crafts, self-improvement, games, hobbies, and dog obedience courses are among the activities offered.

\*NOTE: Heffner Park Community Center is open for Recreation Department classes and private rentals only.



301-891-7118  
cabletv@takomaparkmd.gov  
takomaparkmd.gov/citytv

Watch City TV online or in HD on RCN channel 1060, Comcast's Municipal Broadcast Network 997, or in SD, on channels 13 (RCN Comcast) and 28 (Verizon).

Also find us on ...



Watch City Council meetings, Snapshots, the "We Are Takoma" series and other community events on City TV.

¡Tenemos programación en Español!  
¡Visítenos! Somos Takoma y El Barrio También  
Canta ahora en TeleCiudad.



Public Works

31 Oswego Ave  
Silver Spring, MD 20910  
301-891-7633  
publicworks@takomaparkmd.gov  
Monday - Friday, 8:30 a.m. – 5 p.m.



Food Waste Collection Program

The City's curbside food waste collection program is available to all the households within the City of Takoma Park. Single family and multi-family properties with City collection and recycling pickup are eligible to participate in the food waste collection program. Please register at [www.takomaparkmd.gov/publicworks/food-waste-collection](http://www.takomaparkmd.gov/publicworks/food-waste-collection).



Large Item Pick Up

Heavy items, like appliances, mattresses and furniture, are picked up by appointment only. There is a \$10 charge for the collection of up to three items. Call to schedule a pickup.



Electronics and Computer Recycling Drop-Off

Bring your old or unwanted electronic equipment to be recycled to the Public Works facility. 8:30 a.m. - 5 p.m., Monday - Friday



Trash Carts and Recycling Containers

Trash carts are available for sale. Purchase a 96-gallon trash carts for \$69.38 and 64- gallon for \$64.08. Carts have lids, wheels, and handles. Recycling containers are free and available at the Public Works facility for pick up during office hours, Monday through Friday 8:30 a.m. to 5 p.m.

Takoma Park Community Center/Sam Abbott Citizens' Center

7500 Maple Avenue  
Takoma Park, MD 20912  
301-891-7100

Hours of Operation: Monday – Thursday, 8:30 a.m. - 9:30 p.m.; Friday, 8:30 a.m. - 10 p.m.; Saturday, 10 a.m. - 6 p.m.; Sunday, 12 - 5 p.m.

Takoma Park Recreation Center

7315 New Hampshire Ave.  
Takoma Park, MD 20912  
301-891-7289

Hours of Operation: Monday, Wednesday, Friday 2:30 - 9 p.m.; Tuesday, Thursday\* 12 - 9 p.m.; Saturday 8 a.m. - 5 p.m.; Sunday Closed

The Recreation Center is a hidden gem. Once inside you'll discover a basketball gym, fitness room, community programs, and fantastic staff. Please stop by and see for yourself!

*\*Tuesdays and Thursdays, 12 - 2 p.m. are reserved for senior use only.*

STAY CONNECTED!



The City of Takoma Park strives to keep residents engaged and informed in a variety of ways including social media, the City website, and public safety notifications via email and text, to name a few. Here are some tips for staying on top of the goings on around the City.

- Visit [takomaparkmd.gov](http://takomaparkmd.gov), where you can access information on upcoming Council meetings and agendas, City news, and the status of City projects
- Like the City of Takoma Park on or follow us on at @TakomaParkMD and on
- Sign up for Public Safety notifications on Takoma Park Alert: [takomaparkmd.gov/services/takoma-park-alert](http://takomaparkmd.gov/services/takoma-park-alert)
- Stay up to date with city news and blogs from City Staff, the Mayor and Council at [takomaparkmd.gov/news](http://takomaparkmd.gov/news)



- Make a service request or report an issue using "My TkPk," an online and application based reporting tool: [takomaparkmd.gov/services/my-tkpk](http://takomaparkmd.gov/services/my-tkpk)



# UNDERSTANDING STORMWATER RUNOFF

Stormwater is excess rainfall that is not absorbed by the ground, trees, or plants. This water flows over streets and other impervious surfaces, picking up oils, sediment, and other contaminants on its way to Sligo Creek, the Anacostia River, and the Chesapeake Bay. As stormwater increases in volume and speed, it causes stream bank erosion and dumps more sediment into the stream, harming aquatic insects, fish and animals that depend on the stream for their food and habitat. The illustration to the right explains stormwater runoff graphically.

## How does the City manage stormwater?

The City is making great strides to reduce the amount of impervious surface area, control erosion, and undertake projects that decrease the amount of contaminants and stormwater that enter local waterways. Some of these projects include:

- Installing stormwater management facilities such as bio-retention areas that use native plants and trees to filter pollution from storm runoff.
- Stream restoration and stabilization projects, such as the Circle Woods Stream project.
- Developing green streets, such as the Flower Avenue Green Street Project.
- Restricting the use of cosmetic pesticides through the Safe Grow Act.
- Maintaining stormwater infrastructure throughout the City.



# PUBLIC INFRASTRUCTURE INITIATIVES

## Flower Avenue Green Street:

The Flower Avenue Green Street project will incorporate pedestrian safety, traffic calming and innovative stormwater management, as well as improvements to bus stops and lighting. Streetlight upgrades, new benches and refuse containers on the west side of Flower Avenue have been completed. The project construction for the remaining work is expected to begin in March 2019. A construction kickoff meeting will be held in early February 2019. More information is available at [floweravenue.takomaparkmd.gov](http://floweravenue.takomaparkmd.gov). Staff contact: Nima Upadhyay, 301-891-7621, [nimau@takomaparkmd.gov](mailto:nimau@takomaparkmd.gov)

## Flower Avenue and Sligo Creek Parkway Traffic Calming:

This intersection has long been a source of concern for the adjacent Long Branch Sligo neighborhood due to the speed of traffic entering the neighborhood from Sligo Creek Parkway. City Council authorized staff to develop a concept plan and request permission from Maryland National Capital Park and Planning Commission, the owners of the Parkway, to initiate an intersection redesign. An initial design concept has been developed that establishes a “T” intersection while providing treatment facilities in the existing roadway shoulder to treat surface water pri-

or to entering Sligo Creek. The project must go through detailed design and Park and Planning review and approval, followed by permitting. The construction timeframe is not yet known, but is anticipated for 2019. Staff contact: Ian Chamberlain, 301-891-7611, [ianc@takomaparkmd.gov](mailto:ianc@takomaparkmd.gov)

## Sidewalk Improvements:

Since 2010, the City has embarked on a program to replace and repair existing sidewalks to provide safe accessible pathways and comply with Federal regulations. The City also established a process in 2012 for the community to request new sidewalks. Since then, the City has constructed more than 10,000 linear feet of new sidewalk. Current requests include the following:

- Glenside Drive – Construction 2019
- Maple Avenue (7900 Block) – Design in development
- Gude Avenue – Design in development

For more information about the process for requesting new sidewalks, visit [takomaparkmd.gov/initiatives/project-directory/sidewalk-design-and-construction](http://takomaparkmd.gov/initiatives/project-directory/sidewalk-design-and-construction).

Staff contact: Daryl Braithwaite, 301-891-7615, [daryl@takomaparkmd.gov](mailto:daryl@takomaparkmd.gov)



# Photographic Memories:

A lot happened in Takoma Park in 2018. A new leader was sworn in. Residents — young and old — expressed their points of view. New public art made its debut. Races, camps, festivals, and parades were held. As were concerts, exhibits, and poetry readings. Through it all, residents demonstrated the commitment to diversity that makes up the very fabric of Takoma Park.



At left, New Takoma Park Police Chief Anthony DeVaul was sworn in by Mayor Kate Stewart on Jan. 2. Later in the year, Chief DeVaul added two key positions to his leadership team: Rev. Dr. Gayle Fisher-Stewart, Police Chaplain, and Deputy Police Chief Antonio Williams.



At left, TPVFD volunteers graduated from EMT or Fire class at the Public Safety Training Academy (February 3). Left to right: Jose Montoya (EMT), Ntshiuwa Sato Bess (EMT), Natasha Shields (EMT), Xochilt Montoya (EMT), Daria Kirilenko (Fire), Gloria Chan (EMT), Reilly Caprioglio-Chase (Fire)



Photo: Helen Lyons  
Students at Montgomery Blair High School walked out to protest gun violence (Mar. 14, 2018).

At right, Tina Tayebwa poses with her daughter on the newly painted “Uplifting Staircase” between Philadelphia Avenue and Takoma Park Elementary School. Takoma Park muralist Nancy Ilman spear-headed the project.



The TPVFD’s EMS bike team was out at the Takoma Park Safe Routes to School 5k Challenge (May 6).



**Council voted to move forward with Takoma Junction site plan**  
At its standing-room-only July 25 meeting, the City Council made one of its most hotly debated decisions of the year. The City Council affirmed in a 5 to 2 decision that the Neighborhood Development Company (NDC) site plan should move forward in the Montgomery County Development Review process. This vote came after the City Council heard almost 3.5 hours of public comments from City residents, some in support of the site plan and others in very vocal opposition against it.

## New businesses opened

Husband-and-wife team Anna and Jon Goree moved their restaurant Seoul Food D.C. to Takoma Park in March and officially opened in May.

Additional businesses opening in 2018 included, but not limited to, Great Shoals Winery Tasting Room and Yoga Heights.





# The Year in Review

DEPARTMENT  
DIRECTORY

COMMUNITY

LIBRARY

CITY FACILITIES

WE ARE TAKOMA

RECREATION



At left, Takoma Park Safe Routes to School brought the iCan Shine Bike Camp to Takoma Park for the fourth time. The camp was held June 18–22 at Takoma Academy.



Above, local musician Marsha Goodman-Wood and her band, the Positrons, performed science-themed kids' songs from their brand new CD at the Takoma Park Community Center on Aug. 25. The free concert, one of many programs the library offers throughout the year, was sponsored by Friends of the Takoma Park Maryland Library.



Takoma Park Mayor Kate Stewart, left-center, is joined by, from left, volunteer Pam Sparr, former city gardener Mike Welch, Councilwoman Talisha Searcy, Takoma Foundation board president Benjamin Frey and MNCPPC Regional Manager Mohammed Turay at the rededication of the Hillwood Manor Community Garden in September.



At left, many residents make the annual Monster Bash (Oct. 27) a family affair.

Below, Takoma Park's current Poet Laureate Kathleen O'Toole kicks off the Nov. 15 installment of the 3rd Thursday Poetry Series, featuring local poets Kateema Lee, Sunil Freeman (pictured at bottom), John Morris and Lily Scialom-Herman, who read their original work.

## Anniversaries were celebrated



Photo: Ben Carver

Dancers take part in a class at Dance's Exchange's studios in Takoma Park where the organization celebrated 20 years in the community.

- Other organizations observing anniversaries in 2018 included, but not limited to:
- Takoma Park Mobilization – 1 year
  - Takoma Park Youth Council – 1 year
  - Hillwood Manor Community Garden – 10 years
  - Safe Routes to School 5k Challenge – 10 years
  - Let's Play America – 10 years
  - Takoma Park Folk Festival – 40 years
  - Takoma Park Presbyterian Church – 125 years



Images courtesy of Takoma Park City TV



# City Services

## Public Works

**301-891-7633**  
**publicworks@takomaparkmd.gov**  
**takomaparkmd.gov/publicworks**

### Services

See page 6 in the City Department Directory for a listing of additional services offered.

#### Snow Season

The City's Public Works staff will be working hard this winter to clear snow from City's streets. You can help make this effort work better by following these suggestions:

- During snow events, please park your car off the street if possible.
- If you must park on the street, make sure to pull your car as close to the



curb as possible, and at least 25 feet from an intersection.

- Please clear your sidewalk of snow and debris.

For more information on snow removal, visit [www.takomaparkmd.gov/snow](http://www.takomaparkmd.gov/snow).

#### Food Waste Collection Program

The City's curbside food waste collection program is available to all the households within the City of Takoma Park. Single family and multi-family properties with City collection and recycling pickup are eligible to participate in the food waste collection program. Please register at [www.takomaparkmd.gov/publicworks/food-waste-collection](http://www.takomaparkmd.gov/publicworks/food-waste-collection).



### Holiday Trash Schedule

#### Tuesday, Jan. 1, New Year's Day

Trash, recycling and food waste collection will be moved to Wednesday, January 2.

