

# Takoma Park city guide

Fall 2021

CLASSES • PROGRAMS • SERVICES • & MORE!

## NEW TO THE NEIGHBORHOOD

CITY OF TAKOMA PARK WELCOMES NEW TEAM MEMBERS



[takomaparkmd.gov](http://takomaparkmd.gov)

SEE STORY  
ON PAGE 8

2021 Fall  
Holiday  
Closure  
Calendar

Veterans Day  
Thursday, Nov. 11

Thanksgiving  
Thursday, Nov. 25  
Friday, Nov. 26

Christmas  
Thursday, Dec. 23  
Friday, Dec. 24  
Saturday, Dec. 25

About  
the Cover

Center: City Manager Jamal Fox takes advantage of a photo opp with some of the new staff members on his team during the All Staff Lunch on Sept. 2, 2021. Individual new staff members pictured (left to right): David Eubanks, Jessica Jones, Anna Mische John, and Alex Freedman.



Look for this icon throughout the guide, which identifies the City's green initiatives.



The City of Takoma Park has a new alert system. Takoma Park Alert will deliver important emergency alerts, notifications and updates to you by whichever methods you choose. The Takoma Park Alert system replaces the TP Alerts system. We encourage all residents to sign up. [Learn more at takomaparkmd.gov/alert](http://www.takomaparkmd.gov/alert)

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ADA



The City of Takoma Park is committed to ensuring that individuals with disabilities are able to fully participate in public meetings and programs. For auxiliary aids or services at a City of Takoma Park event, contact Jessie Carpenter, City Clerk, at [jessiec@takomaparkmd.gov](mailto:jessiec@takomaparkmd.gov) or 301-891-7267 or Maryland Relay Service at 800-735-2258 TTY/Voice. Two weeks advance notice is requested.

WEATHER • EMERGENCY INFO • TRAFFIC

[www.takomaparkmd.gov/alert](http://www.takomaparkmd.gov/alert)

# City Leadership

## City Council

All legislative powers of the City are vested in a body designated as the Council of the City of Takoma Park, consisting of seven members. Six of these members are elected by ward and are called Councilmembers, and one is elected at large and is called the Mayor. The regular term of the Councilmembers and the Mayor is two years or until their successors have been elected and duly sworn. Elections will take place in November of every even numbered year.



**Mayor: Kate Stewart**  
kates@takomaparkmd.gov  
Office hours are by appointment.



**Ward 1:  
Peter Kovar**  
240-319-6281  
peterk@takomaparkmd.gov



**Ward 2:  
Cindy Dyballa**  
240-320-6494  
cindydyd@takomaparkmd.gov



**Ward 3:  
Kacy Kostiuks**  
240-204-4912  
kacyk@takomaparkmd.gov



**Ward 4:  
Terry J. Seamens**  
240-793-5108  
terrys@takomaparkmd.gov



**Ward 5:  
Jarrett Smith**  
301-960-7462  
jarretts@takomaparkmd.gov



**Ward 6:  
Talisha Searcy**  
202-339-7914  
talishas@takomaparkmd.gov

## City Manager

301-891-7229  
jamal.fox@takomaparkmd.gov

Day-to-day management of the Takoma Park government is overseen by the City Manager. The City Manager is appointed by the City Council, implements the policies they adopt, and proposes an annual budget to the City Council.



**City Manager  
Jamal Fox**

## City Public Meetings, Boards, Commissions, and Committees

### City Council Meetings

Meetings are usually held on Wednesdays at 7:30 p.m., unless the City Council is on recess. The Takoma Park City Council generally takes a recess in August and December. City Council meetings are available to watch on City TV Cable and are available to view on the City website live or as archives. The Wednesday meetings include a public comment period.

### Open Meetings

All meetings of the City Council and Council-appointed boards, committees, commissions are open to the public unless noted otherwise. All are subject to the Maryland Open Meetings Act. Notice of meetings is provided on the City Calendar.

Meetings will be held remotely for the duration of the public health crisis. For the most current information, visit [www.takomaparkmd.gov](http://www.takomaparkmd.gov) and click on "Events and Meetings." Information on any meetings taking place will be published there along with information on how the public can observe.

### Opportunities to Serve

Takoma Park residents have many opportunities to be involved in their government. Serving on a City board, commission, or committee is one way to be involved while providing a service to the community. These groups are advisory to the City Council, and some have specific roles related to conducting hearings or carrying out certain activities: Arts and Humanities Committee, Board of Elections, Commission on Landlord-Tenant Affairs (COLTA), Emergency Preparedness Committee, Ethics Commission, Grants Review Committee, Sustainable Maryland Committee, Noise Control Board, Nuclear-Free Takoma Park Committee, Recreation Committee, Tree Commission, and Youth Council.

Members are appointed by the City Council. Check the City website to see membership requirements and to find out the specifics of each group's mandate. Residents are encouraged to sit in on a meeting or two before applying to see if it is a good fit with their interests and skills.



# City Board and Committee Volunteers

The City Council is accepting applications for **City Board and Committee volunteers** through **September 30**



**Take an active role in your community**  
**Apply Today**



Using the camera on your phone,  
hover over the QR Code, then  
tap to open the webpage

or use link

**[bit.ly/tkpk-committees](https://bit.ly/tkpk-committees)**

**Members will receive \$40 for each meeting attended**

- Arts & Humanities Committee
- Emergency Preparedness Committee
- Grants Review Committee
- Green Team
- Recreation Committee

- Board of Elections
- Commission on Landlord-Tenant Affairs
- Ethics Commission
- Tree Commission

Individuals with disabilities are welcome to apply. If you need an accommodation, please contact  
Jessie Carpenter, City Clerk, at **301-891-7267** or **[jessiec@takomaparkmd.gov](mailto:jessiec@takomaparkmd.gov)**



**TakomaParkMD.gov**

# City Departments

## Administration

**Takoma Park Community Center**  
**Third Floor**  
**Monday - Friday, 8:30 a.m. - 5 p.m.**  
The Administration Office includes the City Manager, City Clerk, City TV, Communications, and Information Systems.  
**City Manager:** 301-891-7229  
**City Clerk:** 301-891-7267

## Finance

**301-891-7212**  
**finance@takomaparkmd.gov**  
**takomaparkmd.gov/finance**  
**Monday - Friday, 8:30 a.m. - 5 p.m.**  
The Finance Office oversees the City's financial resources, processes payroll, pays bills, collects certain fees, and safeguards and invests City funds.

**Payment of City Fees**  
*Online Payment*  
Payments associated with a City-issued invoices may be made online by American Express, Visa, Mastercard and Discover. A convenience fee of 2.9% or \$1.50, whichever is greater, will be charged. E-check transaction users will have a \$1.00 convenience fee charged.

The following fees can be paid online:

- Rental licensing
- Recreation programs
- Parking fines
- Stormwater

For information on other permitting fees, please contact the appropriate department.

*By Mail*  
Finance Department, City of Takoma  
Park, 7500 Maple Avenue, 3rd Floor  
Takoma Park, MD 20912

## Housing & Community Development

**301-891-7119**  
**housing@takomaparkmd.gov**  
**takomaparkmd.gov/government/housing-and-community-development**  
**planning@takomaparkmd.gov**  
**Monday - Friday, 8:30 a.m. - 5 p.m.**  
The Housing and Community Development Department is responsible for a wide range of housing, development, neighborhood revitalization, economic development and cultural programming, including Takoma Park Arts (arts@takomaparkmd.gov; takomaparkmd.gov/initiatives/arts-and-humanities).



## Managing Leaves

Homeowners have several options for managing leaves on their properties. By using these options, instead of raking leaves to the curb, it avoids the problem of having them blow back onto your lawn while awaiting collection. Using the City's bagged yard waste program is also a way to avoid delays in collection, however it does not enable you to get the direct nutrient benefit from the leaves. Instead, consider doing the following:

- 1. Allow leaves to gather under trees, bushes, and other planted areas to decompose over time.** Mulch rings can be made from piling leaves under the tree. A depth of three to six inches is ideal for mulch layer around trees, while leaving a space of several inches between the mulch pile and the tree trunk to avoid trapping water that could cause rot. The leaf mulch ring should extend as far out from the tree as possible. A depth of two to three inches of mulched leaves is recommended for flower beds.
- 2. Rake leaves into piles in an area of the property where they can compost in place to be used in the future around the yard.** Leaves can be mixed with grass and other organic matter like food waste in a compost bin. Leaves can also be bagged and left to decompose in place for use in the spring.
- 3. Shred leaves by running over them with a lawnmower and leaving them in place.** Some mowers have a special mulching blade for this purpose.
- 4. Request that your lawn care service shred the leaves** and leave them in place or identify locations for large piles to decompose over time rather than raking them to the curb or removing them entirely.

See page 10 for information about the Fall Leaf Collection Program.



Human Resources

301-891-7203  
hr@takomaparkmd.gov  
takomaparkmd.gov/hr

For an up to date listing of current vacancies and employment opportunities with the City of Takoma Park, visit takomaparkmd.gov/hr/careers.

Police

911 (fire and rescue)  
301-270-1100 (non-emergency)  
police@takomaparkmd.gov  
takomaparkmd.gov/police  
Open 24/7

Whether online, in person or phone, the Police Department is here to serve the people of Takoma Park.

Public Works/Infrastructure

301-891-7633  
publicworks@takomaparkmd.gov  
takomaparkmd.gov/publicworks  
Monday - Friday, 8:30 a.m. - 5 p.m.

The Public Works Department is responsible for the maintenance of City-owned roads, buildings, stormwater management systems, gardens, parks, vehicles, and equipment. The department also provides solid waste collection and recycling services to single-family residential properties in the City and in the various business districts.

Recreation Department

301-891-7290  
recreation@takomaparkmd.gov  
takomaparkmd.gov/recreation  
Monday - Friday, 8:30 a.m. - 5 p.m.

The City of Takoma Park's Recreation Department provides recreational opportunities for all ages. Our facilities and programs are intended to refresh and rejuvenate our residents, improve our health and connect us as families and as a community.

Takoma Park  
Maryland Library

301-891-7259  
www.takomapark.info/library  
facebook.com/takomaparklibrary

Library Hours: Sunday, 12 - 5 p.m.; Monday and Wednesday, 12 - 9 p.m.; Tuesday and Thursday, 10 a.m. - 9 p.m.; Friday - 12 - 6 p.m.; Saturday - 10 a.m. - 5 p.m.

Computer Center Hours: Sunday, 12 - 5 p.m.; Monday - Friday, 12 - 8 p.m.; Saturday 12 - 6 p.m.

The Takoma Park Maryland Library is an independent municipal public library. Library cards are free to anyone living in Montgomery County or working or attending school in Takoma Park. Others must pay an annual non-resident library card fee.

City Facilities

Heffner Park  
Community Center

42 Oswego Avenue Takoma Park, MD 20912  
301-891-7290  
Standard Hours: Monday - Saturday, 9 a.m. - 9 p.m.; Sunday, 10 a.m. - 8 p.m.

The Heffner Park Community Center features a multi-purpose room with a small kitchenette, restrooms and a water fountain. Rentals will also have access to 30 chairs and 10 tables.



301-891-7118  
cabletv@takomaparkmd.gov  
takomaparkmd.gov/citytv

Watch City TV online or in HD on RCN channel 1060, Comcast's Municipal Broadcast Network 997, or in SD, on channels 13 (RCN Comcast) and 28 (Verizon).

Also find us on ...



Watch City Council meetings, Snapshots, the "We Are Takoma" series and other community events on City TV.  
*¡Tenemos programación en Español!*  
*¡Visítenos! Somos Takoma y El Barrio También*  
*Canta ahora en TeleCiudad.*





Public Works

31 Oswego Ave  
Silver Spring, MD 20910  
301-891-7633  
publicworks@takomaparkmd.gov  
Monday - Friday, 8:30 a.m. – 5 p.m.

 **Food Waste Collection Program**  
The City's curbside food waste collection program is available to single family and multi-family properties with City collection and recycling pickup. Please register at [www.takomaparkmd.gov/publicworks/food-waste-collection](http://www.takomaparkmd.gov/publicworks/food-waste-collection).

 **Large Item Pick Up**  
Heavy items, like appliances, mattresses and furniture, are picked up by appointment only. There is a \$10 charge for the collection of up to three items. Call to schedule a pickup.

 **Electronics and Computer Recycling Drop-Off**  
Bring your old or unwanted electronic equipment to be recycled to the Public Works facility. 8:30 a.m. - 5 p.m., Monday - Friday

 **Trash Carts and Recycling Containers**  
Trash carts are available for sale. Purchase a 96-gallon trash carts for \$58.10 and 64-gallon for \$52.29 Carts have lids, wheels, and handles. Recycling containers are free and available at the Public Works facility for pick up during office hours, Monday through Friday 8:30 a.m. to 5 p.m.

Takoma Park Community Center/Sam Abbott Citizens' Center

7500 Maple Avenue  
Takoma Park, MD 20912  
301-891-7100

**Standard Hours:** Monday – Thursday, 8:30 a.m. - 9:30 p.m.; Friday, 8:30 a.m. - 10 p.m.; Saturday, 10 a.m. - 6 p.m.; Sunday, 12 - 5 p.m.

Takoma Park Recreation Center

7315 New Hampshire Ave.  
Takoma Park, MD 20912  
301-891-7289

**See page 16 for more information.**  
The Recreation Center is a hidden gem. Once inside you'll discover a basketball gym, community programs, and fantastic staff. Please stop by and see for yourself!

Important City Department Phone Numbers

City Information .....	301-891-7100
City Clerk .....	301-891-7267
City Manager .....	301-891-7229
Finance .....	301-891-7212
Housing & Community Development.....	301-891-7119
Library.....	301-891-7259
Neighborhood Services.....	301-891-7113
Police .....	301-270-1100 / Emergency 911
Public Works .....	301-891-7633
Recreation/Facilities Rental.....	301-891-7290





# Meet Some New Staff Members

By Apryl Motley

*Editor's Note: The City has added several new staff members during the last few months. While we couldn't profile them all here, be sure to look for the "Staff Spotlight" in upcoming issues of the Takoma Park Newsletter.*

Without a doubt, living and/or working in the City of Takoma Park presents an appealing proposition. We asked some of the newest additions to the City staff what appealed to them the most about continuing their careers in Takoma Park.

For one thing, it's a small city with a big personality. "I love that Takoma Park is a small City that dreams big and punches well-above its weight when it comes to policy and programs," observed new city planner Alex Freedman.

Deputy Director of Public Works David Eubanks echoed this sentiment. "Takoma Park has a small-town vibe and grand aspirations, which generates lots of resident involvement and innovative ideas," he noted. "Figuring out how to take the best of these ideas and make them work at the appropriate scale is the task I find most intriguing."

Anna Mische John, vegetation maintenance supervisor, has similar motivation as she begins her tenure with the City. "The opportunity to help shape the green spaces on the scale of a small city" appealed to her. "I have long been interested in the intersection of the built environment, 'natural' environment, and people," she said. "I am excited to be able to work on these things in a community that I know has a strong appreciation for gardens and the environment."

The City offers all this and more to new staff members. As Library Director Jessica Jones observed, "This is a wonderfully inclusive, progressive organization with a fantastic staff."

Read on to learn a little more about her and her colleagues as we get their take on our Five Questions.

## Jessica Jones Library Director

- **Previous Position:** Manager, Bryan and College Station Public Library System, Texas
- **Favorite Place/Activity in Takoma Park:** Getting together with friends over a meal at one of the



fantastic restaurants in town

- **Best Thing about Working in Takoma Park:** The people I work with every day. The library staff are the best, truly. I feel very fortunate to be working with them.
- **What's on Your Desk Right Now:** Budget spreadsheets, an RFP, and a Whataburger pen
- **What You Do in Your "Spare Time":** Spend quality time with my husband and our cats, Falafel and Waffles. Also reading, road trips, photography, and painting, and recreational spreadsheet-ing.
- **Best Advice You Ever Got (and from who):** When I was working in crisis intervention years ago and starting to burn out, my mom (a retired pastor and hospital chaplain) told me that you have to think beyond "rest" to "restoration." Find restorative things you can rely on to help you recharge, and sleeping doesn't count.

## Alex Freedman, Planner

- **Previous Position:** Student Professional Worker, Los Angeles Department of Transportation, Vision Zero Division
- **Favorite Place/Activity in Takoma Park:** Crossroad Farmers Market on Anne Street
- **Best Thing about Working in Takoma Park:** I love getting to speak with community members, whether it's about where a bike rack should go, which parks need a refresh, or where to find the best sambusas in town.
- **What's on Your Desk Right Now:** The book *Urban Street Design Guide* (NACTO), a lot of sticky note reminders and lists, and a half-empty (soon to be fully empty) bag of peanut M&Ms.
- **What You Do in Your "Spare Time":** I love exploring new places. You can find me wandering new neighborhoods, trying new local restaurants, or sitting on a patio at a fun brewery. When I'm not out and about, I love to tend my home garden and host friends for home-cooked meals.
- **Best Advice You Ever Got (and from who):** At the end of the day, the boldest leader, the strongest advocate, and the most vehement opponent, are just people with hopes, desires, needs, foibles, and flaws like anybody else.





Anna Mische John,  
Vegetation  
Maintenance  
Supervisor

- **Previous Position:** Native Plant Specialist, U.S. Botanic Garden
- **Favorite Place/Activity in Takoma Park:** My family spends a lot of time in the Old Town area at the businesses and farmers market. The grotto area in Spring Park is my current favorite park space, so much potential!
- **Best Thing about Working in Takoma Park:** People have been supportive and helpful.
- **What's on Your Desk Right Now:** An extra mask, plant catalogues, sketches for garden designs, water bottle, pruners
- **What You Do in Your "Spare Time":** There is never enough spare time. I spend a lot of time outdoors in my neighborhood. I like to build things. It's not a weekend if I don't get a nap.
- **Best Advice You Ever Got (and from who):** Ask questions. Probably something my mom taught me.



David Eubanks,  
Deputy Director of  
Public Works

- **Previous Position:** Project Manager, The NHP Foundation
- **Favorite Place/Activity in Takoma Park:** Jogging through the neighborhoods
- **Best Thing about Working in Takoma Park:** Learning from our engaged and knowledgeable staff
- **What's on Your Desk Right Now:** An apple, a bottle of water, a mask, a to do list, and a stack of invoices.
- **What You Do in Your "Spare Time":** Hike, camp, run, lift, renovate homes
- **Best Advice You Ever Got (and from who):** Do all that you can do to keep your word. (My father)



City Services

Public Works

301-891-7633  
publicworks@takomaparkmd.gov  
takomaparkmd.gov/publicworks

UPCOMING EVENTS

Bulk Buy Tree Sale

Through October 29.  
Receive a \$100 subsidy towards the cost of the first tree purchased.  
Check the October Newsletter for more information or get the application on the Tree Care Resources page of the City's website.



Fall Leaf Collection

November 15 through December 12  
Leaf Collection notices will be mailed out to residents in advance of the collection. Details can be found at takomaparkmd.gov/government/public-works/curbside-collection-services/yard-waste-and-fall-leaf-collection.

SERVICES

Mulch

Leaf mulch, made by grinding the leaves collected annually, is available for pickup and delivery. The mulch pile is accessible for self-loading every day of the week. Loading of trucks and mulch delivery is done for a fee. Deliveries are available from March through October on Fridays by appointment. To schedule a delivery, call 301-891-7633. Charges are \$45 for a 3-yard load and \$65 for a 7- or 10-yard load for City residents.

Compost Available For Program Participants

Households that are currently participating in the City's Food Waste Collection program can receive up to five buckets of compost from the program. The compost is stored at the Public Works facility, 31 Oswego Avenue, Silver Spring, 20910. Contact: Special Projects Coordinator at 301-891-7621 for program details.



Holiday Trash Schedule

- Thursday, Nov. 11, Veterans Day**  
Thursday's trash, recycling and food waste routes will be collected on Friday, Nov. 12.
- Thursday, Nov. 25, Thanksgiving**  
Trash, recycling, and food waste collection will take place on Wednesday, November 24.
- Friday, Nov. 26, Day After Thanksgiving**  
Trash, recycling, and food waste collection will take place on Saturday, November 27.
- Christmas Day (Dec. 25)** will be observed Friday, Dec. 24. Trash, recycling, and food waste collection will take place on Thursday, Dec. 23.

Housing and Community Development

Planning Division Initiatives  
301-891-7119  
planning@takomaparkmd.gov

The Planning Division manages the City's plans and processes related to land use, transportation, and development review. This includes projects such as Safe Routes to Schools, updated bus shelters and street furniture, new bike lane planning, and more!

Biking in Takoma Park

Takoma Park is a great place to ride a bike! Our Takoma Park bike map ([https://www.thenewave.com/\\_files/docs/tpbikemap-online\\_2.pdf](https://www.thenewave.com/_files/docs/tpbikemap-online_2.pdf)) can help plan your route by guiding you towards signed on-street bike paths and how those paths can connect you to commercial districts, the Takoma Park Community Center, the Sligo Creek Trail, the Metropolitan Long Branch Trail, transit facilities, and even Washington, D.C. Don't have a working bike? Check out one of our three bike



repair stations located around the City or hop on one of the iconic red Capital Bikeshare bikes (<https://secure.capitalbikeshare.com/map/>)!

Minor Master Plan Update

In partnership with Montgomery County Planning Department, the City is beginning a Minor Master Plan update for the area around the Washington Adventist Hospital campus and along Maple Avenue from Sligo Creek Parkway to Philadelphia Avenue. Keep an eye out for opportunities to attend events, share feedback, and help shape the Minor Master Plan by visiting the Minor Master Plan project page on the City's website:<https://bit.ly/3h9dJTA>.

We Belong Here: The Takoma Park Equity Walk Survey

Hop, skip, and roll with the We Belong Here: The Takoma Park Equity Walk! Scan the QR codes found along the Community Center and Anne Street, and use the questions and quotes found in the story map to guide your discussions on equity. Take part in this interactive activity and fill out our survey (<https://forms.gle/RKZL7cwHRDCts9mm6>) for a chance to receive a free, fun, and fabulous t-shirt!

Housing Division Programs

housing@takomaparkmd.gov  
301-891-7119

(See special section in September 2021 Takoma Park Newsletter)

The Housing Division is responsible for monitoring Takoma Park's rental housing stock, ensuring compliance with the City's landlord tenant laws, and administering a variety of grant opportunities designed to further its goals to create and maintain a more fiscally and environmentally sustainable community and improve the quality of life for all residents. To find out more about the services and grant programs listed, visit [www.takomapark.gov/housingand-community-development](http://www.takomapark.gov/housingand-community-development).



# Police

911 (emergency) • 301-270-1100 (non-emergency)  
police@takomaparkmd.gov • takomaparkmd.gov/police  
Open 24/7

Whether online, in person, or by phone, the Police Department serves the people of Takoma Park. Here is a sample of the programs and services we provide.



## Community Police Academy January 2022 – Look for Applications in November 2021

The Takoma Park Police Department will be accepting applications for its Community Police Academy in November 2021 for its new session. The Community Police Academy will begin in January 2022.

The Community Police Academy meets once a week for 13 weeks during the weekdays from 7 to 9:30 p.m. **The day of week for the next session has not yet been determined.** The classes cover topics such as patrol, traffic enforcement, criminal investigations, K9 unit, drug enforcement, etc. The presentations are slide show/lecture style and are given by officers, detectives, and civilians of the Takoma Park Police Department. There will also be multiple opportunities for hands-on learning through equipment demonstrations, practical scenarios, field trips and ride-a-longs with patrol officers.

The Takoma Park Police Department believes that educating the community will result in gaining their understanding

and support. Through implementation of the Community Police Academy, the community will gain new insight into how law enforcement officers perform their duties. The success of any law enforcement agency depends largely upon the amount of cooperation and support it receives from the community it serves.

The Community Police Academy is free to the public. Seats are limited to the first 25 students and are filled based on a first come/first serve basis. The Takoma Park Police Department encourages all applicants to be able to commit to the full length of the program to get the most out of it.

If you are interested in learning about the Takoma Park Police Department and local government, you are 18 years of age or older, and live or work in Takoma Park, you may apply. The applicants may not have any serious misdemeanor or any felony offenses.

Any questions about the Community Police Academy can be directed to the Public Information Officer, Cathy Plevy, at 301-891-7142 or cathy@takomaparkmd.gov.

## Stay Informed

To receive notifications directly from the police department, register at [takomaparkmd.gov/police](http://takomaparkmd.gov/police). Notifications include, but are not limited to crime alerts, traffic, weather, missing persons, lost pets, etc. For more information, contact Cathy Plevy at [cathy@takomaparkmd.gov](mailto:cathy@takomaparkmd.gov).



## Nationwide Prescription Drug Take Back Day

October 23, 2021

The Takoma Park Police Department participates in the Drug Enforcement Administration (DEA) Nationwide Prescription Drug Take-Back Day twice a year (April and October). This campaign gives the public an opportunity to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs. Prescriptions are brought to the Takoma Park Police Department, 7500 Maple Avenue, Takoma Park, Maryland 20912. Collection boxes are set up in the first-floor police lobby of the City building. Prescription, over the counter and pet medications are accepted.

Although we continue to participate in this nationwide event, as a reminder, residents looking to dispose of excess and expired prescription and over-the-counter medications can visit the safe and secure permanent drop off location at the City of Takoma Park Police Department, 7500 Maple Avenue, 1st Floor Lobby, Takoma Park, Maryland 20912. The collection site is open 24 hours a day, seven days a week. Drugs can be dropped off with no questions asked. **Items that cannot be left are liquids, inhalers, aerosol cans, regular household ointments/lotions, needles/sharps and/or thermometers.** The Takoma Park Police Department collects and stores these items and then safely disposes of them through accepted practices as done in past Take Back Events. If you have questions, please contact Cathy Plevy at [cathy@takomaparkmd.gov](mailto:cathy@takomaparkmd.gov).

# Takoma Park Maryland Library

[takomapark.info/library](http://takomapark.info/library)

## LIBRARY ON THE MOVE (TEMPORARILY)

As of press time, final plans had not been made to move the library while it undergoes construction beginning in November. Many of our Fall special programs are still up in the air. You can keep up to date with our progress and temporary location in a variety of ways: subscribe to the Takoma Insider, an email with biweekly news about all the City departments; check the Takoma Park Newsletter, sent monthly to all residents; check our website at [takomapark.info/library](http://takomapark.info/library).