#### Monday, Jan. 21, Martin Luther King's Birthday

Yard waste collection is cancelled

#### Monday, Feb. 18, President's Day

Yard waste collection is cancelled

## Housing & Community Development

**301-891-7119**  
**housing@takomaparkmd.gov**  
**takomaparkmd.gov/government/housing-and-community-development**

### Prospective Homeowners

*First-Time Homebuyer Seminars, Every fall and spring*  
*Down Payment Assistance Program, First-come, First-served*

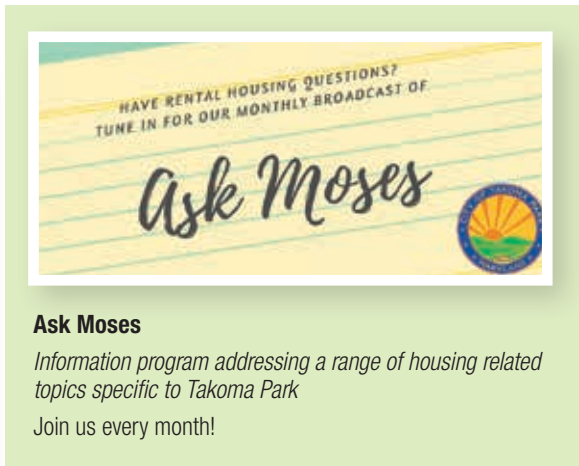


### Emergency Assistance Program

*Year-round eviction and utility shut-off prevention, food and prescription assistance*

### Owner Occupied Group Houses

*Registration Renewals, Deadline: Dec. 31*



### Ask Moses

*Information program addressing a range of housing related topics specific to Takoma Park*

*Join us every month!*

### Tenant and Landlord Disputes

*Mediation*  
*Year-round assistance*

### TAX CREDITS

*Homeowners' Property Tax Credit Program*  
*Renters' Tax Credit Program*  
*Deadline: Sept. 1*



# Police

911 (emergency) • 301-270-1100 (non-emergency)  
police@takomaparkmd.gov • takomaparkmd.gov/police  
Open 24/7

## Police Explorer Program, Post 7500 Ongoing

Do you have what it takes to be one of our newest explorers? The Takoma Park Police Explorer Post is a partnership through Learning for Life and the Takoma Park Police Department. The objective of this program is for young men and women to begin a foundation of becoming good citizens with a background in law enforcement by learning Honor, Integrity and Leadership.

**Service and Discipline:** Explorers work closely with members from many different areas of the Takoma Park Police Department. Participants undergo classroom lectures coupled with hands on practical exercises to demonstrate knowledge and proficiency. While training can be rigorous, many Explorers find that they leave the post with many of the skills to be good people, citizens and employees in any field while making lifelong friendships.

Those individuals who are dedicated to the program find that they have an advantage in obtaining employment with departments. In fact, many previous Explorers have been hired by other police departments and have had successful careers while promoting within our organization.

### Requirements:

- Minimum age of 14 years old but no older than 20 years upon entry
- Maintain a 2.0 GPA
- Free of significant or repetitive criminal and traffic violations
- Free of alcohol or drug use, including abuse of prescription drugs
- Must possess and display a high degree of honesty, integrity, discipline, morals and ethics
- Must be able to attend weekly training meetings consistently

If you are interested, please contact Cpl. Roberto Rodriguez at 7500 Maple Avenue, Takoma Park, Maryland 20912, or you can e-mail Cpl. Rodriguez at robertr@takomaparkmd.gov to request



Explorers interact with various members of the TPPD.

an application. For more information, please visit the police department's Community Policing page at [www.takomaparkmd.gov/police](http://www.takomaparkmd.gov/police).

## Community Police Academy January–April 2019

The Takoma Park Police Department will be accepting applications for its Community Police Academy in November 2018 for its new session. The Community Police Academy will begin in January 2019.

The Community Police Academy meets once a week during the weekdays from 7–9:30 p.m. **The next session will be held on Tuesdays.** The classes cover topics such as patrol, traffic enforcement, criminal investigations, K9 unit, drug enforcement, etc. The presentations are slide show/lecture style and are given by officers, detectives and civilians of the Takoma Park Police Department. There

will also be multiple opportunities for hands-on learning through equipment demonstrations, practical scenarios, field trips and ride-alongs with patrol officers.

The Takoma Park Police Department believes that educating the community will result in gaining their understanding and support. Through implementation of the Community Police Academy, the community will gain new insight into how law enforcement officers perform their duties. The success of any law enforcement agency depends largely upon the amount of cooperation and support it receives from the community it serves.

The Community Police Academy is free to the public. Seats are limited to the first 25 students and are filled based on a first come/first serve basis. The Takoma Park Police Department encourages all applicants to be able to commit to the full length of the program to get the most out of it.

If you are interested in learning about the Takoma Park Police Department and local government, you are 18 years of age or older, and live or work in Takoma Park, you may apply. The applicants may not have any serious misdemeanor or any felony offenses.

Any questions about the Community Police Academy can be directed to the Public Information Officer, Cathy Plevy at [cathyp@takomaparkmd.gov](mailto:cathyp@takomaparkmd.gov). For more information and to apply, please visit the police department's Community Policing page at [www.takomaparkmd.gov/police](http://www.takomaparkmd.gov/police).



Community Police Academy 2018



# Takoma Park Maryland Library

301-891-7259  
[www.takomapark.info/library](http://www.takomapark.info/library)

The Takoma Park Maryland Library is one of only two municipal public libraries in Maryland. With a Takoma Park Maryland Library card, you can:

- Borrow print books and magazines, audiobooks and music CDs.
- Access our extensive digital resources, including college and career information, language learning programs, test preparation, and both e-books and digital audiobooks.
- Use our public computers for up to two hours each day with assistance from on-site staff.

Free public Wi-Fi is available in the Library and Community Center.

## Programs

The Library offers a wide variety of programs for children and adults. To keep up with the latest schedule of library programs, please check our website, [takomapark.info/library](http://takomapark.info/library), where you also can find our five blogs: News, Books, The Children's Room, Teen Book Buzz, and Comics. You also will find a section labeled "programs" with a calendar showing specific program dates. We also post library news and program updates on our Facebook page and Twitter feed. Registration is encouraged or required for some programs (as noted). **To register for programs, please go to [tinyurl.com/tplibraryevents](http://tinyurl.com/tplibraryevents) or call us at 301-891-7259.**

Many library programs are underwritten by the Friends of the Takoma Park Maryland Library. The Friends offer two reading groups and hold two to three book sales annually, among other events. More information about the Friends and their activities can be found on their website, [ftpml.org](http://ftpml.org), or their Facebook page ([facebook.com/FTPML](https://facebook.com/FTPML)). In addition to support from the Friends, the library's partnership with Politics & Prose Bookstore allows us to offer programs featuring top-notch authors and illustrators for children and adults.

### Library Hours

Sunday - 12 - 5 p.m.  
Monday and Wednesday  
12 - 9 p.m.  
Tuesday and Thursday  
10 a.m. - 9 p.m.  
Friday - 12 - 6 p.m.  
Saturday - 10 a.m. - 5 p.m.

### Computer Center Hours

Sunday  
12 - 5 p.m.  
Monday - Friday  
12 - 8 p.m.  
Saturday  
12 - 6 p.m.

ALL PROGRAMS ARE IN THE LIBRARY UNLESS OTHERWISE NOTED.

## Weekly Library Programs



Photo by Maurice Belanger

### Circle Time

Tuesdays, 10 a.m. **AND** 11 a.m.  
A beloved local tradition, the 30-minute program of songs, fingerplays, rhymes, movement exercises and stories teaches early literacy concepts in a fun way. The program is geared for infants through preschoolers and their grown-ups.

### Spanish Circle Time

Thursdays, 10:15 a.m. **AND** 11 a.m.  
Join Senora Geiza for a 30-minute program highlighting basic Spanish vocabulary through songs and rhymes.

### Scribblers Cabal

Most Fridays, 4 p.m.  
Kids are invited to draw with Library Assistant Dave Burbank, our library staff artist. To keep updated about the schedule, please register.



### MOOC Discussions

Sunday afternoons  
MOOCS – Massive Open Online Courses – offer a free way for older teens and adults to keep up lifelong learning. For information on how to register for these free online classes and for specifics on the dates and times of our discussions, please check our website and Facebook page.

# Monthly Library Programs

## Lego Club

One Sunday a month, 1:30 - 3 p.m.  
Ages 3-10  
Each program will have a building theme and then free play. All LEGO is provided, courtesy of the Friends of the Takoma Park Maryland Library. Registration is required.



## Kid's Art

One Sunday a month, 2 - 3 p.m. Make special crafts with children's librarian Kati Nolfi. All materials are provided – kids just bring their creativity.

## Caldecott Club

One Monday a month, 7 p.m.  
Come join our popular family book club, where we read books – via the big screen – that are possible contenders for the Caldecott Medal, given annually by the American Library Association to the best-illustrated book for kids ages birth-14. Lemonade and cookies are served at each program!

## Comics Jam

Second Tuesday of each month, 4 p.m.  
September through June  
Join Dave Burbank, the library's graphic novel guru, in reading comics together on the big screen. The program concludes with Dave taking "drawing requests" from the audience.



## Bedtime Stories & A Craft

First Tuesday of the month, 7 p.m.  
Children's Librarian Kati Nolfi leads our pre-bedtime program of songs and stories, plus a craft. Perfect for babies, toddlers, preschoolers and their grown-ups.

## Petites Chansons

One Saturday a month, 10:30 a.m.  
September through June  
Madame Marie teaches basic French language concepts through songs and rhymes. To learn specific dates for Petites Chansons, please register and we will keep you updated.



Photo by Maurice Belanger

# Winter Special Programs

## Mock Caldecott for Adults Saturday, January 12, 1–4 p.m.

Grown-up fans of picture books: please join us for our 5th annual Mock Caldecott for Adults. We'll read and discuss a dozen top possibilities for the 2019 Caldecott Medal; the actual winner will be announced by the American Library Association on Monday, January 28. Snacks, lemonade and seltzer will be provided at our event, courtesy of the Friends of the Takoma Park Maryland Library. Registration encouraged, so we can invite you to participate in an online poll before the event to winnow our initial list of 25 books to a top 12. (Note: This is an event for adults; kids are welcome to watch if they are interested.)

## "Fantastic Beasts and Magical Hogwarts Creatures (and how to draw them)" Sunday, January 13, 2–4 p.m.

Kids ages 9–14 are invited to come to a special class where they will learn how to draw the "Niffler," the "Bowtruckle," and the beloved house-elf "Dobby" from the magical world of *Harry Potter*. The class will be taught by local illustrator and art teacher, Kate Lanxner. Participants will work all together on one creature, step by step. Other creatures will have templates



Photo by Maurice Belanger

and overlays, so if you think to yourself, "I can't even draw a straight line," it will be easy to get a good result for a fantastic piece of wall art. All materials provided, courtesy of the Friends of the Takoma Park Maryland Library. Class size is limited and registration is required.

## Fairy Tale Party Saturday, February 16, 2–4 p.m.

Calling all fairy tale enthusiasts! You're invited to join us for a Fairy Tale Party. Enjoy tales, crafts and snacks. Wear your favorite fairy tale-inspired get-up! Kids of all ages are invited; crafts will be most appropriate for ages 3 and up. Registration encouraged so we can be sure to have enough snacks and craft materials.

## My Monster & Me: Stories & a Craft Saturday, March 9, 10:30–11:30 a.m.

Kids are invited to come read some fun picture books about (friendly) monsters and then create their own "monster stuffie" toy. This program is presented in partnership with Small Things Matter, a local non-profit created by Roxanne Yamashita and her teen daughter Lana. At the program, Lana and friends will read several monster-themed picture books and then lead participants in making a monster stuffie to take home. All materials will be provided courtesy of the Friends of the Takoma Park Maryland Library.

# Takoma Park Community Center/ Sam Abbott Citizens' Center

**7500 Maple Avenue  
Takoma Park, MD 20912  
301-891-7100**

**Hours of Operation**

Monday - Thursday 8:30 a.m. - 9:30 p.m.	Saturday 10 a.m. - 6 p.m.
Friday 8:30 a.m. - 10 p.m.	Sunday 12 - 5 p.m.

**Art Studio**

- The art room, kiln, and easels are available to students enrolled in classes.
- Not available for rentals

**Auditorium**

- 154 fixed chairs
- Room for six wheelchairs
- Row of seven fixed chairs can be removed
- Food and beverage not permitted

**Computer Center**

- Two rooms, 25 workstations equipped with ports for flash drives and headphones, and work space for laptop users
- Internet, word processing, graphics software and more
- Color printer
- Low conversation, working in pairs, cell phone use allowed in Room A
- Absolute quiet in Room B
- Valid Takoma Park Library card or purchased guest pass required for computer use of up to two hours per day

- Four additional stations with 20 minute limits available in library, additional four available in Senior Room for those 55+  
Monday - Friday 12 - 8 p.m.  
Saturday 12 - 6 p.m.  
Sunday 12 - 5 p.m.

**Dance Studio**

- Large studio with mirrors and wood floor
- No street shoes on dance floor

**Game Room**

- Hours vary by age and time of year
- Ping pong, pool and foosball tables
- Basketball and arcade-style games  
**Youth & Teen (6 - 17 yrs)**  
Monday - Friday 2:30 - 5 p.m.  
Saturday 12 - 5:30 p.m.  
Sunday 12 - 5 p.m.  
**Young Adult (18 - 24 yrs)**  
Monday - Friday 6:30 - 8:30 p.m.  
**Active Adult (55+)**  
Monday - Saturday 10 a.m. - 12 p.m.

**Library**

Cards are free for Montgomery County residents and those who work or go to school in Takoma Park.

Sunday	12 - 5 p.m.
Monday	12 - 9 p.m.
Tuesday	10 a.m. - 9 p.m.
Wednesday	12 - 9 p.m.
Thursday	10 a.m. - 9 p.m.
Friday	12 - 6 p.m.
Saturday	10 a.m. - 5 p.m.

**Multi Media Lab**

Our educational studio features state-of-the-art video and recording equipment and instructional courses designed to accommodate aspiring audio/video engineers and intermediate level students who want to hone their skills. Hours are subject to change:  
Monday, Tuesday 3 - 5:30 p.m.  
Wednesday, Friday 3 - 8 p.m.  
Saturday 12 - 5 p.m.  
(Closed Thursday, Sunday)

**Notary Public**

Notary service is available by appointment only. (Monday - Thursday, 9 a.m. - 1 p.m.). The service is free for City residents. Call 301-891-7100 to set up an appointment.