## LIBRARY HOURS (as of Sept. 8, 2021)

Now that the Community Center is fully open, the library has expanded its hours, too. Our new hours are Monday through Thursday 10 a.m. – 8 p.m.; Friday through Sunday noon – 6 p.m. The Computer Center will open at noon each day and close at the same time as the library.

## Monthly Programs



**Zoom Comics Jam:** one Wednesday afternoon a month at 4 p.m. To keep up with the schedule, please register. Meeting ID is: 734-913-6285 (same as Scribbler’s Cabal)

ALL PROGRAMS ARE VIRTUAL UNLESS OTHERWISE NOTED.

## Library Calendar

Even though our building is open, most of our programs remain online. To participate in our online programs, go to <https://zoom.us> Click on “Join a Meeting” and put in the Meeting ID (and Meeting Password, if any) listed with each program. Please note that the Zoom Meeting ID and Meeting Password may occasionally change, so get the most up-to-date information by going to our program calendar, [www.tinyurl.com/tplibraryevents](http://www.tinyurl.com/tplibraryevents). Also, registration isn’t required for these programs, but if you are registered, we will send reminders as well as notices of any changes or cancellations. To register, go to [www.tinyurl.com/tplibraryprograms](http://www.tinyurl.com/tplibraryprograms). Please refresh your browser first as our line-up changes from time to time, and please remember to register for the Zoom version of the program.

### Weekly Programs



**Zoom Circle Time:** Join Ms. Kati every Wednesday morning at 10:30 a.m. for an online Circle Time via Zoom! Meeting ID is 995-4901-8825 and Meeting Password: 178851



**Zoom Spanish Circle Time:** Thursday mornings at 10:30 a.m. Meeting ID is: 959-5178-5847 and Meeting Password: 793725



**Zoom Sketch Club/Scribbler’s Cabal:** Friday afternoons at 4 p.m. Meeting ID is: 734-9136285 (same as for Comics Jam)





# SPECIAL PROGRAMS



### Yoga Storytime

Join Ms. Kati on most Saturdays (not Oct. 23 & Oct. 30) starting September 11 through November 20 at 10 a.m. outside the Takoma Park Recreation Center (7315 New Hampshire Ave.) for a 30-minute Yoga Storytime for 2 and up. Supervised younger siblings are welcome. You are welcome to bring a bottle of water, a towel (completely optional; to put your mat on top and keep it dry and clean) and yoga mat if you want. There are extra mats available if you need one. Masks are now optional! We do yoga, read a story, enjoy some bubbles, and get a craft-to-go bag. We cancel for bad weather (heat, rain, cold)

### SummerQuest Wrap-up!

We will gather in the Children's room at the library, on Saturday September 18 at 11 a.m. (before the library is open to the public), to check in the adventures and discoveries we experienced over the summer. Prizes, snacks, stories, and fun! Please register in advance.



### Books-to-Go Service Still Available

We are continuing our Books-to-Go service and our Books-to-You (delivery) service. Here is what you need to know:

1. Email your request to [librarytakomapark@gmail.com](mailto:librarytakomapark@gmail.com) (preferred) or phone us at 240-507-0229.
2. In the subject line of your email, include the name on the account you are using and either your birthday (month and day, not year) or the last four digits of your library card.
3. In your message, list the items you want to check out. Include the title, author, and call number for each item requested. Please check our catalog first at <https://takoma.bywatersolutions.com> to be sure that the item is available.
4. Please limit your requests to 10 items per order. If a book is checked out, you may place a hold on it.
5. If you have overdue books, you will not be permitted to check out new ones!
6. We will notify you when your request has been filled. Our reply email will give you information on when you can pick up your request.
7. When you arrive at the library parking lot, call 301-580-0085, and we will bring it out to you.

**Note:** Requests will be held for one week, and then the items will be checked back in.

**Books-to-You:** If you would like home delivery of your request (Takoma Park residents only), please indicate that in your email, with delivery in the subject line, and your address and the best phone number to reach you in your message. We will notify you when your request will be delivered, and you will receive a call from 240-856-0255 when it arrives. Deliveries must be received in person; we will not leave books at your door.

# Takoma Park Community Center/ Sam Abbott Citizens' Center

7500 Maple Avenue  
Takoma Park, MD 20912  
301-891-7100

**Standard Hours:**  
Monday - Thursday  
8:30 a.m. - 9:30 p.m.  
Friday  
8:30 a.m. - 10 p.m.

Saturday  
10 a.m. - 6 p.m.  
Sunday  
12 - 5 p.m.



**Art Studio**

- The art room, kiln, and easels are available to students enrolled in classes.
- Not available for rentals

**Auditorium**

- 154 fixed chairs
- Room for six wheelchairs
- Row of seven fixed chairs can be removed
- Food and beverage not permitted

**Computer Center**

- Two rooms, 25 workstations equipped with ports for flash drives and headphones, and work space for laptop users
- Internet, word processing, graphics software and more
- Color printer
- Low conversation, working in pairs, cell phone use allowed in Room A
- Absolute quiet in Room B
- Valid Takoma Park Library card or purchased guest pass required for computer use of up to two hours per day

- Four additional stations with 20 minute limits available in library, additional four available in Senior Room for those 55+  
Monday - Friday 12 - 8 p.m.  
Saturday 12 - 6 p.m.  
Sunday 12 - 5 p.m.

**Dance Studio**

- Large studio with mirrors and wood floor
- No street shoes on dance floor

**Game Room**

- Hours vary by age and time of year
- Ping pong, pool and foosball tables
- Basketball and arcade-style games  
**Youth & Teen (6 - 17 yrs)**  
Monday - Friday 2:30 - 5 p.m.  
Saturday 12 - 5:30 p.m.  
Sunday 12 - 5 p.m.  
**Young Adult (18 - 24 yrs)**  
Monday - Friday 6:30 - 8:30 p.m.  
See page 35  
**Active Adult (55+)**  
Monday - Saturday *See page 35*

**Library**

Cards are free for Montgomery County residents and those who work or go to school in Takoma Park.

Sunday 12 - 5 p.m.  
Monday 12 - 9 p.m.  
Tuesday 10 a.m. - 9 p.m.  
Wednesday 12 - 9 p.m.  
Thursday 10 a.m. - 9 p.m.  
Friday 12 - 6 p.m.  
Saturday 10 a.m. - 5 p.m.

**Multimedia Lab**

Our educational studio features state-of-the-art video and recording equipment and instructional courses designed to accommodate aspiring audio/video engineers and intermediate level students who want to hone their skills.

**Notary Public**

Notary service is available by appointment only. (Tuesday - Friday). The service is free for City residents. Call 301-891-7100 to set up an appointment.

**Passport Service**

Passport Service is available at the Takoma Park Community Center. Appointments are required. Please email Sofia Visurraga, Customer Service Representative, at [sofiav@takomaparkmd.gov](mailto:sofiav@takomaparkmd.gov) for information and appointments. Monday-Thursday, 9-11 a.m.

*Se puede aplicar por su pasaporte americano aquí, solo con cita. Solicite la cita enviando un correo electrónico [sofiav@takomaparkmd.gov](mailto:sofiav@takomaparkmd.gov)*

**Senior Room (55+ yrs)**

- Comfortable furnishings and relaxed atmosphere to socialize or read
- Four computers and printer available
- Bingo, health screenings, workshops, and more  
Monday - Friday 12 - 8 p.m.  
Saturday & Sunday 12 - 5 p.m.

**Teen Lounge (Grades 6-12)**

- Hours vary by time of year
- X-box, large screen TVs
- Area for socializing
- Daily activities



# Book Your Next Event with Us!

**Go online:** Request a room or park pavilion with a credit card from our website at [apm.activecommunities.com/takomaparkrecreation](http://apm.activecommunities.com/takomaparkrecreation). See Page 39, Registration and Policies for instructions for online registration. Rentals within 10 business days must be requested in person. Payment is due at the time of the reservation.

## Policies

Please visit us online at [takomaparkmd.gov/recreation/parks-pavilions-and-athletic-fields](http://takomaparkmd.gov/recreation/parks-pavilions-and-athletic-fields) and click on Administrative Regulation No. 2011-1 (PDF) for regulations governing public use, facilities rentals and general responsibilities of the user. The renter is responsible for set-up and clean-up. This time should be included in the rental. Nothing can be affixed to the walls.

## Standard Rental Hours

### Takoma Park Community Center

Monday - Friday 9 a.m. - 9 p.m.  
Saturday 10:30 a.m. - 5:30 p.m.  
Sunday 12:30 - 4:30 p.m.

*Hours for auditorium rentals may be until 11:00 p.m.  
Monday - Thursday and until 12:00 a.m. Friday - Sunday.*

### Heffner Park Community Center

Monday - Saturday 9 a.m. - 9 p.m.  
Sunday 10 a.m. - 8 p.m.

### Takoma Park Recreation Center

- Call for availability
- See page 16 for prices

*\* Business rate applies to all organizations, nonprofits, for profit entities or community groups. Not available at Heffner Park CC.*

## Small Meeting Rooms

### Rose Room

Capacity 10 with tables  
15 without tables

### Lilac Room

Capacity 20 with tables  
25 without tables

### Hydrangea Room

Capacity 20 with tables

### Fees

T.P. resident \$25/hour  
Non-resident \$50/hour  
Business\* \$70/hour

*\* Business rate includes commercial and nonprofit organizations.*

## Large Meeting Rooms

### Azalea Room

Capacity 55 with tables  
65 without tables

### Heffner Park Community Center 42 Oswego Avenue Takoma Park, MD 20912

Capacity 40 with tables  
50 without tables

### Fees

T.P. resident \$35/hour  
Non-resident \$60/hour  
Business\* \$80/hour

\$50 refundable deposit required for Heffner Park Community Center.



**RENTALS  
HAVE RESUMED!**  
**QUALIFYING RENTALS:**  
**12 & UNDER PARTIES**  
**BRIDAL SHOWERS**  
**BABY SHOWERS**  
**COMMUNITY MEETINGS\***

## Auditorium

capacity: 154

The Auditorium, located in the Takoma Park Community Center, is LEED-CI Silver Certified and has 154 fixed seats with two aisles and room for six wheel chairs. The floating wood stage is approximately 18 inches off the floor, 30 feet wide and 19 feet deep at the center.

This environmentally friendly space has a state of the art lighting system with colored LED washes, sound system with two wireless microphones and connections for up to 10 wired microphones. The presentation system has a 6' x 11' projection screen in the center of the stage and two small screens on either side of stage.

Extra fees apply for staffing outside of normal hours of operation, specialized AV services, extraordinary maintenance demands, or required security. Insurance is required.

Fees: \$130/hour, nonprofit  
\$200/hour, regular

Minimum 4 hour rental

**For more information about renting the Auditorium, contact John Webster at 301-891-7225 or email [johnw@takomaparkmd.gov](mailto:johnw@takomaparkmd.gov)**



# Takoma Park Recreation Center

**7315 New Hampshire Ave.  
Takoma Park, MD 20912  
301-891-7289**

**Standard Hours**

Monday, Wednesday, Friday	2:30 - 9 p.m.
Tuesday & Thursday	12 - 9 p.m.
Saturday	8 a.m. - 5 p.m.
Sunday	Closed
* Tuesday & Thursdays 12-2 p.m. are reserved for senior use only.	

*The Recreation Center is a hidden gem. Once inside you'll discover a basketball gym, community programs, and fantastic staff. Please stop by and see for yourself!*

**Not all amenities/services will be available when we initially reopen.**

**Membership Fees**

**Recreation Center General**  
*(1 year; does not include Fitness Room)*

Youth (5 - 12 years)	\$5
Teen (13 - 17 years)	\$10
Adult (18+ years)	\$45

**Fitness Room closed  
until further notice**

**Hourly Rental  
Information**

**Gym\*** *(capacity 294)*

General	\$40/hour
Business	\$80/hour
After hours	additional fee(s)*

**Meeting Room BACK** *(capacity 40)*

General	\$25 per hour
Business	\$70 per hour
After hours	additional fee(s)*

**Meeting Room FRONT** *(capacity 30)*

General	\$25 per hour
Business	\$70 per hour
After hours	additional fee(s)*

**Call 301-891-7289  
for availability.**  
*\* \$50 security deposit required.*

Business rate includes  
commercial and nonprofit  
organizations.

**Join Us For:**

- Before & After school programs
- Classes for all ages
- Summer camps

*All programs and classes  
at the Takoma Park  
Recreation Center are  
co-sponsored by the  
Montgomery County  
Department of Recreation.  
We thank them for  
the continued support.*



**Library construction may limit room availability.**



# What’s in our parks?

	Reserve Through Rec. Dept.	On Street Parking Available	Public Transportation Accessible	Bike Station Within Walking Distance	Water Fountain	Picnic Tables	Playground	Pavilion	Grill	Half Basketball Court	Restroom Facility
<b>Belle Ziegler Park</b> 7350 Takoma Ave. Ward 1											
<b>Colby Avenue Park</b> Cherry & Colby Ave. Ward 2											
<b>Forest Park</b> 598 Elm Ave. Ward 2											
<b>Heffner Park</b> 42 Oswego Ave. Ward 4											
<b>Jackson-Boyd Park</b> 7398 Jackson Ave. Ward 2											
<b>Spring Park</b> 6999 Poplar Ave. Ward 3											
<b>Toatley-Fraser Park</b> Eastridge Ave. Ward 5											

Playgrounds, pavilions and porta potties not sanitized; use at your discretion.

In addition to the parks above, the City maintains:

<b>B. Y. Morrison Park</b> Carroll & Ethan Allen Ave. Ward 3	<b>Dorothy's Woods</b> Woodland & Cirlice Ave. Ward 2	<b>Ed Wilhelm Field</b> 2 Darwin Ave. Ward 4	<b>Lee Jordan Field</b> 7611 Piney Branch Rd. Ward 4	<b>Takoma Park Dog Park</b> Darwin Ave. Ward 4
--	---	--	--	--

For information about other parks in our city, please visit [montgomeryparks.org](http://montgomeryparks.org) or call 301-495-2525.

## Parks and Permits

It is highly recommended to secure permits for various events and activities held in public parks throughout the City. Permits guarantee location and time of a rental. Please contact the Recreation Department at 301-891-7290 before conducting business on park property.

## Pavilion Rental Fees

\$95 per day                      T.P. resident  
\$115 per day                      Non-resident/Business



## FAQs

- In order to secure a park pavilion, it is highly recommended to have a permit. (See page 15).
- Moon bounces are not permitted on City property.
- Permits are honored rain or shine, with no refunds/reschedules.
- To reserve a pavilion, see “Book Your Next Event with Us” on page 15.
- Sale of merchandise is prohibited on City property outside of scheduled City events.
- The sale or consumption of alcoholic beverages is not permitted in any facility/park/pavilion.
- Buildings and parks are not available on City holidays.
- Reserving a pavilion does not guarantee use of an adjacent field if applicable.

# TAKOMA PARK ARTS

301-891-7119 • [arts@takomaparkmd.gov](mailto:arts@takomaparkmd.gov) • [takomaparkmd.gov/arts](http://takomaparkmd.gov/arts)

## Poetry Appears Underfoot on City Sidewalks

When you're walking around Takoma Park, just look down to see poems by local residents which have been imprinted in concrete in new sidewalks across the city.

Three poems have been stamped so far in an interactive public art project organized by the City of Takoma Park's Arts and Humanities Division. A contest was held earlier this year where city residents of all ages could enter their original poems. A committee of local poets chose 10 adults and 10 children as the winners [takomaparkmd.gov/news-alert/sidewalk-poetry-contest-winners-announced](http://takomaparkmd.gov/news-alert/sidewalk-poetry-contest-winners-announced) who each received a \$100 prize. The poems are being stamped across the city during new sidewalk construction or sidewalk repairs.

"It's exciting to see poetry by local residents in unusual locations," Arts and Humanities Coordinator Brendan Smith said. "Takoma Park is a very walkable city



Nala Miller sitting beside her poem



Richard Weil with his poem

so we wanted to share some poetry to reach people where they live."

Nala Miller's poem about her little green ball is stamped at the entrance to Opal Daniels Park at 7416 Carroll Avenue. Nala just turned 8 years old and was very excited to see her poem in the sidewalk. She will be a third grader at Piney Branch Elementary School this fall.

Richard Weil's sidewalk poem is located at 8106 Flower Avenue. "My wife and I moved here 40 years ago because we discovered a beautiful wooded place where there is a diversity of creative people who look out for each other," he said.

Aissatou Thiam is 7 years old, and her short, funny poem about ants in her pants is located on Flower Avenue across the

street from the Sligo Seventh Day Adventist Church near the Carroll Avenue intersection. You can read all the winning poems at [takomaparkmd.gov/news-alert/sidewalk-poetry-contest-winners-announced](http://takomaparkmd.gov/news-alert/sidewalk-poetry-contest-winners-announced).

### Nala Miller

Little green ball in the tree  
Bouncing and rolling free  
Off the branch in the grass  
Down the hill that's all we see.

### Aissatou Thiam

Six Legs  
Tiny Ants  
Don't crawl up my pants!

### Richard Weil

Know, that a valley,  
Is a mountain resting



A crew stamping Nala's poem at Opal Daniels Park

# Arts Events Return to Takoma Park Community Center

Free concerts, plays, art exhibitions, film screenings and special events returned to the Takoma Park Community Center in September.

The *Takoma Park Arts* series shifted online during the COVID-19 pandemic to reach people at home with virtual poetry readings, film screenings, and concerts. Future events will be held in person in the auditorium at the Community Center at 7500 Maple Avenue.

“We’re very excited to bring the arts in their many forms back to the community,” Arts and Humanities Coordinator Brendan Smith said. “The arts are a vital part of Takoma Park’s identity and our local economy. We’re happy to share the talents of a diverse range of artists and performers from across the D.C. area.”

All events in the *Takoma Park Arts* series are free to everyone, regardless of whether they are city residents. The City’s Arts and Humanities Division pays honoraria to support the performers, and audience donations are accepted at concerts and plays. “Musicians, actors, and other performers shouldn’t be asked to work for free, so we help support the livelihoods of our creative community,”



Children's Theater

Smith said. Events are being rescheduled starting in September and through the fall. You can find more details about upcoming events and sign up for the weekly *Takoma Park Arts* e-newsletter at [takomaparkmd.gov/arts](http://takomaparkmd.gov/arts).

Other upcoming film screenings include a shorts night featuring local filmmakers and two films about the Civil War. Georgetown University professor Ben Harbert also will screen his documentary titled *Follow Me Down: Portraits of Louisiana Prison Musicians*. Over two years, Harbert interviewed inmate musicians in three Louisiana prisons, revealing their talents in a humanizing film about prison life and the power of music.

A wide variety of performances also will be staged by local theater and dance groups, including Word Dance Theater, Dance Exchange, a Spanish-language play by Teatro de Luna, and a children’s theater performance titled *Adventures of Mono Liso*.

The gallery spaces in the Community Center will feature a new art exhibition by veterans from the Uniting US ([unitingus.org](http://unitingus.org)) nonprofit organization. The group encourages veterans to create art as a form of therapy and financial support. The Arts and Humanities Division organized a holiday art sale with Uniting US last December, which raised more than \$2,000 for veteran artists and the Crossroads Community Food Network.



Word Dance Theater

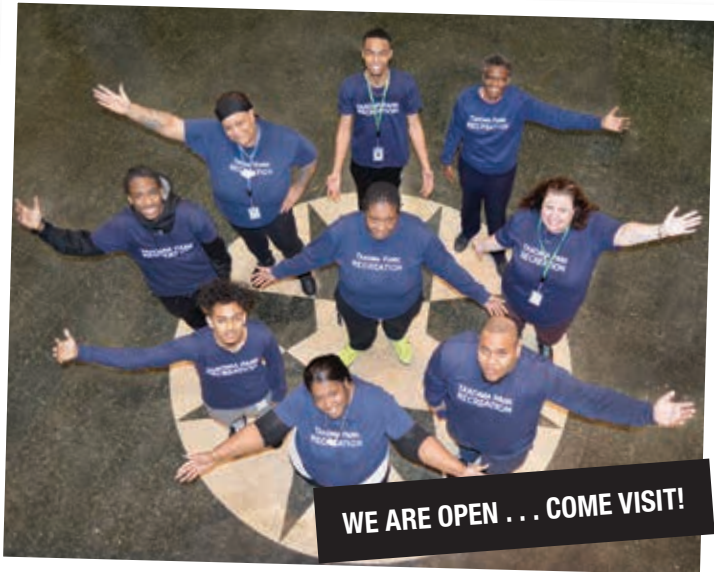
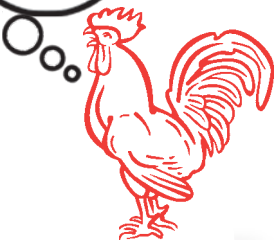


Recreation

# Recreation Department

7500 Maple Avenue  
Takoma Park, MD 20912  
301-891-7290  
recreation@takomaparkmd.gov  
takomaparkmd.gov/recreation

Registration  
for Fall Classes  
is Now Open!



The City of Takoma Park Recreation Department provides recreational opportunities for all ages! The department's facilities and programs are intended to refresh and rejuvenate residents, improve health and connect

families and the community. Staff are continually working to improve our offerings while adding new and innovative programs and activities to meet the ever changing needs of our residents and community.



## Roscoe the Rooster

Roscoe the Rooster made Takoma Park his home for 10 years, roaming the city and staking his territory on the lawn in front of and behind the apartment houses near Mark's Kitchen on Carroll Avenue. Roscoe died in a hit and run in February 1999.

A life-sized statue of Roscoe the Rooster, crafted by local artist Normon Greene, stands on a pedestal in front of the clock tower in the center of downtown Takoma Park.

Roscoe makes special appearances throughout this section of the City Guide.

## Rental Requests

For more information about local parks and room rentals, see pages 15-17.



Recreation Approved Resources (or R.A.R.'s for short) are links to various external sites that the Recreation Department think are fun and could be enjoyed easily during this time of quarantine. Let us be your trusted source as we vet the websites we post. Additional sites are added weekly, so check back often!

[takomaparkmd.gov/recreation/vcc](http://takomaparkmd.gov/recreation/vcc)



### SO THAT ALL TAKOMA PARK RESIDENTS CAN PLAY... SCHOLARSHIPS ARE AVAILABLE FOR RECREATION PROGRAMMING

Recreation Department scholarships are available for Takoma Park residents in need. Scholarships can be used for activities, camps and childcare through the City of Takoma Park Recreation Department and is valid for the calendar year. Apply now!

For more information visit [takomaparkmd.gov/recreation](http://takomaparkmd.gov/recreation)

Las becas del Departamento de Recreación están disponibles para los residentes de Takoma Park que las necesiten. Las becas se pueden utilizar para actividades, campamentos y cuidado de niños a través del Departamento de Recreación de la Ciudad de Takoma Park y son válidas para el año calendario. ¡Aplique ya!

Para obtener más información, visite [takomaparkmd.gov/recreation](http://takomaparkmd.gov/recreation)

የመዝናኛ ዲፓርትመንት ስኬቶች ለሚፈልጉ የታካሚ ፓርክ ነዋሪዎች ይገኛሉ። ስኬቶች በታካሚ ፓርክ መዝናኛ ዲፓርትመንት በስል ለክገወዳቸው ለካምፕና ለካርድ ባለቤቶች ለገንዘብ ልንገልግሉት ለውሎ የሚችሉ ሊሆኑ ለዚህ የካላንድር ዓመት የሚሰጡ ይሆናል። ስለዚህ ይመልከቱ!

ለበለጠ መረጃ [takomaparkmd.gov/recreation](http://takomaparkmd.gov/recreation) ጎ ይጎብኙ

Des bourses du département des loisirs sont disponibles pour les résidents de Takoma Park dans le besoin. Les bourses peuvent être utilisées pour des activités, des camps et la garde d'enfants par l'intermédiaire du département des loisirs de la ville de Takoma Park et sont valables pour l'année civile. Postulez dès maintenant!

Pour plus d'informations, visitez le site [takomaparkmd.gov/recreation](http://takomaparkmd.gov/recreation)



## Instructor Spotlight: Q&A with Michael Williams

**Q: For those who have never heard of Foundation Fitness II, what is the history of Foundation Fitness II?**

**Williams:** The history of the class is a lifetime evolution of physical training starting in high school as a multi-sport athlete. I participated in football, track, baseball, basketball, wrestling, and boxing. Later in life I participated in distance running, cycling, and continued playing baseball and softball as both a coach and participant. About seven years ago, I decided to teach spin classes, and I began to realize that I could merge my previous [experience] in other sports with spin. After spin I got certified in water aerobics and Silver Sneakers, which is an exercise program for older adults. From all those experiences as an athlete and coach, I initiated Foundation Fitness which is a fusion of all my previous athletic experiences.



*Instructor Michael Williams at the Fitness Expo (2020)*

**Q: How did you get involved in teaching and becoming a fitness instructor?**

**Williams:** I first became a coach with youngsters, especially my children. I was a youth baseball and football coach, and my focus was fundamentals and effectiveness of movement. My methods were enhanced once I started teaching spin classes. The desire to help others was a primary motivation. Once I started teaching spin classes, I realized that I possessed a skill set that could enhance the life of others. That is the primary driving force, the willingness to share my knowledge of athletic fitness with others.

**Q: What do you want a potential first-time participant to know about this class and expect to get out of it?**

**Williams:** Start where you are. This is not a competition. The session is individualized training in a group setting. I focus on the movements of every participant. Participants can expect enhanced toning; strength; balance and improved physical functioning for everyday life. We are a community that cares about each participant.

**Q: Will I need to bring anything with me to class?**

**Williams:** Light hand weights (2–3 lbs.), elastic tubes or bands, a rubber ball that is pliable, and a broomstick are the basic equipment. We have also added a weight bar (5 lbs.) and an ab roller as an option for intense training. However, none of these are required for the first-time participant. Use of your hands as resistance will suffice. The elements of the program are Forms, Breathing and Recovery. The equipment adds resistance to Form, but a beginner does not need any of the equipment. Just participate!

## Recreation

# Special Events

## Annual Play Day

Attention! Attention! Everyone, everywhere! It's time for you to let your hair down, put on your comfy shoes and get ready to play! Yes, that's right. Let's Play America and the Takoma Park Recreation Department have teamed up to present to you the Annual Play Day! Rain or Shine. This event will

have tons of fun activities for the entire family to enjoy, including the infamous Touch-A-Truck. To see a full listing of activities and performances, please visit [www.letsplayamerica.org](http://www.letsplayamerica.org). See you there!