**Passport Service**

Passport service is available at the Takoma Park Community Center. No appointment necessary. Please call Sofia Visurraga, Customer Service Representative, at 301-891-7204 for information.  
Monday - Thursday 9 a.m. - 1 p.m.

*Se puede aplicar por su pasaporte americano aquí. No necesita hacer una cita para presentar aplicación. Por favor llame al 301-891-7204 para obtener información para aplicar por su pasaporte americano. Lunes a jueves de 9 a.m. - 1 p.m.*

**Senior Room (55+ yrs)**

- Comfortable furnishings and relaxed atmosphere to socialize or read
- Four computers and printer available
- Bingo, health screenings, workshops, and more  
Monday - Friday 12 - 8 p.m.  
Saturday 12 - 6 p.m.

**Teen Lounge (Grades 6-12)**

- Hours vary by time of year
- X-box, large screen TVs
- Area for socializing
- Daily activities
- Open weekdays after school





# Book Your Next Event with Us!

QUALIFYING RENTALS:  
I2 & UNDER PARTIES  
BRIDAL SHOWERS  
BABY SHOWERS  
COMMUNITY MEETINGS\*

DEPARTMENT  
DIRECTORY

CITY SERVICES

LIBRARY

CITY FACILITIES

WE ARE TAKOMA

RECREATION

**Go online:** Request a room or park pavilion with a credit card from our website at [apm.activecommunities.com/takomaparkrecreation](http://apm.activecommunities.com/takomaparkrecreation). See Page 39, Registration and Policies for instructions for online registration. Rentals within 10 business days must be requested in person. Payment is due at the time of the reservation.

**Policies**

Please visit us online at [takomaparkmd.gov/recreation/parks-and-athletic-fields](http://takomaparkmd.gov/recreation/parks-and-athletic-fields) and click on Administrative Regulation No. 2011-1 (PDF) for regulations governing public use, facilities rentals and general responsibilities of the user. The renter is responsible for set-up and clean-up. This time should be included in the rental. Nothing can be affixed to the walls.

**Rental Hours**

**Takoma Park Community Center**

Monday - Friday 9 a.m. - 9 p.m.  
Saturday 10:30 a.m. - 5:30 p.m.  
Sunday 12:30 - 4:30 p.m.

*Hours for auditorium rentals may be until 11:00 p.m.  
Monday - Thursday and until 12:00 a.m. Friday - Sunday.*

**Heffner Park Community Center**

Monday - Saturday 9 a.m. - 9 p.m.  
Sunday 10 a.m. - 8 p.m.

**Takoma Park Recreation Center**

- Call for availability
- See page 16 for prices

*\* Business rate applies to all organizations, nonprofits, for profit entities or community groups.*

**Auditorium**

capacity: 154

The Auditorium, located in the Takoma Park Community Center, is LEED-CI Silver Certified and has 154 fixed seats with two aisles and room for six wheel chairs. The floating wood stage is approximately 18 inches off the floor, 30 feet wide and 19 feet deep at the center.

This environmentally friendly space has a state of the art lighting system with colored LED washes, sound system with two wireless microphones and connections for up to 10 wired microphones. The presentation system has a 6' x 11' projection screen in the center of the stage and two small screens on either side of stage.

Extra fees apply for staffing outside of normal hours of operation, specialized AV services, extraordinary maintenance demands, or required security. Insurance is required.

Fees: \$110/hour, nonprofit  
\$180/hour, regular  
Minimum 4 hour rental

**For more information about renting the Auditorium, contact John Webster at 301-891-7225 or email [johnw@takomaparkmd.gov](mailto:johnw@takomaparkmd.gov)**

**Small Meeting Rooms**

**Rose Room**

Capacity 10 with tables  
15 without tables

**Lilac Room**

Capacity 20 with tables  
25 without tables

**Hydrangea Room**

Capacity 20 with tables

**Fees**

T.P. resident	\$15/hour
Non-resident	\$40/hour
Business*	\$60/hour

*\* Business rate includes commercial and nonprofit organizations.*

**Large Meeting Rooms**

**Azalea Room**

Capacity 55 with tables  
65 without tables

**Heffner Park Community Center  
42 Oswego Avenue  
Takoma Park, MD 20912**

Capacity 40 with tables  
50 without tables

**Fees**

T.P. resident	\$25/hour
Non-resident	\$50/hour
Business*	\$70/hour

\$50 refundable deposit required for Heffner Park Community Center.

# Takoma Park Recreation Center

**7315 New Hampshire Ave.  
Takoma Park, MD 20912  
301-891-7289**

**Hours of Operation**  
Monday, Wednesday, Friday 2:30 - 9 p.m.  
Tuesday, Thursday\* 12 - 9 p.m.  
Saturday 8 a.m. - 5 p.m.  
Sunday Closed

*\* Tuesdays and Thursdays, 12 - 2 p.m. are reserved for senior use only.*

*The Recreation Center is a hidden gem. Once inside you'll discover a basketball gym, fitness room, community programs, and fantastic staff. Please stop by and see for yourself!*

## Time to Get in Shape!

The Takoma Park Recreation Center has a great fitness room featuring:

- Dumbbells (5-50 lbs.)
- Leg curl
- Leg extension
- Ellipticals
- Stationary bikes
- Treadmills
- Lat pulldown
- Chest press

## Membership Fees

**Recreation Center General**  
(1 year; does not include fitness room)

Adult (18+ yrs)	\$35
Teen (13 - 17 yrs)	\$10
Youth (5 - 12 yrs)	\$5

**Fitness Room**  
(open same hours as building\*)

Adult (6 months)	\$65
Adult (1 year)	\$100
Senior (55+)	Free

## Hourly Rental Information

**Gym\*** (capacity 294)  
General \$30/hour  
Business \$70/hour  
After hours additional fee(s)\*  
  
Business rate includes commercial and nonprofit organizations.

**Meeting Room BACK** (capacity 40)  
General \$15 per hour  
Business \$60 per hour  
After hours additional fee(s)

**Meeting Room FRONT** (capacity 30)  
General \$15 per hour  
Business \$60 per hour  
After hours additional fee(s)

**Call 301-891-7289  
for availability.**  
*\* \$50 security deposit required.*




















































## Join Us For:

- Adult open gym (18+ yrs)  
Tuesdays, 7:45 - 9 p.m.
- Classes for all ages
- Summer camps
- After school programs

**All programs and classes at the Takoma Park Recreation Center are co-sponsored by the Montgomery County Department of Recreation. We thank them for the continued support.**



# What’s in our parks?

	Reserve Through Rec. Dept.	On Street Parking Available	Public Transportation Accessible	Bike Station Within Walking Distance	Water Fountain	Picnic Tables	Playground	Pavilion	Grill	Half Basketball Court	Restroom Facility
<b>Belle Ziegler Park*</b> 7350 Takoma Ave. Ward 1											
<b>Colby Avenue Park</b> Cherry & Colby Ave. Ward 2											
<b>Forest Park</b> 598 Elm Ave. Ward 2											
<b>Heffner Park</b> 42 Oswego Ave. Ward 4											
<b>Jackson-Boyd Park</b> 7398 Jackson Ave. Ward 2											
<b>Spring Park*</b> 6999 Poplar Ave. Ward 3											
<b>Toatley-Fraser Park</b> Eastridge Ave. Ward 5											

\*These parks feature a field for rental, see information below.

In addition to the parks above, the city maintains:			
<b>Dorothy’s Woods</b> Woodland & Cirlce Ave. Ward 2	<b>Ed Wilhelm Field</b> 2 Darwin Ave. Ward 4	<b>Lee Jordan Field</b> 7611 Piney Branch Rd. Ward 4	<b>Takoma Park Dog Park</b> Darwin Ave. Ward 4

For information about other parks in our city, please visit [montgomeryparks.org](http://montgomeryparks.org) or call 301-495-2525.

## Parks and Permits

It is highly recommended to secure permits for various events and activities held in public parks throughout the City. Permits guarantee location and time of a rental. Please contact the Recreation Department at 301-891-7290 before conducting business on park property.

## Park Usage Fees

### Pavilion

\$85 per day	T.P. resident
\$105 per day	Non-resident/Business

### \* Field (in person reservations only)

\$20 per hour	T.P. resident
\$35 per hour	Non-resident/Business

## FAQs

- In order to secure a space and time of a park pavilion or field, it is highly recommended to have a permit.
- Moon bounces are not permitted on City property.
- Permits are honored rain or shine, with no refunds/ reschedules.
- To reserve a pavilion or field see “Book Your Next Event with Us” on page 15.
- Sale of merchandise is prohibited on City property outside of scheduled City events.
- The sale or consumption of alcoholic beverages is not permitted in any facility/park/pavilion.
- Buildings, fields, and parks are not available on City holidays.
- Reserving a pavilion does not guarantee use of a field.





301-891-7119  
arts@takomaparkmd.gov • takomaparkmd.gov/arts

*We are Takoma* is an arts and culture series offered by the City of Takoma Park with the support and guidance of the Takoma Park Arts and Humanities Commission. Programs are held at the Takoma Park Community Center, 7500 Maple Avenue. The free events include performances, art exhibitions, film screenings, poetry readings, and more. Donations are welcomed and go directly to the performer. To learn more about the series and upcoming events, check out [www.takomaparkmd.gov/arts](http://www.takomaparkmd.gov/arts).

## Meet the Arts & Humanities Commission

The City of Takoma Park’s Arts and Humanities Commission promotes appreciation of the arts in a city known for its diverse and vibrant arts community. The commission advises the City Council, coordinates with arts organizations, and provides opportunities for artists and performers. There are some vacant seats on the commission, and individuals can apply for the volunteer three-year position at <https://bit.ly/2zsEcGm>. You can meet some of our commissioners here.



**Emily Dufton** is a writer and historian who moved to Takoma Park in 2016. She is the author of *Grass Roots: The Rise and Fall and Rise of Marijuana in America*, and she is working on her second book, a history of the addiction treatment industry.



**Eric Gordon** is a social worker at Art Enables, a vocational day program for artists with disabilities in Washington, D.C. He is an artist and cartoonist under the guise of DC Creepers and Vinyl Vagabonds. He can often be seen sketching on the DC transit system.



**Madonna Tyler LeBlanc** is a nurse, dancer, musician, poet, and radio program host. She lives in Takoma Park with her husband, two children and four semi-feral cats. She believes everyone can be creative.



**Christoph Michaud** is a graphic designer with a BFA in graphic design from The Art Institute of Austin. He specializes in illustration, branding, typography, layout and print production. He’s also an artist who creates pencil, digital and watercolor portraits.



**Joelle Rabion** previously worked in contemporary art galleries and museums and as an organizer of several international contemporary fine art fairs. She is inspired by art, music, dance and theatre.



**Marilyn Sklar** is the social media specialist for Montgomery Parks and has a background in museums and journalism. Photography is her passion, and she loves working with her fellow commissioners to bring the best art experiences to Takoma Park.



**Courtney Tompkins** has been on the Arts and Humanities Commission since moving to Takoma Park in 2017. By day, she manages photos and content. In her spare time, she enjoys visiting museums and making pottery.



**John Warren** is director and an associate professor in the master of professional studies in publishing program at George Washington University. He is fluent in Spanish and Portuguese and has authored several articles on publishing and the evolution of e-books. He also is a writer, composer and classical guitarist.

WE ARE TAKOMA EVENTS

The City of Takoma Park's We are Takoma arts and culture series offers a wide range of free events at the Takoma Park Community Center at 7500 Maple Avenue. To learn more about upcoming events, check out the City of Takoma Park's Facebook events page or go to [www.takomaparkmd.gov/arts](http://www.takomaparkmd.gov/arts).



DECAYED ART EXHIBITION

Three talented artists will display their work at the Takoma Park Community Center in *DECAYED*, an exhibition exploring the beauty and melancholy of decay. An opening reception will be held at 7 p.m. on January 10, and the exhibition will be on view until March 10. Kristina King painstakingly creates handmade paper using beaten cotton or flax fibers that are suspended in water and pulled through a mold. The paper has a ragged shifting texture that resembles a satellite image of a mountain range or shadowed craters on the moon. Chrissy Wilkin explores the inevitability of death through paintings of skeletons that display a macabre sense of humor. David Mosher explores abandoned buildings where he photographs himself in scenes that possess a surreal beauty and sense of loss amidst layers of peeling paint and crumbling plaster.



Kristina King, *Untitled (#77)*



Chrissy Wilkin, *Poppy*



HUMANITIES  
LECTURES

On the first Thursday of the month at 7:30 p.m., experts share their insights on history, pop culture, and more timely topics.



THIRD THURSDAY  
POETRY READINGS

Poets from across the region read their original work with introductions by Takoma Park Poet Laureate Kathleen O'Toole on the third Thursday of the

month at 7:30 p.m. A reception follows the reading with an opportunity to meet the poets.



FILM  
SCREENINGS

Held at 7:30 p.m. on the second Thursday of the month, Docs in Progress and other filmmakers present a wide variety of documentaries on compelling subjects. Past documentaries have explored discrimination against the Deaf community, artists who helped overthrow a dictator in Sierra Leone, and the life story of civil rights pioneer Fannie Lou Hamer.

MONTHLY WORKSHOPS



Writing a Village

Led by former Takoma Park Poet Laureate Anne Becker, this free workshop provides a friendly atmosphere for writers to share their poetry and creative writing. The group meets on the third Monday of the month from 7–9 p.m. in the Rose Room at the Takoma Park Community Center.



PHOTO SALON

Professional and amateur photographers gather to display and critique their work in this free workshop led by photographer Rob Rudick. The group meets from 7–9 p.m. on the last Monday of the month in the Hydrangea Room at the Takoma Park Community Center.

## Recreation

# Recreation Department

**7500 Maple Avenue  
Takoma Park, MD 20912  
301-891-7290  
recreation@takomaparkmd.gov  
takomaparkmd.gov/recreation**

*City resident program  
registration: Friday,  
December 14 at 8:30 a.m.*

*Non-resident program registration:  
Friday, December 21  
at 8:30 a.m.*



### Roscoe the Rooster

Roscoe the Rooster made Takoma Park his home for 10 years, roaming the city and staking his territory on the lawn in front of and behind the apartment houses near Mark's Kitchen on Carroll Avenue. Roscoe died in a hit and run in February 1999.

A life-sized statue of Roscoe the Rooster, crafted by local artist Normon Greene, stands on a pedestal in front of the clock tower in the center of downtown Takoma Park.

Roscoe makes special appearances throughout the City Guide.

The City of Takoma Park Recreation Department provides recreational opportunities for all ages! The department's facilities and programs are intended to refresh and rejuvenate residents, improve health and connect

families and the community. Staff are continually working to improve our offerings while adding new and innovative programs and activities to meet the ever changing needs of our residents and community.

### Rental Requests

**For more information about local parks and room rentals, see pages 15-17.**

### Is my class canceled due to weather?



The City of Takoma Park has several ways to let you know if City facilities are closed or classes are canceled: get notices via Takoma Park Alert ([www.takomaparkmd.gov/alert](http://www.takomaparkmd.gov/alert)); check the City's webpage; or call the Recreation Department's Inclement Weather Line (**301-891-7101 x5605**). Be sure to check local recreation program updates, Morning and Afternoon Addition, and/or any other interested area for updated activity information. In general, if the Federal Government closes or has a delayed opening in the morning, the City does the same. Classes that begin before a delayed opening are usually canceled. Morning and Afternoon Addition and After the Bell programs follow the Montgomery County Public Schools declarations. If there is a 2-hour delay in the morning, Morning Addition starts at 9:00 a.m.



Takoma Park resident scholarships available for Recreation Dept. programs

Scholarship program

The benefits of recreation are too numerous to list, and often low-income families stand to gain the most. Recreation promotes physical, mental and social well-being. Recreation programs serve as settings in which friendships bloom and wholesome connections and community pride are forged. The Takoma Park Recreation Department is committed to making scholarships available to City residents (youth, teens, adults, seniors and people with disabilities) who cannot pay full price for recreation programs. Scholarships give Takoma Park residents an opportunity to learn, grow, and have fun.

Scholarship guidelines

- Applicants must be City residents.
- Scholarships are for all ages.
- If a child receives 'Free or Reduced Meals,' he/she is eligible

for a scholarship.

- Please contact the Recreation Department for more information.

How to apply

1. Pick up an application from the Takoma Park Recreation Department, Administrative Office, 7500 Maple Ave.
2. After you have selected an activity, complete and turn in an application before the deadline along with additional forms to a staff member at the Takoma Park Recreation Department administrative office (7500 Maple Ave.).
3. It may take up to 10 business days to determine if a scholarship is approved. You will be contacted by our office with an updated status.
4. Scholarship applications and supplemental documentation must be submitted **at least three weeks prior** to the start of registration.



Q&A with instructor:  
Kimberly James (KJ Total Fitness)

This winter KJ Total Fitness will offer a new class at the Takoma Park Community Center, Total Body Tabata! Read on to find out what Tabata is.

Q: For those who have never heard of Tabata, what is the history of Tabata?

**KJ:** Tabata refers to Dr. Izumi Tabata, the name of a Japanese professor and researcher for National Institutes of Health. His job was to analyze the effectiveness of the Japanese speed skating team's training program. In his results, it was found that both aerobic and anaerobic fitness could be greatly improved by interval sequences between short bursts of high activity and short rest periods, which is the Tabata protocol we know today.

Q: How did you get involved in teaching Tabata?

**KJ:** I was first introduced to Tabata in 2011 when I attended a local Nike training class. Each guest instructor had about 20 minutes to present and showcase his/her fitness modality. We



had kickboxing, Pilates, lower body blast and Tabata. The four rounds of Tabata rotations (with simple exercise moves) challenged me the most in such a short span of time. I remember the instructor calling out, "Give me all you've got... It's only twenty seconds!" Who wouldn't push hard for only twenty seconds? After I left my puddle of sweat on the gym floor, I immediately looked up Tabata. I tried it a few times on my own and also in my group fitness classes and always got similar feedback... mounds of sweat! This

made me want to offer this class on a regular basis.

Q: What do you want a potential first-time participant to know about this class?

**KJ:** The platform of Tabata is to optimize your intensity as opposed to focusing on your duration. This simply means that the class is for all fitness levels because you are working at your capability. For instance, you are completing 20 seconds of work (e.g. jumping jacks) and then 10 seconds of rest repeating for 4 minutes. One person may complete five jumping jacks per round, and another may complete 50 based on his/her fitness level.

Q: What should the participant expect to get out of the class? Will I need to bring anything with me to class?

**KJ:** A patient instructor who will walk them through the moves, benefits, modifications and expected results from the class. Bring an exercise mat and hydration. No other equipment is required.

*For details about this class, see page 33.*

# Special Events



## Fitness Expo

The Takoma Park Recreation Department staff is preparing for our 7th Annual Fitness Expo at the Takoma Park Recreation Center. Come join us for an exciting day that will include demonstrations from our fitness programs as well as presentations from our local community health and fitness organizations. The expo will kick off at 9 a.m. with our first 20-minute demonstration. For additional information or if you would like to volunteer for this event, please contact Vincent Cain at 301-891-7289 or [vincentc@takomaparkmd.gov](mailto:vincentc@takomaparkmd.gov).

Takoma Park Recreation Center  
7315 New Hampshire Avenue  
All ages  
Saturday, April 6, 2019  
9 a.m.–2 p.m.  
Free



## 9th Annual Mid-Year Play Day

Attention! Attention! Yes, that's right. Let's Play America and the Takoma Park Recreation Department has teamed up to present to you the Ninth Annual Mid-Year Play Day! Come join Let's Play America and the Takoma Park Recreation Department for a fun afternoon of indoor play. Free fun for all. It's time for you to let your hair down, put on your comfy clothes and get ready to PLAY! To see a full listing of activities and performances please visit [www.letsplayamerica.org](http://www.letsplayamerica.org). See you there!!

Takoma Park Community Center  
7500 Maple Avenue  
All ages  
Sunday, February 10  
1–4 p.m.  
Free



## SAVE THE DATE ANNUAL EGG HUNT



Saturday, April 20

Recreation: Tots

City Resident  
class registration opens:  
December 14 at 8:30 a.m.

Non-resident  
class registration opens:  
December 21 at 8:30 a.m.

Tots  
Newborn-5



ART

See Clay for Kids on  
page 24 (in Youth)



CAMP

See page 25  
(in Youth) for more  
information  
on Camp registration.



DANCE

Pre Ballet  
Pre Ballet for ages 3–6 emphasizes

learning basic ballet vocabulary, movement patterns and musicality in a creative movement. By introducing students to the basic shapes, positions, postures and traditions of classical ballet, the Pre-Ballet curriculum enhances both cognitive and physical development at this important time. Instructor: Edurama

Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue  
3–6 years  
8 Week Session  
Sundays, January 6-March 10  
(No class 1/20 & 2/17)  
3–3:45 p.m.  
Resident: \$85 / Non-resident: \$95

DROP-IN

Community Playtime  
Enjoy open playtime, read stories, work on craft projects, enjoy the playground and socialize. Organizers will provide toys, craft supplies, story time and snack. Visit [www.takomaplaytime.org](http://www.takomaplaytime.org) for more information. This is a drop-in program; no registration is required. Program does not meet when the City of Takoma Park is closed.

Heffner Park Community Center  
42 Oswego Avenue  
Newborn–5 years  
Ongoing  
English: Mondays  
(No meetings on 1/21 & 2/18)  
Spanish: Fridays  
10 a.m.–12 p.m.  
Free



SPORTS

Tot Sports  
Children are introduced to the fundamentals of sports such as soccer, football, T-ball/softball, basketball, kickball, dodge ball and other sports and group games. The goal of this program is to provide the opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship.

Takoma Park Recreation Center  
Gymnasium  
7315 New Hampshire Avenue  
3–5 years  
Saturdays, January 12-March 2  
10:30–11:30 a.m.  
\$50

TOTS

YOUTH

TEENS

ADULTS

55+



# Youth

## 5-12



**City Resident class registration opens: December 14 at 8:30 a.m.**

**Non-resident class registration opens: December 21 at 8:30 a.m.**

### ART

**Look for Ceramics Wheel Throwing: Parent and Child in the Adult section on page 31.**



### Clay for Kids

In this class, children will receive instruction on how to utilize a variety of techniques (coil, pinch, slab work) to create one-of-a-kind sculptures and vessels out of clay. Caregiver participation required for children ages 4 and 5. There is a \$15 materials fee (per child) due to the instructor on the first day of class. Instructor: Caroline Mackinnon

Takoma Park Community Center  
Art Studio  
7500 Maple Avenue  
4-13 years  
6 Week Sessions

**Mondays Session 1:** January 7-March 4  
(No class 1/21, 1/28, 2/18)

**Mondays Session 2:** March 11-April 15  
**Wednesdays Session 1:** January 9-February 13

**Wednesdays Session 2:** February 20-March 27  
4-5 p.m.  
Resident: \$130 / Non-resident: \$150

### CAMPS

#### Dribble, Pass & Shoot Basketball Spring Camp

Emphasizing individual improvement is one of the guiding philosophies of camp. Campers will be provided with excellent

coaching, which allows each participant to develop a sense of pride and individual accomplishment. The level of instruction will be adjusted to fit the individual needs of each participant. Pack a non-perishable lunch each day. Paperwork will need to be completed prior to the first day of camp.

Instructor: Joe Dobbins

Takoma Park Recreation Center  
Gymnasium  
7315 New Hampshire Avenue  
5-12 years  
3 Day Session  
Wednesday-Friday, April 17-April 19  
9 a.m.-4 p.m.  
\$120

murals, sand art, drawings, paintings, and much more. Must pack a non-perishable lunch each day. Trips, activities and performers are subject to change. Space is limited; sign up early. Paperwork will need to be completed prior to the first day of camp.

Takoma Park Community Center  
Azalea Room  
7500 Maple Avenue  
5-12 years  
3 Day Session  
Wednesday-Friday, April 17-April 19  
9 a.m.-4 p.m.  
Resident: \$75 / Non-resident: \$85

### CAMPS EXTENDED CARE

#### Spring Break Camp Extended Care

Need those extra hours before and after camp? We have you covered at both locations. Activities include games, outdoor play and sports.

Takoma Park Community Center  
Azalea Room  
7500 Maple Avenue  
Resident: \$21 / Non-resident: \$31

**OR**  
Takoma Park Recreation Center  
Gymnasium  
7315 New Hampshire Avenue  
\$21

3 Day Session  
Wednesday-Friday, April 17-April 19  
**Before Care:** 7-9 a.m.  
**After Care:** 4-6 p.m.

### DRAMA & THEATER

#### Dungeons and Dragons

They creep through the twilight, quiet as shadows muttering a language long




## Creative Dance

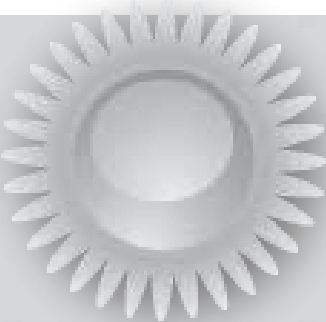
TPCC  
5-12 years  
Thursdays  
6:30-7:30 p.m.



Check ActiveNet for details.

#### Spring Break Camp - Creative Concepts

Show off your creative side during this art-filled spring break camp. Participants will create various art projects, such as



# 2019 TPRD Summer Camp Sneak Peek

## FIND THE PERFECT CAMP FOR YOUR CHILD HERE!

The Takoma Park Recreation Department offers the traditional range of summer camp activities, along with specialty camps designed to enhance your child’s summer and create lasting memories. For a complete list of camps visit [takomaparkmd.gov/recreation](http://takomaparkmd.gov/recreation).

**Registration begins:**  
**February 4 for City of Takoma Park Residents @ 8:30 a.m.**  
**February 11 for Non-residents @ 8:30 a.m.**  
**Register online or in person at either of our buildings.**  
*\*Scholarship applications must be submitted three weeks prior to registration.*

**THE EARLY BIRD CATCHES THE WORM!**



**TP City Residents** receive a 15% discount per child, per camp when you register for any summer camp February 4–10.  
**Both Residents and Non-Residents** receive a 10% discount per child, per camp when you register for any summer camp February 11–17.  
Don’t miss out! Spaces fill fast!