Takoma Park Middle School  
7611 Piney Branch Road  
All Ages  
Saturday, September 25  
10 a.m.–2 p.m.  
Free



## September - October 2021



## Family Outdoor Movie Night

**Family Outdoor Movie Night returns again on Saturday, September 11 at Ed Wilhelm Field:**

The Family Outdoor Movie returns at dusk at Ed Wilhelm Field (behind Piney Branch Elementary School). Bring your lawn chair or blanket and enjoy a movie under the stars with your family! The movie will be a family friendly "G" or "PG" rated hit. Bring snacks and your own water. Due to limited parking, walking is encouraged. COVID-19 protocols will be followed. Visit our website [takomaparkmd.gov/recreation](http://takomaparkmd.gov/recreation) to vote on the movie. For additional information, contact John Webster at 301-891-7225 or [johnw@takomaparkmd.gov](mailto:johnw@takomaparkmd.gov)



## Monster Bash 2021

Join us Saturday, October 30, 2021. The Takoma Park Recreation Department staff is preparing for a host of events that are designed for the entire family. We are hoping to be back to normal with a parade down Philadelphia (with road closures) and a party in the Community Center parking lot. We will continue to monitor COVID-19 as we move closer to the date. For additional information for this event, please contact John Webster at [johnw@takomaparkmd.gov](mailto:johnw@takomaparkmd.gov) or 301-891-7290. In the event of inclement weather, the Monster Bash will be moved to Takoma Park Middle School, and there will not be any road closures. Looking for costume judges... let us know if you are interested.

Registration for  
Fall programs  
is open!

# Tots

## Newborn-5

### DANCE

#### Pre-Ballet

Pre-Ballet for ages 4–8 is a combination of music and movement that emphasizes learning basic ballet vocabulary, movement patterns and musicality in a creative movement. By introducing students to the basic shapes, positions, postures and traditions of classical ballet, the Pre-Ballet curriculum enhanced both cognitive and physical development at this important time. Instructor: Charonne Butler

Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
4–8 years  
8 Week Session  
Saturdays, 11:30 a.m.–12:15 p.m.  
September 25–November 20  
Resident: \$65 / Non-resident: \$75

### DROP-IN

#### Community Playtime

Enjoy open playtime, read stories, work on craft projects, enjoy the playground, and socialize. Organizers will provide toys, craft supplies, story time and snack. Program does not meet on days the City is closed. Visit [www.TakomaPlaytime.org](http://www.TakomaPlaytime.org) for more



information.

Heffner Park Community Center  
42 Oswego Avenue  
Less than 6 years

**English:** Mondays, 10 a.m.–12 p.m.  
Starting September 27

**Spanish:** Fridays, 10 a.m.–12 p.m.  
Starting September 24  
Free

### EDUCATION & DEVELOPMENT

#### Piggy Bank Pioneers

Welcome to the Piggy Bank Pioneers where we introduce financial concepts to primary school aged children. Young people learn economic ideas such as forms of money, wants, needs, and saving. Through songs, dances, and games, children learn in a fun, developmentally appropriate way. Through fun activities, piggy bank pioneers identify ways to build wealth, credit, and the importance of being responsible. This experience fosters growth in the self-awareness and social awareness competency of social and emotional learning. Along with other common core standards, the information reviewed in the Piggy Bank



**CANCELLED**

Pioneers Class reinforces the idea that quantities can be represented and counted while providing opportunities for students to interpret data. Instructor: Tyronda Boone

#### Virtual

4–7 years  
6 Week Session  
Saturdays, 10–11 a.m.  
September 11–October 16  
Free

### SPORTS

#### Tot Sports

Children are introduced to the fundamentals of sports such as soccer and basketball. The goal of this program is to provide the opportunity for each child to develop motor skills and nurture their growth socially and emotionally through teamwork and good sportsmanship.

Takoma Park Recreation Center  
7315 New Hampshire Avenue  
Gymnasium  
6 Week Session  
3–5 years  
Saturdays, 11:30 a.m.–12:30 p.m.  
September 18–October 23  
\$55





# Youth

## 5-12

Registration for  
Fall classes  
is open!



### ART

#### Clay for Kids

In this class, children will receive instruction on how to utilize a variety of techniques (coil, pinch, slab work) to create one-of-a-kind sculptures and vessels out of clay. Caregiver participation required for children ages 4 and 5. There is a non-refundable \$20 materials fee (per child) due to the instructor on the first day of class. Hazardous Materials: Hands and clothes should be washed after using clay and glazes. All glazes are non-toxic and food safe. Fettingling knives and other tools with sharp edges or points such as skewers and cookie cutters are used in the class. Instructor: Caroline MacKinnon

Takoma Park Community Center  
7500 Maple Avenue  
Art Studio  
4–12 years  
6 Week Sessions  
Mondays, 4:15–5:15 p.m.

**Session 1:** September 20–October 25

**Session 2:** November 1–December 20  
Wednesdays, 4:15–5:15 p.m.

**Session 1:** September 22–October 27

**Session 2:** November 3–December 15  
Resident: \$140 / Non-resident: \$160  
Materials Fee: \$20

#### Clay In The Studio

A great class for homeschoolers, flexible schedules and generally clay-curious. Students will utilize a variety of hand-building techniques (slab, pinch, coil) to create functional and non-functional vessels and sculptures out of clay. Caregiver participation required with young children (Ages 4–6). Adult students (Ages 16+) with experience may use the studio's electric wheels. Beginners are welcome. There is a non-refundable \$20 materials

fee (per child) due to the instructor on the first day of class. Hazardous Materials: Hands and clothes should be washed after using clay and glazes. All glazes are non-toxic and food safe. Fettingling knives and other tools with sharp edges or points such as skewers and cookie cutters are used in the class. Instructor: Caroline MacKinnon

Takoma Park Community Center  
7500 Maple Avenue  
Art Studio  
4 & up  
6 Week Sessions  
Wednesdays, 12:30–2 p.m.

**Session 1:** September 22–October 27

**Session 2:** November 3–December 15  
Resident: \$130 / Non-resident: \$150  
Materials Fee: \$20

### DANCE

#### Creative Movement

Students will learn the importance of creative movement and choreographic tools to create their own dance. Students will participate in routine warmups and stretches. Students will participate in

student lead performances. Instructor: Charonne Butler

Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
6–12 years  
8 Week Session  
Tuesdays, 6:30–7:30 p.m.  
September 21–November 9  
Resident: \$65 / Non-resident: \$75

#### Hip Hop Dance

Join this introductory Hip Hop Dance Class and have some fun! Students will explore various hip-hop styles, learn the importance of Hip Hop and choreographic tools to create their own dance and execute a short choreography. Students will participate in student lead performances. Instructor: Charonne Butler

Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
6–12 years  
8 Week Session  
Thursdays, 6:30–7:30 p.m.  
September 9–October 28  
Resident: \$65 / Non-resident: \$75

#### Jazz Dance


Jazz dance is a structured dance class that challenges the mind by mesmerizing patterns, sequences, and basic Jazz dance steps. This class is for beginners. Students will increase awareness of fluidity in movement, shape, and body alignment. Instructor: Edurama

Virtual  
7–10 years  
8 Week Session  
Tuesdays, 6–7 p.m.  
September 14–November 2  
Resident: \$85 / Non-resident: \$95





See page 23  
for Pre-Ballet  
for ages 4–8



Pre-Ballet

Pre-Ballet for ages 9–12 is a combination of music and movement that emphasizes learning basic ballet vocabulary, movement patterns and musicality in a creative movement. By introducing students to the basic shapes, positions, postures & traditions of classical ballet, the Pre-Ballet curriculum enhanced both cognitive and physical development at this important time. Instructor: Charonne Butler

Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
8 Week Session  
9–12 years  
Saturdays, 12:30–1:15 p.m.  
September 25–November 20  
Resident: \$65 / Non-resident: \$75

DROP-IN

Takoma Park Kids’ Chess Meet Up

Kids Kindergarten - 8th grade are welcome to attend the Takoma Park Kids Chess Meet Up. Sessions may begin with a brief lesson, but general play will begin by 2 p.m. Beginners are welcome. Bring your own tournament board if you have one, but there will be extra. For more information, please contact Adam Winship at takomachess@gmail.com No class on: October 10, October 31, or November 28

Heffner Park Community Center  
42 Oswego Avenue  
Grades: K–8  
Sundays, 1:45–3:30 p.m.  
September 12–December 19  
No meeting: 10/10, 10/31, 11/28  
Free

EDUCATION & DEVELOPMENT

Girl Scouts: Forensic Science Program

Forensic Science is centered around discovering and learning all about different careers you can have in STEM, learning about famous women in STEM, and all about the science behind the jobs. Girls

will have the opportunity to discover all about forensic science, try their hands at the science, and escape the mission to become Girl Scout Special Agents! This activity is for kids aged 6–11, who identify as a girl.

Heffner Park Community Center  
42 Oswego Avenue  
6–11 years  
4 Week Session  
Tuesdays, 4–5 p.m.  
September 21–October 12  
Free

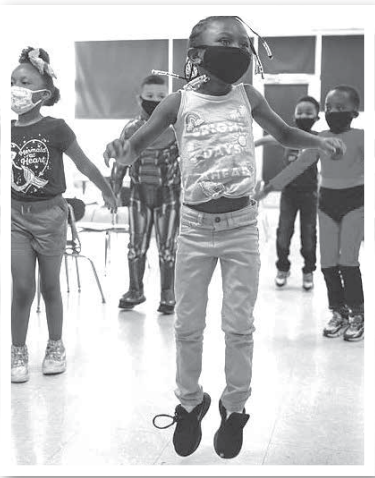
ENVIRONMENTAL

Hands on Gardening with Carla



Learn how to cultivate plants from seeds and cuttings, care for plants and grow flowers, vegetables, fruits, and house plants. Parents are welcome to participate with their children and/or teens. Fun for the entire family. Class will be held at the Takoma Park Middle School Greenhouse. Instructor: Carla Perlo

Takoma Park Middle School  
7611 Piney Branch Road  
Green House  
6–9 years  
6 Week Session  
Thursdays, 4:15–5 p.m.  
September 23–October 28  
Resident: \$20 / Non-resident: \$30



EXTENDED CARE

If you had a great summer with us, we encourage you to register your children for our childcare



programs during the school year. Morning and Afternoon Addition are held at the Takoma Park Community Center and Before the Bell & After the Bell are held at the Takoma Park Recreation Center. Our emphasis is on providing fun, leisure and recreation programs. There is a 10% deposit due at the time of registration. The remaining balance will be divided into monthly payments beginning September 1. Registration is already open, so make sure to claim your spot soon!

Before & After the Bell Childcare

This is our before and after school program at the Takoma Park Recreation Center (7315 New Hampshire Ave.); providing a safe environment for children grades K-5. The children will engage in daily indoor/outdoor group activities and holiday-based events. Each afternoon kids will receive a snack, have a time to complete homework, and enjoy arts and crafts, sports, board games, plays, free play and more! Transportation will not be provided through TPRD, please contact MCPS Transportation 301-840-8130 to change your bus route to New Hampshire Towers and staff will escort them to and from the bus stop.

Takoma Park Recreation Center  
7315 New Hampshire Avenue  
Grades: K–5  
MCPS School Year

**Before the Bell:** 7–9 a.m.  
\$1,500  
**After the Bell:** 4–6:30 p.m.  
\$2,300

Morning & Afternoon Addition

This is our before and after school program at the Takoma Park Community Center (7500 Maple Ave.). Children will have time to work on homework assignments, games/activities or prepare for their day at school. Each afternoon kids will receive a snack. Staff will be available to escort participants to and from Takoma Park Elementary School and Piney Branch Elementary School.

Takoma Park Community Center  
7500 Maple Avenue  
Grades K–5  
MCPS School Year

**Morning Addition:** 7–9 a.m.  
Resident: \$1,500 / Non-resident: \$1,800  
**Afternoon Addition:** 4–6:30 p.m.  
Resident: \$2,300 / Non-resident: \$2,800

TOTS

YOUTH

TEENS

ADULTS

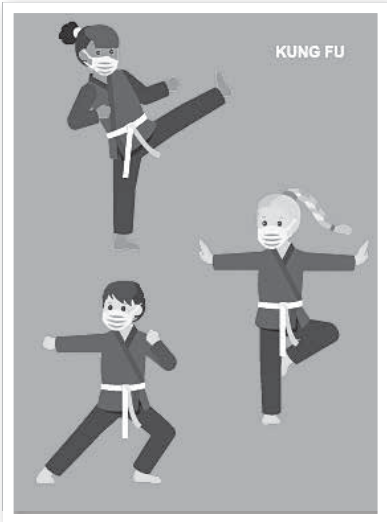
55+

MARTIAL ARTS

Kung Fu for Kids

Bungo Fu, is the Jamaican style of Kung Fu. Come learn meditation, self-defense, improved flexibility, and self-awareness. This ancient form of self-defense provides physical and mental exercise which could help the students defend themselves by strengthening hand and eye coordination as well as assist with the maintaining of balance. Students will gain physical fitness, mental and spiritual strength. There is a \$70 non-refundable uniform fee payable to the instructor. Instructor: Robert Thompson

Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
4-16 years  
10 Week Session  
Saturdays  
**Beginner:** 1:30–2:30 p.m.  
**Advanced:** 2:30–3:30 p.m.  
September 25–December 11  
Resident: \$155 / Non-resident: \$175  
Uniform Fee: \$70



SPORTS

Basketball Skills Clinic

Emphasizing individual improvement is one of the guiding philosophies of this skills clinic. Participants will be provided with excellent coaching which allows each person to develop a sense of pride and individual accomplishment. This is a basketball class; not league play. Instructor: Greg Harris



Takoma Park Recreation Center  
7315 New Hampshire Avenue  
Gymnasium  
6–12 years  
7 Week Sessions  
Saturdays, 10:15–11:15 a.m.  
**Session 1 (7 Weeks):** September 11–October 23  
\$80  
**Session 2 (6 Weeks):** November 6–December 18  
\$70

Futsal League 2022

Futsal, a sport that is like soccer, offers the perfect combination of learning and fun. It is designed to improve fundamental technique and skill development during the winter months. It's also a great opportunity to meet new friends, stay in shape and prepare for the upcoming season. Please note that program registration is first come, first serve. Parents are encouraged to volunteer as coaches. 8-game season. Practices will begin on Saturday, January 8. Games are on Sundays and begin January 23. There will be no games on January 16 and February 20. **Registration opens:** October 4 for families with approved Scholarships, October 11 for Residents & October 18 for Non-residents.