## HERE’S A SNEAK PEEK OF YOUTH AND TOTS SUMMER CAMPS 2019:

Camp	Age or Grade
Rookie Sports Camp	3 – 4 yrs.
Tots Culinary Camp	3 – 4 yrs.
Dribble, Pass & Shoot (Basketball Camp)	5 – 12 yrs.
New Ave Adventure Camp	5 – 12 yrs.
Camp Takoma	5 – 12 yrs.
S.T.E.A.M. Camp	5 – 12 yrs.
Dance Camp	5 – 13 yrs.
Girls Basketball Camp	6 – 13 yrs.
On Stage Theatre Camps	6 – 15 yrs.
Wilderness Camp	7 – 13 yrs.
Visual Art Camp	11 – 14 yrs.
Teens on the Move Camp	Grades 6-12

A full listing of our summer camps will be available at both the Community Center and Recreation Center. Stop by to pick up a summer camp brochure or visit [www.takomaparkmd.gov/government/recreation](http://www.takomaparkmd.gov/government/recreation).

Recreation: Youth (cont.)

TOTS

forgotten, a language only spoken by ghosts. Use your imagination and storytelling ability in this classic fantasy role-playing game. Roll dice to cast spells and battle monsters. Creativity and cooperation help the group “survive.” Taught by the library’s own Dave Burbank.

Takoma Park Community Center  
Auditorium

7500 Maple Avenue

8–18 years

5 Week Sessions

Thursdays, 4–6 p.m.

**Session 1:** January 3–January 31

**Session 2:** February 7–March 7

**Session 3:** March 21–April 18

Resident: \$55 / Non-resident: \$65

**On Stage: Scene Study**

In this class students will focus on building believable characters and connections using scenes from plays and films as performance material. Class is comprised of acting exercises/warmups and application of acting theory to scenes. Students will partner and work on one scene for the 8-week session. Instructor: Gretchen Weigel

Takoma Park Community Center  
Auditorium

11–15 years

8 Week Session

Mondays, January 14–March 18

(No class 1/21 & 2/18)

4–5:30 p.m.

Resident: \$168 / Non-resident: \$188

YOUTH



**DROP-IN**

**Kids Night Out**

This will be a fun-filled night for children 12 and under. It will involve activities, such as board games, arts and crafts, soccer, basketball and theme nights. Free with Recreation Center membership card.

Takoma Park Recreation Center  
Gymnasium

7315 New Hampshire Avenue

6–12 years

First and Third Friday of each month

6:45–8:45 p.m.

Free with Recreation Center membership card

**EDUCATION & DEVELOPMENT**

**Babysitting Class**

This class is designed for those interested in learning more about babysitting. Topics covered include CPR, fire safety, First Aid, infant and child care and personal safety. A certificate will be issued upon completion of all five classes and exam. Co-sponsored by the Takoma Park Volunteer Fire Department. **All classes will be held at the Takoma Park Volunteer Fire House.** Instructor: Chief Jarboe

Takoma Park Volunteer Fire House  
7201 Carroll Ave

11–13 years

5 Week Session

Mondays, January 7–February 11

(No class 1/21)

7–9 p.m.

Free

**ENVIRONMENTAL**



**Community Garden**

Volunteers are always welcome. You will gain hands-on experience about how to grow food as you work alongside garden veterans. Our team of volunteers from the neighborhood community, environmental change-makers and other area organizations will be cleaning up and prepping the garden together to prepare for the upcoming spring season and

TEENS

ADULTS

55+





# Recreation: Youth (cont.)

having a great time in the process. We welcome you and your family to join us!  
Coordinator: Howard Kohn

Takoma Park Recreation Center  
Outdoor Garden  
7315 New Hampshire Avenue  
6–14 years  
Saturdays, January 26, February 23,  
March 23  
8–9:30 a.m.  
Free

## FITNESS

### Step Team

Stepping is a form of dance in which you use your entire body as an instrument to produce rhythms and beats through footsteps, clapping and words or chanting. Presently, stepping is popular among college fraternities and sororities. Members will learn self-expression, coordination, self-discipline and teamwork. The team will consist of approximately 10–12 youth ages of 6–17 years old. Practice will be on Tuesdays and Thursdays for one hour. No experience is necessary, and we welcome all who are willing to learn. Free with Recreation Center membership card.

Takoma Park Recreation Center  
Front Room  
7315 New Hampshire Avenue  
6–17 years  
12 Week Session  
Tuesdays & Thursdays  
January 8–March 28  
6:30–7:30 p.m.  
Free

## MARTIAL ARTS

### Kung Fu for Kids

Bungo Fu, the Jamaican style of Kung Fu! Come learn meditation, self-defense, improved flexibility and self-awareness. This ancient form of self-defense provides physical and mental exercise, which could help the students defend themselves by strengthening their hand-and-eye coordination. The student will gain physical fitness as well as mental and spiritual strength. There is a one-time, non-refundable, fee of \$50 paid to the instructor at the first class for uniforms. Instructor: Master Thompson

Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue

4–16 years  
12 Week Session  
Saturdays, January 12–March 30  
**Beginner:** 10:15–11:15 a.m.  
**Advanced:** 11:15 a.m.–12:15 p.m.  
Resident: \$155 / Non-resident: \$185



### Taekwondo

Taekwondo is composed of three parts as shown in the English spelling, though it is one word in Korean. “Tae” means “foot,” “leg,” or “to step on;” Kwon means “fist” or “fight”; and Do means the “way” or “discipline.” It is a discipline of foot and fist. Today, martial arts are studied for various reasons, including combat skills, sport, fitness, self-defense, self-cultivation (meditation), mental discipline, character development and building self-confidence. There is a one time, non-refundable \$40 uniform fee paid to the instructor at the first class. Instructor: Felix Lindeire

Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue  
6 years and older  
12 Week Session  
Mondays, January 7–April 8  
(No class 1/21 & 2/18)  
6–7 p.m.  
Resident: \$165 / Non-resident: \$195

## TRIPS

### Fun Day- Sky Zone

Participants will meet at the Community Center (7500 Maple Avenue) and travel to SkyZone to jump on trampolines. Trips, activities and performers are subject to change. Space is limited; sign up early. Paperwork will need to be completed prior to the first day of program. Please provide your child(ren) with a non-perishable lunch, snack and water bottle.

Takoma Park Community Center  
Azalea Room  
7500 Maple Avenue  
5–12 years  
Monday, January 28  
8:30 a.m.–5:30 p.m.  
Resident: \$40 / Non-resident: \$50

## WORKSHOPS

### On Stage: Spring Break Workshop

In On Stage: Workshop, students get on the stage and act, sing and dance. We'll start each day with physical, vocal, and imagination- and focus-building warm-ups. We will also work on executing dance combinations, creating characters, and learning songs and choreography and much more. On Stage: Spring Break Workshop will end with a performance, so parents can see what we've been working on. Paperwork needs to be submitted prior to first day of the workshop. Bring a non-perishable lunch and/or snacks. \$10 materials fee includes tracks/CDs, lyrics and prop supplies. Instructor: Gretchen Weigel

Takoma Park Community Center  
Auditorium  
7500 Maple Avenue  
9–14 years  
3 Day Session  
Wednesday–Friday, April 17–April 19  
9:30 a.m.–1 p.m.  
Resident: \$130 / Non-resident: \$150

**Join us for  
Chess Club!**  
Sundays, 1–4 p.m.  
at Heffner Park CC  
42 Oswego Ave.

# Teens

## 13-17

**City Resident class registration opens:**  
December 14 at 8:30 a.m.

**Non-resident class registration opens:**  
December 21 at 8:30 a.m.

**Remember to look in both the Youth & Adult sections for additional programming teens may be able to participate in!**



### ART

#### Drawing & Watercolor

Have fun learning to draw with black, white and colored drawing materials, paint with watercolors, use pen and ink and explore mixed media approaches to representational imagery. Subjects will include still life, portrait, landscape (weather permitting) and floral studies. Beginning students welcome. The focus of the class is appropriate for students interested in developing a portfolio for entry into the Visual Art Center at Albert Einstein High School. Materials fee of \$25.00, paid directly to the instructor, will be due on the first day of each session. Instructor: Katie Dell Kaufman

Takoma Park Community Center  
Art Studio  
7500 Maple Avenue  
11-14 years  
6 Week Sessions

**Tuesday Session 1:** January 8-February 12

**Tuesday Session 2:** February 26-April 2

**Friday Session 1:** January 4-February 15

**Friday Session 2:** March 8-April 12  
3:30-5:30 p.m.

Resident: \$145 / Non-resident: \$165



#### Nail Flare

Have you ever wanted to be able to do your nails and have them look like they were professionally done? If so, this is the class for you. There are a number of different nail art techniques you can use to create unique designs on your natural nails. They can be used alone or combined with others to make a look that reflects you. Some of them are easy to learn, and you will need little or no practice to get a great look. Others will require a little persistence before they look right. This class will teach you proper nail maintenance as well as design techniques such as: stamping, sponging, dotting, decals, and drawing. First class will take place in the Teen Lounge, and the remaining classes will be in the Art Studio. Registration required.

Takoma Park Community Center  
Art Studio  
7500 Maple Avenue  
Grades 6-12  
8 Week Session  
Thursdays, January 17-March 7  
3:30-5 p.m.  
Free

### CAMPS

#### Spring Break Filmmaking Camp: Focus on Takoma Park

A spring break camp intended for budding journalists. Youth (ages 12-17) will learn the basics of video production while also discovering more about Takoma Park. In three full days, campers will gain skills in how to shoot video on professional cameras, will learn how to conduct interviews with local residents, and how to film "b-roll" footage of Takoma Park

in supervised production shoots. The collected footage will be edited together as a single piece by the instructor after the camp and will be shared with participants and the broader Takoma Park community via YouTube. Don't forget to bring a non-refrigerable lunch each day. Before Care and After Care are available for an additional fee. Scholarships are available for TP resident FARMS-eligible students. Instructor: Docs in Progress

Takoma Park Community Center  
Multi Media Lab & Hydrangea Room  
7500 Maple Avenue  
Grades 6-12  
3 Day Session  
Wednesday-Friday, April 17-19  
9 a.m.-4 p.m.  
Resident: \$100 / Non-resident: \$130

#### Spring Break PREPS Week

Spring Break PREPS (Planning and Researching for Educational and Professional Success) Week is about assisting teens in planning for their future. During this week, teens will be able to participate in discussions with business professionals and take a few college tours to get a sense of life after high school. Occasional break-away trips, such as bowling, laser tag, or roller skating will be included. Come with questions, an open mind and a bag lunch. Limited Spaces are available. Sign up today! For this price, we are sure this camp will fill fast.

Takoma Park Community Center  
Teen Lounge  
7500 Maple Avenue  
Grades 6-12  
3 Day Session  
Wednesday-Friday, April 17-19  
9 a.m.-4 p.m.  
Resident: \$75 / Non-resident: \$100

DROP-IN

Power Hour

Take advantage of our homework power hour focusing on academic support. We are the perfect balance of academics and fun. Students are given quiet time to complete homework or to read. Staff is available to assist and can review the completed assignments. Upon completion of work, students are invited to lounge, play games, and/or participate in activities. Registration is not required.

Takoma Park Community Center  
Teen Lounge  
7500 Maple Avenue  
Grades 6–12

Monday–Thursday during the school year  
3:30–4:30 p.m.  
Free

Teen Lounge

This special room is for teens only (middle school and high school students). You are welcome to gain access to two 50-inch and one 70-inch LED SMART TV. We also have X-Box One and Wii Games, workstations, board games and comfy sitting areas for socializing with friends. Come join us after school for fun and laughs and on special events for an amazing time.

Takoma Park Community Center  
Teen Lounge  
7500 Maple Avenue  
Grades 6–12

**Monday, Wednesday–Friday:** 3–7 p.m.  
**Tuesday:** 3–6 p.m.  
**Saturday & Sunday:** closed  
Free

Teen Night

Looking for something exciting to do? The Takoma Park Recreation Center provides high quality, affordable, safe and fun activities for teens. Nothing to do on the second and fourth Friday nights? Come on out to a night of games, activities and more. Bring your friends for a cheap night out of the house.

Takoma Park Recreation Center  
Gymnasium  
7315 New Hampshire Avenue  
12–16 years  
Second & Fourth Fridays  
6:45–8:45 p.m.  
Free with a Recreation Center membership card



EDUCATION & DEVELOPMENT



Black College Expo

Decisions, Decisions. Who has the best academics? Who has the best athletics? Should I stay on campus? How far is comfortable enough for me to travel? Jump on board as we visit the Black College Expo at Bowie State University. Register in advance; space is limited. Transportation provided. Bus will depart TP Community Center at 8:30 a.m. and return by 6p.m.

Takoma Park Community Center  
Meet in Teen Lounge  
7500 Maple Avenue  
Grades 6–12  
Saturday, March 16  
8:30 a.m. –6 p.m.  
Resident: Free / Non-resident: \$10

College Preparation Workshops

These workshops are designed to facilitate an understanding of the college planning process and high school preparation needed for the college application season. Topics will include related testing, selection and data for consideration,

paying for college overview, how to conduct an organized scholarship search, maximizing out-of-school time activity, and a successful transition. Many students aspire to go to college, but the process seems overwhelming for both the students and the parents. Learning and sharing the steps together can help students and their families stay on track and achieve the goal of college admission for higher education and more.