Takoma Park Recreation Center  
7315 New Hampshire Avenue  
Gymnasium  
8 Week Season  
Games: Sundays, January 23–March 20  
**7-8 Year Division:** 12–2 p.m.  
**9-10 Year Division:** 2–4 p.m.  
**11-12 Year Division:** 4–6 p.m.  
\$70



Winter Basketball League 2022

The Winter Basketball League is a developmental, community league. Program goals are to introduce children to the fundamentals of basketball and to emphasize that playing the game and being a member of a team are more important than winning. The coaches in this league will focus on personal improvement, sportsmanship, and fun.

\*\*\*Practice times (1 hour a week) vary throughout the week at various local schools. Games are held on Saturdays, times vary. Specific details regarding each league will be available on: [takomaparkmd.gov/recreation/sports/winter-basketball-league/](http://takomaparkmd.gov/recreation/sports/winter-basketball-league/)

**Coaching Information:** Volunteer coaches are always needed. Please contact the Takoma Park Recreation Department if interested (301-891-7282).

**Team Assignments:** K-2<sup>nd</sup> Grade divisions will reflect gender equity based on number of participants.

**Special Requests:** Requests must be made in writing and submitted through ActiveNet at time of registration, though requests are not guaranteed.

**Registration opens:** October 4 for families with approved Scholarships, October 11 for Residents & October 18 for Non-residents.

Games played at various local school gymnasiums  
Grades: K–8  
8 Week Season  
Games: Saturdays, January 15–March 5  
Resident: \$80 / Non-resident: \$90



# Teens

## 13-17

**Registration for  
Fall classes  
is open!**



### ART

#### Art in the Park

Have fun drawing with black, white, and colored drawing materials outside in two different parks (Ed Wilhelm Field & The Plaza at Old Philadelphia Avenue and Maple Avenue). Subjects will include deep space and close up landscape elements, botanical drawings, and floral studies. Beginning students are welcome. The focus of the class is appropriate for students interested in developing a sketchbook for entry into the Visual Arts Center at Albert Einstein High School. A list of optional drawing material will be sent to registered students. Students are welcome to draw with a pencil eraser or sketch paper sketchbook. Instructor: Katie Dell Kaufman

Ed Wilhelm Field  
2 Darwin Avenue  
11–14 years  
6 Week Session  
Thursday, 3:30–5 p.m.  
September 23–October 28  
Resident: \$110 / Non-resident: \$130



### Drawing & Watercolor

Have fun learning to draw with black, white, and colored drawing materials, paint with watercolors, use pen and ink and explore mixed media approaches to representational imagery. Subjects will include still life, self-portrait, landscape (weather permitting) and floral studies. Beginning students are welcome. The skills focus of the class is appropriate for students interested in developing a portfolio for entry into the Visual Art Center at Albert Einstein High School. Materials fee of \$20 paid directly to the instructor must be made on the first day of class. Instructor: Katie Dell Kaufman

Takoma Park Community Center  
7500 Maple Avenue  
Art Studio  
11–13 years  
6 Week Sessions  
Tuesdays, 3:30–5:30 p.m.  
**Session 1:** September 21–October 26  
**Session 2:** November 2–December 14  
Resident: \$142 / Non-resident: \$162  
Materials Fee: \$20

### DANCE



#### Capoeira for Teens

Capoeira is a Brazilian dance mixed with martial arts, acrobatics, and music. Through this class students will focus on learning basic corporal techniques of Capoeira, including acrobatics, defense, and attack movements. Students will also learn the rhythms and songs necessary for Capoeira, including drums, tambourine, and other native Brazilian instruments. Instructor: Roda Movements

Takoma Park Community Center  
7500 Maple Avenue  
Outdoor Basketball Court  
Grades 6–12  
10 Week Session  
Mondays, 3:45–4:45 p.m.  
September 13–November 15  
Resident: Free / Non-resident: \$10

TOTS

YOUTH

TEENS

ADULTS

55+



TOTS

YOUTH

TEENS

ADULTS

55+



**Zumba for Teens**

Zumba classes for teens feature kid-friendly routines based on original Zumba® choreography. We break down the steps and add games, activities, and cultural exploration elements into the class structure. Zumba for Teens help develop a healthy lifestyle and incorporate fitness as a natural part of a teen's life by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, teamwork, confidence, self-esteem, memory, creativity, coordination, and cultural awareness. Instructor: Roda Movements

Takoma Park Community Center  
7500 Maple Avenue  
Outdoor Basketball Court  
Grades 6–12  
10 Week Session  
Wednesdays, 3:45–4:45 p.m.  
September 15–November 17  
Resident: Free / Non-resident: \$10

**EDUCATION & DEVELOPMENT**

**Girl Scouts: Forensic Science Program**

Forensic Science is centered around discovering and learning all about different careers you can have in STEM, including famous women in STEM and the science

behind the jobs. Girls will have the opportunity to discover all about Forensic Science, try their hands at the science, and escape the mission to become Girl Scout Special Agents! This activity is for people who identify as girls, grades 6–8.

Heffner Park Community Center  
42 Oswego Avenue  
Grades 6–8  
4 Week Session  
Tuesdays, 4–5 p.m.  
October 19–November 9  
Free

**Learn To Code: HTML & CSS**

Participants in this program will learn how to use HTML and CSS coding to create web pages. From a blank Notepad page, teens in grades 5–8 will craft web pages with content and design aspects they chose. HTML and CSS are fundamental languages that compose all webpages on the internet and structure each page. CSS is an extension to HTML that allows the rapid styling of web pages for customization and aesthetic considerations. Participants will need access to a computer to participate in this class. Instructor: Jamal Butler

Takoma Park Community Center  
7500 Maple Avenue  
Multi Media Lab  
Grades: 5–8

5 Week Session  
Thursdays, 4–5 p.m.  
October 21–November 18  
Free

**Teenage Money Management**

This financial literacy program specifically focused on basic personal finance skills that are relevant to the lives of teens. By learning the concepts listed below and putting them into practice, participants will be much better prepared when they begin building their own credit history. Topics include long-term saving goals, credit cards and credit reports, opening a bank account and student loans and budgeting. Instructor: Tyronda Boone of Zoey & Zander



**Virtual**

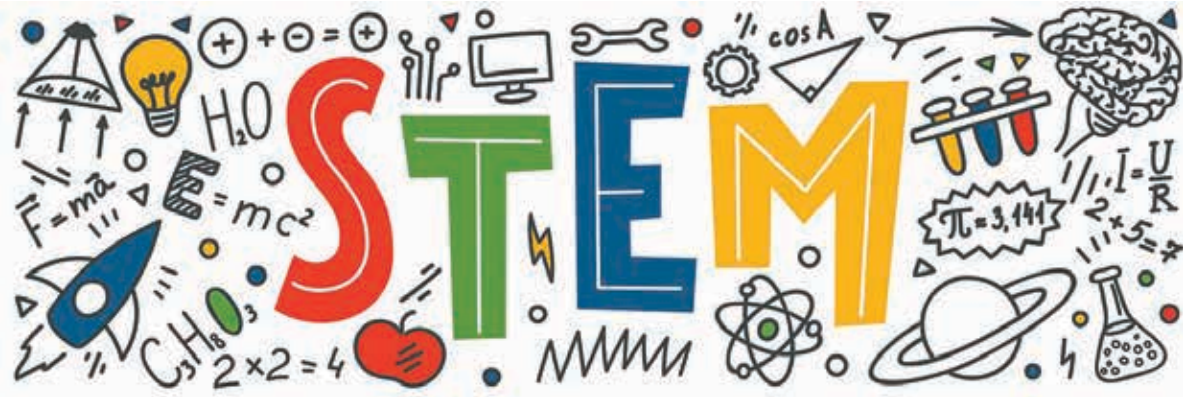
9 Week Sessions  
**Grades 5–8:** Mondays, 4–4:45 p.m.  
**Grades 9–12:** Mondays, 5–5:45 p.m.  
September 13–November 8  
Free

**FITNESS**

**Commit 2 B Fit**

Bring your yoga mat and water bottles and join us at Ed Wilhelm Field Saturday mornings for a fun and energized session to work out and get fit.

Ed Wilhelm Field  
2 Darwin Avenue  
11 & up  
6 Week Session  
Saturdays, 10:30–11:30 a.m.  
September 18–October 23  
Free



# Adults

## 16+ years

Registration for  
Fall programs  
is open!



TOTS

YOUTH

TEENS

ADULTS

55+

### ART

#### Can't Draw a Straight Line Drawing

Drawing is a fun and inexpensive art. Students can end up with wonderful drawings to frame. From pencils to oil pastels to magic markers, the class will be looking at values, negative space, color and perspective. No experience is necessary. The instructor will provide some materials for students to use and try out. A list of suggested supplies will be sent to students. Instructor: Alice Sims

Spring Park  
6999 Poplar Avenue  
Pavilion  
16 & up  
4 Week Session  
Saturdays, 11 a.m.–12 p.m.  
September 18-October 9  
Free

#### Ceramics: Hand Building & Sculpture

The class focuses on hand-building techniques, including pinch, coil, and slab construction as well as surface treatment and glazing. Open to all levels of experience. Students can create functional items such as vases, soap dishes and teacups, as well as sculptures including portrait heads and whimsical animals. Dream something up and try it out in the studio! Experienced potters may use the studio's electric wheels to pursue independent projects. Non-refundable \$25 materials fee due to the instructor the first day of class. Registration for Monday's class includes studio time on most Fridays from 12:30–1:30 p.m. Hazardous Materials: Hands and clothes should be washed after using clay and glazes.



All glazes are non-toxic and food safe. Fetting knives and other tools with sharp edges or points such as skewers and cutters are used in the class. Instructor: Caroline MacKinnon

Takoma Park Community Center  
7500 Maple Avenue  
Art Studio  
16 & up  
6 Week Sessions  
Mondays, 9:30–11:30 a.m.  
**Session 1:** September 20-October 25  
**Session 1:** November 1-December 20  
Resident: \$100 / Non-resident: \$120  
Materials Fee: \$25

#### Collage

Have fun working with found, purchased, and altered papers, while learning how collage methods can enhance your art making process, whatever medium you use. You will be introduced to a variety of collage techniques, work with elements and principles of design, and explore creative two- and three-dimensional assembly. Instruction will be given in surface preparation, adhesives, color theory and composition and is suitable for beginners as well as more experienced

students. Basic materials (adhesives, supports, papers and paints) will be available (some personal or found collage elements may be desirable in addition to materials provided). A non-refundable materials fee of \$30, paid directly to the instructor, will be due on the first day of class. Hazardous materials: Includes optional use of a paper cutter and exacto knives. Scissors are included in the materials baggie. All adhesives are water soluble and non-toxic and do not require solvents. Instructor: Katie Dell Kaufman

Takoma Park Community Center  
7500 Maple Avenue  
Art Studio  
18 & up  
6 Week Sessions  
Tuesdays, 11 a.m.–2 p.m.  
**Session 1:** September 21-October 26  
**Session 2:** November 2-December 14  
Resident: \$205 / Non-resident: \$235  
Materials Fee: \$30

#### Drawing

The practice of drawing can be both relaxing and enriching. Participants in this class will draw with black and white and color, media, such as charcoal, oil and chalk pastel, pen and ink, and colored pencils. Students will be supported by weekly lessons with demos, involving proportion and perspective ongoing feedback and critique. Creative cropping, expressive mark making, and exploration into limited value or color key and other techniques will be discussed. Personal creativity will be encouraged. All levels of students are welcome. Paper and drawing materials will be available for the \$15 materials fee due on the first day of

TOTS

YOUTH

TEENS

ADULTS

55+

class. Potentially hazardous equipment: Paper cutter, exacto knife, scissors, and spray fixative (used only outside the room)  
Instructor: Katie Dell Kaufman

Takoma Park Community Center  
7500 Maple Avenue  
Art Studio  
18 & up  
6 Week Sessions  
Mondays, 6:30–9 p.m.

**Session 1:** September 13–October 18  
**Session 2:** November 1–December 13  
Resident: \$180 / Non-resident: \$200  
Materials Fee: \$15

Painting Exploration

In this beginner class, participants are encouraged to try different materials and methods, as well as explore some of the basic elements of design in their work. Participants will try still life and landscape as well as painting from their imaginations. We will examine paintings by other artists and give helpful feedback to one another in a comfortable setting. Grab a brush and come by the studio to explore painting! Hazardous Materials: Fetting knives and other tools with sharp edges or points such as skewers and cutters are used in the class. A non-refundable \$35 materials fee is due to the instructor on the first day of class. Later in the session, participants may want to purchase more materials from a list the instructor will provide. Instructor: Caroline Mackinnon

Takoma Park Community Center  
7500 Maple Avenue  
Art Studio  
16 & up  
6 Week Sessions  
Fridays, 10–11:30 a.m.

**Session 1:** September 24–October 29  
**Session 2:** November 5–December 17  
Resident: \$100 / Non-resident: \$120  
Materials Fee: \$35

EDUCATION & DEVELOPMENT

Writing Life Stories

Do you want to share important life experiences through your writing? Our stories are part of what makes us human. Whether you are a lifelong writer or a beginner, this class is for you. I will help you to jump-start your memories, organize your ideas, and edit your work. We use the book *Writing*



*the Memoir* by Judith Barrington. Bring a notebook to each class and be ready to have fun! Instructor: Barbara Rosenblatt

Virtual

16 & up  
12 Week Session  
Wednesdays, 7–8:30 p.m.  
September 8–December 5  
Free

FITNESS

Classic Foundation Fitness II



CFFT II is a fitness program for participants that have or are currently involved in a fitness regimen. The program builds on the concepts of Classic FFT, which utilizes various movements from numerous disciplines while utilizing minimal resistance and multiple repetitions. This class adds more resistance and incorporates floor or mat exercises using hand weights, bands/tubes, abdominal roller, and exercise balls. All equipment will need to be provided by the participants. FFT II will enhance tone/strengthen all major muscle groups; increase stamina and flexibility. Instructor: Michael Williams

Virtual

16 & up  
13 Week Session  
Saturdays, 10:30–11:30 a.m.  
September 11–December 18  
Free

Fitness for Life



This class is for anyone looking to reach their health, fitness, and life goals. Whether you are an athlete, novice exerciser, or looking to enhance your current workout routine. This class will set you on the path to achieving your

fitness goals. Your coach will ensure you are performing the exercises in a safe and effective manner. This class is designed for you to work at your own pace. Modification instructions will be given as well. Instructor: Sergio Quisquiny

Virtual

18 & up  
8 Week Session  
Thursdays, 11 a.m.–12 p.m.  
September 16–November 4  
Free

Moonlight Qi Gong



Moonlight Qi Gong enhances the quiet, gentle, peaceful yin side of our energy in the winter months, balancing the warm, active, bright sunlight yang energy. These six beautiful movement forms strengthen and align the body, focus the mind, and reduce stress and tension while bringing the body and mind together in the breath. No experience necessary. Instructor: Patrick Smith

Virtual

16 & up  
8 Week Session  
Tuesdays, 7:30–8 p.m.  
September 7–October 26  
Free

ReVamp Fit Exercise



Get your heart rate up and your stress levels down. Start slow and build up. People of all fitness levels can do this type of workout. It can be done anywhere as long as you have space available to move around. Instructor: Abel Asafere

Virtual

18 & up  
16 Week Session  
Wednesdays, 10–11 a.m.  
September 8–December 22  
Free



Recreation: Adults

Rise and Move

Start your morning with movement and feel better throughout the day. This class will strengthen your muscles (including your heart), increase mobility in your joints, provide you with energy and improve your coordination. Your coach will educate, guide, and assist you throughout the entire class to ensure you are performing movements safely and effectively. Equipment needed: Floor space, high back chair, mat, and weights (optional). Instructor: Sergio Quisquiny



Virtual

18 & up  
8 Week Session  
Mondays, 10–11 a.m.  
September 13–November 1  
Free

Sunday Morning Stroll Walking Club

The overall purpose of this program is to develop and enhance a healthy lifestyle by engaging in walking, breathing, stretching and various physical movements in an outdoor setting. Whether you want to lose weight, increase your activity, lower your stress, or just enjoy time outside, join us for weekly wellness walks in Sligo Creek Park. These low-intensity walks will include a variety of activities, such as focusing on breath and the senses while walking in silence, taking time to reflect on your wellness goals, and taking practical steps to enhance everyday wellness. We will begin with light stretching to wake our bodies and prepare for the walk as we build social connections and support for wellness. Masks will be required. There will be no restrooms available on site. The wellness walk will begin at the corner of Maple Avenue and Sligo Creek Parkway. The walk will take place on paved paths



only. Walkers should bring a water bottle with them. Instructor: Peter Lane

Starting at Maple Avenue & Sligo Creek Parkway  
16 & up  
14 Week Session  
Sundays, 9–10 a.m.  
September 12–December 19  
Free

Total Body Blast Fitness

Are you ready to have a BLAST, get your body in shape and toned? Grab your mat and weights and join KJ Total Fitness for an all-around workout tailored for beginners to intermediate exercisers. Please work at your own pace and make modifications as necessary. Each work out will consist of warm-up, upper and lower body toning, core strengthening and stretching. Recommended equipment: sneakers, floor mat, handheld weights, training gloves, towel, and water. Instructor: KJ Total Fitness, Kim James



Virtual

16 & up  
13 Week Session  
Saturdays, 9–10 a.m.  
September 11–December 18  
Free

Iyengar Yoga for Beginners

This class will introduce you to Yoga as taught by the Iyengar Method. This method opens the practice of yoga for everyone. The use of props and a step-by-step approach teaches alignment and brings strength and flexibility. The basic postures are introduced, and awareness is created in the whole body. As awareness of every part of the body is felt, energy is generated, and the breath is engaged. The aim is to bring into alignment the different parts of the body to associate the breath and mind and release tension and stress. Instructor: Tehseen Chettri

Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
18 & older  
Wednesdays, 6–7 p.m.  
September 8–December 15  
Resident: \$180 / Non-Resident: \$210  
Drop-In: \$15

Zumba

Participants will engage in a total body workout, combining cardio, muscle conditioning, balance, and flexibility through Latin music. Zumba class will include a mix of low-intensity and high-intensity movements, but participants can modify as necessary. The judgment-free Zumba class is designed to bring



TOTS

YOUTH

TEENS

ADULTS

55+

TOTS

communities together and form a support group to reach each participant's fitness goal. Instructor: Griselda Martinez-Valles  
Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
16 & up  
13 Week Session  
Saturdays, 10:15–11:15 a.m.  
September 11–December 18  
Resident: \$65 / Non-resident: \$75

YOUTH

MARTIAL ARTS

Kung Fu

Bungo Fu, the Jamaican style of Kung Fu! Come learn meditation, self-defense, improved flexibility, and self-awareness! This ancient form of self-defense provides physical and mental exercise, which could help the students defend themselves by strengthening hand and eye coordination as well as assisting them with maintaining balance as they get older. The students will gain physical fitness as well as mental and spiritual strength. There is a \$70 non-refundable uniform fee payable to the instructor. Instructor: Robert Thompson

TEENS

Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
16 & up  
10 Week Session  
Wednesdays, 7:30–8:30 p.m.  
September 22–November 24  
Resident: \$165 / Non-resident: \$185  
Uniform Fee: \$70

ADULTS

MULTIMEDIA

It's Time to Save, Restore and Share your Family Photos

Do you know how many photos you have on your smartphone? Can you locate them? This class will teach you how to organize, store, protect, enhance, and use the hundreds, possibly thousands of photographs on your computer, tablet, and smartphone. Students will be introduced to programs that make it easier to work with digital photos (including Adobe Photoshop and Lightroom). You will be able to use these programs on the iMac computers in the Multi Media Lab. We will explore the use of free programs, such as GIMP. Students will learn how to scan photos, especially old and damaged family photos, for the purpose of retouching and

55+



restoring. It is recommended that students have an external memory drive of at least three gigabytes to store photos used in the class. Written material will be provided. It is anticipated that extra computer time in the Media Lab, with the instructor, will be available each week. Instructor: Barry Hinderstein

Takoma Park Community Center  
7500 Maple Avenue  
Multi Media Lab  
18 & up  
8 Week Session  
Tuesdays, 7–9 p.m.  
September 21–November 9  
Resident: \$25 / Non-resident: \$35

Voice Overs...Now is your time

In what could be the most enlightening two hours you've ever spent, this class will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own

turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. Instructor: Nicole Porch

Takoma Park Community Center  
7500 Maple Avenue  
Azalea Room  
18 & older  
One Day Workshop  
Monday, 7–9 p.m.  
October 18  
Free

55+

Registration for  
Fall programs  
is open!



ART

Basic Drawing

Draw with perspective, lights and darks and different pen or pencil techniques. Enjoy the supportive and positive atmosphere to learn at your own speed. Instructor: Alice Sims

Takoma Park Community Center  
7500 Maple Avenue  
Art Studio  
55 & up  
4 Week Session  
Wednesdays, 11 a.m.–12 p.m.  
September 22–October 13  
\$5

Crocheting Group

Join the group to learn new stitches. Share what you're working on. Have fun and meet old and new friends. Sponsored by Art for the People. Group led by Alice Sims and Sue Bracey.

Takoma Park Community Center  
7500 Maple Avenue  
Senior Room  
55 & up  
6 Week Session  
Tuesdays, 11 a.m.–12 p.m.  
September 14–October 19  
\$5

CAMP

Mini Camp for 55 plus

We're planning a mini two-day Specialty Camp for Boomers and Seniors focusing on the culinary experience. Join us for part

one coming in September and then part two coming in June (Separate registration required at a later date.). It's educational and lots of fun! Enjoy demos, unique interactive programs, and performances. Limited space so register early. See the Fall 2021 Forever Young newsletter for details.

Takoma Park Community Center  
7500 Maple Avenue  
55 & up  
2 Day Session  
Monday & Tuesday, 12:30–4:30 p.m.  
September 13 & September 14  
Resident: \$49 / Non-resident: \$59

DROP-IN

Bingo

Come and try your luck, win a prize! This is drop-in; no registration required. No bingo in November and December. Host: Paula Lisowski

Takoma Park Community Center  
7500 Maple Avenue  
Senior Room  
55 & up  
Tuesdays, 12–2 p.m.  
September 28 & October 26  
Free



FITNESS

Many of our fitness classes have session 1 & 2. Be sure to register for both if you would like to continue attending through the season!

Bone Builders

The Bone Builders program, in partnership with Montgomery County, consists of three parts: balance exercises, strength training, and discussion on fall safety and prevention. Head the class under supervision by a certified trainer. For best health benefits and increase in bone density, participants are encouraged to attend class twice a week. Instructor: Anne McHenry

Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
55 & up  
7 Week Sessions  
Tuesdays & Fridays, 10:30–11:30 a.m.  
**Session 1:** September 21–October 22  
**Session 2:** November 2–December 17  
Free

Enhance Your Fitness

This is a great total body workout using low-impact aerobic movement and gentle resistance training. This class





TOTS

YOUTH

TEENS

ADULTS

55+

focuses on increasing strength, balance, and flexibility through stretching, breathing, core training and proper posture alignment using standing and seated exercises, including warm up and cool down routines. Instructor: Adriene Buist

Virtual

55 & up  
7 Week Sessions  
Tuesdays, 8:45–9:45 a.m.

Session 1: September 7-October 19  
Session 2: November 2-December 14  
Free

Foundational Fitness



Foundational Fitness is designed to improve health with focus on muscular strength, endurance, flexibility, balance, and coordination utilizing a high back chair, light hand weights and/or resistance tubes. Have a towel and water nearby. Equipment is not provided. Instructor: Michael Williams

Virtual

55 & up  
7 Week Sessions  
Tuesdays & Thursdays, 10–11 a.m.  
Session 1: September 7-October 21  
Session 2: November 2-December 16  
Free

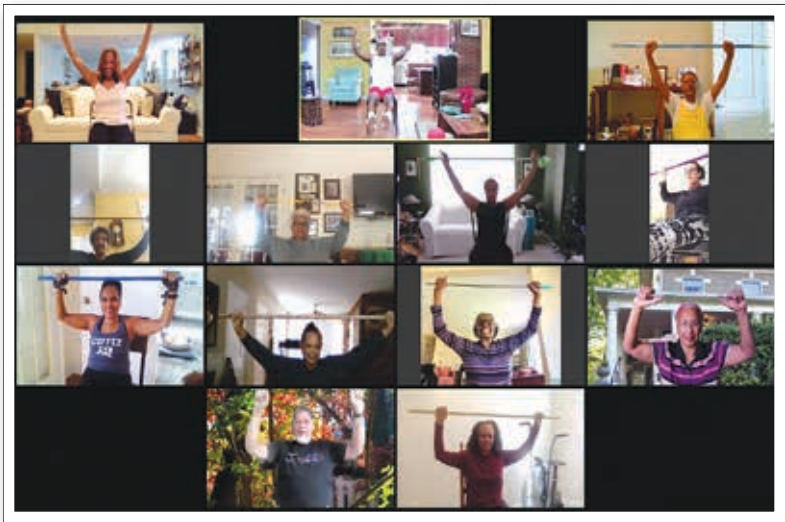
Line Dance

Line Dancing is an enjoyable social activity that provides great physical and mental exercise. It helps to strengthen bones and muscles. It also increases stamina and flexibility as well as supports weight loss and stress reduction. No experience necessary. Instructor: Barbara Brown

Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
55 & up  
7 Week Sessions  
Wednesdays, 10:30–11:30 a.m.  
Session 1: September 8-October 20  
Session 2: November 3-December 15  
\$5

Ping Pong Skills

Great fun! Learn game rules and practice skills. Instructor: Coach Donn Olsen  
Takoma Park Community Center  
7500 Maple Avenue  
Game Room  
55 & up  
7 Week Sessions  
Mondays, 12–1 p.m.