Takoma Park Community Center  
Hydrangea Room  
7500 Maple Avenue  
Grades 6–12  
8 Week Session  
Wednesdays, January 16–March 6  
4–5 p.m.  
Resident: \$10 / Non-resident: \$15

FITNESS

Teen Fitness

It does not matter your fitness level. We will show you how to do a workout appropriate for your ability level. You will be able to concentrate on your cardio and strength. These two healthy and energizing routines will help you burn calories and gain strength while building muscles to help you build a lean, healthy body. There will be an opportunity to use the Fitness Room Equipment as well.

Takoma Park Recreation Center  
Front Room  
7315 New Hampshire Ave  
12–17 years  
10 Week Session  
Mondays, January 7–March 25  
7–8 p.m.  
Free with Recreation Center membership card



TOTS

YOUTH

TEENS

ADULTS

MARTIAL ARTS

See Karate Self-Defense in the Adult section on page 33.



MULTI MEDIA

Photography 101

We are constantly taking photos but they don't come out the way we imagined. In this class, learn the intros to photography as an art form and help you step up your photography game. The class will cover the following topics: shooting manual on your DSLR, rules of composition, portrait photography, object photography, landscape photography, posing 101, editing your photos, using natural light vs. non natural light, composition and turning your phone into a camera. Instructor: Vinny Mwano

Takoma Park Community Center  
Multi Media Lab  
7500 Maple Avenue  
12-17 years  
8 Week Session  
Tuesday, January 8-February 26  
6-7 p.m.  
Resident: \$75 / Non-resident: \$85

# COMPETITIVE GAMING

## COMING SOON!



Check ActiveNet for updates.

TRIPS

Movies & Dave N Busters Trip

School is out for the day, so let's all head to the movies, and afterwards we'll get to release our energy into healthy competitions at Dave N Busters in Downtown Silver Spring.

Takoma Park Community Center  
Meet in Teen Lounge  
7500 Maple Avenue  
Grades 6-12  
Monday, January 28  
11 a.m.-4 p.m.  
Resident: \$10 / Non-resident: \$20



Snow Tubing for Teens

On this early release day, grab your hat and gloves and join us for an evening in the snow as we head to Liberty Mountain to go snow tubing. Race down one of ten tubing lanes solo or link up with a friend. During a break from snow tubing, hang inside the lodge and have a hot cup of cocoa or get a game of flag football started outside. It's your day so have fun the way you like. No experience necessary. Space is limited, so register now.

Takoma Park Community Center  
Meet in Teen Lounge  
7500 Maple Avenue  
Grades 6-12  
Friday, January 25  
2-8 p.m.  
Resident: \$25 / Non-resident: \$35

# Adults

## 16+ years

*City Resident class registration opens:  
December 14 at 8:30 a.m.*

*Non-resident class registration opens:  
December 21 at 8:30 a.m.*



### ART

#### Ceramics: Hand Building & Sculpture

The class focuses on basic hand-building techniques including pinch, coil and slab construction, as well as surface treatment and glazing. Open to all levels of experience. Students can create functional items such as vases, soap dishes and teacups, as well as sculptures including portrait heads and whimsical animals. Dream something up, and come try it out in the studio! Experienced potters may use studio's electric wheels to pursue independent projects. All glazes are lead free and food safe. \$20 materials fee due to instructor first day of class. Registration for Monday's class includes studio time on most Fridays from 10 a.m.–12 p.m. Instructor: Caroline MacKinnon

Takoma Park Community Center  
Art Studio

7500 Maple Avenue  
16 and older  
7 Week Sessions

Mondays, 10 a.m.–12 p.m.

**Session 1:** January 7-March 11  
(No class 1/21, 1/28, 2/18)

**Session 2:** March 25-May 20  
Resident: \$95 / Non-resident: \$105  
(No class 4/15, 4/22)

#### Ceramics - New Techniques for Wheel

This is a three-day workshop. In the class wheel throwers of all experience will alter wheel thrown pots to create something new. There will be demonstrations and time for hands on ceramic work. A materials fee of \$10 per student will be due the first day of class. Instructor: Alice Sims, Art for the People

Takoma Park Community Center  
Art Studio

7500 Maple Avenue  
16 and older

3 Day Session

Sunday, March 10: 2–3:30 p.m.

Thursday, March 14: 6:30–8 p.m.

Sunday, March 17: 2–3:30 p.m.

Resident: \$250 / Non-resident: \$280

#### Ceramics Wheel Throwing: Parent and Child

In this ceramics class a parent and a child will work together on the potter's wheel and learn about throwing pots. The pieces will be fired and glazed and will be food safe. One parent and one child please. Children must be at least 8 years old. There will be a \$25 materials fee, per family due the first day of class. Instructor: Alice Sims, Art for the People

Takoma Park Community Center  
Art Studio

7500 Maple Avenue  
8 and older

6 Week Session

Friday, February 8-March 15

6:30–8:30 p.m.

Resident: \$150 / Non-resident: \$180

#### Ceramics: Wheel Throwing

Receive instruction on using the potter's wheel, while making cups, bowls and dishes. Tools and other materials provided. There is a \$20 materials fee due to the instructor on the first day of class. Instructor: Alice Sims, Art for the People

Takoma Park Community Center  
Art Studio

7500 Maple Avenue  
16 and older

8 Week Sessions

**Tuesdays:** January 8-February 26

**Wednesdays:** January 9-February 27  
6:30–8:30 p.m.

Resident: \$110 / Non-resident: \$130

#### Collage

Have fun working with found, purchased and altered papers, while learning how collage methods can enhance your art making process, whatever medium you use. This class explores ways of combining collage materials and art media. You will be introduced to a variety of collage techniques, work with elements and principals of design, and explore creative two and three dimensional assembly. Instruction will be given in surface preparation, adhesives, color theory and composition and is suitable for beginners, as well as more experienced students. Basic materials (adhesives, supports, papers and paints) will be available (some personal or found collage elements may be desirable in addition to materials provided). A materials fee of \$30, paid directly to the instructor, will be due on the first day of class. Instructor: Katie Dell Kaufman

Takoma Park Community Center  
Art Studio

7500 Maple Avenue  
16 and older

6 Week Sessions

Tuesdays, 11 a.m.–2 p.m.

**Session 1:** January 8-February 12

**Session 2:** February 26-April 2

Resident: \$210 / Non-resident: \$240

#### Encaustic Collage Weekend Workshop

Encaustic collage is a collage medium that uses bees wax as an adhesive and allows for layering of papers and

TOTS

YOUTH

TEENS

ADULTS

55+

Recreation: Adults

TOTS

YOUTH

TEENS

ADULTS

55+

lightweight found materials as a base for over painting with oil and encaustic paint. This workshop will cover collage layering processes using translucent and opaque papers and sculptural effects that can be created with the wax with stencils, stamps and incising. Ways to enhance your collage with encaustic paint will be introduced, as well as principles of layering wax and wax based paint over absorbent surfaces such as wood, cloth, canvas and watercolor paper. All materials will be provided for the \$50.00 materials fee including all substrates, medium, brushes and paint. A letter of optional collage materials to bring will be sent out after you register. Instructor: Katie Dell Kaufman

Takoma Park Community Center  
Art Studio  
7500 Maple Avenue  
16 and older  
2 Day Session  
Saturday, March 2-Sunday, March 3  
9:30 a.m.–4:30 p.m.  
Resident: \$250 / Non-resident: \$280

DANCE

Mindful Movement

What happens when you combine meditation, dance and yoga together? Mindful Movement! This class is for dancers and non-dancers alike. Using creative movement and principals from different dance styles, we will explore and observe, through sensing and moving, our mind and body connection to bring awareness and creative freedom to the wonderful world of your body. Expect free dancing, some technical elements of dance, (e.g. African, jazz, contemporary, modern) breathing techniques, meditative



stretching, and lots of insight and fun. Whether you want to view your body with more compassion and understanding, learn to properly stretch and tone, or want to gain dancing insight and creativity, this is for you. Instructor: Beth Mwano  
Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue  
16 and older  
8 Week Session  
Saturday, January 12-March 2  
12:45–2 p.m.  
Resident: \$85 / Non-resident: \$95

ENVIRONMENTAL



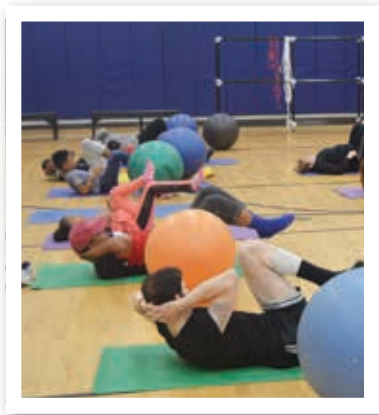
Community Garden

Volunteers are always welcome. You will gain hands-on experience about how to grow food as you work alongside garden veterans. Our team of volunteers from the neighborhood community, environmental change-makers and other area organizations tend, harvest, seed, and water the garden together (and have a great time doing it!). We welcome your help with the garden. This is a drop-in program the first and fourth Saturday of the month for adults. No need to register - just show up.  
Takoma Park Recreation Center  
Outdoor Garden  
7315 New Hampshire Avenue  
16 and older  
First and fourth Saturdays, January 5-March 23  
8–9:30 a.m.  
Free

FITNESS

Ladies Boot Camp

A total body program that includes a circuit of drills such as jumping jacks, running, push-ups, squats, crunches and weight training. A challenging workout within a quick hour. Students are required to bring their own mat. Instructor: KJ Total Fitness  
Takoma Park Recreation Center  
Gymnasium  
7315 New Hampshire Avenue  
16 and older  
Tuesdays and Thursdays  
6:30–7:30 p.m.  
Session 1(8 Weeks): January 8 - February 28  
\$85



Session 2(4 Weeks): March 5-March 28  
\$45  
Drop-in: \$10

Pilates

A fun and invigorating workout that teaches controlled movements utilizing the body's "core" - abdomen, back, and hips. Pilates improves core control, coordination, standing alignment and balance with mat exercises. Pilates is the ultimate mind-body exercise for anyone who wants to tone, streamline, and realign their body. Students are required to bring their own mats and hand weights. Instructor: Nancy Nickell  
Takoma Park Recreation Center  
Front Room  
7315 New Hampshire Avenue  
16 and older  
6 Week Sessions  
Wednesdays, 6–7 p.m.  
Session 1: January 9-February 13  
Session 2: February 20-March 27  
\$60

Qi Gong - 12 Postures

The exercises of Lang Ye 12 Postures Qi Gong enhance flexibility, core strength, alignment, prevent stiffness and help to relieve back/neck pain. Learning these standing and seated movements will bring relief, joy and energy to your mind, body and spirit. If your vital life energy has been blocked by illness, injury or you are just "low energy" then this class will revitalize you. No experience is needed. Instructor: Joann Malone  
Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue  
18 and older  
8 Week Session  
Tuesdays, February 5-March 26



Recreation: Adults (cont.)

7–8 p.m.  
Resident: \$95 / Non-resident: \$105

Qi Gong - Minding Our Business

This class is a strategy for managing work related stress. Using various mindfulness and Qi Gong practices will increase performance, creativity and health. Mindful practices are offered as “Take Fives,” - brief and vital breaks - that can be incorporated throughout the day by anyone, anywhere at any time. Minding Our Business requires no special equipment and no dedicated space. Simple, effective and energizing practices lessen the impact of stress and enhance well-being. Patrick Smith is a Certified Qi Gong Instructor, worked in a highly stressful profession and has been practicing and sharing mindfulness meditation practices for the past 30 years. This session is spread out to allow for deep learning and experience. Supporting material will be sent electronically to awaken and guide the students. All that is required is an open mind and a willingness to experiment. \*No class on the following dates: 1/22, 2/5, 2/19, 2/26, and 3/12. Instructor: Patrick Smith

Takoma Park Community Center  
Azalea Room  
7500 Maple Avenue  
18 and older  
6 Week Session  
Tuesdays\*, January 8-March 19  
7–8 p.m.  
Resident: \$85 / Non-resident: \$95

Total Body Tabata Fitness

This is a form of high intensity interval training (HIIT) that consists of eight rounds of ultra-high-intensity exercises in a specific 20 seconds on, 10 seconds off interval. This class encompasses upper body, lower body, balance, core and flexibility. This short workout will leave you sweaty, full of energy and ready to take on your packed schedule. Must register in advance, online, or in person at the Community Center, 7500 Maple Avenue. Instructor: KJ Fitness

Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
16 and older  
6 Week Session



Sundays, January 13-March 3  
1–2 p.m.  
Resident: \$85 / Non-resident: \$95

Yoga (Iyengar): Beginners

This class will introduce to you yoga as taught by the Iyengar Method. In this method, the emphasis is on alignment and precision. The basic postures are introduced and awareness is created in the whole body. As awareness of every part of the body is felt so also energy is generated and the breath is engaged. The goal is to bring into alignment not just the different parts of the body but alignment of the body with the mind and the mind with the soul. Mats and props will be provided to make all poses accessible to all. Students are requested to wear comfortable clothing, and please do not eat in the two hours prior to the class. Instructor: Tehseen Chettri

Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue  
18 and older  
13 Week Session  
Wednesdays, January 2-March 27  
6–7:15 p.m.  
Resident: \$170 / Non-resident: \$200  
Drop-in: \$15 (Check or credit card only; No cash)

Yoga (Iyengar): Intermediate

Practice and persistence brings transformation! After achieving a firm foundation of Level 1, a student wishes to go forward in her/his exploration of the discipline of yoga. This intermediate level offers a deeper penetration of the consciousness from the periphery towards the core. The more advanced postures are introduced and inversions are included. The practice of pranayama (breathing) is included in the session. Mats and props are provided. Instructor: Tehseen Chettri

Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue  
18 and older  
13 Week Session  
Wednesdays, January 2-March 27  
7:30–9 p.m.  
Resident: \$170 / Non-resident: \$200  
Drop-in: \$15 (Check or credit card only; No cash)

Zumba

Zumba is a total workout, combining all elements of fitness with cardio, muscle conditioning, balance and flexibility.

Zumba takes the work out of workout, by mixing low and high intensity moves. The class will incorporate Latin music that will easily move you through your workout. Instructor: Laura Stewart

Takoma Park Recreation Center  
Gymnasium  
7315 New Hampshire Avenue  
16 and older  
6 Week Session  
Saturdays, 11:45 a.m. –12:45 p.m.  
Session 1: January 12-February 16  
Session 2: February 23-March 30  
\$50

MARTIAL ARTS

Karate Self-Defense

Promote physical fitness, self-defense, leadership and cultural exchange through the practice of a traditional Okinawan karate style, Isshinryu (which means One Heart Way). This program requires a Recreation Center membership card. Instructor: Penn State University Karate Club.

Takoma Park Recreation Center  
Back Room  
7315 New Hampshire Avenue  
16 and older  
Mondays and Wednesdays, starting January 2  
7–8:30 p.m.  
Free with Recreation Center membership card

Kung Fu

Bungo Fu, the Jamaican style of Kung Fu! Come learn meditation, self-defense, improved flexibility and self-awareness. This ancient form of self-defense provides physical and mental exercise, which could help the students defend themselves by strengthening hand-and-eye coordination as well as assist with the maintaining of balance as they get older. The student will gain physical fitness, mental and spiritual strength. Instructor: Master Thompson

Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue  
17 and older  
10 Week Session  
Mondays, January 7-March 25  
(No class 1/21 & 2/18)  
7:30–8:30 p.m.  
Resident: \$165 / Non-resident: \$195

TOTS

YOUTH

TEENS

ADULTS

55+

MULTI MEDIA

Photography 101

We are constantly taking photos but they don't come out the way we imagined. In this class, learn the intros to photography as an art form and help you step up your photography game. The class will cover the following topics: shooting manual on your DSLR, rules of composition, portrait photography, object photography, landscape photography, posing 101, editing your photos, using natural light vs. non natural light, composition and turning your phone into a camera. Course requirements: Participants should have basic knowledge of computers. All participants will need an external memory device (stick or drive) of at least 5 gigabytes to store and save photographs. Instructor: Vinny Mwano

Takoma Park Community Center  
Multi Media Lab  
7500 Maple Avenue  
18 and older  
8 Week Session  
Tuesday, January 8-February 26  
7:15-8:15 p.m.  
Resident: \$75 / Non-resident: \$85

Photography – Intermediate

It's time to pick back up the camera you gave up on. Learn how to improve your DSLR skills and utilize your camera in raw vs. jpeg lighting. How do we take better photos using your DSLR? We are taking photos, but they don't come out the way we imagined. In this class, learn how to master your DSLR. The instructor will give you a set of formulas that will allow you to use photography as an art form and help you step up your photography game. The class will cover the following topics: shooting manual on your DSLR, staging, editing, night photography, action photography, studio light photography, including backdrop; portrait photography and product photography. Instructor: Vinny Mwano

Takoma Park Community Center  
Multi Media Lab  
7500 Maple Avenue  
18 and older  
8 Week Session  
Mondays, January 7-March 11  
(No class 1/21 & 2/18)  
6:30-7:30 p.m.  
Resident: \$85 / Non-resident: \$95

Video Production and Editing

Learn the art of video production and creating content. This class will enhance your ability to produce home movies or short films. It will also advance your skills with pre-production techniques and educate you on how to properly videotape with any device. Instructor: Isaac Asare

Takoma Park Community Center  
Multi Media Lab  
7500 Maple Avenue  
16 and older  
5 Week Session  
Thursdays, January 10-February 7  
6-8 p.m.  
Resident: \$150 / Non-resident: \$180

SPORTS

2019 Adult Softball League - Teams

The Takoma Park Coed Softball League is a fun and exciting recreational program for competitive adults of all skill levels. Games will be played on Sundays. Team registrations must contain 50% of TP residents to qualify for resident team entry fee. Roster limit 15. Registrations starts Jan. 15. All games are double headers.

Various local fields  
16 and older  
8 Week Season  
Games: Sundays, April 7-June 9  
(No games 4/21, 5/12, 5/27)



Starting at 9:30 a.m.  
Resident Team: \$545 / Non-resident Team: \$645

2019 Adult Softball League - Free Agent Waitlist

Individual participants will be placed on a waiting list and contacted if space becomes available on a team. If space becomes available on a team you will be responsible to pay your registration and any other associated fees to that team. \*Spaces not guaranteed\*

2019 Adult Volleyball League – Teams

The Takoma Park Coed Volleyball League is a new, fun and exciting recreational program for competitive adults of all skill levels. Teams will play games weekly. Games will be played with a 6 vs. 6, rally scoring format. Roster limit 15. Stay active, meet new friends and get on the court for an 8 week season! Registration starts Jan. 15. Games are set for Monday and Wednesday evenings.

Takoma Park Recreation Center  
Gymnasium  
7315 New Hampshire Avenue  
18 and older  
8 Game Season  
Mondays & Wednesdays  
April 8-June 10  
(No game 5/27)  
6:30-8:30 p.m.  
Team fee: \$250

2019 Adult Volleyball League - Free Agent Waitlist

Individual participants will be placed on a waiting list and contacted if space becomes available on a team. If space becomes available on a team you will be responsible to pay your registration and any other associated fees to that team.



55+

*City Resident  
class registration opens:  
December 14 at 8:30 a.m.*

*Non-resident  
class registration opens:  
December 21 at 8:30 a.m.*



TOTS

YOUTH

TEENS

ADULTS

55+

SENIORS ARE ADULTS TOO!

Don't forget to check out the Adult class offerings on page 31 (from Adults).  
\*Ask us about scholarship opportunities



ART

Japanese Paper Lantern Workshop

The Japanese Spring Equinox is March 21, and this date marks the end of winter and the beginning of spring. Decorate your own beautiful Japanese paper lantern. All supplies provided. This is a free workshop however on-line or in-person registration is required with the Recreation Department.  
Takoma Park Community Center  
Lilac Room  
7500 Maple Avenue  
55 and older  
1 Day  
Thursday, March 21  
11 a.m. –12 p.m.  
Free

DROP-IN



Bingo

Come and try your luck. Win a prize. Drop-in. No registration is required.  
Takoma Park Community Center  
Senior Room  
7500 Maple Avenue  
55 and older  
3 Days  
Tuesdays, January 22, February 26, March 26  
12–2 p.m.  
Free

Game Room Open Play

The Game Room is available for adults age 55 and older to play pool, table tennis, basketball arcade and other active games. The game room is a great place to join friends for lively conversation, and just to “hang out” before, in-between and after classes during the day. **Game Room not available during Table Tennis Skills class winter session Thursdays 1/3/19 - 3/28/19, 12–1:00 p.m.**  
Takoma Park Community Center  
Game Room  
7500 Maple Avenue  
55 and older  
Ongoing  
**Mondays-Wednesday:** 9 a.m.–1 p.m.  
**Thursdays:** 9 a.m.–12 p.m.  
**Fridays:** 9 a.m.–1 p.m.  
**Saturdays:** 10 a.m.–12 p.m.  
Free

EDUCATION & DEVELOPMENT

Computer Basics

This three week course will introduce people with little or no previous experience to basic skills such as sending and receiving email, internet searching, and using a word processor to compose letters, etc. **You need a Takoma Park Library card to access the computers.** Registration with the Recreation Department is required. Instructor: Anne Leveque  
Takoma Park Community Center  
Computer Lab

7500 Maple Avenue  
55 and older  
3 Week Sessions  
Wednesdays, January 30-February 13  
10 a.m.–12 p.m.  
\$10 (Plus a Takoma Park Library card)

Computer Extras

Take your computer skills to the next level. In these three classes, experiment with social media, master the calendar and other computer/smart device apps. Bring your questions! **You need a Takoma Park Library card to access the computers.** Registration with the Recreation Department is required. Instructor: Anne Leveque  
Takoma Park Community Center  
Computer Lab  
7500 Maple Avenue  
55 and older  
3 Week Sessions  
Wednesdays, March 6-March 20  
10 a.m.–12 p.m.  
\$10 (Plus a Takoma Park Library card)

RSVP-AARP Free Tax Aide Program

Free tax preparation assistance by trained volunteers for low-to-moderate income with special attention to seniors age 60 plus. By appointment only. **Appointments must be made directly with Montgomery County RSVP/AARP. Schedule online at [www.montgomeryserves.org/tax-aide](http://www.montgomeryserves.org/tax-aide) or call 240-777-2577 Monday - Friday, 9:30 a.m.–3 p.m., for an appointment.** Appointment scheduling begins January 28.  
Takoma Park Community Center  
Azalea Room



TOTS

7500 Maple Avenue  
55 and older  
Individual appointments available:  
Wednesdays, February 6-March 27  
10 a.m.–3 p.m.  
Free, reservations required through  
Montgomery County RSVP

FITNESS

Blood Pressure Screening

Adventist Healthcare will be doing a  
monthly blood pressure screening. Drop-  
in. No registration is required.

Takoma Park Community Center  
Senior Room  
7500 Maple Avenue  
55 and older  
3 Days

Tuesdays, January 22, February 26,  
March 26  
11:30 a.m.–12:30 p.m.  
Free

Bone Builders

The Bone Builders program, in partnership  
with Montgomery County, consists of three  
parts: balance exercises, weight training,  
and discussion concerning diet, safety  
and exercise. The program uses trained  
RSVP volunteers to lead the classes with  
supervision by a certified trainer. For  
best health benefits and increase in bone  
density, participants are encouraged to  
attend class twice a week. Register for  
one session only. Instructor: Montgomery  
County RSVP

Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue  
55 and older  
13 Week Sessions

**Mondays and Thursdays:** January  
3-March 28  
(No class 1/21, 2/18 & 3/14)  
10–11 a.m.

**Tuesdays and Fridays:** January  
4-March 29  
10:30–11:30 a.m.  
Free

Cardio Groove

This class features high-energy and fast-  
paced, low-impact Aerobics that get the  
heart pumping and feet moving quickly,  
followed by a cool down and stretch.  
Instructor: Nancy Nickell

Takoma Park Community Center  
Dance Studio

YOUTH

TEENS

ADULTS

55+

Get Ready for Spring!  
Learn from a  
Master Gardener!

Bees, Beneficals and Blooms  
Monday, March 11

Managing Garden Pests  
Monday, March 25

Look to the Forever Young  
Newsletter for more details.



7500 Maple Avenue  
55 and older  
10 Week Session  
Mondays, January 7-March 25  
(No class on 1/21 and 2/18)  
11:30 a.m.–12:30 p.m.  
Free

Enhanced Fitness Training

This well rounded hour of fitness focusses  
on increasing flexibility, strength and  
balance through stretching, breathing,  
aerobic movement, core training and  
proper posture alignment. Students will  
use resistance bands. Please bring mat,  
towel and water. Instructor: Adriene Buist

Takoma Park Recreation Center  
Gymnasium  
7315 New Hampshire Avenue  
55 and older  
11 Week Session  
Tuesdays, January 8-March 19  
12–1 p.m.  
Free

Full Body Flex

Participants will experience a variety  
of stretching, toning and meditation  
techniques to improve  
breathe, circulation  
and range-of-motion  
of the joints and to  
lessen soreness using  
standing, sitting and  
mat-based exercises. Instructor: Jaylene  
Sarracino

Takoma Park Recreation Center  
Gymnasium  
7315 New Hampshire Avenue  
55 and older

12 Week Session  
Thursdays, January 3-March 21  
2–3 p.m.  
Free

Full Body Fusion

Active adults will enjoy this low-impact  
full-body workout to music. Elements of  
balance, movement, strengthening, and  
yoga blend to create a fun, functional and  
energetic workout. Bring an exercise mat  
to class. Instructor: Jaylene Sarracino

Takoma Park Recreation Center  
Gymnasium  
7315 New Hampshire Avenue  
55 and older  
11 Week Session  
Tuesdays, January 8-March 19  
2–3 p.m.  
Free

Gentle Yoga

Yoga can help increase flexibility, strength,  
and balance, using a series of seated  
and standing poses. Learn breathing and  
relaxation techniques. Beginners and  
experienced students welcome. Work at  
your own level. You must bring a yoga mat  
to class. Instructor: Carol Mermey

Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue  
55 and older  
10 Week Session  
Fridays, January 4-March 8  
12–1 p.m.  
Free

Heart and Core

Move to the high energy beat to pump up



Recreation: 55+

the heart rate then followed by 20 minutes of Pilates core floor workout to strengthen the area from shoulders through hips. Class members should bring their own mats. This is a free class however registration in-person or on-line with the Takoma Park Recreation Department is required. Instructor: Nancy Nickell

Takoma Park Recreation Center  
Gymnasium  
7315 New Hampshire Avenue  
55 and older  
10 Week Session  
Saturdays, January 5-March 23  
9:15–10:15 a.m.  
Free

Line Dancing

Line Dancing is a great physical and mental exercise and an enjoyable social activity that leads to meeting new people and making new friends. Strengthening of bones and muscles, weight loss, increased stamina and flexibility, and stress reduction are just some of the benefits of dancing. Learn how exercise can be fun with music. No experience necessary. Register for one class only. Instructor: Barbara Brown

Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue  
55 and older  
12 Week Session  
Wednesdays, January 9-March 27  
(No class 1/2 & 2/6)

**Early Session:** 10:30–11:30 a.m.  
**Late Session:** 11:45 a.m.–12:45 p.m.  
Free

Tai Chi Strength

This class begins with meditation and stretching followed by Tai Chi forms and balance exercises to build strength and endurance and ends with cool down exercises. Instructor: Master Thompson

Takoma Park Recreation Center  
Front Room  
7315 New Hampshire Avenue  
55 and older  
11 Week Session  
Tuesdays, January 8-March 19  
12–1 p.m.  
Free

Tai Chi Strength

This class includes meditation, stretching and Tai Chi Sunfist Forms. This is a free class; however, in- or online registration with the Takoma Park Recreation Department is required. Instructor: Master Thompson



Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue  
55 and older  
12 Week Session  
Thursdays, January 3-March 21  
6:30–7:30 p.m.  
Free

Walking Group

Don't worry about the cold weather and join your neighbors and friends for indoor lap walking. Go at your own pace. Drop-in. No registration is required.