Session 1: September 13-October 25  
Session 2: November 1-December 13  
\$5

Tai Chi Strength

Begin with meditation and stretching followed by Tai Chi forms and balance exercises to build strength and endurance. End with cool down exercises. Instructor: Master Robert Thompson

Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
55 & up  
7 Week Sessions  
Tuesdays, 12–1 p.m.  
Session 1: September 7-October 19  
Session 2: November 2-December 14  
\$5

Yoga for Healthy Aging

This class (formerly called Gentle Yoga for Seniors) helps build strength and endurance, increase flexibility and range of motion, improve posture, and balance and create a general sense of well-being. Special attention is paid to bone health. Work at your own pace in a series of seated, chair, standing and floor poses and incorporates breathing and relaxation techniques. Students need to provide their own yoga sticky mat, a straight-backed chair, access to a wall, a yoga belt (or equivalent, e.g., a necktie), a tennis ball and preferably a yoga block and blanket. Instructor: Carol Mermey  
Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
55 & up

Fridays, 12–1 p.m.  
Session 1 (7 Weeks): September 10-October 22  
Session 2 (6 Weeks): November 5-December 17  
No class: 11/26  
\$5

Zumba Gold

Active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Instructor: Yesika Flores  
Takoma Park Community Center  
7500 Maple Avenue  
Dance Studio  
55 & up  
7 Week Sessions  
Wednesdays, 11:45–12:45 p.m.  
Session 1: September 8-October 20  
Session 2: November 3-December 15  
\$5



# FAMILY FUN

Enjoy the activities featured on pages 35-37



## Word Sudoku

### Takoma Park Sudoku Words

The rules of the game are the same as numbers sudoku.  
Each of the nine blocks has to contain all the words listed within its squares.  
Each word can only appear once in a row, column or box.

The words or names that are used in the puzzle:

Love  
Kindness  
Equality

Respect  
Hope  
Diversity

Inclusion  
Peace  
TKPK

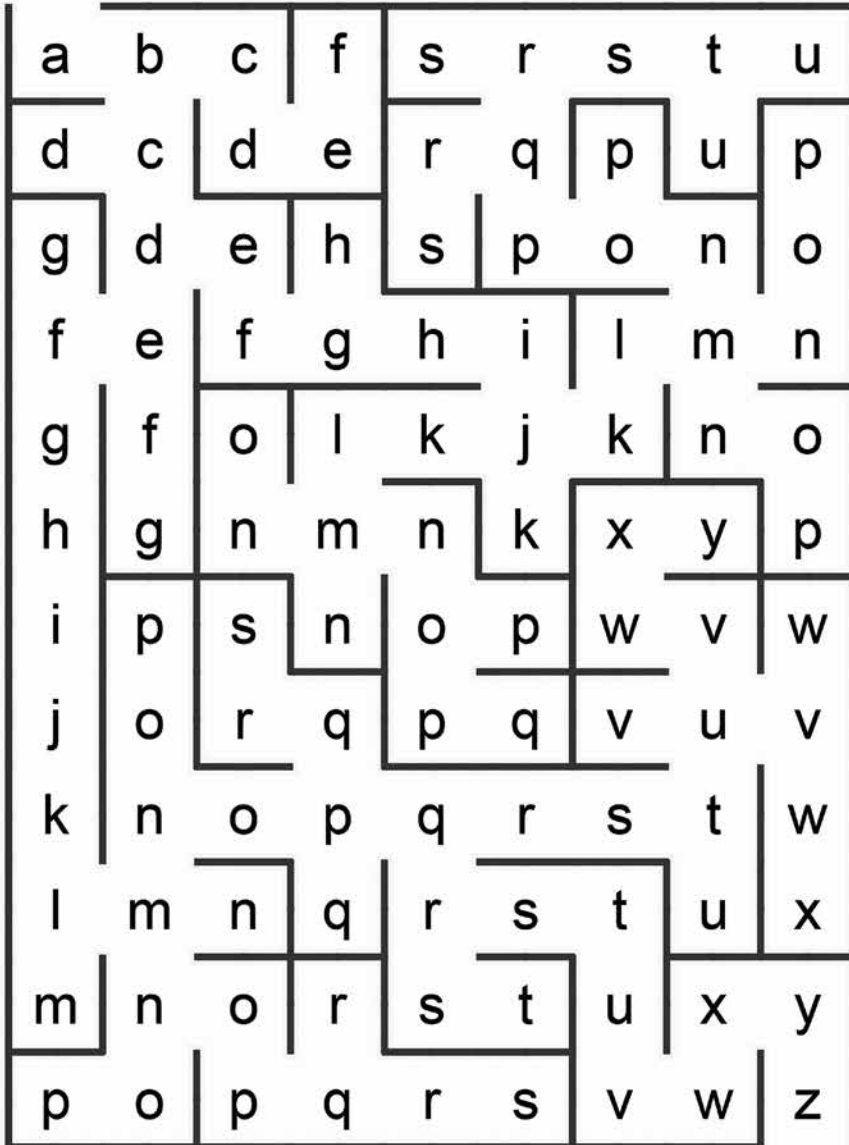
			Love	Inclusion			Kindness	
	Diversity				Kindness	Peace	Inclusion	
Kindness			Respect	Peace		Love		
	Inclusion	Respect			Equality	Diversity		
Equality	Kindness					Inclusion		Hope
	Hope		Inclusion		Peace		Respect	
		Hope	Equality			TKPK		Inclusion
		Kindness		Love		Hope		Respect
Inclusion		Equality	TKPK			Kindness		



## Alphabet Maze



Find the alphabet path in the maze without coming to a dead end.







## word search

# TAKOMA PARK MARYLAND

Locate the given words in the grid.

s n d h s q s k r o w c i l b u p  
l f o r e s t p a r k u j s g l a  
e c r e v a e l p a m a t b g z t  
g n o i t c n u j l c e e k a c p  
n h t m u l g j n k v l h l p t i  
a k h e m d n e s e l h e k o k n  
w e y a a u o o f e v a r a e t e  
o e s f e a n r z b c a t e d l y  
n r w p o b a i f i p l y l w e b  
s c o t o n e g t g e n n b i e r  
h o o y c g i y n y h d p e l j a  
e g d i l l r i f n c s l t h o n  
f i s e b o r r e i c e h t e r c  
f l r e s p a e c i a u n e l d h  
n s r c s s a m a b b o t t m a n  
e t o s e r i h s p m a h w e n c  
r e c r e a t i o n c e n t e r n

azalea city

belle ziegler

bf gilbert

colby avenue

community center

dorothis woods

ed wilhelm

forest park

heffner

jackson boyd

junction

lee jordan

maple ave

new hampshire

piney branch

public works

recreation center

roscoe

sam abbott

sligo creek

snow angels

spring park

steve francis

tkpk

toatley fraser

**For more activities check out the Virtual Community Center**  
**[takomaparkmd.gov/recreation](http://takomaparkmd.gov/recreation)**

# Partnerships

The Takoma Park Recreation Department has formal partnerships established with neighborhood, community, business and not-for-profit organizations. These partnerships allow our department to leverage resources and generate citywide interest and support for our facilities, programs and events. We appreciate your support!



Credit: Selena Malott

Pat Rumbaugh, *The Play Lady*, is joined by the volunteers who helped with the Seventh Annual Mid-Year Play Day on February 12, 2017.

## Let's Play America

Let's Play America is a nonprofit that encourages people of all ages to play. LPA and the Recreation Department co-sponsor four play events a year; a pool party and three play days. The dates are on the LPA website under events. Residents who want to close their street for play, help with the independent play events or would like more information are welcome to contact them at [info@letsplayamerica.org](mailto:info@letsplayamerica.org) or 301-928-9962 or visit [www.letsplayamerica.org](http://www.letsplayamerica.org).



## Piney Branch Pool (Adventist Community Services)

Pool closed due to COVID.

The pool is located at Piney Branch Elementary School, 7510 Maple Avenue. Park behind the Community Center, and use side entrance to school on Grant Avenue. For more information, contact Joyce Seamens at 301-565-0190, [tjseamens@aol.com](mailto:tjseamens@aol.com), or visit [acsgw.org](http://acsgw.org).

## Takoma Park Community Band

The band is open to any community member who plays an instrument. The band is looking for musicians at all levels of expertise who would enjoy being a part of a musical group. For more information, email [takomaparkcommunityband@gmail.com](mailto:takomaparkcommunityband@gmail.com) or call the band president, Ryle Bell, at 703-620-2327.



Credit: Takoma Park City TV

The Takoma Park Community Band held its 40th Anniversary Concert in April 2014.

## Takoma Soccer

Takoma Soccer is a volunteer program whose goal is to provide local kids with a fun, recreational soccer program close to home. Takoma Soccer strives to teach children the value and fun of teamwork, cooperation, practice, and sportsmanship. For more information, go to [www.takomasoccer.org](http://www.takomasoccer.org) or contact Howard Kohn at [kohn@erols.com](mailto:kohn@erols.com).



Credit: [www.takomasoccer.org](http://www.takomasoccer.org)

Children as young as three years old can play with Takoma Soccer.

## visit us online @

<http://apm.activecommunities.com/takomaparkrecreation>

**REGISTRATION  
FOR FALL  
PROGRAMS IS  
OPEN NOW!**



4. Click **Create Account** or enter other family members into the system at this time.
5. Click **Intro** and search for a course or facility.

### Alternative registration

You can still register via mail or walk in:  
Takoma Park Recreation Department  
7500 Maple Avenue  
Takoma Park, MD 20912

Make checks or money orders payable to: City of Takoma Park. List program name and participant's name on front of check. No phone registrations.

If you are having trouble registering or if you have questions concerning classes, please call **301-891-7290** or e-mail us at [recreation@takomaparkmd.gov](mailto:recreation@takomaparkmd.gov).

### Wait list policy

In the event that a program has more interest than available space, we will keep a waiting list. Individuals on the waiting list will be accommodated on a first-come, first-served basis. In the event that another class is created, individuals from the waiting list will be contacted.

### Registration policies

- The Recreation Department reserves the right to cancel any program/class due to insufficient enrollment or to substitute teachers without participant notification.
- Classes may be canceled on school holidays, vacations, snow days or any other dates noted in the guide. If schools close midday due to a weather or other emergency, children's classes will also be canceled. Every attempt will be made to reschedule classes canceled due to weather emergencies.

- A resident of Takoma Park is any person who lives within the 2.4 square mile corporate limits. A nonresident lives outside the corporate limits. If you are not sure of your residency status, please call us and we will be happy to assist you. Or visit [takomaparkmd.gov/council](http://takomaparkmd.gov/council) and review the street listing.
- We require, for most programs, that participants are the required age as the date of the first class. All age requirements are set to benefit the participant and allow for more consistent program instruction. In some instances, the requirements have been set for the participant's safety.
- Customers can only register individuals listed on their household account for programs.

### Refund policy

PLEASE READ CAREFULLY

- Registrants assume the risk of changes in personal affairs or health.
- Refunds will be approved with written/electronic notification received **seven (7) business days** prior to scheduled start of program. A \$15 administrative fee will be deducted per participant/per class and may take up to 30 days to receive.
- Registrant may choose to receive a credit for the remaining amount, which may be used for another program.
- Refunds after the program has begun will be considered only with medical verification (**no exceptions**). No refund after the program has ended.
- Membership passes are not eligible for a refund.
- The online processing fee will not be included in refunds.

### With ActiveNet® you can use a credit card to:

- Register for recreation classes 24 hours a day, 7 days a week!
- Request a park or recreation facility for an event.
- Receive class confirmation via e-mail.
- View and print class schedules.
- Purchase memberships to the gym and fitness room.
- Service fee applies online.

### Instructions for creating an account

Contact the Recreation Department in advance if you currently have an account and need to verify your username and password.

1. Access [apm.activecommunities.com/takomaparkrecreation](http://apm.activecommunities.com/takomaparkrecreation)
2. Click **Create an Account**.
3. Complete all necessary information; fields marked with an asterisk are required.



### WE DON'T SPAM

Periodically you will receive emails about upcoming registration dates, special events, weather closings, special promotions or new programs. It is important that you have a valid email address in our database. If you change email addresses, move, etc., please let us know.



### REGISTER EARLY!

Nothing cancels a good class quicker than waiting until the last minute to register. If there aren't enough registrations by a certain date, the course may be canceled.



The City of Takoma Park is an exciting organization offering a variety of career opportunities.



**Your CAREER is here!**

**Great benefits  
Competitive wages**

**[TakomaParkMD.gov/Careers](https://TakomaParkMD.gov/Careers)**