Takoma Park Recreation Center  
Gymnasium  
7315 New Hampshire Avenue  
55 and older  
Tuesdays, through March 19  
12–1 p.m.  
Free

Zumba Gold

Zumba Gold is the Latin-inspired dance fitness program that makes working out fun. Designed for the active senior, the Zumba Gold workout provides participants with the opportunity to improve balance, flexibility and cardiovascular strength. Due to the popularity of the Zumba classes, you may register for one class per week only. Choose the class that best fits your schedule. Instructor: Yesika Flores

Takoma Park Community Center  
Dance Studio  
7500 Maple Avenue

55 and older  
10 Week Sessions  
**Thursday Session:** January 3-March 7  
11:30 a.m. –12:30 p.m.  
**Saturday Session:** January 5-March 9  
2:30–3:30 p.m.  
Free

SPORTS

Table Tennis Skills (Ping Pong)

Great fun! This class provides enjoyable physical exercise and requires no prior experience. Students will learn game rules and practice skills. Instructor: Coach Donn Olsen

Takoma Park Community Center  
Game Room  
7500 Maple Avenue  
12 Week Session  
55 and older  
Thursdays, January 3-March 28  
(No class 3/14)  
12–1 p.m.  
Free

Tennis Fun & Fitness

Rediscover your love of tennis or help find it for the first time by playing this lifelong game. This class blends exercise with learning or reviewing skills. The goal is fun and fitness utilizing special equipment for indoor play. All equipment provided, but you can bring your own racket. Instructor: Coach SJ

Takoma Park Recreation Center  
Gymnasium  
7325 New Hampshire Avenue  
55 and older  
12 Week Session  
Thursdays, January 3-March 21  
12–1 p.m.  
Free



Join us for Glazing Ceramic Bisque

Tuesday, March 12th  
11:00 a.m. - 1:00 p.m.  
Azalea Room  
Free  
For more details see the Forever Young Newsletter

## Partnerships

The Takoma Park Recreation Department has formal partnerships established with neighborhood, community, business and not-for-profit organizations. These partnerships allow our department to leverage resources and generate citywide interest and support for our facilities, programs and events. We appreciate your support!

### Let's Play America

Let's Play America is a nonprofit that encourages people of all ages to play. LPA and the Recreation Department co-sponsor four play events a year; a pool party and three play days. The dates are on the LPA website under events. People of all ages interested in helping with planning play events and/or volunteering are welcome to attend monthly meetings on the second Wednesday of the month at 7 p.m. in the TPCC Hydrangea Room. Residents who want to close their street for play, help with the independent play events or would like more information are welcome to contact Pat Rumbaugh at [theplaylady@gmail.com](mailto:theplaylady@gmail.com) or 301-928-9962 or visit [www.letsplayamerica.org](http://www.letsplayamerica.org).



Credit: Selena Malott

Pat Rumbaugh, *The Play Lady*, is joined by the volunteers who helped with the Seventh Annual Mid-Year Play Day on February 12, 2017.



### Piney Branch Pool (Adventist Community Services)

The pool will be closed Dec. 22 - 25, Dec. 29 - Jan. 1, Jan. 21, and Feb. 18. Pool hours are subject to change. Check [acsgw.org/poolinfo.html#hours](http://acsgw.org/poolinfo.html#hours) for updates. Lane swimming, water aerobics, kayak classes, and much more are available. The pool is located at Piney Branch Elementary School, 7510 Maple Avenue. Park behind the Community Center, and use side entrance to school on Grant Avenue. For more information, contact Joyce Seamens at 301-565-0190 or [joyces@acsgw.org](mailto:joyces@acsgw.org), call the pool office at 301-891-8017, or visit [acsgw.org](http://acsgw.org).

### Takoma Park Boys & Girls Club

The Takoma Park Boys and Girls Club is a nonprofit organization that has operated in the Takoma Park community for over 50 years. The Club focuses on academics, the fundamentals of football and cheer, and most importantly, building the team concept. For more information, visit [takomaparkbgc.teamopolis.com](http://takomaparkbgc.teamopolis.com).



Credit: [www.manupnow.org](http://www.manupnow.org)

M.A.N.U.P. operates two types of mentoring programs: in-school and community-based.

### Takoma Park Community Band

The band is open to any community member who plays an instrument. The band is looking for musicians at all levels of expertise who would enjoy being a part of a musical group. Practices held Mondays at 7:30 p.m. at Heffner Park Community Center, 42 Oswego Avenue. For more information, contact Gene Herman at 301-585-5832 or [gene511@aol.com](mailto:gene511@aol.com).



Credit: Takoma Park City TV

The Takoma Park Community Band held its 40th Anniversary Concert in April 2014.

### Takoma Soccer

Takoma Soccer is a volunteer program whose goal is to provide local kids with a fun, recreational soccer program close to home. Takoma Soccer strives to teach children the value and fun of teamwork, cooperation, practice, and sportsmanship. For more information, contact Howard Kohn at 301-270-8187 or [kohn@erols.com](mailto:kohn@erols.com).



Credit: [www.takomasoccer.org](http://www.takomasoccer.org)

Children as young as three years old can play with Takoma Soccer.

### M.A.N.U.P.

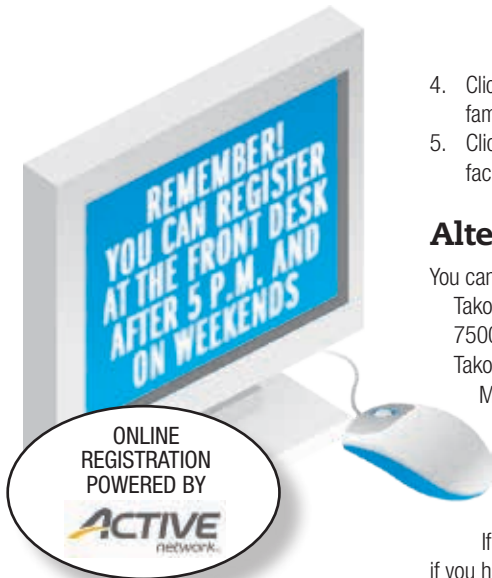
The programs for MANUP are gender specific to enhance male and female development through the principles of education, social responsibility, self-empowerment and economic awareness. Several programs include guest speakers, field trips to various educational and fun locations, career development and more. This mentoring program is made possible by countless volunteer hours. These mentors work in cooperation with the Takoma Park Recreation Department. This is a drop-in program, and permission slips are required for trips. They meet Tuesdays at 6:30 – 8 p.m. in the Teen Lounge at the Community Center.





visit us online @

<http://apm.activecommunities.com/takomaparkrecreation>



With ActiveNet® you can use a credit card to:

- Register for recreation classes 24 hours a day, 7 days a week!
- Request a park or recreation facility for an event.
- Receive class confirmation via e-mail.
- View and print class schedules.
- Purchase memberships to the gym and fitness room.
- Service fee applies online.

Instructions for creating an account

Contact the Recreation Department in advance if you currently have an account and need to verify your username and password.

1. Access **apm.activecommunities.com/takomaparkrecreation**
2. Click **Create an Account**.
3. Complete all necessary information; fields marked with an asterisk are required.

4. Click **Create Account** or enter other family members into the system at this time.
5. Click **Intro** and search for a course or facility.

Alternative registration

You can still register via mail or walk in:  
Takoma Park Recreation Department  
7500 Maple Avenue  
Takoma Park, MD 20912

Make checks or money orders payable to: City of Takoma Park. List program name and participant's name on front of check. No phone registrations.

If you are having trouble registering or if you have questions concerning classes, please call **301-891-7290** or e-mail us at **recreation@takomaparkmd.gov**.

- A resident of Takoma Park is any person who lives within the 2.4 square mile corporate limits. A nonresident lives outside the corporate limits. If you are not sure of your residency status, please call us and we will be happy to assist you. Or visit [takomaparkmd.gov/council](http://takomaparkmd.gov/council) and review the street listing.
- We require, for most programs, that participants are the required age as the date of the first class. All age requirements are set to benefit the participant and allow for more consistent program instruction. In some instances, the requirements have been set for the participant's safety.
- Customers can only register individuals listed on their household account for programs.

Wait list policy

In the event that a program has more interest than available space, we will keep a waiting list. Individuals on the waiting list will be accommodated on a first-come, first-served basis. In the event that another class is created, individuals from the waiting list will be contacted.

Registration policies

- The Recreation Department reserves the right to cancel any program/class due to insufficient enrollment or to substitute teachers without participant notification.
- Classes may be canceled on school holidays, vacations, snow days or any other dates noted in the guide. If schools close midday due to a weather or other emergency, children's classes will also be canceled. Every attempt will be made to reschedule classes canceled due to weather emergencies.

Refund policy

PLEASE READ CAREFULLY

- Registrants assume the risk of changes in personal affairs or health.
- Refunds will be approved with written/electronic notification received **seven (7) business days** prior to scheduled start of program. A \$15 administrative fee will be deducted per participant/per class and may take up to 30 days to receive.
- Registrant may choose to receive a credit for the remaining amount, which may be used for another program.
- Refunds after the program has begun will be considered only with medical verification (**no exceptions**). No refund after the program has ended.
- Membership passes are not eligible for a refund.
- The online processing fee will not be included in refunds.



WE DON'T SPAM

Periodically you will receive emails about upcoming registration dates, special events, weather closings, special promotions or new programs. It is important that you have a valid email address in our database. If you change email addresses, move, etc., please let us know.



REGISTER EARLY!

Nothing cancels a good class quicker than waiting until the last minute to register. If there aren't enough registrations by a certain date, the course may be canceled.

Winter 2018

# Special Events



## Decayed Art Exhibition

Three talented artists will display their work at the Takoma Park Community Center in *DECAYED*, an exhibition exploring the beauty and melancholy of decay. An opening reception will be held at 7 p.m. on January 10, and the exhibition will be on view until March 10. Kristina King painstakingly creates handmade paper using beaten cotton or flax fibers that are suspended in water and pulled through a mold. The paper has a ragged shifting texture that resembles a satellite image of a mountain range or shadowed craters on the moon. Chrissy Wilkin explores the inevitability of death through paintings of skeletons that display a macabre sense of humor. David Mosher explores abandoned buildings where he photographs himself in scenes that possess a surreal beauty and sense of loss amidst layers of peeling paint and crumbling plaster.

Takoma Park Community Center  
7500 Maple Avenue  
January 10 - March 10  
Free



## "Fantastic Beasts and Magical Hogwarts Creatures (and how to draw them)"

Kids ages 9–14 are invited to come to a special class where they will learn how to draw the "Niffler," the "Bowtruckle," and the beloved houseelf "Dobby" from the magical world of *Harry Potter*. The class will be taught by local illustrator and art teacher, Kate Lanxner. Participants will



work all together on one creature, step by step. Other creatures will have templates and overlays, so if you think to yourself, "I can't even draw a straight line," it will be easy to get a good result for a fantastic piece of wall art. All materials provided, courtesy of the Friends of the Takoma Park Maryland Library. Class size is limited, and registration is required.

Takoma Park Maryland Library  
Kids ages 9–14  
Sunday, January 13  
2–4 p.m.

## 9th Annual Mid-Year Play Day

Let's Play America and the Takoma Park Recreation Department have teamed up to present to you the Ninth Annual Mid-Year Play Day! Come join Let's Play America and the Takoma Park Recreation Department for a fun afternoon of indoor play. Free fun for all. It's time for you to let your hair down, put on your comfy clothes and get ready to play! To see a full listing of activities and performances please visit [www.letsplayamerica.org](http://www.letsplayamerica.org). See you there!

Takoma Park Community Center  
7500 Maple Avenue  
All ages  
Sunday, February 10  
1–4 p.m.  
Free

